

# Head Start/Early Head Start of the Lehigh Valley

1520 Hanover Avenue  
Allentown, PA 18109



**2012-2013**

## *Community Resource Book*

**Phone: 610-437-6000**

**Fax: 610-437-6500**

**Website: [www.cscinc.org](http://www.cscinc.org)**

**Community Services for Children, Inc.**

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## ***Our Mission***

Prepare children and their families to succeed in learning and in life.

## ***Our Vision***

CSC exemplifies excellence in early learning, providing inspiration and leadership that engages our communities to put children first.

## ***Our Values***

**Honesty** – Personal and organizational identity of openness, integrity and accountability

**Innovation** – Lead and embrace a creative approach that ensures future growth and success.

**Respect** – Treat others the way they want to be treated, honoring each person’s humanity and diversity.

**Excellence** – Commit to the highest quality work to achieve outstanding results.

**Steewardship** – Manage carefully and responsibly all that is entrusted to our care.

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**Please Note:** Listing of an agency/service in this book is not meant as an endorsement. Post-publication, resource information may alter or become outdated within the year.

**Atención:** Desafortunadamente este folleto no está traducido en español pero los temas si está traducidos.

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**ADULT EDUCATION/TRAINING/LITERACY**  
*Educación/Entrenamiento/Instrucción Para Adultos*



NOTE: Programs marked with \* offer GED/ESL/finish high school classes or testing.

### **American Indian Job Training**

Council of Three Rivers

American Indian Center, Inc.

If you are unemployed, underemployed or economically disadvantaged and American Indian, Alaskan Native or Native Hawaiian, you should call 800-341-3577 or 610-447-8885 (Chester-Philadelphia Office).

### **\* Bangor/Pen Argyl/Nazareth GED/Literacy Programs**

All classes held in school libraries. They have open enrollment; go one-half hour before class days to enroll. In Bangor, at DeFranco Elementary School. In Pen Argyl, at Pen Argyl High School. Classes are 6-8:30 p.m. Monday and Wednesday. In Nazareth, at Nazareth High School, E. Center Street. Classes are Tuesday and Thursday. Classes go from September through April. Classes are free – \$20 donation for workbook. Students progress at their own pace. For more information, call 610-863-9619.

### **\* Bethlehem Area School District at Liberty High School Freshman Campus**

1110 Fernwood Street

Bethlehem, PA 18018

610-807-5995, Ext. 4013

Free GED classes & testing during school year. Classes start in September.

Also GED classes in Spanish are held at Marvine Family Center, Bethlehem. Test Fee: \$60

(Also see the 'LEAD' Program, pg. 4)

### **Bethlehem Area Vocational-Technical School**

3300 Chester Avenue

Bethlehem, PA 18020

610-866-8013

Website: [www.BAVTS.org](http://www.BAVTS.org)

Provides Vocation-Technical Programs: construction related, mechanical, technical, creative, service, health and medical. Separate classes for high school students and adults in continuing education.

### **Bethlehem Christian Training Center (BCTC)**

529 E. Broad Street

Bethlehem, PA 18018

610-625-3500

The BCTC is a faith-based non-profit that seeks to produce "spiritual, educational and economic development in the City of Bethlehem, especially among Latinos." Their community outreach programs include: Bilingual Home-Buyer Education; Computer Literacy training; Parents Institute; Bilingual Financial Fitness Program; and Bethlehem Academy preschool (We accept Title XX) and the After-School Enrichment Zone. Call for information. Hours: 8:30 AM – 5:00 PM, Monday through Friday.

**Bethlehem YWCA**

22 W. Broad Street  
Bethlehem, PA 18018  
610-867-4669

Runs the Women Achieving New Directions program (WAND). WAND helps low income or unemployed women “discover the power within” and get higher-paid occupations. Offers help with job search, resumes, and interviewing skills in a 6-week training program. Free job-appropriate clothing is also available.

