

Early Childhood Mental Health Consultation

Frequently Asked Questions

Do we go to all early learning centers?

We prioritize STARS sites, but we will accept children from non-STARS sites if our caseloads allow.

What problems/concerns should a center contact us for?

A center can contact us if they have concerns about a particular child that is placing the child at risk for expulsion, or concerns surrounding attachment, self-regulation, communication, aggression, interactions, etc.

What exactly will we do when we go out to a site?

We will observe a child as they go through their normal, everyday routines at the center. We will also talk with staff and gather information about the child, and any concerns staff have. We will then offer suggestions to staff and develop appropriate intervention strategies.

Will we come out and provide services for a whole classroom?

Our services are focused around a single child, but we will work with staff to help them address classroom needs concerning that child. We can arrange to provide PD trainings to staff or refer the center to STARS TA if needed.

Is there a cost for our service?

There is no cost to the center or the family for our program.

How old does a child have to be to get services?

We work with children ages 0 up to 5 years, with a priority on infants and toddlers.

Does a parent have to participate in services?

A parent must consent to our involvement; the director and the parent will both sign a Parent-Facility Agreement before we come out to a site. A Request for Service form will also be completed by the director. Beyond that, parent participation is encouraged, but not required.

What if a child needs more intensive services?

We will make a referral to Early Intervention, or whatever community resources we feel will best serve the child's needs. We will assist the family in obtaining those services if needed.

How many times will we come out to a site?

There is no set time span for our services; we will work with staff to determine how often/how many times/how long we will remain involved with a child.