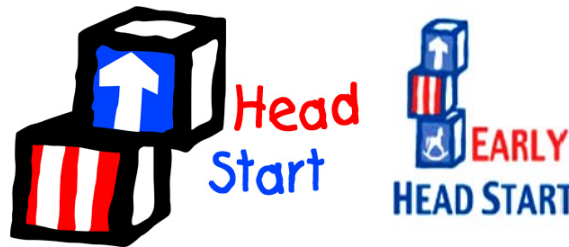




Where Early Education Works!

Head Start/Early Head Start of the Lehigh Valley

2015-2016 Community Resource Book



Human Services, Office of Head Start for the purpose of distribution to families enrolled in Head Start/Early Head Start of the Lehigh Valley Programs. Community Agencies listed within were identified based on potential needs of the population served by Head Start and is not intended to be inclusive of all entities that provide these services. CSC does not endorse any of the services/providers within, nor take responsibility for changes in any information represented after publication.

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Layout and Design: Nadine Slifka

1520 Hanover Avenue, Allentown, PA 18109
Phone: 610-437-6000 Fax: 610-437-6500 www.cscinc.org



Our Mission

Prepare children and their families to succeed in learning and in life.

Our Vision

CSC exemplifies excellence in early learning, providing inspiration and leadership that engages our communities to put children first.

Our Values

Honesty – Personal and organizational identity of openness, integrity and accountability

Innovation – Lead and embrace a creative approach that ensures future growth and success.

Respect – Treat others the way they want to be treated, honoring each person’s humanity and diversity.

Excellence – Commit to the highest quality work to achieve outstanding results.

Steewardship – Manage carefully and responsibly all that is entrusted to our care.

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Please Note: Listing of an agency/service in this book is not meant as an endorsement. Post-publication, resource information may alter or become outdated within the year.

Atención: Desafortunadamente este folleto no está traducido en español pero los temas si está traducidos.

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ADULT EDUCATION/TRAINING/LITERACY
Educación/Entrenamiento/Instrucción Para Adultos



NOTE: Programs marked with * offer GED/ESL/finish high school classes or testing.

American Indian Job Training

Council of Three Rivers

American Indian Center, Inc.

If you are unemployed, underemployed or economically disadvantaged and American Indian, Alaskan Native or Native Hawaiian, you should call 800-341-3577 or 610-292-3034 (Chester-Philadelphia Office).

*** Bangor/Pen Argyl/Nazareth GED/Literacy Programs**

All classes held in school libraries. They have open enrollment; go one-half hour before class days to enroll. In Bangor, at DeFranco Elementary School. In Pen Argyl, at Pen Argyl High School. Classes are 6-8:30 p.m. Monday and Wednesday. In Nazareth, at Nazareth High School, E. Center Street. Classes are Tuesday and Thursday. Classes go from September through April. Classes are free – \$20 donation for workbook. Students progress at their own pace. For more information, call 610-863-9619.

*** Bethlehem Area School District at Liberty High School Freshman Campus**

1110 Fernwood Street

Bethlehem, PA 18018

610-807-5995, Ext. 4013

Free GED classes & testing during school year. Classes start in September.

Also GED classes in Spanish are held at Marvine Family Center, Bethlehem. Test Fee: \$60

Bethlehem Area Vocational-Technical School

3300 Chester Avenue

Bethlehem, PA 18020

610-866-8013

Website: www.BAVTS.org

Provides Vocation-Technical Programs: construction related, mechanical, technical, creative, service, health and medical. Separate classes for high school students and adults in continuing education.

Bethlehem Christian Training Center (BCTC)

529 E. Broad Street

Bethlehem, PA 18018

610-625-3500

The BCTC is a faith-based non-profit that seeks to produce “spiritual, educational and economic development in the City of Bethlehem, especially among Latinos.” Their community outreach programs include: Bilingual Home-Buyer Education; Computer Literacy training; Parents Institute; Bilingual Financial Fitness Program; and Bethlehem Academy preschool (We accept Title XX) and the After-School Enrichment Zone. Call for information. Hours: 8:30 AM – 5:00 PM, Monday through Friday.

Bethlehem YWCA

3893 Adler Place, Building B Suite 180

Bethlehem, PA 18017

610-867-4669

Runs the Women Achieving New Directions program (WAND). WAND helps low income or unemployed women “discover the power within” and get higher-paid occupations. Offers help with job search, resumes, and interviewing skills in a 6-week training program. Free job-appropriate clothing is also available.

Casa Jeanette

705 N. 8th Street

Allentown, PA 18102

484-860-0303

English as a second language, literacy classes, naturalization exam prep, educational workshops

*** CareerLink Lehigh Valley**

(Se Habla Español)

Lehigh and Northampton Counties

EDSI, an operator of and partner in PA CareerLink Lehigh Valley, operates training programs for eligible youth, adults, dislocated workers and other targeted populations. Due to the high demand for individuals with technical skills, PA CareerLink Lehigh Valley is your ONE-STOP resource for your training needs. Services include:

- Assessment of skills, aptitudes, abilities and other needs
- Workshops: resume, career exploration, credit and budgeting, computer, job and labor market information and more
- Career training funds available to those who qualify
- Assistance to individuals with disabilities
- Career Resource Centers: fully equipped for job searching

Visit us online at www.careerlinklehighvalley.org or stop by our CareerLink Resource Centers at either convenient location:

555 Union Blvd.

Allentown, PA 18109

610-437-5627 / FAX: 610-434-4122

TTY: 610-821-6760

Hours: Monday, Tuesday, Thursday, Friday

8:30 A.M. until 4:00 P.M.

Wednesdays, 10:30 A.M. until 7 P.M.

4500 Education Park Drive

Schnecksville, PA 18078

610-799-1825

Hours: Tuesday 8 A.M. until 4:00 P.M.

Check website for summer schedule.

Career Institute of Technology (Vocational School)

5335 Kesslersville Road

Easton, PA 18040

610-258-2857

Website: www.citvt.com

Serve the school districts of Bangor, Easton, Nazareth, Pen Argyl and Wilson with high school programs. Also available Adult Educational Programs held either in the evening or full time during the day. We also have an Adult Day Care program which offers Therapeutic and Personal Care Services.

Tech Tykes Early Learning Center for children ages 2-5. Call for further information about individual program hours and information.

Casa Guadalupe Center

218 N. 2nd Street

Allentown, PA 18102

610-435-9902

For ESL classes call 610-435-0680

Provides free classes including financial literacy, computer instruction, college courses, and vocational English/certified nurse's assistant classes. Dates vary – call for schedule.

Center for Humanistic Change

100A Cascade Dr.

Allentown, PA 18109

610-443-1595 Call for information.

Website: www.thehc.org

Training in the community for organizations/schools on parenting, life skills for parents, drug and alcohol use prevention, violence prevention and bullying prevention. Peer mediation and conflict resolution for grades 4 to 12. Peacemaking skills for preschool – Kindergarten.

East Penn School District

800 Pine Street

Emmaus, PA 18049

610-966-8300 – General Contact Nicole Bloise at 610-966-8335 from 7:30 a.m. – 3:30 p.m.

Website: www.eastpennsd.org Runs non-credit adult education classes.

Educational Opportunity Center (EOC), Inc.

1642 Union Blvd., Suite W – 2nd floor

Allentown, PA 18109

610-432-4839 – office 610-554-0805 – mobile

The Educational Opportunity Center is a **FREE TO THE PUBLIC** federally-funded grant program as an education resource center for adults. EOC can help you change careers through:

- College/School Admissions Assistance
- Student Financial Aid Assistance
- Educational/Career Planning Assistance
- School Choice/Career Match Assistance
- Academic Advising – one-on-one appointments
- **All Services by Appointment Only – NO WALK-INS**

EOC provides workshops at Career Link, Allentown along with other local community-based agencies throughout the Greater Lehigh Valley including Lehigh and Northampton County.

Hours: Monday through Thursday, 8:30 a.m. to 3:30 p.m. and Friday, 8:30 a.m. to 3:00 p.m.

This agency is staffed in Allentown with only (1) employee, the Academic Specialist/Educational Planner. Potential clients must call ahead for an appointment. Most appointments are about 45 min. to 1 hour in length.

*** Employment Advancement and Retention Network (EARN)****Private Industry Council of Lehigh Valley, Inc. (PIC)**

PIC is an operator of and partner in PA Career Link Lehigh Valley.

Lehigh and Northampton County: 1601 Union Boulevard, Allentown, PA; 610-439-1123; Ext. 271

EARN provides a network of supportive services to assist eligible individuals gain access to appropriate employment and/or training. Program options include a full range of vocational, educational, and work activity options to include employability skills, career guidance, and directed job search. Skills and work readiness assessment, individualized career planning, job development, and retention services provide optimal job placement and retention support. Eligibility: Must be referred by County Assistance Office.

*** Hispanic American Organization**

(Se Habla Español)

462 Walnut Street

Allentown, PA 18102 610-435-5334

Counseling Service: 610-351-2292 Day Care: 610-435-3968 Website: www.hao-lv.org

Partners with the Roberto Clemente Charter School; Nutrition – a program to educate clients on the availability of food stamps; Housing Case Management Services. Limited funding is available for rent assistance. Day Care; Family Counseling Clinic – a bilingual counseling service; Evening School: English as a Second Language (ESL) and GED; ESL classes during the day; Computer Lab open to the public for ESL, job search, resume writing, GED preparation (Plato software), typing practice; Intake, Information and Referral Services.

*** Job Corps**

A GED and job skills training program for youth, between the ages 16-24 that have left high school. Job Corps is a residential program (students live in dorms) where students typically stay 9 months to 2 years. It is federally funded and free of cost. There are lots of sports and recreation opportunities for students. Families can visit the sites and students can visit their homes while in Job Corps. While they earn their GED, students learn the following trades/skills: auto mechanics, carpentry, health occupations like EKG Tech, culinary arts (cooking), clerical and business technology, electrical, plumbing, brick laying, landscaping, others. There are several Job Corps sites in PA. The closest are near Hazleton (Keystone Center) and near Lopez, PA next to Ricketts Glen State Park (Red Rock Center). To learn more or to meet with a Job Corps representative, call Lisa at 1-800-354-9758 if you live in Lehigh County or Lori at 1-866-738-0615 if you live in Northampton County. They visit Career Links in Allentown and Easton regularly to meet with interested youth and their families.

*** Lehigh Carbon Community College**

City Sites:

The Donley Center
718 Hamilton Street
Allentown, PA 18101
610-799-1940
Website: www.lccc.edu

The Morgan Center
234 High Street
Tamaqua, PA 18252
610-799-1240

The Carbon Center
24 E. Locust Street
Nesquehoning, PA 18240
610-799-1970

Main Campus in Schnecksville

4525 Education Park Drive
Schnecksville, PA 18078
610-799-2121

Provides ESL-Adult Basic Education-GED, and testing. Preparation and Prep Program, classes for credit or noncredit for a variety of careers. Offers Associates (2 year) degrees and various length career training classes to earn certificates. (Financial Aid and career counseling available.)

*** Lehigh Career & Technical Institute (formerly Lehigh County Vo-Tech)**

Adult & Workforce Education Department
4500 Education Park Drive

Schnecksville, PA 18078 610-799-2300

Website: www.lcti.org

GED Testing and School-to-Work program 610-799-1361 Call 8 a.m. – 3 p.m.

Vocational-technical training classes for high school age to adult: construction, CDL, truck driving, mechanical, culinary, health (over 40 skill areas).

*** The Literacy Center**

801 Hamilton Mall, Suite 201 610-435-0680
Allentown, PA 18101-2420
info@theliteracycenter.org

Provides free Adult Basic Education, GED and English as a Second Language (ESL) classes for people over the age of 16 who are no longer in school. Classes are offered in the daytime and evening at more than 15 locations in Allentown and Lehigh County.

*** Nazareth Area School District (also see Bangor/Pen Argyl/Nazareth GED/Literacy Programs, pg. 2)**

Nazareth Senior High School
E. Center Street 610-759-1730
Nazareth, PA 18064

New Choices/New Options Programs

Assists single, separated, divorced, widowed individuals and homemakers entering or re-entering the work force. Two areas: Career Exploration and Training, computer, math refresher, college classes. Helps parents update skills and learn new ones. Child care funding and tuition funding available to those who qualify. New Choices\New Options classes are offered evenings or days. Call 610-861-5350. Also helps those interested in non-traditional careers; for example, Heavy Equipment Operator for women, Nursing for males. Available in Lehigh, Northampton, Monroe, and Bucks counties at various sites. (Including cities of Allentown and Bethlehem)
Website: www.northampton.edu/office/ncno

*** Northampton Community College (NCC)**

Main Campus: 3835 Green Pond Road, Bethlehem, PA 18020; 610-861-5500

NCC offers college classes for credit to earn an Associate (2 years) Degree. They also offer short-term certificate programs and non-credit classes in a variety of subject areas. Offers career counseling and financial aid assistance. Free tours offered during the year.
Call for info or visit their website: www.northampton.edu

NCC's Center for Adult Literacy (on their main campus) – 610-861-5427

The Center offers Family Literacy, GED, English as a Second Language (ESL), Adult Basic Education (ABE), and Life Skills classes. Child care is provided for Family Literacy classes.

New: Northampton Community College's Southside Campus – 511 E. 3rd Street, Bethlehem, 18015, 610-332-8650 (located where the old Bethlehem Steel buildings/Discovery Science Center were) Offers free GED, ESL, and ABE classes, all levels, and assessment for class placement. Open to all.

Office of Vocational Rehabilitation (OVR)

(Se Habla Español)

45 N. Fourth Street (in Social Security building)

Allentown, PA 18101 610-821-6441 TTY/TDD: 610-821-6144 or 1-800-922-9536

Hours: Monday through Friday 8:30 AM to 4:30 PM – Call for appointment.

OVR is a federal program with funding for job training, vocational rehabilitation, and counseling for individuals with physical or mental disabilities who have trouble getting and holding a job. Serves Lehigh, Northampton, Carbon and Monroe Counties.

Penn State Extension – Lehigh County

(Se Habla Español)

Lehigh County Extension Office

4184 Dorney Park Road, Room 104

Allentown, PA 18104

610-391-9840 Fax: 610-391-0683

Contact: Tina Schucker – Office Manager

Email: tms59@psu.edu

Website: <http://extension.psu.edu/lehigh>

Hours: 8:00 a.m. to 4:30 p.m.

Northampton County Extension Office

Greystone Building, Gracedale Complex

Nazareth, PA 18064

610-746-1970

Penn State Extension provides sound research-based educational programs and resources to the residents of Lehigh and Northampton counties. Program areas include youth resiliency/family strengths, child development and professional development for early childhood educators, basic parenting skills, nutrition education for low-income families (EFNEP) and 4-H. Master Gardeners are trained volunteers who educate residents on topics related to home gardening. Programs and resources are available in various formats on topics such as food preservation, food safety, integrated pest management and starting a small farm.

Pennsylvania Higher Education Assistance Agency (PHEAA)

(Se Habla Español)

1200 North Seventh Street

Harrisburg, PA 17102

1-800-692-7392

1-800-654-5988 (for hearing impaired callers)

Call to get information and application for loans and grants to go to college.

Website: www.pheaa.org

Private Industry Council of Lehigh Valley, Inc. (PIC) is an operator of and partner in PA Career Link Lehigh Valley

1601 Union Blvd.

and

72 N. Second Street

Allentown, PA 18109

Easton, PA 18042

610-437-5627

610-829-1244

Provides Employment and Training Services to Lehigh Valley residents and community. Training funds are available for eligible individuals. PIC operates programs for youth, dislocated workers, adults, and other targeted populations. See **Career Link Lehigh Valley** listing under Employment.

*** ProJeCt of Easton**

(Se Habla Español)

320 Ferry Street

200 Ferry Street (Fowler Literacy Center)

Easton, PA 18042

Easton, PA 18042

610-258-4361

Call 610-258-1100 for Language and Literacy Programs

Contact: Susan Boerchers

Fax: 610-258-7502

Website: www.projecteaston.org

Email: communityrelations@projecteaston.org

Hours: 8:30 a.m. to 4:30 p.m.

ProJeCt is a community benefit human service agency founded by local clergy and community leaders in 1968. Its purpose was to advocate for action and to provide service to an under-served poor population in Easton, Pennsylvania. Today the agency provides assistance to more than 5,000 people a year, serving Easton (population 26,000) and the surrounding communities in Northampton County (population 295,000), Pennsylvania. Services include tiers of service including an emergency assistance and food program, case management support services that assist people in developing life skills and moving to self-sufficiency and educational programs that include adult basic literacy, English as a second language, GED preparation, family literacy and supplemental education programs for school age children.

Spanish Council (Also called Council of Spanish Speaking Organizations)

520 East Fourth Street

Bethlehem, PA 18015

610-868-7800

Classes in Computer and Resume Writing. Family Planning program also provided.

Walter's Driving School

610-366-0570

Website: www.waltersdrivingschoolpa.com

Offers driver education classes, drivers test preparation, brush-up lessons, defensive driving, confidence building, city & expressway driving with patient understanding teachers 7 days a week.

LIBRARIES
Bibliotecas



Allentown Public Library

1210 Hamilton Street
Allentown, PA 18102
610-820-2400

South Side Branch

601 West Emmaus Avenue
Allentown, PA 18103
610-797-3832

Bethlehem Area Public Library

11 West Church Street
Bethlehem, PA 18018
610-867-3761
Website: www.bapl.org

South Side Branch

400 Webster Street
Bethlehem, PA 18015
610-867-7852 – Contact Brenda Grow/Fax: 610-867-9821
Website: www.bapl.org/ssmain Email: bgrow@bapl.org

Hours

Monday-Wednesday 10-8
Thursday, Friday 10-6
Saturday 10-5

Hours

Tuesday, Thursday 11-8
Wednesday, Saturday 12-4

Material may be borrowed with a library card: books, DVD's, video games, magazines, music CD's, books on CD. Some material is in English and some in Spanish. Internet access for adults and children. Early literacy and school age computers for children with educational software. Programs for children, teens, and adults. FAX service.

Children's Services: story times, Family Place parent/child workshops (early childhood literacy); a variety of family programs

Adult Services: Computer classes, Conversational Spanish classes, Buy Fresh Buy Local pick up site

Easton Public Library

515 Church Street
Easton, PA 18042
610-258-2917

South Side Branch

Seitz and Berwick Streets
Easton, PA 18042
610-258-3121

Palmer Branch

1 Weller Place
Easton PA 18045
610-258-7492

START YOUR OWN BUSINESS
Comienze Su Propio Negocio



Community Action Development Corporation of Allentown

(Se Habla Español)

443 N. 7th Street
Allentown, PA 18102
610-433-5703

Learn how to start your own business. Intensive training for low-income first-time business owners through The Start Your Business Program. Offers youth camp in summer on becoming business owners.

Community Action Development Corporation of Bethlehem

(Se Habla Español)

409 East Fourth Street
Bethlehem, PA 18015
610-807-9337
FAX – 610-807-9313

Website: www.cadcb.org

Learn how to start your own business. Training and assistance for business owners and those wanting to start a business in Bethlehem.

ADVOCACY
Abogacía



Advocacy is to act on someone's behalf (including your own) to get something done, to have your voice heard. Call your city/town hall for these types of concerns: streets, garbage, recycling, parks, and crime (or for specific listings, see blue pages in phone book).

Allentown: 610-437-7546	Bath: 610-837-1648	Bethlehem: 610-865-7000
Fountain Hill: 610-867-0301	Easton: 610-250-6600	Emmaus: 610-965-9292
Northampton: 610-262-2576	Catasauqua: 610-264-0571	Whitehall: 610-437-5524

All others see blue pages in phone book under local government.

Call your school district office, Call your State or US Representative or Senator, Call your US Congressperson.

To find out who they are, call the county voter registration office at 610-782-3194 (Lehigh County) or 610-559-3055 (Northampton County).

Neighborhood Advocacy

Community Action Committee of the Lehigh Valley

Jordan Heights Neighborhood Revitalization

443 N. 7th Street

Allentown, PA 18101

610-433-5703 Contact Ellen Denizard

A collaborative community revitalization effort.

Weed and Seed of Easton

1202 Ferry St.

Easton, PA 18042

610-438-2680

United Way of the Greater Lehigh Valley

Promise Neighborhoods of the Lehigh Valley

347 N. 8th St.

Allentown, PA 18102

610-351-4275 Contact Ernest Perry

CAR SEATS
Asientos De Seguridad Para El Automóvil



Blue Mountain Health System (the combined hospitals of Lehighton and Palmerton)

211 North 12th Street

Lehighton, PA 18235-9989

610-377-7070

Provides car seats for a twelve-month period, through their Woman Wise Project. Infant and convertible seats (up to 40 lbs.) also booster seats available. Deposit \$30.00, when returned in good condition receive \$18.00 back. Call to reserve.

Community Services for Children, Inc

1520 Hanover Ave Allentown PA 18109

610- 437-6000

Operation: Safe Ride provides car seat vouchers to Community Services for Children, Inc., for families in need. Supplies are limited. If interested, contact your Family Engagement Partner, Child Development Partner or Therapeutic Family Coach to apply for car seats.

CHILD CARE
Cuido De Niños



Pennsylvania's Child Care Subsidy Program

Services: Helps lower income families find child care. Helps eligible families pay for child care from (0 - 13 years). For example, a family of 4 must earn less than \$40,000/yr.

Eligibility: Parent must be working at least 20 hours a week (or a combination work and school hours).

Note: There usually is a waiting list for child care subsidy.

In Lehigh County

Child Care Information Services of Lehigh County

Community Services for Children

1520 Hanover Avenue, PA 18109

Allentown, PA 18109

610-437-6000

Dial TOT-INFO: 610-868-4636. They will send you an application package for subsidized child care funding. Also, call this number for listings and descriptions of regulated child care centers, family day care providers and before and after school child care programs as well as other programs for children. This free service also includes information on selecting quality child care.

In Northampton County

Child Care Information Services, Inc.

The CCIS of Northampton County

2200 West Broad Street

Bethlehem, PA 18018-3200

610-419-4500

Fax: 610-419-3888

1-866-800-3880 (toll free)

Website: www.ccisinc.org

Application for child care subsidy by mail or online, then interview for Northampton County residents. Provides information on all child care programs and after school care in Northampton County. Also provides Unconditional Child Care, a program of support and intervention for young children in child care with severe behavior problems.

CHILDREN AND FAMILY SERVICES
Servicios De Niños y De Familia



Autism Society of America/Lehigh Valley Chapter

P.O. Box 267

610-778-9212

Coopersburg, PA 18036 Website: www.AsALehighvalley.org

Support group for families and professionals involved with autism. Monthly meetings held at Camelot for Children.

Big Brothers/Big Sisters of Lehigh Valley, Inc.

878 Minesite Road

Allentown, PA 18103

610-391-1827

Website: www.bbbslv.org

Provides male/female role models for children ages 7-13. The program focuses on friendships rather than activities. Volunteers must be 18 years old and a resident of Lehigh/Northampton counties.

Volunteers interact with children 2 – 4 hours per week for a minimum of one year.

Requirements: Children come from single parent home. Waiting List: boys minimum of 1 year due to lack of male volunteers. Shorter list for girls.

Camelot for Children, Inc.

2354 W. Emmaus Avenue

Allentown, PA 18103

610-791-5683

Website: www.camelotforchildren.org

A non-profit organization for seriously, chronically and terminally ill, handicapped or disabled children that provides an environment of emotional support among these special children and their families.

They provide opportunities to interact with each other in a family/home setting and help children develop their physical and mental abilities. During the school year they offer weekend programs and during the summer they offer summer camp.

Casa Jeanette705 N. 8th Street

Allentown, PA 18102

484-860-0303

After School Program, Summer Program, Pre-school, Special Needs Population Day Program, Educational Workshops, Volunteers and Community Collaboration

Catholic Charities

530 Union Blvd.

Allentown, PA 18109

610-435-1542 ext. 317

Offers parenting classes. Call for days/times.

Center for Humanistic Change

100A Cascade Dr.

Allentown, PA 18109

610-443-1595

Call for information.

Website: www.thehc.org

Training in the community for organizations/schools on parenting, life skills for parents, drug and alcohol use prevention, violence prevention and bullying prevention. Peer mediation and conflict resolution for grades 4 to 12. Peacemaking skills for preschool – Kindergarten.

Childline and Abuse Registry

Hillcrest Building – second floor

Box 2675

Harrisburg, PA 17105-2675

1-800-932-0313

(24 hours, 7 days a week)

Call to report suspected child abuse. All phone calls are confidential. You may remain anonymous.

Community Services for Children, Inc.

(Se Habla Español)

1520 Hanover Avenue

Allentown, PA 18109

Phone: 610-437-6000

Fax: 610-437-6500

Website: www.cscinc.org

Community Services for Children (CSC) provides and supports quality early education throughout northeastern Pennsylvania. CSC administers Head Start and Early Head Start of the Lehigh Valley, Head Start Pre-K Counts, Northeast Pennsylvania Regional Key, and Child Care Information Services of Lehigh County.

Head Start helps children and their families succeed in learning and life. Over 1,200 children and families are enrolled in Head Start and Early Head Start of the Lehigh Valley. Head Start classrooms are located throughout Lehigh and Northampton Counties, including partnerships with the following school districts:

- Bangor Area School District
- Easton Area School District
- East Penn School District
- Northampton Area School District
- Northern Lehigh School District
- Salisbury Township School District

Additional partners in service include Carbon-Lehigh Intermediate Unit#21 and Colonial Intermediate Unit #20. In addition, the Early Head Start SafeStart Program is a center-based collaboration with both Lehigh and Northampton Counties. Head Start of the Lehigh Valley and Early Head Start of the Lehigh Valley link early education with other services including health, family services, parental involvement, child development and parenting, decision making, and supporting personal development.

CSC's Child Care Division includes the Regional Key program which helps early learning providers improve the quality of their programs through training and technical assistance in the state quality rating system – Keystone STARS. The Regional Key works with more than 700 providers in 18 counties of Northeast Pennsylvania who have enrolled in the state's Keystone STARS system. The Child Care Information Services Program funds subsidized child care for low-income families in Lehigh County. In addition, CSC provides parents living in Lehigh County with information about where to find and how to select child care and early learning programs. This free telephone call service is known by its phone number TOT-INFO (868-4636).

Community Solutions, Inc.

2015 W. Hamilton Street, Suite 204A

610-435-3343

Fax: 610-435-7211

Allentown, PA 18104

Website: www.csi-online.org

Email: kseda@csimail.org

Contact: Jill Hoch – Area Director; Amisa Dacey – Program Director

Hours: 9:00 a.m. to 5:00 p.m.

Multisystemic Therapy Treatment Program

- Multisystemic Therapy (MST) is an intensive family and community based treatment that addresses the multiple determinants of serious antisocial behavior in juvenile offenders.
- The multisystemic approach view individuals as being nested within a complex network of interconnected systems that encompass individual, family and extra familial (peer, school, neighborhood) factors.
- MST is provided using a home-based model of service delivery. This model helps to overcome barriers to service access, increases family retention in treatment, allows for the provision of intensive services (i.e. therapists have low caseloads), and enhances the maintenance of treatment gains. The usual duration of MST treatment is approximately four months.

Major Goals of MST

- To promote behavior change in the youth's natural environment, using the strengths of each system (e.g., family, peers, school, neighborhood, indigenous support network) to facilitate change.
- To empower parents with the skills and resources needed to independently address the difficulties that arise in raising teenagers and to empower youth to cope with family, peer, school and neighborhood problems. Within a context of support and skill building, the therapist places developmentally appropriate demands on the adolescent and family for responsible behavior. Intervention strategies are integrated into a social ecological context and include strategic family therapy, structural family therapy, behavioral parent training, and cognitive behavior therapies.