**\* CareerLink Lehigh Valley**

*(Se Habla Español)*

**Lehigh and Northampton Counties**

Private Industry Council of Lehigh Valley, an operator of and partner in PA CareerLink Lehigh Valley, operates training programs for eligible youth, adults, dislocated workers and other targeted populations. Due to the high demand for individuals with technical skills, PA CareerLink Lehigh Valley is your ONE-STOP resource for your training needs. Services include:

- Assessment of skills, aptitudes, abilities and other needs
- ESL and GED classes offered on site
- Workshops: resume, career exploration, credit and budgeting, computer, job and labor market information and more
- Career training funds available to those who qualify
- Assistance to individuals with disabilities
- Career Resource Centers: fully equipped for job searching

Visit us online at [www.careerlinklehighvalley.org](http://www.careerlinklehighvalley.org) or stop by our CareerLink Resource Centers at either convenient location:

1601 Union Blvd.  
Allentown, PA 18109  
610-437-5627 / FAX: 610-434-4122  
TTY: 610-821-6760  
Hours: Monday, Tuesday, Thursday, Friday  
8:30 A.M. until 4:00 P.M.  
Wednesdays, 10:30 A.M. until 7 P.M.

72 N. Second Street  
Easton, PA 18042  
610-252-7344  
Fax: 610-252-8239  
Hours: Monday & Friday, 9:00 AM until 12:30 PM  
Tuesday & Thursday, 9:00 AM until 2:00 PM  
Wednesdays, 10:30 A.M. until 3:30 P.M.

4500 Education Park Drive  
Schnecksville, PA 18078  
610-799-1825  
Hours: Tuesday 8 A.M. until 4:00 P.M.

Check website for summer schedule.

**Career Institute of Technology** (Vocational School)

5335 Kesslersville Road  
Easton, PA 18040  
610-258-2857 Website: [www.citvt.com](http://www.citvt.com)

Serve the school districts of Bangor, Easton, Nazareth, Pen Argyl and Wilson with high school programs. Also available Adult Educational Programs held either in the evening or full time during the day. We also have an Adult Day Care program which offers Therapeutic and Personal Care Services. Tech Tykes Early Learning Center for children ages 2-5. Call for further information about individual program hours and information.

**Casa Guadalupe Center**

218 N. 2<sup>nd</sup> Street

Allentown, PA 18101 610-435-9902 For ESL classes call 610-435-0680

Provides free classes including financial literacy, computer instruction, college courses, and vocational English/certified nurse's assistant classes. Dates vary – call for schedule.

**Center for Humanistic Change**

2200 Avenue A, Suite 106

Bethlehem, PA 18017 484-821-0375 Call for information. Website: [www.thehc.org](http://www.thehc.org)

Training in the community for organizations/schools on parenting, life skills for parents, drug and alcohol use prevention, violence prevention and bullying prevention. Peer mediation and conflict resolution for grades 4 to 12. Peacemaking skills for preschool – Kindergarten.

**East Penn School District**

800 Pine Street

Emmaus, PA 18049

610-966-8300 – General Contact Nicole Bloise at 610-966-8335 from 7:30 a.m. – 3:30 p.m.

Website: [www.eastpennsd.org](http://www.eastpennsd.org) Runs non-credit adult education classes.

**Educational Opportunity Center (EOC), Inc.**

1642 Union Blvd., Suite W – 2<sup>nd</sup> floor

Allentown, PA 18109

610-432-4839 – office 610-554-0805 – mobile Toll-free 1-800-248-4465

The Educational Opportunity Center is a **FREE TO THE PUBLIC** federally-funded grant program as an education resource center for adults. EOC can help you change careers through further education, assist you in applying for student financial aid, assist with the college admissions process, assist with educational planning which includes making a school/college choice. EOC offers Educational Planning/ Academic Advising and Workshops on Funding Education, Career Decision Making and Barriers to Employment Success. Services by appointment only – NO WALK-INS.

Hours: Monday through Thursday, 8:30 a.m. to 4:30 p.m. and Friday, 8:30 a.m. to 3:00 p.m.

This agency is staffed in Allentown with only (1) employee, the Academic Specialist/Educational Planner. Potential clients must call ahead for an appointment. Most appointments are about 45 min. to 1 hour in length. Many workshops are held at the Career Link of the Lehigh Valley in Allentown.

