



# Simply SACC

THE NORTHEAST SCHOOL-AGE CHILD CARE PROJECT  
SUPPORTING SUCCESS IN SCHOOL-AGE PROGRAMS

*The Northeast School-Age Child Care Project is one of six regional projects statewide. The Northeast Region SACC Project serves fifteen counties in Northeastern PA: Berks, Bucks, Carbon, Lackawanna, Lehigh, Luzerne, Monroe, Northampton, Pike, Schuylkill, Susquehanna, Wayne, and Wyoming.*

*This one and glorious life you  
have. How will you spend it?*

- **Mary Oliver**



This issue includes.....

- **Moving Towards Success: A Framework for After-School Programs**
- *Conflicts in the After School Program by Roberta Newman\*\*\**
- **NE Regional SAC Professional Development Opportunities**
- **SAVE-THE-DATE! May 1, 2010**  
**SAC MINI-CONFERENCE!!**
- **Free SAC Resources and Technical Assistance!**

\*\*\* For Programs in the Northeast Region, please contact the Information Line at 800-528-7222, extension 2305 if you would like a complete copy of the Simply SACC Newsletter with the article from Roberta Newman emailed to you. \*\*\*

# A Framework for After School Programs - Part 1



At an After-School Summit, sponsored by the C.S.Mott Foundation, researchers and educators discussed ways to improve after-school programs. Attendees agreed that programs must set goals to become successful. As a result of the Summit, a framework was designed that describes a Theory of Change.....

**The framework for the Theory of Change includes the following elements:**

- **Program Goals – What is Your Program Trying to Accomplish?**
- **Program Elements – What Strategies and Activities Do You Use to Achieve These Goals?**
- **Short Term Outcomes – What Positive Results are You Expecting in One Year?**
- **Long Term Outcomes – What Positive Results are You Expecting After One Year?**
- **Performance Measures – What will You Measure?**

**So what might this framework look like? Start with one goal!**

**Program Goal** – Improved Social Skills

**Program Elements** – Promote supportive staff- child interactions, Promote teamwork, collaborations, and opportunities to resolve conflicts peacefully, Books, materials and resources that include peer pressure, sportsmanship, respect and responsibility

**Short Term Outcome** – Children improve interactions, exhibit fewer impulsive reactions

**Long Term Outcome** – Children form friendships with peers, less conflict, more cooperation inside/outside of program

**Performance Measures** – Children, staff, parents report improved relationships

**During this study, researchers also found that the most effective after-school programs include the following elements:**

- They combined academic, cultural, enrichment and recreational activities to engage children in learning
- They had qualified staff who regularly participate in professional development activities
- They had strong program management
- They promoted effective partnerships and community engagement
- They communicated and coordinated linkages between school day staff and after school staff
- They involved parents in learning
- They evaluated and assessed program effectiveness

**Which elements are included in your school age program? Which elements need enhancement? Are there short term and long term goals you would like to set with staff?**

**In this study there were also examples of academic, social and emotional, health and safety, and community engagement goals. In the next issue of *Simply SAC*, another goal will be highlighted and additional examples will be given for your program.**



# FREE SAC RESOURCES AVAILABLE! Just Complete this Form!

And send to: CSC/ NE Regional Key by mail, email, or fax to:  
Community Services for Children, Inc. /NE Key  
1520 Hanover Avenue, Allentown, PA 18109  
Fax: 610-432-5700  
ireynolds@cscinc.org



## Northeast Regional School Age Project

### Request for Free School-Age Child Care Resources

Program Name: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Name: \_\_\_\_\_ Email: \_\_\_\_\_