Program Targets chronic, violent or substance abusing juvenile offenders at high risk of out-of home placements and their families, youth ranging from 12 to 17 years of age and their families, and youth exhibiting at risk behaviors including initial acting out behaviors to conduct disorder, as well as alcohol/substance abuse.

Targeted Problem Behaviors

- Adolescent drug use
- Conduct problems at home and in school
- Aggressive and violent behavior
- Oppositional behavior, associating with antisocial peers
- Delinquency

Multisystemic Therapy Treatment Principles

1. Finding the "Fit"
2. Positive & Strength Focused
3. Increasing Responsibility
4. Present-Focused, Action-Oriented, Well Defined
5. Targeting Sequences
6. Developmentally Appropriate
7. Continuous Effort
8. Evaluation and Accountability
9. Generalization

Concern

90 South Commerce Way, Suite 300
Bethlehem, PA 18018
610-691-8401

Fleetwood Office
1 West Main Street
Fleetwood, PA 19522
610-944-0445

Wyomissing Office
1120C Hobart Ave.
Wyomissing, PA 19610
610-371-8035

Services: Foster care and permanency services. Counseling provided (individual, family, marital). Provides in-home child counseling. Also provides EAP: Employee Assistance Program. Requirements: Private or agency referrals.

Accepts: Magellan Insurance (MA), CCBH, UPMC, Capital Blue Cross, Medical Assistance, and CBHNP.

Diakon Adoption and Foster Care

1 South Home Avenue
Topton, PA 19562
610-682-1504

Toll Free: 888-582-2230

Website: www.diakon.org

We are an affiliate of the Statewide Adoption and Permanency Network providing adoption services which include family profiles, child profiles, child preparation, child specific recruitment, placements/finalization services and post adoption support. We also provide foster care, family finding and counseling services for women with unplanned pregnancies. Office hours: 8:00 a.m. to 4:00 p.m.

Easton Area Neighborhood Center, Inc.

902 Philadelphia Road
Easton, PA 18042 610-253-4253

Northampton County residents only

Services: Family Development Research Program (FDRP) – a mentor program for pregnant or parenting teens at Easton Area High School and Easton Academy.

Easton Area School District – YMCA

1225 West Lafayette Street
Easton, PA 18042

Offers parenting classes. Call Lisa Bedoya at 610-250-2551, ext. 24323 for days/times and to register.

Families First

1620 Teels Road
Pen Argyl, PA 18072
610-863-3688

Families First is a family center in Pen Argyl Area School District serving residents in the Pen Argyl Borough, Wind Gap Borough and Plainfield Township. Families First is a partnership committed to developing a community network of support and a welcoming place where families are offered compassionate, knowledgeable, and confidential assistance. Utilizing existing community resource, Families First assists families with various issues affecting family stability, including housing, counseling, parenting, budgeting, transportation, education, domestic violence, and drug and alcohol issues.

Family Centers for Child Development

(Se Habla Español)

Allentown Area School District

Jefferson School 750 St. John Street Allentown, PA 18103 484-765-4421	Central Elementary School 829 Turner Street Allentown, PA 18102 484-765-4815	Main # 484-765-4030 (Community and School Services Admin. Bldg.)
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Family Centers work with parents and children (ages 0-5). Family Development Specialists trained in child development using the Parents as Teacher's Program make home visits twice a month. Topics include: child development, health and safety. Runs workshops and developmental screenings for ages 0-5. Services are free. You must live in Allentown School District. Referrals for needed services. Parent training, toy and book lending. Bethlehem/Family Centers: The Bethlehem School District, in collaboration with parents, State & County Human Services, the United Way and other donors operate Family Centers at Donegan and Marvine schools. They offer a variety of services to parents and children, including parenting education, toy and book lending libraries, child health services (includes dental, vision, free immunizations), developmental screening, OB/GYN care for women, health care for uninsured adults, after school activities and referral to community resources. Fowler Family Center at Donegan: 1210 E. Fourth Street, Bethlehem, 610-997-3828, Ext. 3327. Marvine Family Center: 1425 Livingston Street, Bethlehem 610-868-7126 (Open year round). Mosser Village Family Center: 614 S. Carlisle Street, Allentown, 610-820-9927 – Offers after-school programs for children in Mosser School area (East Allentown). Dance class, homework club, and adult classes in sewing, computers, parenting, ESL, and others. Mosser also offers free summer programs for area children, ages 7-13. Also have a book and toy library and clothing bank. Call for information. Hours: 9 a.m. to 5 p.m. Monday through Friday.

Family Connection (c/o Cheston Elementary School)

723 Coal Street
Easton, PA 18042 610-250-2551, Ext. 24075 Website: www.familyconnectionofeaston.org
Family Connection has been the family center in the Easton Area School District since 1998. They help children be successful in school by engaging and supporting families, building positive family-school-community partnerships, removing barriers to learning, and providing extra learning opportunities. Services include: family support which includes case management, information and referrals to academic and social services, and helping parents navigate the school system; the Parent-Child Home Program (PCHP), a home based early childhood education and family literacy program; the Cheston Cougars Learning Club (CCLC) after school program; a 4 week family wellness and parenting group called Parents Who Care (PWC); and Kindergarten Connection which connects early childhood educators, the school district, and parents to help children make a successful transition into kindergarten.

Ann Friedenheim, M.S., L.P.S.

1125 S. Cedar Crest Blvd., Suite 101
Allentown, PA 18103 610-462-2549 Fax: 610-351-7236

When working with children, I utilize child centered play therapy techniques and curtail the approach depending on the child's development and needs. While adults are comfortable communicating verbally, children use the language of play to express the themes in their lives. Through play, children are able to communicate about issues that are troubling them and can learn ways to share feelings and thoughts. Parents or caretakers are asked to provide weekly input and to be part of the process. Over the last 25 years I have worked with adults, teens and children living through many difficult circumstances. I offer a safe and nurturing place to explore situations or problems that are causing you distress. Through therapy, you can connect with your inner strengths, identify your needs and priorities and take steps to greater peace and satisfaction. Many of my clients have been addressing depression, anxiety, life changes, unresolved issues of the past, relationships and trauma. Some people use therapy not to problem solve but to find ways to have more joy, greater well being or to gain a clear direction towards the future. Hours: by appointment only

Healing Works

1644 W. Walnut Street (rear)

Allentown, PA 18102

610-432-2168

Outpatient therapy for children and families.

Services: Healing Works offers psychotherapy for children, teens and families for many issues including divorce, abuse and addiction. We use expressive therapies like art and play therapy and have a spiritual focus. We also offer interventions for addiction and compulsive behaviors. We host special events like our Sexual Abuse Poetry Reading and Forgiveness Retreat. Healing Works does not work with the insurance industry and charges \$75/hr for therapy services. Website: www.healingworksallentown.com

KidsPeace

KidsPeace is a private, not-for-profit organization dedicated to serving the critical behavioral and mental health needs of children, preadolescents, and teens. Headquartered in Orefield, Pennsylvania, KidsPeace offers a comprehensive range of treatment programs to help families help kids anticipate and avoid crisis whenever possible. KidsPeace serves children and adolescents from the ages 5 through 18.

Services Provided in the Greater Lehigh Valley Area:

- Outpatient individual, family, and group therapy,
- Medication management
- Walk in urgent care assessment (9:00 a.m. to 5:00 p.m. Monday through Friday)
- Home Based treatment for children affected by Autism
- Afterschool and Summer treatment programs for children affected by Autism
- Acute partial day program for mental health treatment
- Inpatient mental health hospital

KidsPeace Locations:

Orchard Hills Campus
5300 KidsPeace Drive
Orefield, PA 18069
(Inpatient Hospital)

Family Center Campus
1650 Broadway
Bethlehem, PA 18015
610-799-8600
Fax: 610-799-8154
Email: jason.savenelli@kidspeace.org
(Hours: 8:00 a.m. to 8:00 p.m.)

Green Street Clinic
801 E. Green Street
Allentown, PA 18109
(Mental Health Outpatient Care
for kids and teens)

Website: www.kidspeace.org

www.teencentral.net: web interactive counseling

www.parentcentral.net: web interactive counseling

To inquire about KidsPeace programs and services call: 1-800-8KID-123 (1-800-854-3123)

La-Leche

484-695-6191/610-295-5218

Support group for breastfeeding women.

Lehigh Children's Academy

5910 Hamilton Blvd.

Allentown, PA 18106 610-841-5801

Email: Principal@LehighChildrensAcademy.com

Website: www.LehighChildrensAcademy.com

Lehigh Children's Academy provides care and education for young children starting at six weeks and provides before and after school care for school age children. Located in Lower Macungie Township, the curriculum at Lehigh Children's Academy is focused on promoting the acquisition of skills by students through the design and enhancement of learning environments, activities, and routines of children and their families. Lehigh Children's Academy is a non-profit early education center.

The philosophy behind the curriculum at Lehigh Children's Academy is that young children learn best by doing and encourages active thinking, experimenting to learn how things work and learning firsthand about the world. Lehigh Children's Academy's mission is to help children become enthusiastic, independent, self-confident, inquisitive learners. Lehigh Children's Academy's curriculum includes music, art, foreign languages, technological integration, cooking, and classes dedicated to developing and promoting fine and gross motor skills.

Before and after school care is available for children from age 5 to 12 and includes activities like homework club, tech club, game club and art club. Summer Camp is available for children ages 5 through 12 and includes educational field trips to places like the Da Vinci Science Center and Allentown Art Museum.

Lehigh County Office of Children and Youth

Lehigh County Government Center

17 South Seventh Street

Allentown, PA 18101-2401

610-782-3200

610-782-3064 (After Hours)

Hours: Monday thru Friday 8:00am to 4:30pm

Services: Local public agency required by state and federal law to respond to referrals of child abuse and neglect. The agency provides a wide range of services to protect children and strengthen families by partnering with many different service providers throughout Lehigh County. While the agency is committed to providing high quality services to the victims of child abuse/neglect and their families, the agency also believes that prevention efforts create the strongest foundation for the future well being of our children, families, and community.

Lehigh Valley Health Network

1200 S. Cedar Crest Blvd.

Allentown, PA 18103

610-402-2273

Offers parenting workshops/classes. Call for more information or to register.

Maternal and Family Health Services: Lehigh Valley WIC Clinic

1227 W. Liberty Street, Suite 104

610-432-3455

Fax: 610-432-1221

Allentown, PA 18102

1-866-942-8463 (toll free)

(Appointments only)

Contacts: Sue Uhl and Corina Moser

Website: www.mfhs.org

Email: corinas@mfhs.org

Hours: Monday & Wednesday 8:00 AM – 6:00 PM, Tuesday – 9:00 AM – 5:00 PM,

Thursday & Friday 8:00 AM – 4:00 PM

The WIC (Women, Infants, and Children) Program promotes the health of women, infants, and children by providing food and nutrition education to pregnant women and breastfeeding mothers as well as their infants and children. WIC services include nutrition education, healthy food vouchers, breastfeeding support, farmer's market vouchers, and much more.

Milestones Achievement Centers, Inc.

7462 Penn Drive

Allentown, PA 18106 610-973-0970

Website: www.MACAmerica.net

Offers an integrated support for children with serious and/or complex educational and behavioral challenges who cannot be supported optimally in their home or school, at least for a period of time. They offer applied behavior analysis, occupational therapy, nursing services, physical therapy, special education, speech therapy, and therapeutic camping.

Northampton County Children, Youth and Families Division, Easton Office/Governor Wolf building
45 North Second Street

Easton, PA 18042

Main Number: 610-559-3290

Emergency Services: 610-252-9060

Intake: 610-559-3270, Toll Free 1-800-634-0808

To report child abuse call 1-800-932-0313

(Other services offered by referrals to clients like counseling and parenting classes)

Parent-Child Home Program

(Se Habla Español)

The Parent-Child Home Program is a home visitation parenting and literacy program for children ages 2-4 years old. Trained staff visits children and parents at home, bringing educational toys and books that are gifts that stay in the home after each visit. The goal of PCHP is to help parents increase their child’s language skills and to prepare them for educational success. The program works with parents to overcome challenges to educational success such as poverty and language barriers. If you live in the Easton Area School District and are interested in the Parent-Child Home Program, you can call 610-250-2542, Ext. 20018 (Cheston School).

Pinebrook Family Services

402 North Fulton Street

1101 Northampton St. Suite 201

16 South Broadway, Suite 2

Allentown, PA 18102

Easton, PA 18042

Wind Gap, PA 18091

610-432-3919

610-559-8151

610-863-8151

Website: www.pinebrookservices.org

Our mission at Pinebrook is to promote the well-being and self-sufficiency of the children, young adults, and families in our communities by providing the highest quality prevention, treatment, and advocacy services. The agency offers a continuum of community-based prevention, treatment, placement and adoption services: special-needs & international adoption, behavioral health services including outpatient counseling & psychiatric services, family-based mental health services, and high fidelity wraparound services, community-based services including transportation and family visitation program, family life education, and making the grade (a truancy reduction/ family support program), and placement services including foster care and kinship permanency services.

Program for Women and Families

927 Hamilton Street

Phone: 610-433-6556

Allentown, PA 18101

Fax: 610-433-1983

Hours: 8:30am-4:30pm

Works mainly with women involved with criminal justice system and their families as well as others. Services: Provides a transitional residence program, parent education classes, parent support groups and in-home visitation. Has some bilingual services. Groups are free and child care may be available. Runs a transitional residence program for moms and their children (see under Housing).

Progressions Behavioral Health Services, Inc.

881 Marcon Blvd., Suite 3900

Hours: 8:00 a.m. to 5:00 p.m.

Website: <http://www.pbhsi.com>

Allentown, PA 18109

610-266-2656 and ask for Ruth Perez

Fax: 610-266-2627

Progressions provides Behavioral Health Rehabilitation Services (BHRS) to children, adolescents, and their families. We help youth struggling with various mood, thought and behavior disorders. These may include anxiety, agitation, phobias, conduct disorders, ADHD, adjustment disorders, Autism Spectrum disorders, grief and loss, physical or sexual abuse, or trauma. Behavioral Health Rehabilitation Services, more commonly known as "Wrap Around" Services, are unique in that clinicians help individuals and families with behavioral health problems by providing services in the youth's familiar environments including home, school, or community settings. Progressions follows the principles of the Child and Adolescent Service System Program.

Project Child

531 Main Street
Bethlehem, PA 18018

Phone: 610-954-9561
Fax: 610-954-5944

Website: www.projectchildlv.org
E-mail: projectchildlv@aol.com

Project Child is the child abuse prevention coalition of the Lehigh Valley and a program of Valley Youth House. Project Child provides public education, professional development, parent support and specialized programs in order to prevent child abuse and neglect. Project Child's services are mainly designed for parents, professionals and paraprofessionals in the community. Project Child offers ongoing weekly parenting classes and parent support groups, which are open to all. Call for dates and times. Project Child's newest program, "Learning to Care," teaches elementary school aged children about empathy and nurturing.

Project of Easton – SIZZLE!® Summer Reading Program*(Se Habla Español)*

320 Ferry Street

Website: www.projecteaston.org

Easton, PA 18042 610-258-4361 Call 610-258-1100 for Language and Literacy Programs

SIZZLE!® provides 6 weeks of summer literacy day camp for at-risk, low-income Easton area children in grades K-4. Enrollment is upon referral from the Easton Area School District. All services are free.

Salvation Army of Bethlehem

521 Pembroke Road

Bethlehem, PA 18018

610-867-4681

Youth Enrichment Center provides homework help and tutoring services to children ages 6-12. Children also engage in various activities. Program hours are from 2:30-5:30 p.m. Summer Youth Enrichment – 8 weeks of fun, field trips, and learning during the summer for children ages 6-12.

St. Luke's Hospital – Bethlehem Campus

801 Ostrum Street, Priscilla Payne Hurd Education Center, Rm. 104

Bethlehem, PA 18015 1-866-785-8537

Offers parenting classes. Call for days/times and to register.

St. Luke's VNA Nurse-Family Partnership

1510 Valley Center Parkway, Suite 200

Bethlehem, PA 18017

484-526-2786 – Contact Tiffany Grabinski

Fax: 484-893-7096

Website: <http://www.nursefamilypartnership.org>

Office Hours: 8:00 am - 4:30 pm

Nurse-Family Partnership (NFP) is an evidence-based nurse home visiting program for first-time low-income mothers. This free program begins before the 28th week of pregnancy and continues until the child's second birthday. The goals of this program are to assist mothers in having a healthy pregnancy, encourage child health and development, and to guide mothers on reaching their life goals. This NFP site serves Lehigh and Northampton county residents. (Call) Accepts: Gateway, AmeriHealth Mercy, Keystone and most other insurance

Third Street Alliance for Women and Children*(Se Habla Español)*

41 North 3rd Street

Easton, PA 18042

610-258-6271

Website: www.ThirdStreetAlliance.org

Nationally accredited child care (The Learning Center) in a creative and educational environment for ages six weeks to thirteen years; a resident shelter for homeless women with or without children; and compassionate adult day care services.

Unconditional Child Care

2200 West Broad Street

610-419-4500

1-866-800-3880 (toll free)

Bethlehem, PA 18018

Fax: 610-419-3888

Provides support and intervention for young children whose behavior in child care is difficult to manage. Services and resources are brought to the child care programs and to the family to help the child succeed in child care. Unconditional Child Care uses a Wrap Around approach to address the needs of the child, family, and child care program. Families with children who are enrolled in licensed child care centers and in group and family day care homes in Northampton and Lehigh counties may request Unconditional Child Care services. Parents must be working at least a part time and/or enrolled in school. Referrals may be made by the parents, child care providers, and others involved with the child.

Via of the Lehigh Valley, Inc.

336 West Spruce Street

610-317-8000

Bethlehem, PA 18018

Website: www.ViaNet.org

Email: Via@ViaNet.org

Via of the Lehigh Valley is a non-profit agency that provides services for children and adults with disabilities like autism, cerebral palsy, and Down syndrome. Serving the community since 1954, Via's staff and volunteers help individuals and families from birth through retirement to gain life skills, obtain meaningful employment and develop social connections.

Via Early Intervention program for children up to age three provides speech, physical and occupational therapy, and special instruction. Spanish translators are available. Early identification and age-appropriate therapies are critical to the well-being of children with disabilities. Via Early Intervention can enhance a child's development and provide support and assistance to families. Therapists work with infants and toddlers in their homes and daycare facilities to address delays and include caregivers in the teaching process so therapy can continue at home.

Via Pediatric Speech Therapy Services focuses on development of skills that enable a child to express themselves and understand others. Speech therapy helps your child improve their communication skills to an age-appropriate level. Via Pediatric Speech Therapy Services designs individual treatment programs and carefully evaluates your child's progress on an ongoing basis.

Via Teen Summer Experience is a transition-focused program for teens and young adults ages 13 to 21 with varying disabilities. The program objectives are to introduce the vocational, post-secondary education, and independent living options available to participants upon graduation. Via provides instruction on a variety of skills throughout the summer to assist participants in achieving their personal goals.

Via Community Employment provides job training, placement and coaching services for high school students and adults. **Via Work Training Services Workshop** offers a safe, comfortable and friendly environment where individuals with disabilities work on packaging and assembly projects for local businesses. **The John E. Walson Center at Via, an adult training facility**, provides educational, social, cultural and wellness activities for adults with disabilities. Participants spend a portion of their time at our facility in Bethlehem, combined with opportunities to explore the community. **Via Community Connections** connects people to their community through volunteer, recreational, social and educational activities. **Via Supported Living** helps adults live independently in their community and form the bonds and relationships of a neighborhood.

Youth Advocate Programs

701 W. Broad Street, Suite 205

Bethlehem, PA 18018

610-865-9111

Contact: Cheryl Hopkins

Email: chopkins@yapinc.org

Fax: 610-865-2607

Website: www.yapinc.org

Hours: 8:00 a.m. to 5:00 p.m.

We provide Advocate/Family Support services to families in need with a referral from Northampton County Children, Youth & Families and Mental Health Services.

CLOTHING BANKS

Bancos De Ropa



Everlasting Life Ministries

224 N. Sixth Street
Allentown, PA 18102
610-434-1477

Clothing bank is on Tuesday 10:00 – 11:00 a.m. Enter alley door in basement of New Bethany Church. They also have a free clinic. Please contact for more information.

The Perfect Fit for Working Women

Hamilton Business Center
1101 W. Hamilton Street, 3rd floor
Allentown, PA 18101 610-871-5060 FAX: 610-871-5061
Email: manager@thePerfectFit.org

Hours: Monday, Tuesday, Thursday 9:00 a.m.-1:00 p.m., Wednesday 12:00-4:00 p.m., Friday 11:00 a.m. – 3:00 p.m.

Provides gently used and new outfits for women's job interviews and first week of work. Need referral from an agency like Head Start. (Volunteer run, Call for hours, they vary) A referral form can be requested from agency.

*New program for men, **First Impressions for Men** call 484-550-6362 for more information.

River of Life Presbyterian Church

445 S. Main Street (right across from Paul Mart)
Phillipsburg, NJ 08865
908-213-1377

Clothing closet is open once a month. Food pantry is open twice a month. Call for information on answering machine.

Salvation Army—Allentown

144 North Eighth Street
Allentown, PA 18102
610-432-2381

Open 9 a.m. to noon and 1 to 4 p.m. Monday through Friday.

Staff: If you are referring a family, you need to call first. Contact Person: Meganne Murphy

South Side Ministries Thrift Shop

321 Wyandotte Street
Bethlehem, PA 18015
610-867-6764

Thrift Shop for low/reduced cost clothing – come in between 10 a.m. and 3 p.m. Tuesday through Thursday and Friday 10:30 a.m. to 1 p.m. Closed Monday.

(Summer hours 10 a.m. to 1 p.m. Tuesday, Wednesday, Thursday, Friday – 10:30am -1pm)

CONSUMER INFORMATION
Información Al Consumidor



Bureau of Consumer Protection

(Se Habla Español)

801 Hamilton Street, 4th Floor
Allentown, PA 18101
610-821-6690

Will assist with complaints of poor quality services or products.

Penn State Extension – Lehigh County

(Se Habla Español)

Lehigh County Extension Office
4184 Dorney Park Road, Room 104
Allentown, PA 18104
610-391-9840
Fax: 610-391-0683
Contact: Tina Schucker – Office Manager
Email: tms59@psu.edu
Website: <http://extension.psu.edu/lehigh>
Hours: 8:00 a.m. to 4:30 p.m.

Northampton County Extension Office
Greystone Building, Gracedale Complex
Nazareth, PA 18064
610-746-1970

Penn State Extension provides sound research-based educational programs and resources to the residents of Lehigh and Northampton counties. Program areas include youth resiliency/family strengths, child development and professional development for early childhood educators, basic parenting skills, nutrition education for low-income families (EFNEP) and 4-H. Master Gardeners are trained volunteers who educate residents on topics related to home gardening. Programs and resources are available in various formats on topics such as food preservation, food safety, integrated pest management and starting a small farm.

COUNSELING

Consejería



If you are looking for treatment for your child, regardless of whether you have Medical Assistance or any of the managed care insurances, or CHIP--contact your family doctor/clinic for a referral. You can then contact the number on your medical insurance card to ask for an updated listing of the providers that accept your child's insurance.

Access Services

3975 Township Line Rd. Phone: 610-866-6667 FAX: 610-866-9323
Bethlehem, PA 18020 Website: accessservices.org
Contact: Suzanne McFadden Email: smcfadden@accessservices.org
Provide BHRS services to children ages 2 to 20.
Hours: 8:30 a.m. to 4:30 p.m.

Bethany Counseling Ministry

36 S. Sixth Street Phone: 610-437-2466
Allentown, PA 18101
Family, couples and individual counseling – serves children, teens, adults. Sliding fee scale.

Catholic Charities

(Se Habla Español)

530 Union Blvd. Phone: 610-435-1541
Allentown, PA 18103-1230
Hours: 8:30 a.m. to 4:30 p.m. Monday through Friday (Appointment Only)
Counseling for grief experiences and family problems. Runs a pregnancy/support counseling program for expectant adults and young families called "Pregnancy support." Must attend 4 classes to receive free items for newborn. Adoptions, to adopt, or adopt out. Foster care program. New 55 and over program to assist with employment and other issues. Immigration problems, paperwork and citizenship classes. Free or sliding fee scale for some programs. There is a fee for the Immigration services.

Center for Humanistic Change

100A Cascade Dr. Phone: 610-443-1595
Allentown, PA 18109 Website: www.thehc.org
Hours: 8:30 a.m. to 4:30 p.m. Monday through Friday
Training in the community for organizations/schools on parenting, life skills for parents, drug and alcohol use prevention, violence prevention and bullying prevention. Peer mediation and conflict resolution for grades 4 to 12. Peacemaking skills for preschool – Kindergarten.

Community Solutions, Inc.

2015 W. Hamilton Street, Suite 204A

610-435-3343

Fax: 610-435-7211

Allentown, PA 18104

Website: www.csi-online.org

Email: kseda@csimail.org

Contact: Jill Hoch – Area Director; Amisa Dacey – Program Director

Hours: 9:00 a.m. to 5:00 p.m.

Multisystemic Therapy Treatment Program

- Multisystemic Therapy (MST) is an intensive family and community based treatment that addresses the multiple determinants of serious antisocial behavior in juvenile offenders.
- The multisystemic approach view individuals as being nested within a complex network of interconnected systems that encompass individual, family and extra familial (peer, school, neighborhood) factors.
- MST is provided using a home-based model of service delivery. This model helps to overcome barriers to service access, increases family retention in treatment, allows for the provision of intensive services (i.e. therapists have low caseloads), and enhances the maintenance of treatment gains. The usual duration of MST treatment is approximately four months.

Major Goals of MST

- To promote behavior change in the youth's natural environment, using the strengths of each system (e.g., family, peers, school, neighborhood, indigenous support network) to facilitate change.
- To empower parents with the skills and resources needed to independently address the difficulties that arise in raising teenagers and to empower youth to cope with family, peer, school and neighborhood problems. Within a context of support and skill building, the therapist places developmentally appropriate demands on the adolescent and family for responsible behavior. Intervention strategies are integrated into a social ecological context and include strategic family therapy, structural family therapy, behavioral parent training, and cognitive behavior therapies.

Program Targets chronic, violent or substance abusing juvenile offenders at high risk of out-of home placements and their families, youth ranging from 12 to 17 years of age and their families, and youth exhibiting at risk behaviors including initial acting out behaviors to conduct disorder, as well as alcohol/substance abuse.

Targeted Problem Behaviors

- Adolescent drug use
- Conduct problems at home and in school
- Aggressive and violent behavior
- Oppositional behavior, associating with antisocial peers
- Delinquency

Multisystemic Therapy Treatment Principles

10. Finding the "Fit"
11. Positive & Strength Focused
12. Increasing Responsibility
13. Present-Focused, Action-Oriented, Well Defined
14. Targeting Sequences
15. Developmentally Appropriate
16. Continuous Effort
17. Evaluation and Accountability
18. Generalization

Coughlin, Kathleen, LSW & Associates**(Se Habla Español)**

308 E. Broad Street

532 W. Walnut Street

Bethlehem, PA 18018

Allentown, PA 18101

610-861-8779

Fax: 610-861-4677

484-350-3700

Fax: 484-350-3701

Website: www.kcoughlinandassociates.comEmail: info@kcoughlinandassociates.com

Hours: 8:00 a.m. to 9:00 pm Monday through Friday, 8:00 a.m. to 3:00 p.m. Saturday

Kathleen Coughlin and Associates is a group of private practitioners that provide counseling services for individuals, couples, and families. Our group provides individual, family, marital and couples counseling. We believe that all feelings are part of being human. We help you to understand your feelings, sort through difficult situations and connect with your inner wisdom so you can make healthy choices in life. Our practice offers services to young children, adolescents, adults, and the elderly. Our group is dedicated to providing you with the personal care you deserve. In our warm and caring environment, you will receive guidance from sensitive, respectful professionals whose experience and qualifications will ensure you attain the solutions you seek. Our staff consists of caring individuals with extensive training and licensing in their respective areas of expertise.