**\* Employment Advancement and Retention Network (EARN)****Private Industry Council of Lehigh Valley, Inc. (PIC)**

PIC is an operator of and partner in PA Career Link Lehigh Valley.

Lehigh and Northampton County: 1601 Union Boulevard, Allentown, PA; 610-439-1123; Ext. 271

EARN provides a network of supportive services to assist eligible individuals gain access to appropriate employment and/or training. Program options include a full range of vocational, educational, and work activity options to include employability skills, career guidance, and directed job search. Skills and work readiness assessment, individualized career planning, job development, and retention services provide optimal job placement and retention support. Eligibility: Must be referred by County Assistance Office.

**\* Hispanic American Organization**

*(Se Habla Español)*

462 Walnut Street  
Allentown, PA 18102                      610-435-5334  
Counseling Service: 610-351-2292                      Day Care: 610-435-3968                      Website: www.hao-lv.org  
Partners with the Roberto Clemente Charter School; Nutrition – a program to educate clients on the availability of food stamps; Housing Case Management Services. Limited funding is available for rent assistance. Day Care; Family Counseling Clinic – a bilingual counseling service; Evening School: English as a Second Language (ESL) and GED; ESL classes during the day; Computer Lab open to the public for ESL, job search, resume writing, GED preparation (Plato software), typing practice; Intake, Information and Referral Services.

**\* Job Corps**

A GED and job skills training program for youth, between the ages 16-24 that have left high school. Job Corps is a residential program (students live in dorms) where students typically stay 9 months to 2 years. It is federally funded and free of cost. There are lots of sports and recreation opportunities for students. Families can visit the sites and students can visit their homes while in Job Corps. While they earn their GED, students learn the following trades/skills: auto mechanics, carpentry, health occupations like EKG Tech, culinary arts (cooking), clerical and business technology, electrical, plumbing, brick laying, landscaping, others. There are several Job Corps sites in PA. The closest are near Hazleton (Keystone Center) and near Lopez, PA next to Ricketts Glen State Park (Red Rock Center). To learn more or to meet with a Job Corps representative, call Lisa at 1-800-354-9758 if you live in Lehigh County or Lori at 1-866-738-0615 if you live in Northampton County. They visit Career Links in Allentown and Easton regularly to meet with interested youth and their families.

**\* Lead Program (where adults can earn their High School Diploma)**

815 Pennsylvania Avenue                      Phone: 610-849-0246  
Bethlehem, PA 18018                      Fax: 610-807-9658  
LEAD, or the Life Experiences Academic Diploma Program, is a free High School Diploma program for adults 21 and over in Bethlehem. The program is a partnership between the Bethlehem Area School District and Northampton Community College (NCC). Rather than a GED, you earn a diploma from either Liberty or Freedom High Schools, by attending evening workshops that are held at the NCC south side campus. Orientations are held periodically throughout the year.

**\* Lehigh Carbon Community College**

City Sites:

The Donley Center	The Morgan Center	The Carbon Center
718 Hamilton Street	234 High Street	24 E. Locust Street
Allentown, PA 18101	Tamaqua, PA 18252	Nesquehoning, PA 18240
610-799-1940	610-799-1240	610-799-1970
Website: www.lccc.edu		

Main Campus in Schnecksville

4525 Education Park Drive  
Schnecksville, PA 18078  
610-799-2121

Provides ESL-Adult Basic Education-GED, and testing. Preparation and Prep Program, classes for credit or non credit for a variety of careers. Offers Associates (2 year) degrees and various length career-training classes to earn certificates. (Financial Aid and career counseling available.)



\* **Lehigh Career & Technical Institute** (formerly Lehigh County Vo-Tech)

Adult & Workforce Education Department

4500 Education Park Drive

Schnecksville, PA 18078

610-799-2300

Website: [www.lcti.org](http://www.lcti.org)

GED Testing and School-to-Work program 610-799-1361

Call 8 a.m. – 3 p.m.

Vocational-technical training classes for high school age to adult: construction, CDL, truck driving, mechanical, culinary, health (over 40 skill areas).