- Learning Standards on CD:
  - Kindergarten
  - 1<sup>st</sup> Grade
  - 2<sup>nd</sup> Grade
  - 3<sup>rd</sup>-7<sup>th</sup> Grade
- Start-Up Information
- School-Age Materials Checklist
- Middle-School Materials Checklist
- School-Age Website Resource List
- SAC: New Employee Orientation Kit
- Transition/Home Alone Information
- Lesson Plan Templates
- ECELS School Age Resources Guide
- School Age Professional Credential (SAPC) Information
- Upcoming Professional Development Events in my county: \_\_\_\_\_  
(specify county)
- Tip Sheets:
  - Administering Medications
  - Keeping Healthy
  - Building Enrollment
  - Creativity
- Yardsticks: Common Developmental Characteristics of:
  - Kindergartners
  - First Graders
  - Second Graders
  - Third Graders
- Other (Specify): \_\_\_\_\_

**Please return this form to NE Regional Key by mail, email, or fax to:**

Community Services for Children, Inc. /NE Key  
1520 Hanover Avenue, Allentown, PA 18109

Phone: 1-800-528-SACC, Extension 2328  
Fax: 610-432-5700  
ireynolds@cscinc.org

# NE Regional School Age Child Care Professional Development



## Using Portfolios to Bring Out the Best in School Age Children- Supporting Children's Development and Enhancing Program Quality Part 1 of 2

1/5/2010 9:00 am- 12:00pm

Active Learning Center, Emmaus, PA

PDO: NE SACC - Community Services for Children

## Using Portfolios to Bring Out the Best in School-Age Children- Supporting Children's Development and Enhancing Program Quality (Part 1 of 2)

1/26/2010 10:00 AM - 1:00 PM

Enrichment Workshop for Children

PDO: NE SACC - Community Services for Children

Bensalem, PA

## The Art of Communication: with School-Age Children

3/11/2010 6:30 PM - 8:30 PM

Luzerne County Community College, Nanticoke, PA

PDO: NE SACC - Community Services for Children

Looking for low cost professional development for your school age staff? Order a free **SACC: New Staff Orientation Child Care Kit**. To order, call: 1-800-284-6031. Your staff can receive 15 hours of professional development.

## SAVE –THE- DATE!

### May 1, 2010

### School Age Mini Conference

### Location: CSC/NE Key

### Just in time for your summer program!

### Target Audience: School Age Directors and School Age Staff

### (Links to Learning will be offered – along with other great school age professional development opportunities!)

For more school age professional development opportunities check [www.pakeys.org](http://www.pakeys.org) , on-line calendar



## Free Technical Assistance for School-Age Programs

*Experience the friendly support of our free technical assistance.*

### Types of Technical Assistance (TA) Available

#### **School Age Resource Request List**

Would you like to receive a list of free resources that are available? We have lesson plan templates, articles on transition, Tip sheets on Keeping Healthy, Medications, and Creativity and much more! Contact Ivy Reynolds at [ireynolds@cscinc.org](mailto:ireynolds@cscinc.org) for a copy of our Resource Request List. NEW RESOURCE AVAILABLE: Yardstick- Developmental Guideline Brochures for Kindergarten, First Graders, Second and Third Graders

#### **Environments and Room Arrangement**

Would you like assistance creating a workable floor plan for your school-age program? Are you aware of the Universal Design for Learning? We have many resources available to help you develop a child-friendly, welcoming environment that contributes to the children's growth and learning.

#### **School Age Professional Credential (SAPC)**

Are you or your staff interested in enrolling in the School Age Professional Credential (SAPC) coursework? Do you have questions regarding the SAPC credentialing process? Did you know that your staff may be eligible for an annual Education and Retention Award through the Keystone STARS after receiving their credential? Did you know that you could take SAPC coursework for college credit that is funded through the NE Key and the NE School Age Project? Contact us for details, see contact information below.

**Free on-site technical assistance is available as a resource to you. Contact Ivy Reynolds at [ireynolds@cscinc.org](mailto:ireynolds@cscinc.org) or call toll free at 1-800-528-SACC, x2328 to schedule a visit or discuss your professional development needs.**