Crime Victim's Council of Lehigh Valley

801 Hamilton Street, Suite 300

Easton Office: 1555 Northampton Street

Allentown, PA 18101

Easton, PA 18042

610-437-6610

Fax: 610-437-9394

610-250-6313 (call for information)

Website: www.cvclv.orgEmail: info@cvclv.org

Individual Counseling, Group Counseling (Sexual Assault/Abuse Survivors, Homicide Survivors), Court/Hospital/Police Accompaniment, Community Education and Prevention Programs, and Assistance with Victim's Compensation. Hours: Monday through Friday 8:30 a.m. to 4:30 p.m.

24-Hour Hotline: 610-437-6611**Crisis Intervention**

Lehigh County

Northampton County Emergency Services

17 South Seventh Street

45 North 2nd Street

Allentown, PA 18101

Easton, PA 18042

24 hour hotline: 610-782-3127 Fax: 610-820-8266

24 hour emergency number: 610-252-9060

Email: Jane.Marsilio@lehighcounty.orgWebsite: www.lehighcounty.org

Referrals/intake for mental health crisis.

Immediate referral for children, adults, youths in crisis. Mental health, suicide, other issues. No cost.

Family Answers**(Se Habla Español)**

411 W. Walnut Street

610-435-9651

Fax: 610-435-9654

Allentown, PA 18102

Website: www.familyanswers.orgEmail: fcslv@familyanswers.org

Hours: Monday through Thursday 8:30 a.m. to 9:00 p.m., Friday 8:30 a.m. to 5:00 p.m.

A social service agency headquartered in Allentown, Pennsylvania, has been serving Lehigh Valley residents of all ages for over 110 years. By providing service through our various programs we can help individuals, couples and families overcome various problems they encounter in their day-to-day lives.

Currently we offer:

- counseling by licensed clinical social workers (individual, couples, family),
- homecare services support with activities of daily living,
- family preservation assistance,
- and a financial literacy course coupled with a low-interest car loan program for employed parents of children under the age of 18.

Our programs are designed to assist individuals and families to become self-reliant and self-sustaining.

Forensic Treatment Services

1259 S. Cedar Crest Blvd., Suite 200 Phone: 610-433-1529
Allentown, PA 18103

Provides violent offender outpatient treatment and therapy. Specializes in domestic violence issues. Works with children and adolescents who are sexually aggressive also with child victims of sexual abuse. Group and individual therapy. Referrals through Children and Youth, Department of Corrections, Probation and Parole and self-referred. Accepts Magellan, BC/BS, Medicare and other insurances. Call for more information.

Ann Friedenheim, M.S., L.P.S.

1125 S. Cedar Crest Blvd., Suite 101
Allentown, PA 18103

610-462-2549 Fax: 610-351-7236 Hours: by appointment only

When working with children, I utilize child centered play therapy techniques and curtail the approach depending on the child's development and needs. While adults are comfortable communicating verbally, children use the language of play to express the themes in their lives. Through play, children are able to communicate about issues that are troubling them and can learn ways to share feelings and thoughts. Parents or caretakers are asked to provide weekly input and to be part of the process. Over the last 25 years I have worked with adults, teens and children living through many difficult circumstances. I offer a safe and nurturing place to explore situations or problems that are causing you distress. Through therapy, you can connect with your inner strengths, identify your needs and priorities and take steps to greater peace and satisfaction. Many of my clients have been addressing depression, anxiety, life changes, unresolved issues of the past, relationships and trauma. Some people use therapy not to problem solve but to find ways to have more joy, greater well being or to gain a clear direction towards the future.

Haven Behavioral Health Services

1411 Union Blvd.

Allentown, PA 18109 610-433-6181 Fax: 610-433-5124

Programs: outpatient services also offered to public. Call for more information. Psychiatric rehabilitation therapy 6 hours a day. Day hours 7:30 a.m. to 2 p.m. Must be a medical necessity and may be referred by a doctor or other medical programs. Will deal with dual diagnoses. Magellan insurance and others accepted. Accepts Medicare for seniors and the disabled. Evening hours available by appointment only.

Hispanic American Organization/Outpatient Counseling Service

(Se Habla Español)

462 W. Walnut Street

Allentown, PA 18102

610-435-5334

Counseling Service: 610-351-2292 Day Care: 610-435-3968 Website: www.hao-lv.org

Partners with the Roberto Clemente Charter School; Nutrition – a program to educate clients on the availability of food stamps; Housing Case Management Services. Limited funding is available for rent assistance. Day Care; Family Counseling Clinic – a bilingual counseling service; Evening School: English as a Second Language (ESL) and GED; ESL classes during the day; Computer Lab open to the public for ESL, job search, resume writing, GED preparation (Plato software), typing practice; Intake, Information and Referral Services.

Holcomb Associates

1405 N. Cedar Crest Blvd., Suite 105

Allentown, PA 18104

610-435-4151

Hope House

3606 Hecktown Road
Bethlehem, PA 18020
610-882-2008
Fax: 610-882-2009
Contact: Valerie Roseburgh
Website: www.hopehouse-rhd.org
Email: hopehouse@rhd.org

Hope House provides short-term residential services for adults in need of mental health intervention. We offer a safe and supportive environment for people who need a place to stay until they stabilize and can safely return to the community. Our maximum capacity is eight individuals. The average length of stay is one week. Trained staff members are on duty 24 hours a day, 365 days a year. Our dedicated staff of Bachelor's and Master's level professionals is focused on assisting consumers in resolving their immediate crisis and mobilizing support systems in the community for ongoing treatment and support.

Our services are a safe and cost-effective alternative to hospitalization and are available to adults, 18 years of age and over, who reside in Northampton, Lehigh and surrounding counties. Referrals must be submitted by a mental health professional such as an individual's Intensive Case Manager, a Crisis Hotline worker, therapist, psychiatrist, etc. Services we offer include, but are not limited to:

- 24 Hour Crisis Intervention
- Individual & Group Therapy
- Psychiatric Treatment
- Medication Monitoring
- Case Management
- Psycho-Education
- Mental Health Recovery

Hope House is licensed by the Commonwealth of Pennsylvania and is primarily funded through contracts with Magellan Behavioral Health, Northampton County MH/MR and Lehigh County MH/MR.

KidsPeace Green Street Clinic – Orchard Behavioral Health

801 E. Green Street Phone: 610-799-8910 Contact: Neville Tomlinson
Allentown, PA 18109 Fax: 610-776-1694 Email: neville.tomlinson@kidspeace.org
Website: www.kidspeace.org

Outpatient mental health individual, family, and group counseling. Medication Management and Psychiatric Evaluation. Urgent Care walk-in assessments Monday through Friday 9:00 a.m. to 5:00 p.m.

Lehigh County Information and Referral

17 South 7th Street
Allentown, PA 18101
610-782-3200 Hours: Monday through Friday 8:00 a.m. to 4:30 p.m.

Provides information and referrals for the County Department of Human Services which includes Children & Youth, Mental Health and Mental Retardation, Child Behavioral Health, Office on Aging and Adult Services, Drug & Alcohol and Early Intervention services.

Lehigh Valley Community Mental Health Centers*(Se Habla Español)*

Serves both Northampton and Lehigh counties

865 East 4 th Street	214 North 6 th Street	530-532 Ridge Avenue	226 Northampton Street
Bethlehem, PA 18015	Allentown, PA 18102	Allentown, PA	Easton, PA 18042
610-691-4357	610-432-4356	484-223-3112	610-330-0489

Services: Ages 5 years and above, individual, family and group therapy available for those with mental health disorders--hyperactivity, anxiety, depression, mood and sleeping disorders. Provides services to adolescents and adults in the mental health area offering a psychiatric, individual and family psychotherapy. They also provide psychiatric medications. Medicare & other insurances. Call for availability, walk-ins ok. Accepts: Magellan, Gateway, Medical Assistance, and Northampton County with authorization.

Methodist Services Community Counseling

51 Market Street	400 Northampton St.
Bangor, PA 18013	Easton, PA 18042
610-588-9109	610-588-9109

Non profit charitable organization. Services provided include: psychotherapy for individual children, adults and for families; diagnostic evaluations; psychiatric evaluation and medication management. Northampton, Lehigh and Carbon/Monroe/Pike County Health choices plans (Medicaid) accepted; most private insurances accepted; reasonable self pay rates.

Milestones Community HealthCare

65 E. Elizabeth Ave., Suite 1000	Phone: 610-655-9845
Bethlehem, PA 18018	

The Mitchell Clinic In & Outpatient Program (IOP)

555 Harrison Street	Phone: 610-965-6418 ext. 100
Emmaus, PA 18049	

Licensed for dual treatment of those diagnosed with mental health and/or chemical dependency issues. Treatment is focused on stabilization and returning patients to their highest level of functioning via group therapy. Educational groups teaching coping skills occur daily. Family sessions provide information, education and promote growth of all family members. We accept most major insurances as well as self payment.

Monocacy Counseling Associates

826 Delaware Avenue	610-317-0503	Contact: Bruce Bowen
Bethlehem, PA 18015	Fax: 610-419-3309	Email: bruce@monocacycounseling.com
Website: www.monocacycounseling.com		

At Monocacy Counseling Associates, we are trained and experienced to assist our clients with a wide range of psychological and mental health problems. We can work with you to manage problems associated with trauma, grief and loss. This includes personal, business or community trauma. We offer College Counseling services such as preparation for interviews and auditions, essay writing and other preparatory services. Our staff includes a trained Reiki therapist. Fees are based on a sliding scale. We participate with several insurance companies. Call us for details. Evening and weekend hours are available. Hours: Monday through Friday 9:00 a.m. to 8:00 p.m., Saturday by appointment

National Mentor HealthCare, Inc.

3865 Adler Place, 2nd Floor
Bethlehem, PA 18017
610-867-3173
Fax: 610-867-2695

Nigito-Raftas, Joanne

1754 W. Broad St.
Bethlehem, PA 18018
610-814-6263
Offers play therapy.

Northampton County Intake and Referral Line

45 North Second Street
Easton, PA 18042
610-559-3270

First time intakes and referrals for Mental Health/Mental Retardation, Early Intervention, Children and Youth, and Agency on Aging come through this number; must live in Northampton County; agency will refer to one of their case workers and make appointments where appropriate.

NHS of the Lehigh Valley

(Se Habla Español)

3864 Adler Place
Bethlehem, PA 18017
610-866-8331

Programs include: Blended Case Management, Family Based Mental Health Services, Therapeutic Foster Care, and Residential Treatment Facilities. Accepts only MA for mental health services through Magellan. Accepts referrals and payment from both counties.

St. Luke’s Behavioral Health Center

1107 Eaton Avenue
Bethlehem, PA 18018
610-954-3012

Outpatient counseling for adults and children. Takes MA and also private insurance. Counseling for mental health issues and assists clients to return to their daily lives. Also have group sessions and a partial hospitalization program. (There is a waiting list for MA clients.)

Step by Step, Inc.

(Se Habla Español)

Lehigh Valley Region
623 West Union Blvd
Bethlehem, PA 18018
610-867-0688

Cross Valley Commons
744 Kidder Street
Wilkes Barre, PA 18701
570-829-3477

Services: Developmental Disabilities Services: Children – community habilitation, Adult – group homes, community habilitation and family living. MH Services: Intensive case Management, Outpatient MH & D&A, Mobile Psych Rehab, group homes, supported housing. Transitional Age Youth (18-26) specialty in all mental health services. Accepts: Magellan, MA referrals from both Counties.

Turning Point of Lehigh Valley, Inc.

(Se Habla Español)

444 E. Susquehanna Street (administrative office)
Allentown, PA 18103

610-797-0530

Contact: Diane Zanetti

Email: annem@turningpointlv.org

Fax: 610-797-0585

Website: www.turningpointlv.org

877-438-4957

Hours: 8:30 a.m. to 4:30 p.m.

Services for victims of intimate partner abuse: 24-hour helpline, safe shelter, counseling, children's programs, Protection from Abuse Order court assistance. Also prevention programs in schools, community outreach and medical advocacy. To access services, call the 24-hour helpline: 610-437-3369 or 1-877-438-4957. **All services are free and confidential, and are available in English and Spanish with limited availability in other languages.**

Valley Youth House

Lehigh Valley Offices:

Administration Offices 827-829 Linden Street Allentown, PA 18101 610-820-0166	524 W. Walnut St. Allentown, PA 18101 610-432-6481	531 Main St. 2 nd Fl. Bethlehem, PA 18018 610-954-9561	1615 Northampton St. Easton, PA 18042 610-252-2681
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511 E. Third Street #28
Bethlehem, PA 18015
610-317-0721

8th Avenue Shelter
539 Eighth Avenue
Bethlehem, PA 18018
610-691-1200 – Contact Lorrie Reddy
Email: khartzell@valleyyouthhouse.org

Visit our website at www.valleyyouthhouse.org for a complete list of programs.

In the Lehigh Valley, Valley Youth House has offices in Allentown, Bethlehem and Easton. Services offered include mental health counseling for families and youth, family preservation; family based mental health; independent living program for youth including teenage moms and their babies (therapy supervised residence); a runaway and homeless youth shelter for ages 12 through 17 (there is also a shelter in Bucks County); student assistance program (SAP) for mental health counseling through Northampton County school districts; school based drug prevention services; child abuse prevention coalition; Camp Fowler providing youth a place to heal, learn, and grow, including overnight camping, challenged based recreation and character education programs. Valley Youth House Shelter is a short-term emergency placement for youth in crisis. Services are available to females and males between the ages of 12 & 17. The program provides individual, family and group counseling, with the ultimate goal of family reunification. Outreach services are available for older adolescents (18 and up) through the Synergy Project. Contact number for outreach is 484-866-5556.

In addition to the Lehigh Valley, the Independent Living Program offers assistance in Delaware, Lancaster, Luzerne, Montgomery, and Philadelphia Counties.

Valliere and Associates

726 Church Street

Fogelsville, PA 18051

610-530-8392

Specialized for victims of sexual and physical abuse.

DAY CARE (ADULTS)
Cuido de Ancianos



Daybreak

Lehigh County Conference of Churches
534 Chew Street
Allentown, PA 18102
610-433-6421

(Se Habla Español)

An adult drop-in center for persons who are mentally ill, participating in a drug or alcohol treatment program, infected with HIV/AIDS and the impoverished elderly. Daybreak provides three hot meals each weekday, an opportunity for socialization and support, job readiness skills, art and music therapy. Call 610-820-5049

Third Street Alliance - Sharing the Caring

41 North Third Street
Easton, PA 18042
610-258-6271

Time: Mon-Fri. 7:30 a.m. to 5:00 p.m.
Cost: \$40.00

Website: www.thirdstreetalliance.org

Sharing the Caring is a social adult day services program for people experiencing a decrease in physical and mental abilities due to Alzheimer's, stroke, or other ailments associated with aging. Sharing the Caring offers a fun energizing day program for adults, complete with nursing supervision, healthy meals, and plenty of opportunities for clients to socialize such as Physical activity, Arts and Crafts, Music Therapy, Memory enhancement, Intergenerational Therapy, Podiatry Services, Rehabilitation Services, and Beautician Services. There is qualified staff that does health monitoring, medication, and personal hygiene. A Registered Nurse is on site several times a week. Sharing the Caring Adult Day Services is an approved provider for the following assistance programs: Block Grant Program of Northampton County, PDA Waiver Program of Pennsylvania, Jersey Assistance for Community Caregiving (JACC), and Global Option Waiver (GO) of New Jersey.

YWCA Adult Day Services Center of Bethlehem

3893 Adler Place, Building B, Suite 180
Bethlehem, PA 18017

610-867-4669, ext. 100
Fax: 610-997-3786

Contact: Jonathan Jones

Email: adsc@ywcabethlehem.org

Website: www.ywcabethlehem.org

The YWCA of Bethlehem Adult Day Services Center was created in 1984 to meet the needs of families in the Lehigh Valley. The center provides a licensed, therapeutic, social day care program for seniors ages 60 years or older and provides much needed respite to caregivers. The purpose of the program is to avoid early nursing home placement so that older adults can remain with their families for as long as possible. In addition, it is the goal of the program to help caregivers lessen stress, continue to remain employed and to have a chance to revitalize themselves. Hours: 8:00 a.m. to 5:00 p.m.

DRUG/ALCOHOL SERVICES
Servicios de Alcoholismo y Drogadicción



Al-Anon-Alateen

610-778-2066

Provides an updated listing of support groups in the Lehigh Valley for relatives and friends of alcoholics.

Alcoholics Anonymous Support Groups

(Se Habla Español)

610-882-0558 (24 hour hotline) Website: www.aalv.org

Call for listing of support groups in the Lehigh Valley.

Allentown Rescue Mission

(Se Habla Español)

355 Hamilton Street

Allentown, PA 18101 610-740-5500

Provides a state-licensed residential drug and alcohol treatment program for men. Provides housing for homeless males in crisis. (Must get a voucher for shelter from the Allentown Police Department.)

Coalition for a Smoke-Free Valley

(Se Habla Español)

17th and Chew Streets

Allentown, PA 18105 610-969-4855 Website: www.smokefreevalley.org

The Coalition for a Smoke-Free Valley is a broad-based community coalition dedicated to reducing tobacco use in the Lehigh Valley by promoting advocacy and providing education, training and support services.

Confront

1130 Walnut Street 610-433-0148 Fax: 610-433-6201

Allentown, PA 18102 Website: www.treatmenttrends.org

Confront provides drug and alcohol assessments, intensive outpatient and outpatient drug and alcohol treatment for individuals aged 12 and older. The staff is also well trained and experienced to provide individual and group counseling services to individuals suffering with co-occurring disorders as well as trauma. Confront staff also works with children and teens who are placed in foster or kinship care through the TouchStone Program which is a needs based intervention program to support young people in these situations. We encourage community members to call to find out if our services will meet your needs. Hours: Monday through Friday 9:00 a.m. to 8:00 p.m. (hours vary)

Council on Alcohol and Drug Abuse (CADA)

(Se Habla Español)

1031 W. Linden Street, Suite 202

Allentown, PA 18102 610-437-0801

Treatment services for people with substance abuse problems. Provides assessments, 10 or 20 hour DUI treatment programs, outpatient, and intensive outpatient programs. Other programs include Life Skills, Anger Management in English and Spanish, and Group Therapy in English and Spanish. Hours: Monday through Thursday 9:00 a.m. to 8:00 p.m., Friday 9:00 a.m. to 1:00 p.m. Accepts: MA, Magellan

Hogar Crea of Pennsylvania

(Se Habla Español)

Live-in drug rehab program specializes in Latino community. Information and referral. In-patient drug therapy. 2 to 3 year internal process, 5-year follow-up.

Women: 1409 Pembroke Road
Bethlehem, PA 18017
610-866-3442

Men: 132 North Fourth Street
Allentown, PA 18102
610-776-0525

1920 E. Market Street
Freemansburg, PA 18017
610-694-0700

Cost: None. Non-profit. Raises own funds.

Keenan House

(Se Habla Español)

18-22 South Sixth Street

Allentown, PA 18101 610-439-8479

Residential care for drug & alcohol addiction. Offers short & long term rehab programs. Must be over 18.

Latinos for Healthy Communities*(Se Habla Español)*

716 Chew Street

Allentown, PA 18102 610-434-6890

Currently provides: Outreach, Interventions Delivered to Individual, Interventions Delivered to Groups; HIV Counseling/testing services; Drug and Alcohol Treatment Referrals; Tobacco Prevention/Cessation Services; Diabetes Management Program for Spanish speaking individuals; Low impact exercises for elderly Latinos; Hepatitis C Counseling/testing and Case Management for Northampton County Residents who are receiving services at Drug Free sites; and referrals to community resources.

Lehigh County Office of Drug and Alcohol Abuse Services*(Se Habla Español)*

17 South Seventh Street

Allentown, PA 18101 610-782-3555

Services: Prevention, intervention, treatment services and program speakers.

Hours 8:30 a.m. to 4:30 p.m. Can arrange for bilingual service.

Assessments can be provided by Confront, White Deer Run in Allentown, Step by Step, Pyramid Health Care, Lehigh Valley Drug and Alcohol Intake Units or Mid-Atlantic Rehabilitative Services, Inc.

Lehigh Valley Drug and Alcohol Intake Units*(Se Habla Español)*29 S. Law Street, 3rd Floor

6 S. Third Street, Suite 403

44 E. Broad Street, Suite 20

Allentown, PA 18101

Easton, PA 18042

Bethlehem, PA 18018

610-432-1069

610-923-0394

610-868-0435

Fax: 610-923-0397

Website: www.lvintake.org

Hours: 8:30 a.m. to 4:30 p.m.

The Intake Unit is a state licensed facility that services as a gateway to treatment for all alcohol or drug troubled adult and adolescent residents of Lehigh and Northampton County, including those actively involved in the criminal justice systems.

Mid-Atlantic Rehabilitation Services (MARS)

826 Delaware Avenue

610-419-3101

Email: info@marsatp.com

Bethlehem, PA 18015

Fax: 610-419-3309

Website: www.marsatp.com

Contact: Greg Krausz, MA, CAADC, LPC

Hours: Monday through Friday 9:00 a.m. to 9:00 p.m., Saturday 9:00 a.m. to 2:00 p.m.

MARS-ATP provides client-centered, community based quality treatment services to those with Substance Use Disorder (SUD) in the least restrictive and most-cost effective level of care. We provide comprehensive assessment, intensive outpatient and outpatient drug and alcohol use counseling services for adolescents and adults. We have programs day, evening, and Saturdays to meet the needs of individuals who seek out our services. Most insurance including private insurance, managed Medicaid, and county funding are accepted. Services are provided through individual, group and/or family counseling.

Naranon

610-439-1998 – Support group for families & friends of drug abusers. Call for listings in Lehigh Valley.

Narcotics Anonymous Support Groups

610-439-1998 – 24-hour hotline; support groups for addicts; call for meeting information.

New Directions Treatment Services and Cedar Point Family Services*(Se Habla Español)*

2442 Brodhead Road
 Bethlehem, PA 18017
 610-758-8011

716 Chew Street
 Allentown, PA 18102
 610-434-6890

Mental health counseling for addicts and non-addicts. Outpatient services include methadone maintenance, detoxification, tobacco cessation program, bilingual counseling. AIDS education and testing. Cost: accepts MA, has county contracts, accepts Magellan insurance. Also: Latinos for Healthy Communities Program (in Allentown) does assessments, HIV outreach and drug prevention.

Pregnancy in Addiction Program (Bethlehem location) services the needs of opiate addicted pregnant women. Must be 18 years old and older.

Northampton County Drug & Alcohol Division

2801 Emrick Boulevard

Bethlehem, PA 18020

610-829-4725

Contact: Tiffany Rossanese

The Drug & Alcohol Division is a county office responsible for the provision of prevention, education, treatment and case management for those impacted by addiction. The majority of direct services are made available to the public through contracts with community service providers. The objectives are to raise public awareness of the dangers of alcohol abuse, drug abuse and problem gambling, and to offer resources to arrest the disease of addiction. Hours: 8:30 a.m. to 5:00 p.m.

Northampton County MH/EI/DP

520 East Broad Street

Bethlehem, PA 18018

610-974-7555

Mental health services are targeted for adults who are seriously mentally ill and children/adolescents who are seriously emotionally disturbed or at-risk of becoming so. Developmental programs in cooperation with the Commonwealth Office of Developmental Programs coordinate services to county residents of all ages with mental retardation. Early Intervention is a program to help families develop and maximize their child's potential. Infants and children birth to their third birthday are eligible.

Oxford House

1319 Turner Street (Men only)

Allentown, PA 18104

610-433-1985

1605 Chew Street (Women only)

Allentown, PA 18102

610-351-5267

Website: www.oxfordhouse.org – review for other locations in Lehigh and Northampton County.

Self-supported recovery house program for individuals recovering from alcoholism and drug addiction. Oxford House assures an alcohol and drug-free environment. Individuals pay equal share of the house expenses. Several Oxford Houses nationally and within the state of Pennsylvania. Interested individuals must submit an application and be interviewed by existing members of the house. If an opening is available and 80% of house members approve, interested individuals are accepted and move in. Oxford House has houses for men only, women only, and women with children.

Treatment Trends Halfway Home of the Lehigh Valley

119-121 North Eighth Street

Allentown, PA 18102

610-439-0218

Program Director – William Stauffer

Inpatient drug/alcohol treatment program. May call agency directly. Office hours: 8:30 a.m. to 4:30 p.m. Monday through Friday. Accepts MA; apply through Drug and Alcohol Departments of Counties or self-pay.

EMPLOYMENT

Empleo



*** CareerLink Lehigh Valley**

(Se Habla Español)

Lehigh and Northampton Counties

Private Industry Council of Lehigh Valley, an operator of and partner in PA CareerLink Lehigh Valley, operates training programs for eligible youth, adults, dislocated workers and other targeted populations. Due to the high demand for individuals with technical skills, PA CareerLink Lehigh Valley is your ONE-STOP resource for your training needs. Services include:

- Assessment of skills, aptitudes, abilities and other needs
- ESL and GED classes offered on site
- Workshops: resume, career exploration, credit and budgeting, computer, job and labor market information and more
- Career training funds available to those who qualify
- Assistance to individuals with disabilities
- Career Resource Centers: fully equipped for job searching

Visit us online at www.careerlinkehighvalley.org or stop by our CareerLink Resource Centers at either convenient location:

1601 Union Blvd.
Allentown, PA 18109
610-437-5627 / FAX: 610-434-4122
TTY: 610-821-6760
Hours: Monday, Tuesday, Thursday, Friday
8:30 A.M. until 4:00 P.M.
Wednesdays, 10:30 A.M. until 7 P.M.

72 N. Second Street
Easton, PA 18042
610-829-1244
Fax: 610-252-8239
Hours: Monday & Friday, 9:00 AM until 12:30 PM
Tuesday & Thursday, 9:00 AM until 2:00 PM
Wednesdays, 10:30 A.M. until 3:30 P.M.

4500 Education Park Drive
Schnecksville, PA 18078
610-799-1825
Hours: Tuesday 8 A.M. until 4:00 P.M.
Check website for summer schedule.

Community Action Committee of the Lehigh Valley/Work Ready Program

(Se Habla Español)

1337 E. 5th Street
Bethlehem, PA 18015
484-821-2959 Hours: 8:00 AM until 5:00 PM

Serves anyone who receives cash or food stamp benefits in Lehigh or Northampton Counties. You must be referred by the Department of Welfare. This program offers special help to get and keep a job: identifying your needs, job coaching to placement plus child care, transportation, car repair or purchase, driving lessons, other help. Contact your caseworker at Public Assistance.

Council of Spanish Speaking Organizations (Spanish Council)

(Se Habla Español)

520 East 4th Street
Bethlehem, PA 18015
610-691-5448 Administration: 610-868-7800
Hours: 8:30 AM until 4:30 PM – Contact: Enid Arroyo

Services: Provides life skill, information, referrals, resume help, employment counseling, holds job fairs.