\* **The Literacy Center**

801 Hamilton Mall, Suite 201

610-435-0680

Allentown, PA 18101-2420

[info@theliteracycenter.org](mailto:info@theliteracycenter.org)

Provides free Adult Basic Education, GED and English as a Second Language (ESL) classes for people over the age of 16 who are no longer in school. Classes are offered in the daytime and evening at more than 15 locations in Allentown and Lehigh County.

\* **Nazareth Area School District** (also see Bangor/Pen Argyl/Nazareth GED/Literacy Programs, pg. 2)

Nazareth Senior High School

E. Center Street

610-759-1730

Nazareth, PA 18064

**New Choices\New Options Programs**

Assists single, separated, divorced, widowed individuals and homemakers entering or re-entering the work force. Two areas: Career Exploration and Training, computer, math refresher, college classes. Helps parents update skills and learn new ones. Child care funding and tuition funding available to those who qualify. New Choices\New Options classes are offered evenings or days. Call 610-861-5350. Also helps those interested in non-traditional careers; for example, Heavy Equipment Operator for women, Nursing for males. Available in Lehigh, Northampton, Monroe, and Bucks counties at various sites. (Including cities of Allentown and Bethlehem)

Website: [www.northampton.edu/office/ncno](http://www.northampton.edu/office/ncno)

\* **Northampton Community College (NCC)**

Main Campus: 3835 Green Pond Road, Bethlehem, PA 18020; 610-861-5500

NCC offers college classes for credit to earn an Associate (2 years) Degree. They also offer short-term certificate programs and non-credit classes in a variety of subject areas. Offers career counseling and financial aid assistance. Free tours offered during the year.

Call for info or visit their website: [www.northampton.edu](http://www.northampton.edu)

NCC's Center for Adult Literacy (on their main campus) – 610-861-5427

The Center offers Family Literacy, GED, English as a Second Language (ESL), Adult Basic Education (ABE), and Life Skills classes. Child care is provided for Family Literacy classes.

New: Northampton Community College's Southside Campus – 511 E. 3<sup>rd</sup> Street, Bethlehem, 18015, 610-332-8650 (located where the old Bethlehem Steel buildings/Discovery Science Center were) Offers free GED, ESL, and ABE classes, all levels, and assessment for class placement. Open to all.

**Office of Vocational Rehabilitation (OVR)**

*(Se Habla Español)*

45 N. Fourth Street (in Social Security building)  
Allentown, PA 18101

610-821-6441 TTY/TDD: 610-821-6144 or 1-800-922-9536

OVR is a federal program with funding for job training, vocational rehabilitation, and counseling for individuals with physical or mental disabilities who have trouble getting and holding a job. Serves Lehigh, Northampton, Carbon and Monroe Counties. Call for appointment.

**Pennsylvania Higher Education Assistance Agency (PHEAA)**

*(Se Habla Español)*

1200 North Seventh Street  
Harrisburg, PA 17102

1-800-692-7392 1-800-654-5988 (for hearing impaired callers)

Call to get information and application for loans and grants to go to college.

Website: [www.pheaa.org](http://www.pheaa.org)

**Private Industry Council of Lehigh Valley, Inc. (PIC) is an operator of and partner in PA Career Link Lehigh Valley**

1601 Union Blvd. and 72 N. Second Street  
Allentown, PA 18109 Easton, PA 18042

610-437-5627 610-252-7344

Provides Employment and Training Services to Lehigh Valley residents and community. Training funds are available for eligible individuals. PIC operates programs for youth, dislocated workers, adults, and other targeted populations. See **Career Link Lehigh Valley** listing under Employment.

**\* ProJeCt of Easton**

*(Se Habla Español)*

320 Ferry Street  
Easton, PA 18042

610-258-4361 Call 610-258-1100 for Language and Literacy Programs

Website: [www.projecteaston.org](http://www.projecteaston.org)

Provides group and individual classes for ESL, GED and Adult Basic Education Skills. Also offers Even Start Program, preschool for parents enrolled in Comprehensive Family Literacy Services (daytime). Day and evening classes. Requirements: Client must have interview and assessment of skills.

All services are free.

**Spanish Council (Also called Council of Spanish Speaking Organizations)**

520 East Fourth Street  
Bethlehem, PA 18015

610-868-7800

Classes in Computer and Resume Writing. Family Planning program also provided.