Hispanic American Organization, Inc.

(Se Habla Español)

462 Walnut Street

Allentown, PA 18102

610-435-5334

Counseling Service: 610-351-2292

Day Care: 610-435-3968

Website: www.hao-lv.org

Partners with the Roberto Clemente Charter School; Nutrition – a program to educate clients on the availability of food stamps; Housing Case Management Services. Limited funding is available for rent assistance. Day Care; Family Counseling Clinic – a bilingual counseling service; Evening School: English as a Second Language (ESL) and GED; ESL classes during the day; Computer Lab open to the public for ESL, job search, resume writing, GED preparation (Plato software), typing practice; Intake, Information and Referral Services.

Office of Vocational Rehabilitation

(Se Habla Español)

45 N. Fourth Street (in Social Security Building)

Allentown, PA 18102

610-821-6441

1-800-922-9536

TTY/TDD: 610-821-6144

OVR is a federal program with funding for job training, vocational rehabilitation, and counseling for individuals with physical or mental disabilities who have trouble getting and holding a job. Serves Lehigh, Northampton, Carbon, and Monroe Counties. Call for information or application.

Pennsylvania Human Relations Commission

Harrisburg Regional Office

717-787-9780

Hours: 8:00 AM until 5:00 PM

Deals with employer/employee disputes, discrimination, etc. (Also race, housing, age, gender discrimination.)

Private Industry Council (PIC) a operator of and partner in CareerLink Lehigh Valley Supported Employment Program

1601 Union Blvd.

Allentown, PA 18109

610-439-1123

610-437-5627

Serves the Lehigh Valley. Offers training funding for those eligible. PIC also runs Welfare to Work and youth employment and other training programs.

Program for Women and Families

927 Hamilton Street

Allentown, PA 18101

610-433-6556

Hours: 8:30 a.m. to 4:30 p.m. Monday through Friday

Provides job readiness training. Accepts non-clients from community for employment counseling. Works with women involved with criminal justice system and their families. Services: Provide a variety of parenting and parent support classes in both counties. Runs Parents Support, self-help groups that meet weekly in both Lehigh and Northampton County. Group is free, and may provide child care, to participants.

Supported Employment Program / Private Industry Council of Lehigh Valley, Inc. (Se Habla Español)

72 North Second Street

Easton, PA 18042

610-829-1245

Provides assessment, job placement, on-site job coaching and on-going support services for job seekers and workers with disabilities. Services funded through Office of Vocational Rehabilitation (OVR); call 610-829-1244.

Via of the Lehigh Valley, Inc.

336 West Spruce Street

Bethlehem, PA 18018

610-317-8000

Website: www.ViaNet.org

Email: Via@ViaNet.org

Via of the Lehigh Valley is a non-profit agency that provides services for children and adults with disabilities like autism, cerebral palsy and Down syndrome. Serving the community since 1954, Via's staff and volunteers help individuals and families from birth through retirement to gain life skills, obtain meaningful employment and develop social connections.

Via Community Employment provides job training, placement and coaching services for high school students and adults. **Via Work Training Services Workshop** offers a safe, comfortable and friendly environment where individuals with disabilities work on packaging and assembly projects for local businesses. **The John E. Walson Center at Via, an adult training facility**, provides educational, social, cultural and wellness activities for adults with disabilities. Participants spend a portion of their time at our facility in Bethlehem, combined with opportunities to explore the community. **Via Community Connections** connects people to their community through volunteer, recreational, social and educational activities. **Via Supported Living** helps adults live independently in their community and form the bonds and relationships of a neighborhood.

FINANCIAL/MATERIAL ASSISTANCE
Asistencia Financiera y Material



American Red Cross of the Greater Lehigh Valley

2200 Avenue A

Bethlehem, PA 18017

610-865-4400

Disaster response, Preparedness and Training, Armed Forces Emergency Communication for Military and family members, and Lifeline (Personal Emergency Response Service).

Family Savings Account Program

Run by the Community Action Committee of the Lehigh Valley, this program matches eligible family's savings (for example, for each \$10 you save, they will add \$10). If you saved \$2,000, they will match it with another \$2,000, up to a total of \$4,000 in savings plus match (over a 2 yr. period). You can use the money for home buying or repair, car purchase, business start-up, education or child care costs. Call 610-691-5620.

Lehigh County Assistance Office (Department of Public Welfare)

(Se Habla Español)

101 South Seventh Street

610-821-6509

Allentown, PA 18101

Fax: 610-821-6705

Services: Medical assistance, food stamps, cash grants. Employment and training resources. For Energy Assistance, if received last year you automatically will be sent application.

Hours: 7:30 a.m. – 5:00 p.m. Monday through Friday.

Lehigh County Conference of Churches

(Se Habla Español)

1031 W. Linden Street

Allentown, PA 18102

610-433-6421

An association of over 140 local churches, the conference has the following social service programs: **Linkage-** Street caseworker connects homeless people with services. **Homeless Supportive Services-** Provides intensive case management for the disable and chronically homeless. **Pharmaceutical Assistance-** Provides once-a-year emergency medical assistance for certain kinds of medications to qualifying low- income individuals. For any of these programs call 610- 433-6421.

Rep Payee- Assists those on SSI/SSD (including children) who need help to manage their income and bills. Call 610-433-1881

Permanent Employment Program (PEP) Assists chronically unemployed individuals reach a level of self-sufficiency through subsidized to unsubsidized work experiences. Participants are assisted in search for and obtaining meaningful employment by educational, case management and subsidized work opportunities while involved in the program. Call 610-439-8521

544 Hamilton Street Programs:

Aspires- Is a mentoring program that is dedicated to the recruitment of volunteers, who offer support for students in the Allentown public schools who are at risk of not graduating, helping them to succeed academically, graduate from high school, and to be productive citizens. Call 610-439-8653

Pathways- A core of resource Counselors and four staff members help people in need make connections with other community resources, serve as advocates, and act as a referral service to human service agencies. Pathways' Housing Case Management assists homeless families and individuals find stable housing providing rental assistance, goal setting and budgeting. Call 610-439-8653

Lehigh County Clearinghouse assists with rental assistance and other housing related needs for the homeless, transitioning youth adults (age 18-23), residents of a community rehabilitation residence, individuals being released from incarceration. Call 610-841-1370

Lehigh Valley Outreach Depot

1866 Auburn Street Phone: 610-861-7373 Website: www.lvoutreachdepot.org
Bethlehem, PA 18015 Contact: Bob Totten Email: lvod@rcn.com
Hours: Tuesdays and Saturdays 9:00 a.m. to 12:30 p.m., Wednesdays 1:00 p.m. to 4:00 p.m.

The Lehigh Valley Outreach Depot supports those going through devastating times due to a loss of home or business because of fire, flood, hurricane, earthquake, or other catastrophic occurrences. It is a disaster relief warehouse. Only individuals referred by recognized social agencies are given appointments.

Money Management International

(Se Habla Español)

3671 Crescent Court East Toll Free Phone: 1-888-845-5669
Whitehall, PA 18052 Website: www.moneymanagement.org

Debt management cost is on a sliding scale. Free classes on mortgages, bankruptcy counseling, home-buying and budget basics, retirement, money management and credit counseling. Individual counseling is free.

Northampton County Assistance Office (Department of Public Welfare)

(Se Habla Español)

201 Larry Holmes Drive
Easton, PA 18042

610-250-1700 Hours: 7:30 a.m. – 5:00 p.m. Monday through Friday.

Medical assistance, food stamps, cash grants, energy assistance. Employment and training resources and referrals. Access to language line for clients speaking other languages.

Project of Easton—Assist Program

(Se Habla Español)

330 Ferry Street
Easton, PA 18042 610-258-4361

Emergency assistance for Northampton County residents. Helps with emergency shelter, prescriptions, home heating oil, baby needs, children’s furniture and clothing, eye exams/glasses. Requires intake interview. Open: 8:30 a.m. to 4:30 p.m. Monday through Friday. Bus passes available for designated appointments. All services are free.

Salvation Army—Allentown

(Se Habla Español)

144 North Eighth Street
Allentown, PA 18102 610-432-0129

Emergency Assistance for Lehigh County residents, Food pantry; used clothing assistance; limited prescription assistance; UGI assistance; referrals.

Salvation Army—Bethlehem

521 Pembroke Road
Bethlehem, PA 18017 610-867-4681

Assistance for rent/utilities (limited to UGI utility), food, clothing and furniture assistance.

Salvation Army—Easton

1110 Northampton Street
Easton, PA 18042 610-258-9531 Call for assistance information for material needs.

Social Security Office—Allentown

41 N. Fourth Street
Allentown, PA 18102 877-405-6746 TTY: 800-325-0778

Social Security Office—Bethlehem

555 Main Street (in Woolworth Building)

Bethlehem, PA 18018

866-810-0010

TTY: 800-325-0778

Social Security Office—Easton

134 S. Fourth Street

1-866-964-5056

Easton, PA 18042

TTY: 800-325-0778

Operators on duty 7 a.m. – 7 p.m.

Website: www.ssa.gov

Services Provided: Handling all inquiries concerning Social Security

Toll free number for all social security offices information is 1-800-772-1213.

Valley Social Security Office Hours: 9:00 a.m. to 4:00 p.m. Monday through Friday

Super Cupboard

A nutrition, cooking and life skills program offered through the Penn State and local extension office. Local shelters, churches or other non-profits must sponsor and get interested eligible (low-income) parent participants.

In Northampton County, call: 610-746-1970 In Lehigh County, call: 610-391-9840

Trinity Episcopal Church

44 East Market Street

Bethlehem, PA 18018

610-867-4741

Open Monday – Friday from 12:00 to 1:00 p.m. Family support program for new moms. Diapers, baby food and other items are available (once a month). Referral needed from Head Start, other agency.

Only for Bethlehem, Northampton County families. Social Worker on staff 11:30-1:30 Mon. – Fri.

Information on clothing and food banks, and referrals given here.

Unemployment Compensation

(Se Habla Español)

Call 610-821-6735.

Website: www.state.pa.us (keyword: unemployment)

This is recorded information about applying for unemployment. You can (eventually) speak to a person.

Hours are 7 a.m. to 4:45 p.m. Monday to Friday. You can still submit a UC appeal in person at the CareerLink offices:

Allentown: 1601 Union Boulevard

Easton: 220 Ferry Street, 610-821-6735

Welfare Helpline

1-800-692-7462

Information regarding financial assistance, medical assistance, food stamps and energy assistance (run by state of PA).

FOOD ASSISTANCE
Asistencia de Comida



FOOD BANKS/*Bancos de Comida*

For information on the nearest food bank to you, and on food stamps or other available welcoming food resources, call Second Harvest at 610-434-0875 between 7 a.m. and 4 p.m.

Animal Food Bank of the Lehigh Valley

511 East 3rd Street, Room 73

Bethlehem, PA 18015

484-851-8000

Animal Food Bank of the Lehigh Valley is a non-profit organization that provides emergency pet food, monthly pet food distribution and a reduced-price animal shot clinic. The Food Bank also provides information on community resources for animal lovers in the area.

Hours: Mon, Wed, 10am - 4pm; Fri, 10am - 5pm; Tue, Thu, Sat - Sun, closed

Casa Jeanette

705 N. 8th Street

Allentown, PA 18102

484-860-0303

Everlasting Life Ministries

224 N. Sixth Street

Allentown, PA 18102

610-434-4090 – Clinic 610-776-4009 – Office

Food Bank: Saturdays from 9am-11am

Project of Easton – Interfaith Food Pantry

(Se Habla Español)

330 Ferry Street

Easton, PA 18042

610-258-4361

Food products for Northampton County residents. Hours: Monday 10:00 a.m. to 12:30 p.m. and Thursday 10:00 a.m. to 12:30 p.m., 1:00 p.m. to 3:30 p.m. on walk-in basis. All services are free.

River of Life Presbyterian Church

445 S. Main Street (right across from Paul Mart)

Phillipsburg, NJ 08865

908-213-1377

Food pantry is open twice a month. Clothing closet is open once a month. Call for information on answering machine.

Second Harvest of the Lehigh Valley and NE PA

(A Program of the Community Action Committee of the Lehigh Valley, Inc.)

2045 Harvest Way

Allentown, PA 18104-6793

610-434-0875 *(Call for referral to area pantries or visit Shfblv.org for a list.)*

Referrals for food assistance to member emergency food pantries and soup kitchens throughout the greater Lehigh Valley. Information on food stamps and WIC program. Administers the Commodity Supplemental Food Program for eligible seniors and WIC “graduates.”

SOUP KITCHENS

Cocinas



Allentown:

Our Lady of Mount Carmel Church

179 Chew Street

Allentown, PA 18102

For information, call 610-434-5171.

Lunch 1:30 – 2:30 p.m. Front entrance. Friday, Saturday, Sunday and Monday.

St. Paul's Lutheran Church

8th and Walnut Streets

Allentown, PA 18101

610-435-9065

Tuesday, Wednesday and Thursday, Lunch noon – 1 p.m. Enter on left of church building off 8th Street.

All are welcome. Sundays and holidays: Breakfast/hot meal for all 8 a.m. – 9 a.m.

Bethlehem:

New Bethany Ministries Mollard Hospitality Center

337 Wyandotte Street

Bethlehem, PA 18015

610-691-5602

Drop in center and free meals. Meals served: breakfast 8:00 a.m., lunch 12:00 noon to 1:00 p.m.

Monday through Friday. Food baskets offered Mondays-Fridays between 10:30 am and 11:30 am. Each household is entitled to a food basket once every 30 days.

Salvation Army—Bethlehem

521 Pembroke Road

Bethlehem, PA 18018

610-867-4681

Soup kitchen open to all Sunday at 5:00 p.m.

Trinity Episcopal Church/Trinity Soup Kitchen

44 E. Market Street

Bethlehem, PA 18018

610-867-4741

Lunch time: Monday through Friday 12 noon to 1 p.m. All welcome!

Social worker on staff Mon. – Fri. 11:30 a.m. to 1:30 p.m.

Easton:

Safe Harbor Easton

536 Bushkill Drive

Easton, PA 18042

610-258-5540

Breakfast: 9 – 10:30 a.m.

Lunch: 11:45 a.m. – 12:30 p.m.

Monday – Friday (For adults but families/adults with children are welcome on an emergency basis.)

Open to the community from 9:00 a.m. to 3:00 p.m.

Trinity Episcopal Church

234 Spring Garden Street

Easton, PA 18042

610-253-0792

Saturday noon meal. Open to all.

FOOD PROGRAMS

Programas de Alimento



FOOD STAMPS/*Estampillas de Alimento*

Eligible families can receive assistance to purchase food so they can eat healthy food and stretch their food budget. Apply for food stamps at your county public welfare office. For other resources on food stamps, nutrition and food banks, call these numbers:

PA Hunger Action at 1-800-634-2033 (they can tell you if you're eligible for food stamps)
Second Harvest of the Lehigh Valley at 610-434-0875 or USDA at 1-800-221-5689

WIC – Women, Infants and Children Program

The WIC program provides Food Vouchers for wholesome foods to families that are eligible. Food Vouchers can be used at designated stores. The WIC program also provides nutrition education and helps moms learn how to breastfeed. Call for an appointment. (Also see listings by city/rural under Medical Providers)

Allentown

Casa Guadalupe, 218 N. 2nd Street, Allentown, PA 18102, call 610-435-5673, fax 610-435-3398
Email: wic@casalv.org Website: www.casa-lv.org
Hours: 9:00 a.m. to 5:00 p.m.

Maternal and Family Health Services: Lehigh Valley WIC Clinic

1227 W. Liberty Street, Suite 104, Allentown, PA 18102, call 610-432-3455

Bethlehem

WIC Bethlehem, 520 East 4th Street, Bethlehem, PA 18015, call 610-691-6491

Easton

WIC Easton, 101 Larry Holmes Blvd., Suite 204, Easton, PA 18042, call 610-258-6938

Lehighton – Carbon County WIC Program

701 Bridge Street, Suite 303, Lehighton, PA 18235, call 610-377-6097

PUBLIC ASSISTANCE OFFICES
Oficinas de Asistencia Publica



Lehigh County Assistance Office (Department of Public Welfare)

(Se Habla Español)

101 South 7th Street

Allentown, PA 18101

610-821-6509 Fax: 610-821-6705

Services: Medical assistance, food stamps, cash grants. Employment and training resources. For Energy Assistance, if received last year you automatically will be sent application.

Hours: 7:30 a.m. – 5:00 p.m. Monday through Friday.

Northampton County Assistance Office (Department of Public Welfare)

(Se Habla Español)

201 Larry Holmes Drive

Easton, PA 18042

610-250-1700

Hours: 8:30 a.m. – 5:00 p.m. Monday through Friday. Medical assistance, food stamps, cash grants, energy assistance. Employment and training resources and referrals. Access to language line for clients speaking other languages.

HEALTH RELATED SERVICE AGENCIES AND CLINICS
Agencias de Servicio de Salud y Clinicas



Aidsnet

31 South Commerce Way, Suite 400

Bethlehem, PA 18017

610-882-1119 Website: www.aidsnetpa.org

Plan and fund HIV/AIDS Care and prevention services, HIV testing and case management services referrals.

Allentown Health Bureau (See Medical Providers)**Allentown Women's Center**

31 S. Commerce Way, Suite 100

484-821-0821 or 1-877-342-5292

Bethlehem, PA 18017

Fax: 484-821-0826

Website: www.allentownwomenscenter.com

Gynecological and abortion services (including emergency "morning after" pill); call for appointment and more information. We also offer Essure Sterilization procedures and transgender health services. Options counseling available free of charge. Hours: Monday – Friday 8:00 a.m. – 5:30 p.m., Saturday 7:00 a.m. – 2:00 p.m. Takes BC/BS for all services; reduced abortion cost for those on Medical Assistance and students. Accepts most insurance plans. (Also offers non-surgical abortion.)

American Heart Association and American Stroke Association

212 East Broad Street

Bethlehem, PA 18018

610-867-0583

FAX: 610-867-7218

Website: www.heart.org

Hours: Monday – Friday 8:30 a.m. – 5:00 p.m.

Advocates of early detection/prevention of cardiovascular disease. Limited free literature on heart disease and stroke. For local CPR and first aid courses, please call our national number 1-800-AHA-USA-1. This is the fundraising office for the AHA and ASA.

American Lung Association of the Lehigh Valley

PO Box 4029

Easton, PA 18043

1-800-932-0903

Website: www.lunginfo.org

New: Asthma Olympics

Support services for children and adults with lung diseases; Camp "ACE" summer camp for children with asthma, ages 8-13. Also sponsors annual asthma walk and dance.

Bethlehem Health Bureau (See Medical Providers)**Blue Mountain Health System**

211 North 12th Street

Lehigh, PA 18235-9989

610-377-1300

Offers Woman Wise, an education program about child birth, health care & nutrition. Family planning clinic & adult health screenings. Babysitting course, resource library. Healthy Beginnings state funded payment program for medical services for children 0-6 years with or without medical coverage, prenatal, postnatal care for mother and baby; accepts insurance & medical assistance. Home health and adult day services.

Blue Mountain Health System Hospital for Lehighon and Palmerton

135 Lafayette Avenue
Palmerton, PA 18071
610-826-3141

Adult day care program – 610-826-1160 Home Health Services – 610-377-7156
Woman Wise program and all others offered at this location as well.

Cancer Support Community of the Greater Lehigh Valley

Anneliese B. Vollrath House
3400 Bath Pike
Bethlehem, PA 18017

610-861-7555 Website: www.CancerSupportGLV.org

Offers support for people with cancer, their families (including children) and caregivers. Support groups, education, stress management and networking activities. All services are free.

Care-Net of the Lehigh Valley (Crisis Pregnancy Center)

1034 W. Hamilton Street
Allentown, PA 18101
610-821-4000

Services: free pregnancy testing, one-on-one client advocacy; pregnancy options counsel; EWYL incentive program (parenting/life skills/finances/healthy relationships education where you can earn Baby Bucks to spend in our baby store); men’s mentoring and fatherhood classes. DOES NOT DO OR REFER FOR ABORTION. One hour appointments. All services are free and confidential.

Bethlehem Office

541 E. Broad Street
Bethlehem, PA 18018
610-997-0195

Easton Office

1101 Northampton Street, Suite 202 5573 Hamilton Blvd. (Rear)
Easton, PA 18042
610-559-9327

Allentown Office

Allentown, PA 18106
484-223-3958

Center for Vision Loss

845 W. Wyoming Street
Allentown, PA 18103
610-433-6018
Fax: 610-433-4856

Website: www.centerforvisionloss.org

Services for people who are blind or visually impaired, including casework, transportation, support groups, educational programs, recreation, low vision clinic, store for magnifiers and aids. Free eye screenings and eye safety educational programs for preschool children at preschools, day care centers, and community sites and for adults.

Hours: Monday- Friday 8:30 am – 4:30 pm. Serving Lehigh, Northampton & Monroe counties.

Community Exchange

(Se Habla Español)

17th and Chew Streets, 2nd floor (former School of Nursing building)
Allentown, PA 18102
610-969-2432

Join Community Exchange to share services, yard work, transportation, odd jobs around the house, home improvements, guitar lessons and more with your neighbors. (1 hour of service = 1 time credit)

Council of Spanish Speaking Organizations (Spanish Council)

(Se Habla Español)

520 East 4th Street
Bethlehem, PA 18015
610-691-5448

AIDS testing (free), WIC program; health screening and supplemental food for pregnant, nursing moms and small children. Hours: 8:30 a.m. – 4:30 p.m. Monday through Friday.

Easton Hospital—Community Care Center (2 Clinics) (See Medical Providers)

Everlasting Life Ministries

224 N. Sixth Street
Allentown, PA 18102
610-434-4090

Provides free health screenings on Tuesday mornings 9-11:30 a.m. You can see a health professional for blood pressure; help with meds, health insurance information. Also health screening on Saturday mornings starting at 8:30am by appointment only.

March of Dimes Foundation

90 Commerce Way
Suite 320
Bethlehem, PA 18017
610-814-7000 Fax 610-814-7019

March of Dimes is a non-profit foundation dedicated to “improve the health of babies by preventing birth defects and infant mortality.” They raise funds and provide educational materials on topics like diet in pregnancy (“Eating for Two”), vaccinations, smoking and pregnancy, and newborn care.

Marvine Family Health Center (See School Health Centers)

Northampton County State Health Center

1600 Northampton Street
Easton, PA 18042
610-250-1825

Immunization only. For non-insured children. A \$5.00 donation will be requested but can be waived. Clinic hours: Immunizations twice/month 9:00 a.m. to 11:30 a.m.

We are no longer able to accept children with any type of insurance or CHIP or Medical Assistance. We can only see children with NO health insurance.

BY APPOINTMENT ONLY. Childhood lead follow-up, counseling for SIDS by referral.

Pennsylvania Department of Health

Lehigh County State Health Center
3730 Lehigh Street, Suite 206
Whitehall, PA 18052
610-821-6770

Offers immunizations for non-insured/under insured children. A \$5.00 fee per child is requested but can be waived. Clinic hours: Immunizations once a month 9:00 a.m. to 11:30 a.m. Also do HIV testing and TB clinic screening. BY APPOINTMENT ONLY. Cannot serve Allentown or Bethlehem residents.

Planned Parenthood of Northeast PA

Allentown

2901 Hamilton Blvd., Suite 300
Allentown, PA 18103
610-439-1033
Hours: Monday through Saturday

Bethlehem

Women’s Health Center
65 E. Elizabeth Avenue, Suite 512
Bethlehem, PA 18015
610-694-0642
Hours: Monday through Thursday

Easton

2906 William Penn Highway, Suite 212
Easton, PA 18042
Website: www.plannedparenthood.org

610-253-7195
Hours: Monday through Friday

These clinics provide contraceptives and reproductive health services, counseling, walk-in pregnancy testing and morning after pill, male and female sexually transmitted disease testing, premenopausal and menopausal exam, test and treatment. Allentown office offers breast and cervical cancer screenings. Cost: MA accepted, sliding fee scale, other insurance plans. Call first for hours.

Pregnancy in Addiction Program

New Directions Treatment Services
2442 Brodhead Rd.
Bethlehem, PA 18020 610-758-8011 Fax: 610-758-8013
Services the needs of opiate addicted pregnant women. Must be 18 years old and older.

Sacred Heart Hospital (See Medical Providers – Allentown)

421 Chew Street
Allentown, PA 18102 610-776-4500

Sacred Heart Visiting Nurses & Hospice

2268 S. 12th Street, 4th floor
Allentown, PA 18103 610-871-2802

Our agency provides medical home care services including registered nursing and social work visits, physical, occupational, and speech therapy visits, and certified nursing assistant visits. We accept most insurance plans and Medical Assistance.

St. Luke’s Hospital (See St. Luke’s Hospital Union Station under Medical Providers)

801 Ostrum Street
Bethlehem, PA 18015 610-954-1000

Website: www.slhn-lehighvalley.org
Call 610-954-1355 for information on your baby’s first year.
Special community clinics take children and adults; Accepts Access, and other insurances.

St. Luke’s Hospital Community Health Department Aids Service Center *(Se Habla Español)*

511 E. 3rd Street, 2nd floor, Suite 202
Bethlehem, PA 18015 484-526-2063

Testing: Rapid Testing
Walk-in hours (no appointment needed): Mondays 9:00 a.m. to 12:00 p.m., Wednesdays 1:00 p.m. to 3:30 p.m. All other times, please call for an appointment. FREE, Anonymous and Confidential.
Services provided: AIDS support, prevention education, information and referrals, free HIV testing. Case management services.

HEALTH INSURANCE PLANS (for the uninsured)
Plan de Seguro Medico (para los no asegurados)



Adult Basic Health Insurance

1-800-GO-BASIC

Adults ages 19-64 who are uninsured, but whose income makes them not eligible for Medical Assistance may be eligible for Adult Basic. This is a health plan funded by the State of Pennsylvania that costs \$33.50/mo. for individual preventive, doctor, hospital, lab tests and emergency medical care. It is run just like a regular health insurance plan through UNISON-AB. There are limited funds for this program; call (and be prepared to be on hold), or ask your Head Start staff person for an application. Now operates a waiting list for new applicants. Note: If you are eligible and on waiting list for Adult Basic, you can purchase health insurance for \$235.49/month, until you go on it (then it will be \$33.50/month).

Children's Health Insurance Program (CHIP)

If you are a working parent who needs health coverage for your children, but you make too much for Medical Assistance to cover them, apply for CHIP! This is a health insurance plan that can cover many PA children at no or very low cost. (Described below):

CHIP, brought to you by Capital Blue Cross

1-800-543-7101

Services: no cost or subsidized health insurance for children ages 0 until 19. Serves Lehigh and Northampton Counties. Coverage includes medical, dental, prescription and vision care.

Requirements: child has no health insurance, no medical assistance and not eligible for MA

NOTE: Head Start and Early Head Start has applications for CHIP and Adult Basic. Ask your Head Start staff person.

Healthy Beginnings

State funded payment program for medical services to children 0 to 18 years of age with or without medical coverage; prenatal/postnatal care for mothers. Based on income; must apply. They'll send you an application; must be citizen/resident alien. Call 610-250-1700 for Northampton County and 610-821-6503 for Lehigh County.

Medical Assistance

The Medical Assistance Program (Access) is now a managed care system called "Health Choices." To apply for Medical Assistance (Access) for yourself and/or your family, you must visit or call the County Assistance Office (Welfare Office). For Lehigh County residents, call 610-821-6503. For Northampton County residents, call 610-250-1700. They will send you an application. There are three health managed care MA groups you can choose from, based on your health needs. (And also some groups, especially for those with addiction or mental health needs). They will send anyone found eligible information on these groups. You can then pick one to have as your health insurance group; you can change groups if you decide another is better. Anyone found eligible for Medical Assistance who has not chosen a group will be placed in a group (but you can still switch later). You will be able to get sent to you a list of doctors and dentists who take your group. To get information about the different health choices groups, you can call 610-437-6237 in Lehigh County or 610-923-5214 in Northampton County.

Healthy Prenatal Behaviors Program, Center for Women’s Medicine

Lehigh Valley Hospital
17th & Chew Streets
Allentown, PA 18104
610-402-1600

Rewards women with gifts for keeping appointments during pregnancy. Serves pregnant women 1st trimester (will accept later in pregnancy); helps apply for MA; childbirth preparation and parenting classes. Hours: 7:30 a.m. to 4:30 p.m. Bilingual staff. Referrals to community services. Transportation provided, postpartum check up. Accepts insurance, MA or self-pay.

Lehigh Valley Aids Activities Office (AAO) / Central De Salud

(Se Habla Español)

A program of Lehigh Valley Hospital: AIDS related health care, including a free 20 minute AIDS test and case management at Lehigh Valley Hospital’s 17th & Chew Street location, Allentown. Call 610-969-2400. Hours: 8 a.m. to 4:30 p.m. Monday through Friday
Clinic Hours: Tuesday 1:30 to 3 p.m. and Thursday 10 to 11:30 a.m.

Lehigh Valley Hospital Center

(Se Habla Español)

17th and Chew Streets
Allentown, PA 18104-7017
Hospital: 610-402-8000

Pediatric clinic: 610-969-4300 Adult clinic: 610-969-4370
Women’s OB/GYN clinic: 610-402-1600

Depression after Delivery: 610-402-3800 – Support group meets 1st Wednesday of month at 7 p.m.
MA accepted, physical exams, immunizations, sick care
Uninsured low income need to call for financial screening prior to appointment 610-969-2394
Call for appointment at daily clinics. Also have free child care service for clinics and outpatient appointments.

Lehigh Valley Hospital Health Hotline

610-402-2273 (“CARE”) Monday through Friday 8:00 a.m. to 4:30 p.m.
Find out about health/pregnancy, teen and adolescent decision-making, anger management, positive conflict resolution, mood assessment, developing assertive communication skills, other classes, support groups, doctor referrals, and second opinions. For both Lehigh Valley and Muhlenberg Hospitals.

Lehigh Valley Hospital—Muhlenberg Center

(Se Habla Español)

2545 Schoenersville Road
Bethlehem, PA 18017
484-884-2201 or 610-402-8000
Emergency Room: 484-884-2521
Website: www.lvh.org

No health clinics; dental clinic available; cost: MA accepted
Child care for hospital appointments for ages 3 and up.

St. Luke’s Hospital—Warren Campus

185 Roseberry Street
Phillipsburg, NJ 08865 1-908-859-6700

Sixth Street Shelter Adult Health Clinic

219 N. 6th Street (between Turner and Chew Streets)
Allentown, PA 18102

610-435-1490
Fax: 610-433-3282

Website: www.caclv.org

Walk –in clinic for uninsured adults 18 or older on the 4th Wednesday of each month starting at 5:30pm. Primarily physicals for employment, driver’s license and school. No appointments, arrive early, outside wait, first 20 served.

Su Familia Hispanic Family Helpline

(Se Habla Español)

Will make referrals to help Hispanic and other families get basic health information to prevent or manage chronic conditions. Refers to local health providers and federally supported programs, including CHIP (the Children’s Health Insurance Program). Call 1-866-783-2645 (a free call) or 1-866-SU-FAMILIA. (Will help all families.)

Vision USA

1-800-766-4466

Website: www.visionsusa@aoa.org

Basic eye health and vision care services for individuals with low-income and who do not have vision insurance. Eligible individuals are referred to a volunteer doctor of optometry who will provide a comprehensive eye exam at no charge. Must meet eligibility guidelines.

Visiting Nurse Association of St. Luke’s Eastern PA

1510 Valley Center Parkway, Suite 200

Bethlehem, PA 18017

610-691-1100

Offers home health care, including skilled nursing, health care aides, physical, occupational and speech therapy. Health education and parenting skills, special birth preparation and new mother programs. Direct health and therapy services require pre-certification by insurance companies. Some education programs do not. (Call) Accepts: Gateway, AmeriHealth Mercy, Keystone and most other insurance

Weller Health Education Center

325 Northampton Street

610-258-8500

Easton, PA 18042

Website: www.wellercenter.org

The Weller Center supplements the teaching of health, character education and life science for students in grades Pre-K through 12 by providing outreach and online programs for children in a 39-county area of Pennsylvania and New Jersey. For nearly 30 years, the mission of the Weller Health Education Center has been to measurably improve children’s lives by giving students the tools they need to make informed and healthy life choices.

SCHOOL HEALTH CENTERS
Centros de Salud en Escuelas



In Allentown:

Eight Allentown public schools have pediatric health centers at their schools. They are open to children, usually age birth and up who live in the school’s area. (Children, youth don’t have to attend the school to receive care.) Two local hospitals, Sacred Heart and Lehigh Valley, provide medical staff to these school health centers. If your child has Medical Assistance (Access) or is a patient at a clinic run by one of the hospitals, you can use a school health center for your child. They are listed below, with the hospital they are connected to. Costs vary. They do accept Mercy, Gateway, Med+, CHIP and other insurance.

Services: Regular pediatric care, well and sick child appointments, immunizations, prescriptions, or no insurance etc. Call for hours.

Central Elementary School

829 W. Turner Street 484-765-4818 Main # 484-765-4800 (school office)
Allentown, PA 18102 Fax: 484-765-5957
* Records requested go to LVHO/Peds Run by Lehigh Valley Hospital

Dodd Elementary School

1944 S. Church Street
Allentown, PA 18103
484-765-4500 484-765-4511 – Health Center Run by Sacred Heart Hospital

Harrison Morton Middle School

137 N. Second Street 484-765-5735
Allentown, PA 18101 Run by Sacred Heart Hospital

Jefferson School Pediatric Health Center

750 N. St. John Street 484-765-5976
Allentown, PA 18103 Fax: 484-765-4431
Accepts: MA Run by Sacred Heart Hospital

Mosser Elementary School

129 S. Dauphin Street 484-765-5891
Allentown, PA 18109 Run by Sacred Heart Hospital

Roosevelt Elementary School

210 W. Susquehanna Street 484-765-4467
Allentown, PA 18103 Run by Sacred Heart Hospital
Clinic is open to the community, Tuesday and Thursday by appointment only. Through collaborations, they offer a safe, nurturing school environment which empowers and cherishes all students and their families to strive to become community leaders.

Sheridan Elementary School

521 N. Second Street 484-765-4891
Allentown, PA 18102 Run by Sacred Heart Hospital .
Hours limited in summer. Note: For all Sacred Heart school clinic sites in summer, call this number: 484-765-5976.

South Mountain Middle School

709 W. Emmaus Avenue
Allentown, PA 18103
484-765-4324

Bethlehem School Health Centers

Fowler Family Center at Donegan School

1210 E. 4th Street
Bethlehem, PA 18015
610-997-3828

Child health services include dental, vision and free immunizations, plus developmental screening and sick care. Uninsured children’s care is free. Accepts all MA plans. Sliding scale fee. MA plans accepted, small fee for uninsured women. Call this number for hours, appointments: 610-849-9157 – Pediatric Clinic.

Marvine Family Health Center

(Se Habla Español)

1425 Livingston Street
Bethlehem, PA 18017
610-849-9345

For adults only without health insurance. Sick care, physicals, health education for students and neighborhood residents. \$10.00 fee or lower. Hours: Appointments once a month on Thursday. Call for an appointment 1:15 to 4 p.m. once a month. Provides social service referrals. Call first. Note: Only for Bethlehem residents.

***FREE (OR LOW-COST) HEALTH CLINICS FOR ADULTS OR
CHILDREN (WITHOUT INSURANCE)
Clínicas De Salud Gratis (O De Bajo Costo) Para Adultos
o Niños***



The Caring Place Family Health Center218 N. 2nd Street

Allentown, PA 18101

610-841-8400

Services Provided: Routine Medical Care, Physicals, Immunizations, Sexually Transmitted Infection Screening Clinic, Pregnancy Testing, Prenatal Group visits, Diabetes Group Visit, Social Services and Educational Programs. No health insurance needed, sliding fee scale for care. Must make appointment.
Hours: Monday 8am to 7pm, Tuesday- Friday 8am to 5pm

Fowler Family Center at Donegan School1210 E. 4th Street

Bethlehem, PA 18015

610-997-3828

Adults: OB/GYN care for women. Sliding scale fee. MA plans accepted, small fee for uninsured women.
Call this number for hours, appointments: 610-865-7083 – Women’s Health.

Marvine Family Health Center*(Se Habla Español)*

1425 Livingston Street

Bethlehem, PA 18017

610-849-9345

For adults only without health insurance. Sick care, physicals, health education for students and neighborhood residents. \$10.00 fee or lower.

Hours: Appointments once a month on Thursday. Call for an appointment 1:15 to 4 p.m. once a month.
Provides social service referrals. Call first. Note: Only for Bethlehem residents.

Mosser Village Family Center

614 S. Carlisle Street

Allentown, PA 18109

The St. Luke’s Health Star Van has partnered with Mosser Village Family Center. If you have a child of any age who does not have medical insurance and who is need of a physical and immunizations, please call Mitzi Xander at 610-820-4067 to schedule an appointment on the van at the family center.

If you know of an adult who does not have insurance and is in need of medical care, please call Mitzi Xander at 610-820-4067 to schedule an appointment on the van at the family center.

New Bethany Church Medical Needs Clinic224 N. 6th Street

Allentown, PA 18102

610-434-1477

Hours: 9:00 a.m. to 12:00 noon on Tuesdays

For anyone who is uninsured and may need a medical evaluation. Provided by Sacred Heart Hospital Parish Nursing/Community Outreach Program. This is not an actual clinic that will provide an examination by a doctor or nurse practitioner. However, they will assess the medical needs of clients and try to set them up with appropriate medical services and get them insured. For more information, contact the church at the above number or Cheryl Cosmos, Community Health Advocate at 610-776-4850.

Sixth Street Shelter Adult Health Clinic

219 N. 6th Street (between Turner and Chew Streets)

Allentown, PA 18102

610-435-1490

Fax: 610-433-3282

Website: www.caclv.org

Walk –in clinic for uninsured adults 18 or older on the 4th Wednesday of each month starting at 5:30pm. Primarily physicals for employment, driver’s license and school. No appointments, arrive early, outside wait, first 20 served.

Vida Nueva Health Clinic

218 N 2nd St

Allentown, PA 18102

610-841-8400

FAX: 610-841-8401

Services Provided: Routine Medical Care, Physicals, Immunizations, Sexually Transmitted Infection Screening Clinic, Pregnancy Testing, Prenatal Group visits, Diabetes Group Visit, Social Services and Educational Programs

No health insurance needed, sliding fee scale for care. Must make appointment.

Monday 10am to 7pm, Tuesday – Friday 8am to 5pm

ALLENTOWN MEDICAL PROVIDERS
Provedores De Salud



ABC Family Pediatricians

1611 Pond Road

Allentown, PA 18104

610-395-4300

Fax: 610-530-9372

Accepts: Keystone Blue Chip Hours: Monday – Friday 8:00 –5:00 PM

401 N. 17th Street, Suite 204

Allentown, PA 18102

610-821-8033

Fax: 610-821-8931

Accepts: Blue Chip. For Medical Assistance accepts no new patients. Current MA patients continue.

5649 Wynwood Drive, Suite 104

Laurys Station, PA 18059

610-262-6641

Fax: 610-262-0428

Accepts: AmeriHealth Mercy

3800 Sierra Circle, Suite 100

Center Valley, PA 18034

484-664-2090

Fax: 484-664-2089

6900 Hamilton Blvd.

Trexlerstown, PA 18087

610-402-0460 or 610-402-6474

Allentown Family Practice

450 Chew Street, Suite 101

Allentown, PA 18102

610-776-4888

Fax: 610-776-4895

Accepts: Gateway, Mercy, CHIP

Allentown Health Bureau

Alliance Hall

245 N. 6th Street

Allentown, PA 18102

610-437-7754

Fax: 610-437-8799

By appointment only. (Except for walk-in HIV and early pregnancy testing (EPT) clinics)

Immunization Clinics – by appointment

Wednesdays 1:30 – 3:30 PM

Alternating Weeks

Thursdays 8:30 – 11:45 AM

Alliance Hall

Thursday evenings (once a month) 4 – 6 p.m.

Adult immunizations: Fridays 1:30-4 p.m.

By appointment only

Uninsured or underinsured – city of Allentown residents only

Free pregnancy testing, Thursdays 2-4 p.m. – walk-in

TB clinic, Mondays 2-4 p.m. by appointment only

HIV testing Thursdays 2-4 p.m. – walk-in – no cost

Children's Health Care

1517 Pond Road

Allentown, PA 18104

610-395-4444

Fax: 610-366-7886

Hours: Monday – Thursday 8:00 AM – 7:00 PM

Friday – 8:00 AM – 5:00 PM

Emergencies only weekends 9:00 AM – 12:00 PM

Accepts: Blue Chip, Keystone, BC/BS, others – No Access, Highmark Aetna, United Health Care, AmeriHealth, Capital, Cigna, Geisinger, Health America, NCAJ, Oxford, Spectrum, Valley Preferred

Drs. Mendoza and Camosto

2223 Linden Street

Bethlehem, PA 18017

610-868-2007

Fax: 610-866-8352 Accepts: CHIP

6693 Sullivan Trail

Wind Gap, PA 18091

610-863-8200

Accepts: Blue Chip, Private Insurance

Emmaus Avenue Family Practice

1101 W. Emmaus Avenue

Allentown, PA 18103

610-797-2000

Fax: 610-791-5814

Accepts: Blue Chip, Aetna Chip

Hours: Monday, Wednesday 8:00 AM – 4:30 PM

Tuesday, Thursday 8:00 AM – 1:00 PM

Friday 8:00 AM – 4:00 PM

Hanover Family Group

1208 Hanover Avenue

Allentown, PA 18109

610-437-6490 Fax: 610-437-4151

Accepts: CHIP

(Private Practice – satellite of Sacred Heart Hospital)

Hours: Monday, Thursday, Friday 8:00 AM - 5:00 PM

Tuesday and Wednesday 8:00 AM - 6:00 PM

Lehigh Valley Family Health Center

1730 Chew Street

Allentown, PA 18104

610-969-3500

Fax: 610-969-3605

(Not private – not clinic but they are affiliated with Lehigh Valley Hospital)

Accepts: MA, Gateway, Mercy, CHIP

Lehigh Valley Hospital Outpatient Pediatrics

17th and Chew Streets 6th Floor (Blue Elevator)

Allentown, PA 18104

Information: 610-402-8000

Pediatric Clinic: 610-969-4300

Fax: 610-969-4332

Accepts: MA – PE, immunizations, sick care

(Low-income without insurance need to call for financial screening prior to appointment)

Call for appointment at daily clinics.

Lehigh Valley Pediatric Associates, Inc.

Website: www.lehighvalleypeds.com

401 N 17th Street, Suite 307

Allentown, PA 18104

610-434-2162 – Contact Cathy Williams

Fax: 610-434-9370

Hours: 8am to 7pm Monday through Friday, 8am to 12pm Saturdays, 8am to 12pm Sundays

Pediatric practice providing medical services to infants, children and adolescents.

No MA or Gateway, Med+, CHIP, etc.(Only for existing patients)

Lehigh Valley Physician's Practice

17th & Chew Streets, Suite 101

Allentown, PA 18105

610-969-4370

Fax: 610-969-3445

Accepts: Access, Gateway, Mercy, Med+, others

Dr. Alan P. Muto

3570 Hamilton Blvd.

Allentown, PA 18104

610-433-7481

Fax: 610-433-3991

Accepts: Mercy Health Plan, Gateway, Blue Chip, Unison

Oakwood Medical Center

951 N. 4th Street

Allentown, PA 18102

610-434-8801

Fax: 610-434-8812

Walk-in/Appointments

Hours: Monday – Thursday 8:00 AM – 7:00 PM Friday – 8:00 AM – 5:00 PM

Accepts: MA

Scott A. Rice, MD

401 N 17th Street, Suite 311

Allentown, PA 18104

610-821-4920

Fax: 610-821-1358

Accepts: Chip, AmeriHealth Mercy

Sacred Heart Hospital Allentown Family Practice

450 Chew Street, Suite 101
Allentown, PA 18102
610-776-4888
Fax: 610-776-4895
Accepts: Gateway, Mercy, Chip

Sacred Heart Hospital Pediatric Associates

450 Chew Street, Suite 203
Sigal Center 610-776-5160
Allentown, PA 18102 Fax: 610-606-4476
Accepts: CHIP, Blue Cross/Blue Shield, Keystone, No MA plans
(Private practice – not affiliated with Peds clinic but has same doctors)

Sacred Heart Hospital Pediatric & Adolescent Services

Clinic - Birth to 20 years old

Sigal Center, Suite 202
450 Chew Street Monday – Friday 9:00 AM - 5:00 PM
Allentown, PA 18102 Call for appointments at daily clinics
610-776-5139 or 610-767-4767 Appointments start at 9:00 AM
Fax: 610-606-4458
Accepts: MA, Mercy Health Plan, Med+, Gateway. No private insurance accepted.
PE, immunizations, sick care.

St. Luke’s Family Health Center

1501 Lehigh Street, Suite 103
Allentown, PA 18103
610-628-8380
Fax: 610-628-8776

Clinic Hours

Monday, Tuesday, Thursday 8:30 AM – 7:30 PM
Wednesday & Friday 8:30 AM – 4:30 PM

Note: 1736 Hamilton Street, Allentown, 18104 is St. Luke’s Hospital – no outpatient facilities there.
Accepts: MA, Mercy Health Plan, Gateway, CHIP
PE, immunizations, sick care.
Call for appointments at daily clinics.

St. Luke’s Kids Care

1227 Liberty Street, Suite 303
Allentown, PA 18102
610-770-8240 or 610-628-8240
Fax: 610-289-1622
Accepts: Gateway, Mercy, CHIP, Does not take Med+

Southside Family Medicine

141 E. Emmaus Avenue 610-791-5930
Allentown, PA 18103 Fax: 610-791-2157
Accepts: Blue Chip (AmeriHealth Mercy only for existing patients)

Allentown Dental Providers Dentistas

Note: Allentown Health Bureau offers free dental referral service and dental care assistance for non-insured children, ages 3-18 years. Call 610-437-7754.

Dr. Amir Ghali, DDS, FAGD, PC

948 W. Hamilton Street

Allentown, PA 18101

610-432-0113

Hours: Tuesday, Thursday, Friday 8:00 a.m. to 5 p.m.

General Dentistry for adults and children.

Accepts: Delta, MetLife, Gateway, AmeriHealth Mercy, United Concordia, Aetna, Cigna, United Health Care, Aetna Better Health, Access

Dr. G. Assali, DDS

1305 W. Hamilton Street

Allentown, PA 18102

610-351-6285

Fax: 610-351-6273

Accepts: Gateway, Mercy, Unison, Access, Aetna Better Health, UPMC, and most private and Medicaid insurances

Allentown Family Dental – Dr. Cecilia Balbuena, DDS

845 W. Tilghman Street

Allentown, PA 18102

610-433-4533

Accepts: CHIP, Gateway, Med+ (Unison), MetLife, Delta, Aetna, others

Allentown Pediatric Dental Associates

Parkview Professional Building

3057 College Heights Blvd.

Allentown, PA 18104

610-433-2357

Fax: 610-433-9133

Website: www.childrens-dentistry.com

Accepts: CHIP, AmeriHealth, ABH, CHIP – UC, BC Dental, Aetna Better Health

American Family Dental Care

1901 Union Blvd.

Allentown, PA 18109

610-437-5353

Fax: 610-439-5760

Accepts: Some MA and Chip

Dr. Hari V. Dalsania, DDS

927 Chestnut Street

Emmaus, PA 18049

610-965-2755

Hours: Monday and Tuesday 9:00 AM to 5:00 PM and Thursday and Friday 9:00 AM to 12:00 PM

Accepts: Mercy, Med+, CHIP

East Side Family Dentistry – Dr. Talal Noumeh

1640 Union Boulevard

Allentown, PA 18109

610-776-7578 Fax: 610-776-7796

Hours: Monday – Friday 9:00 AM – 4:30 PM

Saturday – 9:00 AM – 2:00 PM (Call first)

Accepts: Aetna, Blue Chip, Keystone, Med+ (Unison), Gateway, AmeriHealth Mercy, others

Family Dentistry

Dr. I. Abraham, DDS, Dr. A. Yacoub and R. Dr. Salloum

1111 N. 19th Street

Allentown, PA 18104

610-434-3310 Fax: 610-434-4270

Accepts: AmeriHealth Mercy, Med+, Gateway

Fairmont Dental Associates

1414 W. Fairmont Street

Allentown, PA 18102

610-435-1288

Accepts: Delta, CHIP, Aetna, MetLife, Unita Concordia

Family Dental Services

123 N. 13th Street/P.O. Box 4237

Allentown, PA 18102 610-434-9660

Accepts: Blue Cross Dental CHIP, United Concordia CHIP Ages 4 and older

Hours: Monday – 8:30 AM – 7:00 PM, Tuesday, Wednesday, Thursday, 8:30 AM – 6:00 PM,

Friday – 8:30 AM – 2:00 PM

Hamilton Dental Association

1144 Hamilton Street 610-435-2550

Allentown, PA 18101 Fax: 610-351-7451

Accepts: Gateway, Mercy, BC/BS, Med Plus, Aetna, PPO and CHIP

Lehigh Valley Hospital Dental Clinic

Lehigh Valley Hospital

17th & Chew Streets 610-969-2245

Allentown, PA 18104

Accepts: MA, Gateway, Med+, Mercy

Hours: 8:30 AM – 5:00 PM Monday – Friday

Dr. Eugene McGuire – Pediatric Dentist

Springhouse Professional Center

1575 Pond Road, Suite 105 610-481-9100

Allentown, PA 18104 Fax: 610-481-9275

Accepts: AmeriHealth and Delta Blue Chip

Miles of Smiles

Dental Van 484-788-9678

For uninsured and insured patients.

Pediatric Dentistry

Dr. Dilshad Sumar DMD and Dr. Phillip Brinton, DDS

1517 Pond Road, Suite 201

Allentown, PA 18104

610-395-4800

Fax: 484-395-7080

Accepts: Delta, Blue Chip, MA, Gateway, Mercy, Aetna, Cigna, Unison, United Health Care, and many other dental networks

Dr. Jeffrey Rosen, DMD

3131 College Heights Blvd., Suite 2100

Allentown, PA 18104

610-434-4077

Private Insurance or cash only

Sacred Heart Hospital Dental Clinic

450 Chew Street – Sigal Center, Suite 201

Allentown, PA 18102

610-776-4802

Fax: 610-606-4473

Contact: Lori Green

Emergent dental care by appointment, Preventive and restorative dentistry, Oral surgery (extractions), Root Canal Therapy, Pediatric dentistry, Cosmetic dentistry

Accepts: Gateway, Medical Assistance, Cigna, United Concord

Hours: 8:00 AM – 4:30 PM 4 days/week – usually Wednesdays are closed but subject to change

Smile Krafters Dentists

1247 S. Cedar Crest Blvd. Suite 300

Allentown, PA 18103

610-628-1228

Website: www.smilekrafters.com

Accepts all insurances, including medical assistance – please tell them “Weed and Seed sent me” and they will make a contribution to the Allentown Boxing Gym.

Richard Stauffer, DDS, PC

899 W. Turner Street

Allentown, PA 18102

610-435-6151

Accepts: CHIP, Aetna

Dr. Michael Taras, DMD, LLC

2900 Hamilton Blvd., Suite 300

Allentown, PA 18103

610-432-1320

Fax: 610-432-0148

Allentown Optometrists (Eye Doctors) Oculistas

Allentown Vision Center

939 Hamilton Street

Allentown, PA 18101

610-434-1000

Fax: 610-434-9592

Accepts: CHIP, AmeriHealth Mercy, Gateway, Med+, UPMC, Geisinger, Eyemed, NVA, VBA, VSP, Medicare, CBC, Aetna, Cigna, Highmark

Dr. Marc Berson, OD & Monica Martocci, OD

31 S. Ninth Street

Allentown, PA 18102

610-432-1500

Fax: 610-432-5559

Accepts: CHIP, Mercy Health Plan, Gateway, Med+

Dr. Nancy Perez

1040 Hamilton Street

Allentown, PA 18101

610-433-5128

Accepts: Gateway, Med+, Mercy

(Se Habla Español)

Family Eye Care

Dr. I.N. Fedoriu

1320 Hamilton Street

Allentown, PA 18102

610-434-1371

Accepts: Private Insurance and CHIP

Dr. Binae Karpo, OD

2821 Tilghman Street

Allentown, PA 18104

610-434-1166

Fax: 610-434-1934

Website: www.Drbinaekarpo.com

Email: drkarposoffice@msn.com

Eye exams and glasses...contact lenses...treatment of eye diseases and infections

Accepts: Gateway, AmeriHealth Mercy, CHIP, United Health Care, Center for Vision Loss

Hours: Monday 10:00 a.m. to 7:00 p.m., Tuesday 10:00 a.m. to 6:00 p.m., Wednesday 10:00 a.m. to 4:00 p.m., Thursday 10:00 a.m. to 8:00 p.m., Friday 10:00 a.m. to 4:00 p.m., first Saturday of the month 9:00 a.m. to 2:00 p.m.

Lehigh Valley Center for Sight (Ophthalmologist on site)

1739 Fairmont Street
Allentown, PA 18104
610-437-4988
Fax: 610-437-4176

1204 Delaware Avenue
Bethlehem, PA 18015

Website: www.center4sight.com

Email: eyedoc@center4sight.com

The doctors and staff at the Lehigh Valley Center for Sight are totally committed to providing complete eye care with the highest level of excellence to our patients and surrounding community from our highly trained doctors in concert with advanced technology.

By appointment only (eye medical problems only and emergencies)

* Only accepts MA for existing patients.

Perez and Seyer, O.D., P.C.

1040 Hamilton Street
Allentown, PA 18101
610-433-5128 Fax: 610-433-9484

Complete eye exams for children and adults. Contact lens services. Call for hours.

Dr. Gino Romig, OD

1202 Washington Street
Allentown, PA 18102
610-433-3990
Accepts: Mercy, Gateway, Med+, CHIP, others

Sacred Heart Hospital

Eye Clinic
421 Chew Street, 3rd Floor
Allentown, PA 18102
Call 610-776-5180 to schedule appointments. Open Mondays.
Accepts: MA, Mercy Health Care, Gateway, Med+ (Unison)

Total Eye Care

Dr. William Semmel

3323 Hamilton Blvd.
Allentown, PA 18103
610-776-6600
Accepts: CHIP, Gateway, Mercy, Med+, others.

(Se Habla Español)

Vision Masters

706 Grape Street
Whitehall, PA 18052
610-266-7700
Fax: 610-266-9300
Accepts: CHIP

***Allentown Ophthalmologists
Oftalmología en Allentown***

Andrew Bausch, MD

David G. Jones, MD

1616 W. Allen Street
Allentown, PA 18102
610-432-0201
Fax: 610-434-1210
Accepts: Private Insurance

Harry Buchanan, IV, MD

400 North 17th Street, #200
Allentown, PA 18104
610-433-2021
Fax: 610-433-7856
Accepts: Private insurance, CHIP for eye problems

Maz Kazahaya, MD

1251 S. Cedar Crest Blvd., Suite 307
Allentown, PA 18103
610-820-6320
Fax: 610-820-8376
Accepts: MA only Access, CHIP

Lehigh Valley Eye Center and Children's Eye Care

400 N. 17th Street, Suite 101-106
Allentown, PA 18104
610-433-0450
Fax: 610-433-4655
Accepts: Mercy Care Plan (referral), CHIP

Prenatal Care Allentown/Cuidado Prenatal en Allentown

Lehigh Valley Hospital Center for Women's Medicine

17th & Chew Sts. 1st floor

PO Box 7017 610-402-1600

Allentown, PA 18105 Fax: 610-969-2197

Accepts: Access, Mercy, Med+, Gateway

Offers breast and cervical cancer screenings. Records for Casa Guadalupe are sent here as well.