**LIBRARIES**  
*Bibliotecas*



**Allentown Public Library**

1210 Hamilton Street  
 Allentown, PA 18102  
 610-820-2400

South Side Branch

601 West Emmaus Avenue  
 Allentown, PA 18103  
 610-797-3832

**Bethlehem Public Library**

11 West Church Street  
 Bethlehem, PA 18018  
 610-867-3761  
 610-867-7852

South Side Branch

400 Webster Street  
 Bethlehem, PA 18015  
 (Call for hours)

**Easton Public Library**

515 Church Street  
 Easton, PA 18042  
 610-258-2917

South Side Branch

Seitz and Berwick Streets  
 Easton, PA 18042  
 610-258-3121

Palmer Branch

1 Weller Place  
 Easton PA 18045  
 610-258-7492

**Family Library of Community Services for Children, Inc.**

1520 Hanover Avenue (enter at Fowler Building, rear)  
 Allentown, PA 18109  
 610-437-6000, Ext. 3140  
 Website: [www.cscinc.org](http://www.cscinc.org) (click on library page)  
 Email: [familylibrary@cscinc.org](mailto:familylibrary@cscinc.org)

The Family Library has books, toys, resource materials, computers, Internet access, and more for families and professionals in early education and child care. We lend large equipment and assistive technology, as well as toys and games for infants, toddlers, preschoolers, and school age children. Some of the books are in Spanish and The Family Library's collection also has musical CD's for children.

In the adult collection, early learning and child care professionals may conduct research as well as borrow resources including video tapes, audio tapes, and professional books. There is no membership fee to borrow resources, but ID is required to join. Child Care centers are welcome to place a reservation for Story Times from Monday thru Friday. (Story time varies each season)

We are located on the ground floor of the Fowler Building on the Community Services for Children Donley Campus, 1520 Hanover Avenue, Allentown, PA 18109.

Hours are Monday, Wednesday, Thursday, Friday, 9:30 a.m. to 4:30 p.m. Tuesdays 9:30am to 7:00pm.

**START YOUR OWN BUSINESS**  
*Comienze Su Propio Negocio*



**Community Action Development Corporation of Allentown**

*(Se Habla Español)*

443 N. 7<sup>th</sup> Street  
Allentown, PA 18102  
610-433-5703

Learn how to start your own business. Intensive training for low-income first-time business owners through The Start Your Business Program. Offers youth camp in summer on becoming business owners.

**Community Action Development Corporation of Bethlehem**

*(Se Habla Español)*

705 East Fourth Street  
Bethlehem, PA 18015  
610-807-9337

Learn how to start your own business. Training and assistance for business owners and those wanting to start a business in Bethlehem.

**ADVOCACY**  
*Abogacía*



Advocacy is to act on someone's behalf (including your own) to get something done, to have your voice heard. Call your city/town hall for these types of concerns: streets, garbage, recycling, parks, and crime (or for specific listings, see blue pages in phone book).

Allentown: 610-437-7546	Bath: 610-837-1648	Bethlehem: 610-865-7000
Fountain Hill: 610-867-0301	Easton: 610-250-6600	Emmaus: 610-965-9292
Northampton: 610-262-2576	Catasauqua: 610-264-0571	Whitehall: 610-437-5524

All others see blue pages in phone book under local government.

Call your school district office, Call your State or US Representative or Senator, Call your US Congressperson.

To find out who they are, call the county voter registration office at 610-782-3194 (Lehigh County) or 610-559-3055 (Northampton County).

### **Neighborhood Advocacy**

#### **Community Action Committee of the Lehigh Valley**

##### **Jordan Heights Neighborhood Revitalization**

443 N. 7<sup>th</sup> Street

Allentown, PA 18101

610-433-5703            Contact Ellen Denizard

A collaborative community revitalization effort.