LVH Center for Women's Health at Casa – "Vida Nueva" Clinic

218 N. 2nd Street

Allentown, PA 18101 610-841-8400

Accepts: Access, Mercy, Med+, Gateway Send for records at LVH 17th & Chew

Lehigh Valley Women's Medical Specialties, PC

440 South 15th Street 610-437-7000

Allentown, PA 18102 Fax: 610-437-6381

Ernesto Rodriguez, MD

1007 Hamilton Street

Allentown, PA 18101 610-969-3630

Accepts: Mercy, Gateway, private, Access

OB/GYN Associates of the Lehigh Valley

1611 Pond Road, Suite 401

Allentown, PA 18104 610-398-7700

Accepts: No MA

Sacred Heart Hospital OB/GYN Services

421 Chew Street 610-776-4758

Allentown, PA 18102 Fax: 610-776-5176

Total Women's Health Care

Dr. John Scaffidi / Dr. Gary Karounos, MD

2200 W. Hamilton Street, Suite 103

Allentown, PA 18102

610-821-8321 Accepts: Med+, Mercy, Gateway, others

Women's Health Center, St. Luke's Allentown

1837 W. Linden Street

Allentown, PA 18104 610-628-8400

Accepts: Gateway, Mercy, Access

Allentown Specialist

Dr. Karen Senft

Developmental Behavioral Pediatrics

Good Shepherd Rehab

850 South 5th St.

Allentown, PA 18103

610-776-3578

Accepts: AmeriHealth Mercy, Gateway, MA

BETHLEHEM MEDICAL PROVIDERS
Proveedores De Salud



ABW Pediatric Associates

2223 Linden Street
Bethlehem, PA 18017
610-866-2277
Accepts: CHIP, private insurance

6693 Sullivan Trail
Wind Gap, PA 18091
610-863-8200
Fax: 610-863-7019

Bethlehem Health Bureau

(Se Habla Español)

10 E. Church Street
Bethlehem, PA 18018
610-865-7087 (office) Hours: 8:00 AM – 4:30 PM
Fax: 610-865-7326 Walk-In STD Clinic – Call 610-865-7058

Offers medical care, public health, stop smoking, cancer screening programs.
Wellness and tuberculosis clinics – please call 610-865-7087 for appointments.

Immunization Clinic 1st and 3rd Wednesday, 2nd and 4th Tuesday by appointment. Call 610-865-7087.
Clinic – must live in City of Bethlehem – MA accepted, also for uninsured adults and children
Free immunizations for low income children who live in Bethlehem School District.

Bethlehem Health Bureau Immunization Clinic

1210 E. 4th Street (Fowler Family Center at Donegan School)
Bethlehem, PA 18015
Immunizations for children and adults who are uninsured or underinsured
Hours: Call 610-865-7087 for an appointment

Bethlehem Health Bureau Women’s Clinic

1210 E. 4th Street (Fowler Family Center at Donegan School)
Bethlehem, PA 18015
Family Planning, Pam Smears, Annual GYN Exams
Hours: Tuesday morning 8 AM to 11 AM. Call 610-865-7087 for an appointment.
Select Plan and MA accepted

Dr. Holly Binnig

3024 Easton Ave.
Bethlehem, PA 18017
610-694-1000 Fax: 610-867-7180
Accepts: Access, others, CHIP

Dr. Hassan Bozorgnia

4315 Easton Avenue
Bethlehem, PA 18020
610-861-8830 Fax: 610-861-0891
Accepts: Aetna, CHIP, others (No MA)

Dr. Sally Haggerty

204 E. Market Street
Bethlehem, PA 18018
610-866-4566

The Health Center at Bethlehem Township

Dr. G. Gopal, M.D., Dr. T. Vellore, M.D., Dr. J. Keller, DO, Dr. C. Potterjones, M.D., Dr. J. McNelis, DO
2101 Emrick Blvd. Suite 100
Bethlehem, PA 18020
610-868-4000
Accepts: Private insurances, Medicare, HMOs – call for details

Lehigh Valley Pediatric Associates, Inc.

Website: www.lehighvalleypeds.com

612 Elm Street
Bethlehem, PA 18018
610-865-3151 – Contact Cathy Williams Fax: 610-865-3249
Hours: 8am to 5pm Monday through Friday
Pediatric practice providing medical services to infants, children and adolescents.
No MA or Gateway, Med+, CHIP, etc. (Only for existing patients)

Muhlenberg Primary Care PC

2649 Schoenersville Road, Suite 201
Bethlehem, PA 18017
610-868-6880
Accepts: Only private insurance

NHS Children’s Program of the Lehigh Valley

3864 Adler Place
Bethlehem, PA 18017
610-866-8842
Accepts: Access, Gateway, Mercy, others

St. Luke’s Family Practice at Fowler Family Center at Donegan Elementary School

1210 E. 4th Street (entrance at street level facing light on Fourth and Hobart Street)
Bethlehem, PA 18015
610-849-9157 Fax: 484-821-0062
Physicals, shots, well and sick care
Accepts: AmeriHealth Mercy, Gateway, other insurances and uninsured
Hours – by appointment only. Call number above.

St. Luke’s Family Practice Center

2830 Easton Avenue
Bethlehem, PA 18017
484-526-3555 Fax: 484-526-3560
Closed for lunch 12 – 1:00 PM – has evening hours
Accepts: CHIP

St. Luke's Hospital Southside Medical Center

511 E. Third Street, Suite 200
Bethlehem, PA 18015
484-526-4700
Call for appointments
Medical clinics for adults (not prenatal)
Accepts: MA, Gateway, others

St. Luke's Fowler Family Kids Care Center

511 E. 3rd St.
Bethlehem, PA 18015
484-526-3060
Accepts: Access, Gateway, Mercy, CHIP, others

South Mountain Family Practice

1545 Broadway
Bethlehem, PA 18015
610-865-6112
Accepts: CHIP, other insurance

Drs. Richard and Stanley Stein, MD

701 N. New Street
Bethlehem, PA 18018
610-866-8076
Takes all insurance but not MA managed care groups. Takes Blue Chip.
Hours: 9:00 AM to 5:00 PM Monday through Friday, 9:00 AM to 12:00 PM on Saturday

William Penn Family Practice

4379 Easton Avenue, Suite 101
Bethlehem, PA 18020
610-814-2424
Accepts: Gateway, Mercy, private insurance, CHIP
Existing patients only.

St. Luke's Hospital

801 Ostrum Street
Bethlehem, PA 18015
484-526-4000
Fax: 610-954-2380
Has women's medicine
and prenatal center
Accepts: All MA groups
including Access

Has evening hours
3:30 – 6:00 PM Tuesday & Thursday

Bethlehem Dental Providers Dentistas en Bethlehem

Dr. Ramon Arreola

1020 West Broad Street

Bethlehem, PA 18018

610-691-6900 Fax: 610-691-8278 Accepts: Mercy, Blue Chip, Med+, Gateway (for children only)

Bethlehem Health Bureau

(Se Habla Español)

10 E. Church Street

Bethlehem, PA 18018

610-865-7087

Services to children up to age 6 who reside in city limits. Application process is in our office. Accepts: MA

Bethlehem Pediatric Dental Associates

Dr. Ibrahim Durra

2299 Brodhead Road, Suite C-1

Bethlehem, PA 18020

610-954-5400 Fax: 610-954-9008

Website: www.childrens-dentistry.com

Accepts: CHIP, Mercy, Med+, AmeriHealth UHCP, Avesis, KM, ABH, Gateway, United Concordia CHIP, United Health Care CHIP, Blue Cross Dental (CHIP), Aetna CHIP

Dr. Ian Cantor

1106 Broadway

Bethlehem, PA 18015

610-434-6626 Fax: 610-625-0730 Only Tuesday, Wednesday, Thursday and Friday

Accepts: Gateway, Blue CHIP, Med+ (Unison), Mercy to age 18

Family & Cosmetic Dental Care

Soun Wong, DMD

601 Delaware Avenue

Bethlehem, PA 18015

610-868-6768 Accepts: Mercy and Gateway until age 21, other insurances.

Lehigh Valley Hospital – Muhlenberg Dental Center

2545 Schoenersville Road

Bethlehem, PA 18017

484-884-2315

Accepts: Gateway, Med+ and AmeriHealth Mercy

Hours: Monday – Friday 8:30 AM – 5:00 PM

Lehigh Valley Pediatric Dentistry

1665 Valley Center Parkway

Bethlehem, PA 18017

610-694-0711

Northampton Community College Dental Clinic

3835 Green Pond Road

Bethlehem, PA 18020

610-861-5442

(Operates End of August until early May)

Services: Cleaning, X-rays and sealants only.

Accepts: Gateway, Mercy, Med+, Access

Alan Parker, DMD

1665 Valley Center Parkway, Suite 160

Bethlehem, PA 18017

610-691-1500

St. Luke’s Dental Clinic

511 E. Third Street, Suite 301

Bethlehem, PA 18015

610-954-2460

Accepts: Gateway, Mercy, private insurance, self-pay, MA, United Concordia (CHIP), Coventry Care
No Med+, No CHIP, No UPMC – Aetna Better Health – Keystone Mercy

St. Luke’s Dental Van

610-533-0824 (cell phone – leave message) Jose – Driver

Dr. Jeannine E. Wyke

Pediatric Dentistry

701 W. Union Blvd.

Bethlehem, PA 18018

610-867-1511

***Bethlehem Specialist
Especialistas en Bethlehem***

Bruce Greenspan, MD

940 N. New Street

Bethlehem, PA 18018

Ear, Nose & Throat Specialist

610-868-6900

Accepts: Mercy, CHIP, others

Bethlehem Orthodontic

Dr. Jason Hartman

701 West Union Blvd., Suite 11

Bethlehem, PA 18018

610-865-2777

Fax: 610-865-1099

Accepts: Gateway, AmeriHealth Mercy, Aetna Better Health Kids CHIP, Blue Shield CHIP, Geisinger CHIP,
Keystone CHIP, United Health Care MA and CHIP, UPMC for You Children, UPMC for Kids (CHIP), Delta
Dental Plans, Dominion Dental, Guardian, Dental Health Alliance (DHA), Blue Cross, Assurant, Aetna

WIC Site

WIC – Bethlehem

520 E. 4th Street

Bethlehem, PA 18015

610-691-6491 or 1-866-942-8463 (toll free)

Fax: 610-868-5836

Hours: Monday 9:00 AM – 6:00 PM, Tuesday – Thursday 9:00 AM – 4:30 PM, Friday 9:00 AM – 4:00 PM

**Bethlehem Optometrists (Eye Doctors)
Oculistas**

Lehigh Valley Eye Center

3535 High Point Blvd.

Bethlehem, PA 18017

610-867-9900

Accepts: AmeriHealth Mercy, Capital Blue Cross, private insurance, Aetna

Hours: Monday thru Friday 8 am to 4:30 pm

Medoptic "See for Less"

Dr. Sylvia Medina, O.D.

827 E. 4th Street

Bethlehem, PA 18015

610-866-9460

Fax: 610-866-9462

Hours: Monday, Wednesday, Friday & Saturday 10 am to 5 pm, Tuesdays and Thursdays 12 pm to 7 pm

Pearle Vision

Linden Street / Route 191

In Bethlehem Square Shopping Mall (across from Sears Essentials)

Bethlehem, PA 18018

610-866-1000

Accepts: Med+, CHIP, private insurance

St. Luke's Eye Clinic – Retina Center

801 Ostrum Street

Bethlehem, PA 18015

610-954-2130

Low income MA. *Serious eye problems that require surgery must see an ophthalmologist through the hospital clinic. Referral from providers.

Hearing & Speech Audio y Habla

St. Luke's North Testing Center – SLH Testing Center

153 Brodhead Road

Bethlehem, PA 18017

610-954-3222

Call for appointment

Accepts: MA, Gateway, Blue Chip, Mercy

Bethlehem Area Prenatal Care Cuidado Prenatal en Bethlehem

College Heights OB/GYN Association

1665 Valley Center Parkway, Suite 130

Bethlehem, PA 18017

610-317-0208

Johnnie Willis, MD

685 Delaware Avenue

610-867-4151

Bethlehem, PA 18015

Fax: 610-867-9129

Accepts: private insurance

St. Luke's Obstetrics and Gynecology Associates

701 Ostrum Street, Suite 203

Bethlehem, PA 18015

610-691-3603

Accepts: private insurance

Women's Health Center, St. Luke's Bethlehem

801 Ostrum Street

Bethlehem, PA 18015

610-954-4761

Call for appointment.

Fax: 610-954-2380

Prenatal care and women's medicine. All Access and MA groups accepted. Has day and evening hours.

EASTON MEDICAL PROVIDERS
Proveedores De Salud



Community Care Center for Easton Hospital

111 North Fourth Street
 Easton, PA 18042
 610-253-1460
 Fax: 610-253-1830

Sick care and well care for children under 16.
 Must have an appointment. Free STD testing.
 Accepts: Mercy, Gateway, Medicare, Access, Med+

205 S. 22nd Street
 Easton, PA 18042
 610-250-4452
 Fax: 610-250-4843

For those over 16 years
 Accepts: Mercy, Gateway, Med+, Access

Easton Area Family Medicine Associates

Charles Chrin Commons II Building
 2925 William Penn Highway, Suite 201
 Easton, PA 18045

610-258-1400
 Fax: 610-258-3047

Does not accept Mercy, Gateway, Med+. Accepts Blue CHIP.

G. Bruce Miels, D.O. Leonor Forero, M.D.
 Mark A. Casaia, M.D. David Kemp, M.D.
 Patricia A. Geil, M.D. Pediatrics

Easton Family Practice

Dr. K. Makhoul 610-438-4314
 1901 Hay Terrace Fax: 610-438-4315
 Easton, PA 18042

Accepts: Mercy, Gateway, CHIP, Med+, and private insurance

Dr. Ramesh P. Kadewari, MD, MS, FAAP

1922 Hay Terrace
 Easton, PA 18042

610-252-3042 Fax: 610-253-0831 Accepts: CHIP, private insurance

Dr. H.C. Lee

1825 Northampton Street
 Easton, PA 18042

610- 253-0811 Fax: 610-253-6045 Accepts: Keystone, Aetna, CHIP. (Does not accept MA groups.)

Northampton County State Health Center

PA Dept. Of Health 610-250-1825
 1600 Northampton Street Fax: 610-250-1812
 Easton, PA 18042

Immunizations for children. We are no longer able to accept children with any type of insurance or CHIP or Medical Assistance. We can only see children with NO health insurance. Call for appointment. Accepts non-insured children. Refers new clients to Easton Hospital clinics if needed.

Redi-Care Medical Center

2461 Nazareth Road (25th Street, Shopping Center)
 Easton, PA 18045
 610-258-5300
 Fax: 610-258-5138

Monday through Saturday 8:00 AM to 9:00 PM, Sunday 9:00 AM to 5:00 PM. Walk-ins welcome.
 MA – if primary care physician – Gateway, Med+, Mercy, Blue Chip, others. (No new Gateway patients.)

St. Luke's Hospital – Anderson Campus

1872 Riverside Circle

Easton, PA 18045

484-503-3000

Advanced services include inpatient care; emergency room services; surgical services; radiology services; Cancer Center; Heart and Vascular Center; St. Luke's Bone & Joint Institute; St. Luke's Riverside Internal Medicine and the St. Luke's Health & Fitness Center.

St. Luke's Kids Care Health Center

414 Northampton Street

Easton, PA 18042

610-559-2175

Fax: 610-559-2195

Accepts: Mercy, Access, Blue Chip and private insurance (No Aetna)

Dr. Maheshwer Verma

21 Corporate Drive

Easton, PA 18042

610-252-4220

Fax: 610-258-2553

Accepts: Private Insurance, Aetna, CHIP

WIC

WIC of Easton

101 Larry Holmes Blvd., Suite 204

Easton, PA 18042

610-258-6938 or 1-866-942-8463 (toll free)

Fax: 610-258-0147

Must call for appointment.

Hours: Monday and Thursday 8:00 AM – 5:00 PM, Tuesday, Wednesday, Friday 8:00 AM – 4:00 PM

Easton Dental Providers

Dentistas en Easton

Adam G. Bernhardt, Jr. DMD

3413 Sullivan Trail

Easton, PA 18040

610-258-6116

Accepts: Private Insurance, Takes Delta CHIP

Will start seeing children at age 3

Dr. Prabu Dev

3800 William Penn Highway

Easton, PA 18042

610-923-0100

Fax: 610-923-0115

Accepts: Blue Chip, Gateway, Med Plus, Unison, Aetna Better Health, United Concordia CHIP, United Health Care, Blue Cross CHIP, Geisinger, AmeriHealth Mercy, Keystone CHIP (No Aetna CHIP)

Will start seeing children at age 2½ or before if there's a problem

Dr. Steven Saffren

Dr. Don Gibson

1625 Northampton Street

Easton, PA 18042

610-252-8966 or 610-252-8997

Fax: 610-252-6691

Accepts: CHIP, AmeriHealth Mercy, others

Easton Optometrists (Eye Doctors)
Oculistas en Easton

Dr. Gary Dietterick

Palmer Family Eye Care

21 Corporate Drive

Easton, PA 18045

610- 258-2442

Fax: 610-258-7961

Private insurance only for vision.

Accepts: CHIP, other private insurance

Dr. Gene Lund

Wal-Mart Eye Center

3722 Easton-Nazareth Hwy

Easton, PA 18045

610- 253-6476

Accepts: Gateway, AmeriHealth Mercy, Keystone CHIP, Aetna CHIP, March UPMC

Dr. Gabrielle Schoeppner

3735 Nazareth Road, Suite 205

Easton, PA 18045

610- 258-7255 Fax: 610-258-5197

Insurance accepted: only private – no MA groups

(Sees only adults – refers children to pediatric specialists)

Dr. Hildy Strongwater, OD

Dr. Maurice Strongwater, OD

441 Northampton Street

Easton, PA 18042

610-253-8132

Fax: 610-253-2286

Accepts: Gateway, Mercy, Blue Chip, Med+

Easton Hospital Pediatric Clinic

610-250-4452

Serious eye problems referred to private doctors. Accepts: MA, Gateway, Mercy

RURAL MEDICAL & DENTAL PROVIDERS

Medicos & Dentistas Rurales



Northampton

Northampton Medical Associates

602-B East 21st Street

Northampton, PA 18067 610-262-5522

Accepts: MA, Med+, Gateway (Has evening and Saturday hours)

Drs. Angello, Sharkey, & Kokosky (OPTOMETRISTS)

1935 Center Street

Northampton, PA 18067 610-262-2091 Accepts: Aetna, other private insurance

Walnutport

Debra E. Cressman MD

Thomas E. Yablonski, MD

215 N. Best Avenue

Walnutport, PA 18088 610-760-7044 Accepts: CHIP

Professional Dental Associates

Dr. David Wyke

433 S. Best Avenue

Walnutport, PA 18088

610-767-0601

No MA Accepts: Blue CHIP only
through Blue Cross Dental

Accepting new patients 3½ yrs. and older

Hours: Monday, Tuesday, Wednesday, Thursday

8:00 AM to 8:00 PM

Friday 9:00 AM to 5:00 PM

Dr. Karen Lehman

Walnutport Dental Center

PO Box 118

Walnutport, PA 18088

610-767-5388

Hours: Monday and Wednesday 8:30 AM – 5:00 PM

Thursday 8:30 AM – 2:00 PM

Dr. Joseph F. Werner

Walnutport Family Eye Care

301 N. Best Avenue

Walnutport, PA 18088 610-767-1555 Accepts: MA, CHIP, most insurances

Whitehall

Pennsylvania Department of Health

Lehigh County State Health Center

3730 Lehigh Street, Suite 206

Whitehall, PA 18052

610-821-6770 1-877-PA-HEALTH

Offers immunizations to uninsured/underinsured children and adults. A \$5.00 fee per person is requested. Clinics for immunizations are held twice a month by appointment only.

Dr. W. Yacoub, MD

Whitehall Medical Assoc.

525 5th Street

Whitehall, PA 18052

610-434-6678 Fax: 610-434-6671

610-434-6796 – dental

Accepts: Mercy, Med+, Gateway,

CHIP, and others

Will start seeing children at any age

Carbon Lehigh Intermediate Unit #21

4750 Orchard Road
Schnecksville, PA 18078-2597 610-769-4111, Ext. 1680
(Audiology – no vision)

Wind Gap / Pen Argyl

Dr. Mark Powell

Dr. Shelia Borick

Wind Gap Family Practice

131 S. Broadway
Wind Gap, PA 18091
610-863-7888
Takes no MA groups, Accepts 1st priority CHIP

Bushkill Family Practice

497 Bushkill Plaza Lane
Wind Gap, PA 18091
610-863-7020
Fax: 610-863-5504
Accepts: CHIP and private insurance

Dr. Jay Goldsledger – Pedodontist

Upper Merion Dental Association

357 S. Gulph Road
King of Prussia, PA 19406
610-337-2325
Accepts: CHIP, Mercy, Med+, AmeriHealth UHCP, Avesis, KM, ABH (Children’s Dental Specialist)

Lehigh Dental – Dr. Thomas Gyory

223 Eugene Street
Catasauqua, PA 18032
610-266-0466
Accepts: CHIP and private insurance

Trexler Family Dental Care

The Shoppes at Trexler
P.O. Box 731 610-395-3335
Trexlertown, PA 18087

Accepts Blue Chip
Accepting new patients 3½ years and older.
Monday, Tuesday, Thursday 7:30 AM - 5:30 P

Whitehall Medical Assoc.

525 5th Street
Whitehall, PA 18052
610-434-6678
610-434-6796 – dental
Accepts: Mercy, Gateway, Med+, CHIP, Others. Any age.

Dental Dreams

2180 MacArthur Rd.

Whitehall, PA 18052

610-437-1800

Fax: 610-437-1900

Accepts: Access, Gateway, Mercy, Unison, UPMC, PPO, Delta, Cigna Radius

Dr. Skaff

1634 MacArthur Rd.

Whitehall, PA 18052

610-433-3361

Fax: 610-433-2120

Accepts: Gateway, Mercy, United Health Care, Unison, UPMC, CHIP, Others

Epilepsy

Epilepsy Foundation

919 Walnut Street, Suite 700

Philadelphia, PA 19107

215-629-5003

Fax: 215-629-4997 Toll Free: 800-887-7165

Website: www.efepa.org

Email: efsepa@efsepa.org

Addresses the non-medical needs of those with epilepsy and their families through education, support, and advocacy.

Rural WIC Sites

WIC – Lehighon-Carbon County

146 North Street, Suite 1

Lehighon, PA 18235

610-377-6097 or 1-866-942-8463 (toll free)

Fax: 610-377-9667

By appointment only

PRESCRIPTION DRUG ASSISTANCE

Ayuda De Farmacia



Partnership for Prescription Assistance-PA (PPARxPA)

Connects qualified low-income people with discount or free prescription drugs, direct from the medicine manufacturer. Can help you enroll in one or more of over 150 company programs that provide more than 1,200 medicines for free or at a low cost. Go online at www.pparx.org or call 1-888-477-2669.

Pharmaceutical Assistance (See listing under Lehigh County Conference of Churches)

ProJeCt of Easton

320 Ferry Street
Easton, PA 18042
610-258-4361

(Se Habla Español)

Salvation Army Shelter

344 N. 7th Street
Allentown, PA 18101
610-432-0128

HOTLINES

Líneas De Apoyo y Emergencia



Asthma Health Info Hotline

1-800-727-8462 10 a.m. – 3 p.m. or leave message and they will answer

Child Care Concerns/Complaints/Day Care Certifications

1-800-222-2108 PA Department of Public Welfare run hotline

Childline and Abuse Registry

(Se Habla Español)

1-800-932-0313 24-hour a day hotline to call to report suspected child abuse. All calls are confidential and you can remain anonymous.

Cocaine Anonymous

1-800-347-8998

Crime Victims' Council

610-437-6611 Hotline for victims of sexual assault/abuse.

Crisis Intervention

24 hour hotline: 610-782-3127

Domestic Violence Victims' Aid

(Se Habla Español)

Domestic Abuse—Aid for Victims

Local: Turning Point: 24 hour hot line 610-437-3369

National: Toll free 24 hours: 1-800-799-SAFE / For the Deaf (TTY): 1-800-787-3224

Referrals for shelter, legal services. Has bilingual staff; their language line uses over 100 languages.

National Problem Gambling Hotline

National Helpline 24 hours

Confidential Call 1-800-522-4700

The NCPG is the national advocate for programs and services to assist problem gamblers and their families.

North Penn Legal Services Lehigh Valley Office

(Se Habla Español)

Welfare Helpline: 610-317-8757

Answers questions on welfare (TANF) problems. They record your questions and an advocate gets back to you.

PA State Tax Info Line

717-787-8201

Poison Control Hotline

1-800-222-1222

Predatory Lending Hotline

If you think you are being cheated by your mortgage company or home equity lender (or any questions about your home mortgage, call 1-800-755-1563.

Valley Wide Help***(Se Habla Español)***Allentown

610-435-7111

Bethlehem

610-691-8711

Spanish Information

610-866-1089

Easton

610-252-4357

Slate Belt

610-588-5512

Website: www.irissoft.com/vwhp

An information and referral service, 24 hours a day hotline. Call with any questions about where to go, who does what for human services or other information.

Warmline***(Se Habla Español)***

610-820-8451 or 610-820-8549 – 24 hrs.

A telephone service for Lehigh and Northampton County adults with a mental health concern.

“Provides a listener who can respond to you before you reach a crisis.” Warmline in Spanish is 484-223-0785 from 6 – 10 p.m. daily. A program of Family Answers.

HOUSING

Vivienda



EMERGENCY AND TRANSITIONAL SHELTERS FOR HOMELESS PEOPLE

****RENTAL ASSISTANCE FOR ELIGIBLE INDIVIDUALS WHEN FUNDS ARE AVAILABLE**

Allentown Rescue Mission

(Se Habla Español)

355 Hamilton Street

Allentown, PA 18101 610-740-5500

Provides housing for homeless males in crisis. (Must get a voucher for shelter from the Allentown Police Department.) Provides a state-licensed residential drug and alcohol treatment program for men.

The Beall and Linny Fowler Hospitality House of the Salvation Army

(Se Habla Español)

344 N. 7th Street

Allentown, PA 18102 610-432-0128

Emergency shelter for women and children. Also runs a transitional housing program for longer term.

Easton Area Neighborhood Center, Inc./Roofover Family Shelter

902 Philadelphia Road

Easton, PA 18042 610-253-4253

Northampton County residents only

Services: Rental assistance, Roofover Family Shelter for homeless families, Food Bank for South Side families, P-CAP program – electric assistance, LISHP (Low-Income Self-Help Program) gas assistance and they also offer Social Security Representative Payee Program.