#### **Weed and Seed of Easton**

1202 Ferry St.

Easton, PA 18042

610-438-2680

#### **United Way of the Greater Lehigh Valley**

##### **Allentown Promise Neighborhood**

1110 American Parkway Northeast

Allentown, PA 18109

610-758-8010            Contact Tatiana Tooley



# CAR SEATS

*Asientos De Seguridad Para El Automóvil*



**Blue Mountain Health System (the combined hospitals of Lehighton and Palmerton)**

211 North 12<sup>th</sup> Street

Lehighton, PA 18235-9989

610-377-7070

Provides car seats for a twelve-month period, through their Woman Wise Project. Infant and convertible seats (up to 40 lbs.) also booster seats available. Deposit \$30.00, when returned in good condition receive \$18.00 back. Call to reserve.

**Community Services for Children, Inc**

1520 Hanover Ave Allentown PA 18109

610- 437-6000

Operation: Safe Ride provides car seat vouchers to Community Services for Children, Inc., for families in need. Supplies are limited. If interested, contact your Family Engagement Partner, Child Development Partner or Therapeutic Family Coach to apply for car seats.

**CHILD CARE**  
*Cuido De Niños*



### **Pennsylvania's Child Care Subsidy Program**

Services: Helps lower income families find child care. Helps eligible families pay for child care from (0 - 13 years). For example, a family of 4 must earn less than \$40,000/yr.

Eligibility: Parent must be working at least 20 hours a week (or a combination work and school hours).

Note: There usually is a waiting list for child care subsidy.

#### In Lehigh County

#### **Child Care Information Services of Lehigh County**

Community Services for Children

1520 Hanover Avenue, PA 18109

Allentown, PA 18109

610-437-6000

Dial TOT-INFO: 610-868-4636. They will send you an application package for subsidized child care funding. Also, call this number for listings and descriptions of regulated child care centers, family day care providers and before and after school child care programs as well as other programs for children. This free service also includes information on selecting quality child care.

#### In Northampton County

#### **Child Care Information Services, Inc.**

#### **The CCIS of Northampton County**

2200 West Broad Street

Bethlehem, PA 18018-3200

610-419-4500

Fax: 610-419-3888

1-866-800-3880 (toll free)

Website: [www.ccisinc.org](http://www.ccisinc.org)

Application for child care subsidy by mail or online, then interview for Northampton County residents. Provides information on all child care programs and after school care in Northampton County. Also provides Unconditional Child Care, a program of support and intervention for young children in child care with severe behavior problems.

**CHILDREN AND FAMILY SERVICES**  
*Servicios De Niños y De Familia*



**Autism Society of America/Lehigh Valley Chapter**

P.O. Box 90448

Allentown, PA 18109

610-778-9212

Website: [www.AsALehighvalley.org](http://www.AsALehighvalley.org)

Support group for families and professionals involved with autism. Monthly meetings held at Camelot for Children.

**Big Brothers/Big Sisters of Lehigh Valley, Inc.**

878 Minesite Road

Allentown, PA 18103

610-391-1827

Website: [www.bbbslv.org](http://www.bbbslv.org)

Provides male/female role models for children ages 7-13. The program focuses on friendships rather than activities. Volunteers must be 18 years old and a resident of Lehigh/Northampton counties.

Volunteers interact with children 2 – 4 hours per week for a minimum of one year.

Requirements: Children come from single parent home. Waiting List: boys minimum of 1 year due to lack of male volunteers. Shorter list for girls.

**Camelot for Children, Inc.**

2354 W. Emmaus Avenue

Allentown, PA 18103

610-791-5683

Website: [www.camelotforchildren.org](http://www.camelotforchildren.org)

A non-profit organization for seriously, chronically and terminally ill, handicapped or disabled children that provides an environment of emotional support among these special children and their families.

They provide opportunities to interact with each other in a family/home setting and help children develop their physical and mental abilities. During the school year they offer weekend programs and during the summer they offer summer camp.

**Catholic Charities**

530 Union Blvd.

Allentown, PA 18109

610-435-1542 ext. 317

Offers parenting classes. Call for days/times.

**Center for Humanistic Change**

2200 Avenue A, Suite 106

Bethlehem, PA 18017

484-821-0375

Call for information.

Website: [www.thechc.org](http://www.thechc.org)

Training in the community for organizations/schools on parenting, life skills for parents, drug and alcohol use prevention, violence prevention and bullying prevention. Peer mediation and conflict resolution for grades 4 to 12. Peacemaking skills for preschool – Kindergarten.