Ferry Street Apartments (A program of the Community Action Committee of the Lehigh Valley and the Sixth Street Shelter)

600 Ferry St. 610-253-3980

Easton, PA 18042 Fax: 610-252-4368

Website: sss.caclv.org

Long-term transitional housing for homeless or near homeless families with children. Adult family members must be pursuing educational or vocational training. Individual apartments, 18-24 month program, application, referral and interview required. There is a waiting list. Office hours Monday – Friday 8:30 a.m. to 4:30 p.m.

New Bethany Ministries

339 W. 4th Street 610-691-5602

Bethlehem, PA 18015 Website: www.newbethanyministries.org

Offers short-term transitional housing and supportive services for homeless families in individual rooms for up to six months. Also runs the Mollard Hospitality Center, offering hot showers, breakfast and lunch, food pantry weekdays from 10:30 am to 11:30 am including food baskets. Each household is entitled to a food basket once every 30 days. Employment assistance and counseling, also use of phone and mailing address. Hours: 8:00 a.m. to 4:00 p.m. Monday through Friday

New Bethany's Restoration House

Restoration House is a long-term transitional program for homeless families or families who are currently in shelters. They offer 10 apartment units where families can stay for up to two years. An adult in the family must work on education goals (like a GED, Vo-Tech, or Community College) while they are in this program. Apply at the New Bethany office (see address, phone, and hours in listing above).

Program for Women and Families

927 Hamilton Street
Allentown, PA 18101 610-433-6556

Runs a transitional shelter for homeless moms and their children (boys must be 12 and under). Can stay for up to one year. You must apply and be interviewed. Have life goals you will work on while there.

The Right Stuff About Renting

A program of Community Action Committee of the Lehigh Valley, Right Stuff About Renting runs tenant education seminars. They can answer questions for Lehigh Valley renters, and publish a valuable free guide called The Right Stuff About Renting. Call 610-691-5620.

Safe Harbor Easton

(A program of Community Action Committee of the Lehigh Valley)

536 Bushkill Drive
Easton, PA 18042 610-258-5540

Shelter for adults only, men and women on as needed basis. Meal center on site, open to public for breakfast and lunch weekdays from 9 a.m. to 3 p.m.

Sixth Street Shelter

(A program of the Community Action Committee of the Lehigh Valley)

219 North 6th Street
Allentown, PA 18102

(Se Habla Español)

610-435-1490 Fax: 610-433-3282 Website: sss.caclv.org

Located in Allentown. A non-emergency shelter providing housing and supportive services for families with children. Individual apartments, 60 day program, referral required (Pathways, Salvation Army, Children and Youth, HAO). There is a waiting list. Office hours Monday- Friday 8:30am – 4:30pm.

Third Street Alliance for Women and Children

(Se Habla Español)

41 North 3rd Street

Easton, PA 18042 610-258-6271 Website: www.ThirdStreetAlliance.org

Nationally accredited child care (The Learning Center) in a creative and educational environment for ages six weeks to thirteen years; a resident shelter for homeless women with or without children; and compassionate adult day care services.

Turner Street Apartments

(A program of the Community Action Committee of the Lehigh Valley and Sixth Street Shelter)

219 North 6th Street
Allentown, PA 18102 Fax: 610-433-3282 Website: sss.caclv.org

Long-term transitional housing for homeless or near homeless families with children. Adult family members must be pursuing educational or vocational training. Individual apartments, 18-24 month program, application, referral and interview required. There is a waiting list. Office hours Monday – Friday 8:30 a.m. to 4:30 p.m.

Turning Point of Lehigh Valley, Inc.

(Se Habla Español)

444 E. Susquehanna Street – Administrative Office
Allentown, PA 18103 610-797-0530
610-437-3369 **(24 hour Hotline)**

Temporary shelter for female victims of domestic abuse and their children. (Men referred out.) Also runs Starting Point: transitional apartments for domestic abuse victims and their children.

Valley Youth House

539 Eighth Avenue

Bethlehem, PA 18018

610-691-1200 – Contact Lorrie Reddy

Valley Youth House Shelter is a short-term emergency placement for youth in crisis. Services are available to females and males between the ages of 12 & 17. The program provides individual, family and group counseling, with the ultimate goal of family reunification. Outreach services are available for older adolescents (18 and up) through the Synergy Project. Contact number for outreach is 484-866-5556.

Victory House

314 Filmore Street

Bethlehem, PA 18015

610-691-3373

Emergency shelter for male adults, transitional housing, case management, also for Veterans.

(Se Habla Español)

Housing Support and Assistance Asistencia y Ayuda Para Vivienda

Allentown Bureau of Building Standards and Safety435 Hamilton Street, 4th Floor

Allentown, PA 18101

610-437-7690

Handles complaints on unsafe living conditions rental housing/apartments – Call 610-437-7694. For unsanitary conditions: health call 610-437-7759. For animal complaints, call 610-437-7535. For garbage and trash: recycling/solid waste, call 610-437-8729.

Allentown Housing Authority

1339 W. Allen Street

Allentown, PA 18102

610-439-8678 (office)

Fax: 610-439-8884

Apply for public housing or Section 8 Housing, based on income. Please visit our website at www.allentownhousing.org

American Red Cross of the Greater Lehigh Valley

2200 Avenue A

Bethlehem, PA 18017

610-865-4400 or 610-865-4183-Disaster client line is available 24 hours.

Emergency housing assistance in disasters and fires. Armed Forces Emergency #: 610-865-4749

Bethlehem Bureau of Inspections

10 East Church Street

Bethlehem, PA 18018

610-865-7091

Receives and acts on rental housing complaints, and issues building permits.

Bethlehem Housing Authority

645 Main Street
Bethlehem, PA 18018
610-865-8301
610-865-8342 or 610-865-8309

Northeast Office
1429 Fritz Drive
Bethlehem, PA 18017

Website: www.bha645.homestead.com

Apply for public housing or Section 8 (private) subsidized apartment or house. Handles complaints on unsafe living conditions or problems with public housing. Section 8 program closed.

Bethlehem Housing Rehabilitation Program

10 East Church Street
Bethlehem, PA 18018
610-865-7095

Purpose: Grants and loans to qualified owners in Bethlehem to correct code violations, rehabilitate homes.

**** Catholic Charities**

530 Union Boulevard
Allentown, PA 18109 610-435-1541

Hours: 8:30 a.m. to 4:30 p.m. Monday through Friday by appointment. Rent assistance and budget counseling.

**** Easton Area Neighborhood Center, Inc.**

902 Philadelphia Road
Easton, PA 18042
610-253-4253

Rent assistance (when funds are available). Call first for appointment.

Easton Codes and Inspection Office and Residential Rental Licensing Office

1 South 3rd Street, 3rd Floor
Easton, PA 18042
610-250-6724

Handles complaints on unsafe living conditions in rental and other housing; Issue permits for renovations. Now has the Rental Bureau 610-250-6725. Hours: Monday through Friday 8:30 am to 4:30 pm

Easton Housing Authority

157 S. 4th Street
P.O. Box 876
Easton, PA 18044-0876
610-258-0806

The Housing Authority will accept applications for Low Income Housing (Public Housing) Monday through Friday between the hours of 9-11:30 am. Special accommodations will be made for persons with a disability, families that work or go to school. The Housing Choice Voucher Program (S8) wait list is currently closed until further notice. A notice will be placed in the local newspapers when the Housing Authority starts accepting applications. All applications are accepted at the offices located at 221 South Fourth Street.

**** Hispanic American Organization**

136 S. 4th Street

Allentown, PA 18102

Counseling Service: 610-351-2292

Website: www.hao-lv.org

Office: 610-435-5334

Day Care: 610-435-3968

Partners with the Roberto Clemente Charter School; Nutrition – a program to educate clients on the availability of food stamps; Housing Case Management Services. Limited funding is available for rent assistance. Day Care; Family Counseling Clinic – a bilingual counseling service; Evening School: English as a Second Language (ESL) and GED; ESL classes during the day; Computer Lab open to the public for ESL, job search, resume writing, GED preparation (Plato software), typing practice; Intake, Information and Referral Services.

Hope for Veterans (Community Hope)

2895 Hamilton Blvd., Suite 207

Allentown, PA 18104

Website: www.communityhope-nj.org

Hours: 8:00 am to 4:00 pm

973-270-1103 – contact Kevin Cope

Email: kcope@communityhope-nj.org

The mission of Community Hope, dba Hope for Veterans® in Pennsylvania, is to help individuals, including veterans, and their families, overcome mental illness, addiction, homelessness and poverty by providing housing and support services. Community Hope has been the leading nonprofit organization serving homeless veterans and veteran families in New Jersey since 2004. We established veteran services in PA in October 2013 and saved 215 veteran households from homelessness in the first year.

Lehigh County Housing Authority and Valley Housing Development Corp.

333 Ridge Street

Emmaus, PA 18049

610-433-2312

Serves residents of Lehigh County. Apply for public or Section 8 subsidized housing. It can be hard to contact a real person there – listen to taped information by phone, or go in person. Section 8 applications are open only to Lehigh County residents who do not live in Allentown or Bethlehem.

Northampton County Housing Authority

15 South Wood Street, #222

Nazareth, PA 18064

610-759-8488 – Voucher Program

610-759-8145 – Public Housing (Elderly and disabled one bedroom units)

Affordable Housing (55 and older – one bedroom Units)

Operates Section 8 (Rental Assistance) Housing Choice Voucher Program, two public housing subsidized developments for elderly (62 yrs and older) and disabled. Also manages two affordable housing sites for those 55 yr and older. Varying income limits and other restrictions may apply.

Opening or closing of waiting lists or restrictions are published as necessary. Call for current information or to request an application.

**** Salvation Army – Pen Argyl**

301 W. Main Street

Pen Argyl, PA 18072

610-863-6677

Offers rent assistance, utility and food bank on an emergency basis to those in the Bangor, Pen Argyl, Portland and Nazareth area. Call for an appointment.

HOME BUYING PROGRAMS

Programas de Compra de Casas



Alliance for Building (ABC) Communities*(Se Habla Español)*

801 Hamilton Street 610-439-7007
Allentown, PA 18101 Fax: 610-439-7888 Website: www.housingabc.org
Gerry Alfano- President/CEO

A home buying program for lower income people and families. ABC assists them to become homeowners by providing fully rehabilitated homes at affordable prices. They counsel and walk you through the home buying process. ABC also offers rental housing.

Community Action Committee of the Lehigh Valley, Inc. (CACLV)*(Se Habla Español)*

1337 E. 5th Street (Forte Building)
Bethlehem, PA 18015 610-691-5620

Runs free first-time home-buying classes 3 Saturdays and counseling programs on completion of program, publishes Right Stuff About Renting (a free booklet) and answers questions on renter's issues. Runs free income tax filing service for lower income adults/families during tax season. Bilingual classes. Call for information. See other sections under Community Action Committee for other services (CACLV advocates on many lower-income issues). Note: If you think you are being cheated by your mortgage company or home equity lender (or worried about the loan you are about to sign for), call 1-800-755-1563 (CACLV's hotline). Also has a special loan program for small businesses with special needs (Rising Tide).

Fannie Mae

Based in Washington D. C., Fannie Mae is an investment group. For further information about finances mortgage lending to low/middle income families for homes across the USA, go on the website at www.fanniemae.com. Income restrictions different for different areas. Call 1-800-732-6643

FHA Mortgage Assistance (lower cost mortgages for first time home buyers)

1. Home buyers select the property.
2. You get pre-qualification (amount you can afford).
3. For more information, call any mortgage company in yellow pages that lists VA and FHA mortgages.

Habitat for Humanity of the Lehigh Valley

245 N. Graham Street
Allentown, PA 18109 610-776-7737

Hours: 8:00 a.m. to 4:30 p.m. Monday through Friday. A volunteer program that builds low-cost homes for those eligible. Buyers must contribute at least 250 hours of "sweat equity" in construction of their house. Program is geared for low-income families. Call for application.

Note: Do you have mortgage loan problems? (See Hotlines "Predatory Lending Hotline")

Housing Association and Development Corp. (HADDC)

513 Chew Street
Allentown, PA 18102 610-432-6336

A home ownership program plus 40 rental opportunities. Accepts Section 8.

HUD – Housing Discrimination Hotline*(Se Habla Español)*

1-800-669-9777 (fair housing complaints)

Helps individuals purchase homes, learn about rights and responsibilities and file a complaint.

Neighborhood Housing Services of the Lehigh Valley, Inc.

(Se Habla Español)

239 North 10th Street
Allentown, PA 18102
610-437-4571

Hours: Monday through Friday 8:30 a.m. to 4:30 p.m.

Assistance obtaining home owner loans. Provide grants and loans to those eligible for down payment and closing costs. They have twenty-three apartment units on 10th Street for people with low to moderate income. Home repair counseling and financial counseling. Runs special hospital employee home purchase programs. Runs Home Ownership Outreach Program (HOOP). Call for information.

Rural Development

2211 Mack Boulevard
Allentown, PA 18103 610-791-9810 (Press “4” for this program)

This is a U.S. Department of Agriculture program with income limits. Helps with loans for purchase of a home in the Lehigh Valley rural areas (and also not so rural areas) – call for information. Runs seminars to help understand the buying of homes with this program. For singles and families.

LEGAL AND PRE-LEGAL SERVICES

Servicios Legales



Catholic Charities**(Se Habla Español)**

530 Union Blvd.

Allentown, PA 18109 610-435-1541

Immigration issues and counseling, paperwork, and citizenship classes. Fees charged for all immigration services. Call for information.

Domestic Relations14 North 6th Street – Lehigh County 610-782-3185

Allentown, PA 18101 Fax: 610-782-3725

Hours: Monday through Friday 8:00 a.m. – 4:30 p.m.

Services: Child support, establishing paternity

126 S. Union Street – Northampton County 610-253-3566

Easton, PA 18042-7481 Fax: 610-253-4135

Hours: 8:30 a.m. to 4:30 p.m. Monday through Friday, 8:30 a.m. to 3:30 p.m. for petitions

Services: Child support, paternity suits

For Domestic Relations Offices: You can also receive payment info by contacting us online at www.childsupport.state.pa.us or calling 1-877-727-7238.

Education Law Center**(Se Habla Español)**1315 Walnut Street, 4th Floor 215-238-6970 or 412-258-2120 Fax: 215-772-3125Philadelphia, PA 19107-4717 Website: www.elc-pa.org

Call between 9:00 a.m. and 5:00 p.m. Monday through Friday. Open to all state of PA residents.

Focuses on the rights of children in the public school system and Early Intervention Services.

Grupo De Apoyo E Integración Hispano Americano**(Se Habla Español)**

The Grupo de Apoyo e Integración Hispano Americano is a support group for Hispanic immigrants.

They offer/support individuals/families on identifying places to help them obtain legal status or places that offer resources to those who are not legal at no charge. For more information, call Erika Sutherland at 484-664-3518.

Lehigh County Adult Probation

455 West Hamilton Street

Allentown, PA 18101 610-782-3390

Lehigh County Child Custody Office

Lehigh County Court of Common Pleas

455 W. Hamilton St., 3rd Floor, Room 325

Allentown, PA 18101 610-782-3390 Fax: 610-782-3866

Lehigh County Juvenile Probation455 West Hamilton Street, 7th Floor

Allentown, PA 18101 610-782-3143

Rehabilitation services and supervision for youth offenders, advocacy/support for families of youth offenders.

North Penn Legal Services Lehigh Valley Office

(Se Habla Español)

65 East Elizabeth Avenue, Suite 800
Bethlehem, PA 18018 610-317-8757

Free legal services for low-income families. Open 9:00 a.m. to 12:00 p.m. and 1:00 to 5:00 p.m. Monday through Friday. Clients needing services should call 1-877-953-4250 Monday, Tuesday, Thursday and Friday between 9:30am and 11:30am and from 1:30pm to 3:30pm. Intakes for new clients or previous clients with new legal issues will be screened for services during those hours. Unemployment compensation issues, social security issues, some custody, foreclosures, some domestic violence issues, custody workshops offered every month. Assistance in evictions and bankruptcy. Problems with welfare rules? If you think you were denied benefits without good cause – call them.

Northampton County Adult Probation

105 S. Union Street
Easton, PA 18042 610-559-6800

Northampton County Juvenile Probation

650 Ferry Street 520 E. Broad Street
Easton, PA 18042 Bethlehem, PA 18017
610-559-6880 610-974-7580

Rehabilitation services and supervision for adult and youth offenders, advocacy support for families of offenders.

Public Defender’s Office of Lehigh County

455 West Hamilton Street
Allentown, PA 18105 610-782-3157 Criminal cases only for those unable to afford a lawyer.

Public Defender’s Office of Northampton County

669 Washington Street
Easton, PA 18042 610-559-3040 – Robert Eyer Criminal case representation for low income.

Villanova University School of Law National Immigration Legal Services

299 N. Spring Mill Road
Villanova, PA 19085
Clinic for Asylum and Refugee Services (CARES Clinic)—Villanova, PA

This legal service clinic helps those who are non-citizens seeking asylum in this country due to the persecution they face in their country of origin. They also provide legal aid to undocumented farm workers or persons in the food service industry with wages, workman’s comp issues, or deportation. Call 610-519-3006 or toll free 1-800-655-4419. Villanova also runs a Tax Clinic for lower income taxpayers having problems with the IRS on their previous year’s tax return. Call 1-888-829-2546.

Youth Advocate Programs

Northampton/Lehigh Counties
701 W. Broad St., Suite 205
Bethlehem, PA 18018 610-865-9111

Provides services to keep youth out of the police and court system, individual case management, counseling and relationships with caring adults for at-risk children and youth. Requirements: You must be referred by Children and Youth or the County Probation Office or Mental Health Office.

PRESCHOOL PROGRAMS (No Cost)
Programas Preescolares (Sin Costo)



**Bethlehem Area School District
SPARK Early Childhood Program Office**

Freemansburg Elementary School
501 Monroe Street

Freemansburg, PA 18017

610-866-6681, ext. 25921 or 610-868-8501

Contact: Early Childhood Office Pre-K program for three and four-year-old eligible children in the Bethlehem School District. Call for more information and to apply.

Hours: Monday through Friday 8:00 am to 3:30 pm

Head Start and Early Head Start of the Lehigh Valley

(Se Habla Español)

1520 Hanover Avenue

Allentown, PA 18109

610-437-6000

Fax: 610-437-6500

Head Start and Early Head Start of the Lehigh Valley offers high quality early education, child development and family development programming for prenatal women and children, birth to age five. HS/EHS prepares children and families for success in learning and in life.

Both Head Start and Early Head Start offers children and their families developmental assessments, child-centered curriculum, play experiences, parenting support, health assessment screening and follow-up, nutrition services and education, safety and life skills information and training, and support in personal and family development.

Requirements: Age and Income eligibility. Residence in Lehigh or Northampton County.

Fees: None

Applications available online at www.cscinc.org

RECREATION AND AFTER SCHOOL PROGRAMS

Programas de Recreación y Después de la Escuela



Allentown Health Bureau Shape It Up Program

Alliance Hall Gym on the corner of 6th and Chew Streets
Allentown, PA 18102 610-437-7581

A fitness program for youth that includes: aerobics, games, toning exercises, weight lifting, & stretching. Open to City of Allentown students ages 8 to 18 who are overweight, at risk for overweight, and/or have a chronic health problem. Call to sign up! Hours: 4 to 5 p.m. Tuesdays and Thursdays

Allentown Parks and Recreation

610-437-7757

Call for information about recreational, athletic, after school and seasonal programs for City of Allentown residents. Hours: 8:00 a.m. to 4:30 p.m. Monday through Friday

Allentown YMCA/YWCA

425 S. 15th Street
Allentown, PA 18102 610-434-9333

Operates free after-school and summer recreation programs. Call for more information. Some scholarship aid available, preschool programs accept Title 20 funding.

Banana Factory

25 West Third Street
Bethlehem, PA 18015 610-332-1300

Hours: Monday through Friday 8:30 a.m. to 9:30 p.m.; Saturday and Sunday 8:30 a.m. to 5:00 p.m. Hands on art programs and classes. Gallery is open 11 a.m. – 4 p.m. daily. Summer camp. For more information, visit us online at www.bananafactory.org. Call for costs. Scholarship aid available.

The Baum School of Art

510 Linden Street 610-433-0032
Allentown, PA 18101 Website: www.baumschool.org

Art Classes for children ages 4 years old and up. Students explore art with a variety of media, such as drawing, painting, sculpture, ceramics, computer design, jewelry, fashion and more. Weekday and Saturday classes offered during the school year. One and two week art camps during the summer. Financial aid is available. Group field trip art classes available. Please call for information.

Bethlehem Parks and Recreation

10 East Church Street
Bethlehem, PA 18018 610-865-7081

Programs: Winter Lessons: Ice Skating. Summer: Tennis, swimming, golf lessons. Free summer playground drop-ins program. Craft workshops offered at times. Adult sport leagues—basketball, volleyball, softball. Summer day camps. Pavilion rentals.

Bethlehem YWCA

3893 Adler Place, Building B Suite 180
Bethlehem, PA 18017 610-867-4669

Runs “empowerment programs” to empower women and young women/children. Also free baby and me program for moms and babies. Runs free “Tech Girls” after school programs in graphic arts/design at various Middle Schools in Bethlehem (open to girls in other schools). Girls’ golf program, ages 7 – 17, scholarships available. Call for info.

Boys' and Girls' Club of Allentown

720 North Sixth Street
Allentown, PA 18102
610-432-9944

Little Lehigh site: 484-765-5469

Cost: \$15.00 per year for membership. Services for boys and girls 6 to 18 years old. Recreational programs: swimming, gym, computer, arts, crafts, cooking.

Teen Center: 7th and Tilghman Streets, 610-434-4592. Serves teens up through the age of 19.

Boys' and Girls' Club of Bethlehem

(Se Habla Español)

South side building

115 East Fourth Street
Bethlehem, PA 18015
610-865-5141 (call in the afternoon)

After school and summer programming for ages 5 and up. Summer camp at south side building.

During the summer activities are held at Yosko Park at 6th and Atlantic Streets. Cost: membership is \$15.00 per year

Northeast building

1430 Fritz Drive **(send any mail to this address)**
Bethlehem, PA 18017
610-865-4241

Playground available; staff on site.

Park Ridge Site

1926 Brookside Drive
Bethlehem, PA 18018
610-865-8310

Recreational activities after school; Summer Program

The Caring Place

Youth Mentoring Program

931 Hamilton Street
Allentown, PA 18101

610-433-5683 Fax: 610-433-9165 Website: www.thecaringplace.org

An after school (and also summer) program, (free) for children, ages 6 to 18. Homework assistance, art, music activities, youth groups.

Office Hours: 9:30 a.m. to 2:00 p.m. during the summer; 10:00 a.m. – 6 p.m. Monday through Thursday during the school year

Casa Guadalupe Center

218 N. 2nd Street
Allentown, PA 18102
610-435-9902

Free after school program and summer activities for students from grades 1 through 12. Also offering WIC services, social services as well as meals and recreational activities for older citizens. The services are free of charge.

Community Bike Works

235 N. Madison Street

Allentown, PA 18102

610-434-1140

Website: www.communitybikeworks.com

Contact: James Williams Email: james@communitybikeworks.org

Hours: Monday through Thursday 12:00 p.m. to 8:00 p.m., Friday 9:00 a.m. to 5:00 p.m

Community Bike Works provides youth development and work ethic programs for students ages 9-17. In the Earn a Bike class, students learn bike mechanics and safety with adult mentors. At the end of the program, they take home their very own bicycle and helmet. Once enrolled in our Earn a Bike class, students have the opportunity to participate in our other programs until they turn 18. Those programs include Drop-In, Earn a Book, and Youth Leadership. Drop-In is a structured group mentoring program that occurs every day after school. Students participate in a variety of activities including games, bike repairs, and art and science projects. The Earn a Book program, which happens during the school year, is run by Cedar Crest College students who are trained tutors. Students can read with the tutors or receive homework help during this time. The Youth Leadership program is open to those students who are 12+ and exhibit great leadership skills. Youth Leaders participate in team meetings, create service projects, and volunteer their time to Community Bike Works. All of our programs are offered at no cost to families.

Easton Area Community Center

901 Washington Street

Easton, PA 18042

610-253-8271

Cost: \$50.00 per year for membership

Afterschool program for K- 12th grade (Homework help, educational and recreational programs) Winter Sports fee is extra- Basketball, Cheering & Wrestling. CACFP youth Dinner Program (Free dinner and snack served daily, M/F school year / to any child 5-18 years old) 8 week Summer Day Camp/ Weekly Fee. Age appropriate programs. Breakfast , lunch and a snack provided.

Easton Parks and Recreation

1 S. 3rd Street

Easton, PA 18042

610-250-6600

Recreational programs and athletic activities for Easton residents are sponsored through city non-profit agencies.

Cost: \$25.00 sign-up fee for each sport and \$20.00 deposit for uniform (returnable); Call for information.

Easton Teen Center

1101 Northampton Street

Easton, PA 18042

610-253-1102

Serves boys and girls ages 5-18. Afterschool program, Saturday programs, summer camp.

Membership \$5.00/per year. Call for more information.

Hispanic American League of Artists (HALA)

601 Hamilton Street

Allentown, PA 18105

610-439-1137

Website: www.grupohala.com

HALA offers free classes in dance, voice, instruments, visual and media art for children age 7-18, year round. Classes meet at Alliance Hall, 6th and Chew, Allentown, and at the Banana Factory in Bethlehem. \$10.00 annual membership fee.

Lehigh Children's Academy

5910 Hamilton Blvd.

Allentown, PA 18106

610-841-5801

Email: Principal@LehighChildrensAcademy.com

Website: www.LehighChildrensAcademy.com

Lehigh Children's Academy provides care and education for young children starting at six weeks and provides before and after school care for school age children. Located in Lower Macungie Township, the curriculum at Lehigh Children's Academy is focused on promoting the acquisition of skills by students through the design and enhancement of learning environments, activities, and routines of children and their families. Lehigh Children's Academy is a non-profit early education center.

The philosophy behind the curriculum at Lehigh Children's Academy is that young children learn best by doing and encourages active thinking, experimenting to learn how things work and learning firsthand about the world. Lehigh Children's Academy's mission is to help children become enthusiastic, independent, self-confident, inquisitive learners. Lehigh Children's Academy's curriculum includes music, art, foreign languages, technological integration, cooking, and classes dedicated to developing and promoting fine and gross motor skills.

Before and after school care is available for children from age 5 to 12 and includes activities like homework club, tech club, game club and art club. Summer Camp is available for children ages 5 through 12 and includes educational field trips to places like the Da Vinci Science Center and Allentown Art Museum.

Mosser Village Family Center

614 S. Carlisle Street

Allentown, PA 18109

Offers after-school programs for children in Mosser School area (East Allentown). Dance class, homework club, and adult classes in sewing, computers, parenting, ESL, and others. Mosser also offers free summer programs for area children, ages 7-13. Also have a book and toy library. Call 610-820-4067 or 610-820-9927 for information. Hours: 9 a.m. to 5 p.m. Monday through Friday.

Northern Lehigh Community Center

1317 Pin Oak Lane

Slatington, PA 18080

610-760-0300

Runs indoor child centered family activities and outdoor recreation programs for children. Call for info.

St. Luke's Neighborhood Center

435 N. 7th Street

610-434-5799

Allentown, PA 18102

Email: SLNC2@verizon.net

Website: www.StLukesNeighborhoodCenter.com

SLNC is a non-profit community based center located next to St. Luke's Lutheran Church offering the following programs to students within the Allentown School District; Morning Pre-K classes during the school year. Elementary after school programs. Middle/Teen after school programs. Children do homework, receive tutoring help if needed, computer lab activities, reading programs, games and sports. Summer Camp programs and family movie nights are held throughout the summer months. SLNC also operates "The Clothes Closet" offering free clothing every Thursday morning from 10:30 - 11:30am to community residents. ESL classes are offered during the day and early evening. All offerings are free to the community.

(Please call for current days and times of programs. Registration for children is necessary)

Salvation Army of Allentown

144 North 8th Street
Allentown, PA 18101
610-432-0129

(Se Habla Español)

Camp Ladore: Overnight camping for children 7 – 12 yrs. in the Poconos. (5 – 6 day/nights)
Transportation provided. A scenic summer camp with swimming, hiking, crafts, recreation, boating,
and camping. Accredited by AAA. Cabins with cots, sinks, showers, toilets. Minimal registration fee.

The Learning Zone: Afterschool program for children 5 – 12 yrs. Homework help. A
multi-component, safe, nurturing program. Free.

Summer Day Camp Program: The program runs Monday - Friday from 11:30 am to 3:30pm. Very low
cost. For children aged 5 – 12yrs. Must register in advance. Spots fill quickly.

Summer Lunch Program: A free summer lunch program, in collaboration with the Allentown School
District. Monday - Friday during the summer at 12noon. Any school aged child is eligible.

Community Center: Monday - Friday from 2:00 - 6:00pm during summer. Open Monday – Friday, 4pm
– 8pm during the school year. Organized recreational activities, free play, and a game room. Small
annual membership fee.

Summer Basketball Teams: Youth – boys and girls. Contact John Venus for details. Fee for uniforms.

Back to School Carnival: Annual "Back 2 School Carnival" will be held on a Saturday in August. School
aged students can come to receive free book bags and school supplies for the upcoming school year.
Call for date and time.

Café S.A.: Dinner meal for children. Under age 6yrs. must be accompanied by a parent. This meal is
served on Wednesdays and Fridays at 5pm. Call for schedule.

Emergency Assistance: For Lehigh County residents. Food pantry; used clothing assistance; limited
prescription assistance; UGI assistance; referrals.

Salvation Army of Bethlehem

521 Pembroke Road
Bethlehem, PA 18018
610-867-4681

Offers Day Camp. Please call to find out dates/cost.

Salvation Army – Pen Argyl

301 W. Main Street
Pen Argyl, PA 18072
610-863-6677

Youth program runs September thru May, 5:30 – 7:30 p.m. (Christian themes) Free.

SCHOOL DISTRICTS

Distritos Escolares



Allentown Area School District

31 South Penn Street
Allentown, PA 18102
Main Office: 484-765-4000, Dial "0" to speak to a receptionist.

Bangor Area School District

123 Five Points Richmond Road
Bangor, PA 18013
Main Office: 610-588-2163

Bethlehem Area School District

1516 Sycamore Street
Bethlehem, PA 18017
Main Office: 610-861-0500

Catasauqua Area School District

201 North 14th Street
Catasauqua, PA 18032
Main Office: 610-264-5571

Easton Area School District

1801 Bushkill Drive, #1
Easton, PA 18040
Main Office: 610-250-2400

Northampton Area School District

Administration Office and Junior High
1619 Laubach Avenue
Northampton, PA 18067
Main Office: 610-262-7812

Pen Argyl Area School District

1620 Teels Road
Pen Argyl, PA 18072
Main Office: 610-863-9093

Whitehall/Coplay Area School District

2940 MacArthur Road
Whitehall, PA 18052
Main Office: 610-439-1431

Wilson Area School District

2040 Washington Boulevard
Easton, PA 18042
Main Office: 484-373-6000

SERVICES FOR DISABLED AND AT-RISK
Servicios para Incapacitados y en Riesgo



The Arc of Lehigh and Northampton Counties

2289 Avenue A (in the Lehigh Valley Industrial Park #1 across from the LV Airport)

Bethlehem, PA 18017 610-849-8076 Fax: 610-849-6202

ARC is a non-profit agency dedicated to helping Lehigh Valley children and adults with mental retardation to become active, vocal, skilled members of the community. Programs include: adult training, including pre-vocational skills. Their Family Resource Center has library materials to check out on a range of disability topics and also has computers for family use. ARC also has a youth and adult advocate to help with school, transportation and other issues.

Bureau of Blindness and Visual Services—Office of Vocational Rehabilitation

300 "G" Laird Street

Wilkes Barre, PA 18702 1-570-826-2361 1-570-826-2538 (fax)

Services provided: vocational rehabilitation, employment services to all ages. Specialized services: social workers, independence/self sufficiency services (will refer for own area). Covers 15 counties.

Carbon Lehigh Intermediate Unit #21

4210 Independence Drive

Schnecksville, PA 18078 610-769-4111 Fax : 610-769-1098 Fax: 610-769-1287

Preschool (ages 3 to 5), early intervention, education and evaluations, therapy. Speech therapy and behavior management. Also provides programs to meet special education needs of public school students (for example: support programs for deaf, hearing impaired, blind and speech and language support).

Center for Vision Loss

845 W. Wyoming Street

Allentown, PA 18103 610-433-6018 Fax: 610-433-4856

Website: www.centerforvisionloss.org

Services for people who are blind or visually impaired, including casework, transportation, support groups, educational programs, recreation, low vision clinic, store for magnifiers and aids. Free eye screenings and eye safety educational programs for preschool children at preschools, day care centers, and community sites and for adults.

Hours: Monday- Friday 8:30 am – 4:30 pm. Serving Lehigh, Northampton & Monroe counties.

Clubhouse of Lehigh County (a program of Goodwill Keystone Area)

1437 W. Gordon St.

Allentown, PA 18102 610-433-9910

The mission of the Clubhouse of Lehigh County is to offer persons with mental illness a safe and healing environment wherein each person is given the opportunity to explore their personal and vocational potentials to their fullest and to receive support in achieving their goals. Offers a drop-in center not only for members of the Clubhouse of Lehigh County, **but FOR ALL mental health consumers residing in Lehigh County**. The Drop-In Center of Lehigh County provides a stress-free atmosphere for persons 18 and older who have experienced mental health issues. The drop-in center offers activities including games, outings and holiday gatherings. They also offer recovery programs including employment, education and community resources and empowerment services that help participants achieve their goals, enhance quality of Life, and encourage leadership.

Drop-In Center Hours: Monday thru Friday 4pm to 9pm and Saturday 2pm to 8pm

Colonial Intermediate Unit #20

6 Danforth Drive

Easton, PA 18045 610-252-5550

Serves Northampton, Monroe and Pike Counties. Preschool (ages 3 to 5) child evaluation, education, and therapy. Provides transportation. Also runs Colonial Academy, an alternative education program to public school, with partial hospitalization, emotional support service.

Connect Info Service for Early Intervention (Project Connect)

Center for Schools and Community/CONNECT

4210 Independence Drive

Schnecksville, PA 18078 610-769-4111 or 1-800-223-4821 or 1-800-692-7288

Will assist in locating local, state and national resources for children with disabilities; refer to local services and information; direct referrals for ages 0 to 5 years who may have developmental delays or disabilities. Connect assists families and other callers with questions about child development and provides information/referrals for infants, toddlers and preschool children who may have developmental delays or disabilities. Connect can refer a child for an Early Intervention (EI) development assessment, as well as a wide range of other resources. Based on assessment results, some children may be offered EI services, such as speech therapy, physical therapy, occupational therapy and other family-centered services. EI services are provided at no cost to families.

County of Northampton

2801 Emrick Blvd.

Bethlehem, PA 18020 610-829-4800 Website: www.northamptoncounty.org

Mental Health, Early Intervention, Developmental Programs, Children & Youth, Aging, Drug & Alcohol, etc. Hours: 8:30 a.m. to 5 p.m.

Early Intervention 0 – 3

Lehigh County: 610-782-3125; new referrals: 610-782-3200 or 1-800-692-7288

Northampton County: 610-974-7523 or 610-559-3270

All referrals go to the County Early Intervention program. Serves children from 0 to 3 years of age with developmental delays (medical/physical/cognitive).

Easter Seals of Eastern PA

1501 Lehigh Street, Suite 201 610-289-0114 Fax: 610-289-4282

Allentown, PA 18103 Office Hours: 8:30 a.m. to 4:30 p.m. Monday through Friday

Website: www.easterseals.com/esepp Email: lisa.musselman@easterseals-easternpa.org

Easter Seals of Eastern Pennsylvania provides services to children and young adults with physical and cognitive disabilities, autism, and other special needs. Therapy services include physical therapy, occupational therapy, speech and vision therapy, sign language, and special instruction provided at home for children under three years of age and in our Lehigh Valley Preschool for children ages three through five years. Camping, recreation, and respite services are provided to children and young adults throughout eastern Pennsylvania and include day and overnight camps, year round recreation, Saturday respite, and summer transition programs.

Good Shepherd

850 S. Fifth Street 610-776-3100

Allentown, PA 18103 24-hour hotline: 1-888-44-REHAB

A variety of medical evaluations and therapy services for those with physical or mental disability. A referral from a doctor or other agency is needed for care.

Hope for Veterans (Community Hope)

2895 Hamilton Blvd., Suite 207
Allentown, PA 18104
973-270-1103 – contact Kevin Cope
Website: www.communityhope-nj.org
Email: kcope@communityhope-nj.org
Hours: 8:00 am to 4:00 pm

The mission of Community Hope, dba Hope for Veterans® in Pennsylvania, is to help individuals, including veterans, and their families, overcome mental illness, addiction, homelessness and poverty by providing housing and support services. Community Hope has been the leading nonprofit organization serving homeless veterans and veteran families in New Jersey since 2004. We established veteran services in PA in October 2013 and saved 215 veteran households from homelessness in the first year.

Hope House

3606 Hecktown Road
Bethlehem, PA 18020
610-882-2008 – Contact Valerie Roseburgh
Fax: 610-882-2009
Website: www.hopehouse-rhd.org
Email: hopehouse@rhd.org

Hope House provides short-term residential services for adults in need of mental health intervention. We offer a safe and supportive environment for people who need a place to stay until they stabilize and can safely return to the community. Our maximum capacity is eight individuals. The average length of stay is one week. Trained staff members are on duty 24 hours a day, 365 days a year. Our dedicated staff of Bachelor's and Master's level professionals is focused on assisting consumers in resolving their immediate crisis and mobilizing support systems in the community for ongoing treatment and support.

Our services are a safe and cost-effective alternative to hospitalization and are available to adults, 18 years of age and over, who reside in Northampton, Lehigh and surrounding counties. Referrals must be submitted by a mental health professional such as an individual's Intensive Case Manager, a Crisis Hotline worker, therapist, psychiatrist, etc. Services we offer include, but are not limited to:

- 24 Hour Crisis Intervention
- Individual & Group Therapy
- Psychiatric Treatment
- Medication Monitoring
- Case Management
- Psycho-Education
- Mental Health Recovery

Hope House is licensed by the Commonwealth of Pennsylvania and is primarily funded through contracts with Magellan Behavioral Health, Northampton County MH/MR and Lehigh County MH/MR.

Lehigh Valley Center for Independent Living (LVCIL)

435 Allentown Drive
Allentown, PA 18109
610-770-9781
Fax: 610-770-9801
TTY: 610-770-9789
Website: www.lvcil.org

The Lehigh Valley Center for Independent Living provides services to persons with disabilities living in Lehigh and Northampton Counties. Our four core services are Information & Referral, Peer Support, Independent Living Skills and Individual & Systems Advocacy. Additionally, LVCIL offers Specialized Housing Search and Support, which helps persons with disabilities, find housing, the Landlords for All programs which educate landlords about the benefits of renting to persons with disabilities. There is also the Freewheelers Athletics group with is a wheelchair sports league. Helps connect people to sports and recreation opportunities open to those with disabilities. Offers sign language interpreter and sign language classes. Advocate available for those with disability related issues, consumer needs. Information and referral, peer support. For additional information please give us a call or see our website.

Mercy Special Learning Center

830 South Woodward Street
Allentown, PA 18103 610-797-8242

Accredited day school for mentally handicapped individuals age infant to 21. Now also state licensed for over 21 yr. old program services: education and safe adult day care.

Parent to Parent of Pennsylvania and Special Kids Network

1-800-986-4550

Linking Families and Friends of Children and Adults with Special Needs

Information and referral services for child’s mental or physical needs. Support groups, parent support groups, insurance and funding. Information and recreational activities. Offers info on Camperships (camp scholarships). Makes arrangements for special equipment.

Step By Step, Inc.

Lehigh Valley Region
623 West Union Blvd.
Bethlehem, PA 18018
610-867-0688

Cross Valley Commons
744 Kidder Street
Wilkes Barre, PA 18701
570-829-3477

(Se Habla Español)

Services: Intensive case management and supportive living services for mentally ill and developmentally disabled consumers and counseling for MH and MR clients. Residential living options.

VIA of the Lehigh Valley, Inc.

336 West Spruce Street 610-317-8000

Bethlehem, PA 18018

Website: www.ViaNet.orgEmail: Via@ViaNet.org

Via of the Lehigh Valley is a non-profit agency that provides services for children and adults with disabilities like autism, cerebral palsy, and Down Syndrome. Serving the community since 1954, Via's staff and volunteers help individuals and families from birth through retirement to gain life skills, obtain meaningful employment and develop social connections.

Via Early Intervention program for children up to age three provides speech, physical and occupational therapy, and special instruction. Spanish translators are available. Early identification and age-appropriate therapies are critical to the well-being of children with disabilities. Via Early Intervention can enhance a child's development and provide support and assistance to families. Therapists work with infants and toddlers in their homes and daycare facilities to address delays and include caregivers in the teaching process so therapy can continue at home.

Via Pediatric Speech Therapy Services focuses on development of skills that enable a child to express themselves and understand others. Speech therapy helps your child improve their communication skills to an age-appropriate level. Via Pediatric Speech Therapy Services designs individual treatment programs and carefully evaluates your child's progress on an ongoing basis.

Via Teen Summer Experience is a transition-focused program for teens & young adults ages 13 to 21 with varying disabilities. The program objectives are to introduce the vocational, post-secondary education, and independent living options available to participants upon graduation. Via provides instruction on a variety of skills throughout the summer to assist participants in achieving their personal goals.

Via Community Employment provides job training, placement and coaching services for high school students and adults. **Via Work Training Services Workshop** offers a safe, comfortable and friendly environment where individuals with disabilities work on packaging and assembly projects for local businesses. **The John E. Walson Center at Via, an adult training facility**, provides educational, social, cultural and wellness activities for adults with disabilities. Participants spend a portion of their time at our facility in Bethlehem, combined with opportunities to explore the community. **Via Community Connections** connects people to their community through volunteer, recreational, social and educational activities. **Via Supported Living** helps adults live independently in their community and form the bonds and relationships of a neighborhood.

Vitalistic Therapeutic Center

1406 Hamilton Street 610-433-4383

Allentown, PA 18102

Services: Serves developmentally delayed children, preschool through 3rd grade at two sites. Behavior management, physical and speech therapy counseling; has a partial hospitalization program for at-risk children. Call for information.

TAX FILING ASSISTANCE***Asistencia de Preparación de Impuestos***

Call CACLV at 610-691-5620. (Local no-cost) For local, state and federal tax preparation.

Villanova University School of Law also runs a Tax Clinic for lower income tax-payers having problems with the IRS on their previous year's tax return. Call 1-888-829-2546.

THRIFT SHOPS

Tiendas De Artículos De Reuso



American Family Services (2 locations)

731 N. 19th Street

Allentown, PA 18102 610-462-6763

Hours: Monday through Saturday 9:00 a.m. to 6:00 p.m. Cash Only, fitting rooms available

541 Milford Street (Behind Dunkin' Donuts off William Penn Highway)

Easton, PA 18042

610-253-1290

Hours: Monday through Saturday 9:00 a.m. to 6:00 p.m.

Catasauqua Community Thrift Shop

113 Bridge Street

Catasauqua, PA 18032

610-266-0694

Small, run by volunteers. This thrift shop helps support the food bank, schools, library and YMCA in Catasauqua. They have children's and adult clothing and small house ware items. Children's are 50¢ - \$1.00. They will give vouchers for clothing in special circumstances; **individuals must be referred by local church ministers, pastors, etc.** Hours: Monday, Tuesday, Thursday, Friday 10 a.m. to 4 p.m., Saturday and Wednesday 10 a.m. to 1 p.m.

Children's Home of Easton Thrift Store

2000 S. 25th Street

Easton, PA 18042

610-258-7723

Hours: Monday – Friday 9:00 a.m. to 5:00 p.m., Saturday 9:00 a.m. to 3:00 p.m.

Clothing, house wares, some furniture

Good Shepherd Thrift Shops

859 Route 191 and 248 (Giant Plaza)

Nazareth, PA 18064

610-759-8660

Hours: Monday through Saturday 9:00 a.m. to 7:00 p.m., Sunday 11:00 a.m. to 5:00 p.m.

1901 Lehigh Street

Allentown, PA 18103

610-791-3880

Hours: Monday through Saturday 9 a.m. to 7:00 p.m.

These sites have clothing, household items and furniture.

Goodwill Industries of Mid-Eastern Pennsylvania Thrift Stores

4634 Broadway (by Tilghman 8 Cinema)

Allentown, PA 18104

610-391-9760

Hours: Monday through Saturday 9:30 a.m. to 9 p.m., Sunday 12 – 5 p.m.

3926 Nazareth Pike

Bethlehem, PA 18020

610-866-1778

Hours: Monday through Saturday 9:00 a.m. to 9:00 p.m., Sunday 12 – 5 p.m.

These sites have clothing, household items and furniture.

Nearly New Shop

225 Delaware Avenue

Palmerton, PA 18071

610-826-4226

Monday through Saturday 10 a.m. to 4 p.m. Clothing and household items.

Salem Thrift Shop

628 Turner Street
Allentown, PA 18102
610-820-4111

Hours: Tuesday through Saturday 10 a.m. to 3 p.m. Children's clothing – all sizes \$1.00 each or less.

Salvation Army Thrift Stores

1195 Mickley Road (off 7th Street before mall)
Whitehall, PA 18052
610-434-9560

Hours: Monday through Saturday 9 a.m. to 8 p.m.

Second Sight Thrift Shop

Trolley Station Mall
Bethlehem, PA 18015
610-759-2002

Lower Level-Rear Door

Hours: Wednesday – Friday, 12 noon-3 pm; Saturday, 11 am – 3 pm

Run by volunteers for the benefit of Visual Impairment and Blindness Services. Shop features gently used clothing and accessories for adult women and men with a wide assortment of fabrics, notions, sewing supplies, and sewing patterns.

South Side Ministries Thrift Shop

321 Wyandotte Street
Bethlehem, PA 18015
610-867-6764

Thrift Shop for low/reduced cost clothing – come in between 10 a.m. and 3 p.m. Tuesday through Thursday and Friday 10:30 a.m. to 1 p.m. Closed Monday.

(Summer hours 10 a.m. to 1 p.m. Tuesday, Wednesday, Thursday, Friday – 10:30am -1pm)

Twice Blessed Home Shoppe

An outreach ministry of Bethany United Methodist Church
25 N. 10th Street
Allentown, PA
610-351-7458

Hours: Thursday 10 a.m. to 1 p.m. and Saturday 10 a.m. to 2 p.m. Furniture, house wares and clothing.

VIA Thrift Shop

1401 Broadway
Fountain Hill, PA 18015
610-866-6777

Store has clothing, toys, books, furniture and house wares.

Hours: Monday through Wednesday 9 a.m. to 6 p.m., Thursday through Saturday 9 a.m. to 7:30 p.m.

TRANSPORTATION

Transportación



Lehigh & Northampton Transportation Authority (LANTA)

Route Information
1060 Lehigh Street
Allentown, PA 18103
610-439-1376

Email: customerservice@lantabus.com
Website: www.lantabus.com

Hours: Monday through Friday 8 a.m.
to 4:30 p.m.

Route Information
3610 Nicholas Street
Easton, PA 18042
610-258-0479

Route Info Hours: Monday through Friday 8 a.m. to 4:30 p.m.

LANTA manages fixed-route bus and door-to-door van transportation services within and between Carbon, Lehigh and Northampton PA counties. More than 16,000 passengers use the transit system in the Lehigh Valley. The majority of service is concentrated in the cities of Allentown, Bethlehem and Easton but service is available in all municipalities in the three Counties. Service operates 7 days a week approximately 18 hours per day. All major businesses, shopping centers, colleges, universities and schools, hospitals and medical centers and government buildings are directly served.

Ways To Work Program – A program of Family Answers, Inc.

411 Walnut Street
Allentown, PA 18102
Call 484-223-2068

Fax: 610-435-9654

Website: www.familyanswers.org

Hours: 8:30 a.m. to 5:00 p.m. Monday through Friday

Provides loans to help families with used car purchases or car repairs. You must have a child, and be employed or be in school (post high school).

Another car resource: If you are on public assistance (“cash,” TANF) or were on it and need a used car, or to repair your car for work, call your former TANF caseworker to ask about their car or car repair assistance.

UTILITIES
Utilidades



Assurance Wireless

1-888-898-4888

PO Box 686, Parsippany, NJ 07054

Call to apply for a free cell phone plan provided through Virgin Mobile. Provider of Government Lifeline Program.

Website: <http://www.assurancewireless.com/Public/Welcome.aspx>**Casa Guadalupe Center**218 N. 2nd Street

Allentown, PA 18102

610-435-9902

Runs "Operation HELP,"-Energy Assistance Program & PPL Security Deposit waivers. Apply in person. Bring ID's for every person in household and copies of bills.

Walk-Ins Only –Monday & Wednesday -8:45am to 12pm or Tuesday & Thursday 1:30pm to 4pm

Comcast Cable – Internet Only Promotion

Internet Essential Program offers internet for \$9.95 a month and an option to purchase a Dell and Acer Netbook for \$150. The household must be located in an area where Comcast offers Internet services, have at least one child receiving free school lunches through the National School Lunch Program, not have subscribed to Comcast Internet services in the last 90 days and do not have an overdue Comcast bill. Contact 1-800-934-6489 to request an application.

Community Action Committee of the Lehigh Valley (CACLV)*(Se Habla Español)*

1337 E. Fifth Street

Bethlehem, PA 18015

610-691-5620

Weatherization, utility bill payment assistance and furnace repair assistance. (Also: Free income tax filing for lower income adults/families during tax season.)

Easton Area Neighborhood Center, Inc.

902 Philadelphia Road

Easton, PA 18042

610-253-4253

Electric bill assistance. "Cap" program based on monthly income. Call for more information.

Hours: Monday through Friday 8:30 a.m. to 4:00 p.m.

Low Income Home Energy Assistance Program (LIHEAP)

Lehigh County: 610-821-6702

Northampton County: 610-250-1785 or 610-250-1786

Toll-Free LIHEAP Hotline: 1-866-857-7095

Website: www.dpw.state.pa.us

Assistance with oil, gas, electric heat bills; must meet guidelines, referrals to agencies, applications starting in October/November. (Phone answered October – April)

Note: If you received fuel assistance thru this program last year, you will be mailed an application this year.

Pennsylvania Public Utility Commission

PO Box 3265

Harrisburg, PA 17105-3265

1-800-692-7380

Investigates termination of utilities. Within 24 hours service may be turned back on. For telephone company complaints or concerns: 1-800-782-1110. For electric, gas or water bill problems? Call local company first, then if unresolved, call this agency.

PPL Cares Program

Lehigh and Northampton County: 1-800-DIALPPL (342-5775) Ask for CARES Program

Monday through Friday 8:00 a.m. to 5:00 p.m. This program allows your electric amount to avoid shut-off during a crisis (like losing your job or becoming ill).

PPL Wrap Program

Call 1-800-DIALPPL (342-5775) (Ask for a WRAP application)

Weatherization assistance to lower your heat bills, for low-income customers. A referral will be made and an application sent to you.

SafeLink

1-800-Safelink (723-35465)

Website: <https://www.safelinkwireless.com/Safelink>

Call or go online to apply and see if you qualify for a free cell phone and free cell phone service.

Provider of Government Lifeline Program.

Salvation Army – Allentown

(Se Habla Español)

144 North Eighth Street

Allentown, PA 18101 610-432-0129

Assistance with gas bills (UGI)

Salvation Army – Bethlehem

521 Pembroke Road

Bethlehem, PA 18018 610-867-4681

Energy assistance. UGI utility customers only.

Salvation Army – Easton

214 Spring Garden Street

P.O. Box 937

Easton, PA 18024 610-258-9531 Gas bill assistance (UGI).

Hours: Monday through Friday 9:00 a.m. to 4:00 p.m. Closed noon to 1 p.m. for all services.

Salvation Army – Pen Argyl

301 W. Main Street

Pen Argyl, PA 18072 610-863-6677

Offers help with electric, gas, water bills on an emergency basis (when a shut-off notice has been received). Call for information/appointment.

Telephone Bills/Installation Assistance

If you receive public assistance (TANF), food stamps, SSI or Medical Assistance, you may be eligible for help with your local phone bill. Call 1-800-771-3312 (helps with past due Verizon Basic bills) or your local phone company.

UGI (LISHP) Low Income Self Help Program

LISHP is a Customer Assistance Program that can help low income, payment troubled customers better afford their UGI bills. Please call 1-800-340-5394 or email at warm@ugi.com for eligibility guidelines and to apply.

Verizon

(Se Habla Español)

Information: 1-800-734-0820 (English)

1-800-479-0305 (Spanish)

Lifeline phone installation/service for low-income, call 1-800-640-4155

VOTING

Voto



League of Women Voters

PO Box 523

Bethlehem, PA 18016

610-252-1339

Non-partisan information on elections, issues and candidates.

Website: www.lwv.org

Voters' Registration OfficeLehigh County Office

17th South Seventh Street

Allentown, PA 18101-2400

610-782-3194

Hours: 8:00 a.m. to 4:00 p.m. Monday through Friday.

Northampton County Office

670 Wolf Avenue

Easton, PA 18042

610-559-3055

Hours: 8:30 – 4:30 pm Monday through Friday

Register to vote and get information on where to vote and your elected representatives.

Note: In general, you need to register a month before an election in order to vote in it. Call for information on dates/deadlines.

A BRIEF HISTORY

Community Services for Children, Inc. was established in 1981 by Patricia W. Levin as the grantee for Head Start of the Lehigh Valley. Since then, CSC has added Early Head Start, PreK Counts, Child Care Information Services (subsidy program), Northeast Regional Key/Keystone STARS, Early Education Academy (formerly “The Training Institute”), lehighvalleycamps.com (a web based directory), PreK Scholarship Organization, and Educational Innovation Organization. CSC affects the lives of an estimated 40,000 children a year in an estimated 18 counties of Pennsylvania.



PROGRAMS AND SERVICES

Child Care Information Services of Lehigh County

Early Education Academy

Educational Innovation Organization

Head Start/Early Head Start of the Lehigh Valley

Lehigh Valley Camps Directory (www.lehighvalleycamps.org)

Northeast Regional Key/Keystone STARS

PreK Counts Preschool

PreK Scholarship Program



Where Early Education Works!™

Community Services for Children, Inc.
Administrative Offices
1520 Hanover Avenue
Allentown, PA 18015
Phone: 610-437-6000 | Fax: 610-437-6500
Visit us on the web at cscinc.org
Like us on Facebook