**Childline and Abuse Registry**

Hillcrest Building – second floor

Box 2675

Harrisburg, PA 17105-2675

1-800-932-0313

(24 hours, 7 days a week)

Call to report suspected child abuse. All phone calls are confidential. You may remain anonymous.

**Community Services for Children, Inc.**

*(Se Habla Español)*

1520 Hanover Avenue  
Allentown, PA 18109  
Phone: 610-437-6000 Fax: 610-437-6500  
Website: www.cscinc.org

Community Services for Children (CSC) provides and supports quality early education throughout northeastern Pennsylvania. CSC administers Head Start and Early Head Start of the Lehigh Valley, Head Start Pre K Counts, Northeast Pennsylvania Regional Key, and Child Care Information Services of Lehigh County.

Head Start helps children and their families succeed in learning and life. Approximately 1100 children are enrolled in Head Start and Early Head Start of the Lehigh Valley. CSC directly operates most of

Head Start classrooms throughout Lehigh and Northampton Counties and the other classrooms are provided in partnership through:

- The Allentown School District
- Bethlehem Area School District (“SPARK”)

Additional partners in service include Northern Lehigh School District, Carbon-Lehigh Intermediate Unit#21, and Colonial Intermediate Unit #20. In addition, the Early Head Start SafeStart Program is a center-based collaboration with both Lehigh and Northampton Counties.

Head Start of the Lehigh Valley and Early Head Start of the Lehigh Valley link early education with other services including health, family services, parental involvement, child development and parenting, decision making, and supporting personal development.

CSC’s Child Care Division includes the Regional Key program which helps early learning providers improve the quality of their programs through training and technical assistance. The Regional Key works with more than 600 providers in 15 counties of Northeast Pennsylvania who have enrolled in the state’s Keystone Stars system. The Child Care Information Services Program funds subsidized child care for low-income families in Lehigh County. In addition, CSC provides parents living in Lehigh County with information about where to find and how to select child care and early learning programs. This free telephone call service is known by its phone number TOT-INFO (868-4636).

Additional programs and services include:

- The Family Library
- Playscape discovery park for infants and toddlers
- School-Age Child Care Certificate Program

**Concern**  
90 South Commerce Way, Suite 300  
Bethlehem, PA 18018  
610-691-8401

Fleetwood Office  
1 West Main Street  
Fleetwood, PA 19522  
610-944-0445

Services: Foster care and permanency services. Counseling provided (individual, family, marital). Provides in-home child counseling. Also provides EAP: Employee Assistance Program. Requirements: Private or agency referrals.  
Accepts: Magellan Insurance (MA), Med+, Gateway, Mercy.

**Diakon Adoption and Foster Care**

1 South Home Avenue

Topton, PA 19562

610-682-1504

Toll Free: 888-582-2230

Website: [www.diakon.org](http://www.diakon.org)

We are an affiliate of the Statewide Adoption and Permanency Network providing adoption services which include family profiles, child profiles, child preparation, child specific recruitment, placements/finalization services and post adoption support. We also provide foster care, family finding and counseling services for women with unplanned pregnancies. Office hours: 8:00 a.m. to 4:00 p.m.

**Easton Area School District – YMCA**

1225 West Lafayette Street

Easton, PA 18042

Offers parenting classes. Call Lisa Bedoya at 610-250-2551, ext. 24323 for days/times and to register.

**The Easton Parent Tree**

Third Street Alliance for Women and Children

41 N. Third Street

Easton, PA 18042

610-954-9561

A parenting support group where parents can freely share their questions, concerns, problems and solutions about parenting in a safe and supporting atmosphere. Some topics include: positive discipline, better communication with children, child development and behavior, problem-solving, empowerment, leadership, family goal setting and connecting with your children. Participation is free and groups meet once a week on Tuesdays from 6:30 to 8:00 p.m. Free child care is available during the meetings.

**Families First**

1620 Teels Road

Pen Argyl, PA 18072

610-863-3688

Families First is a family center in Pen Argyl Area School District serving residents in the Pen Argyl Borough, Wind Gap Borough and Plainfield Township. Families First is a partnership committed to developing a community network of support and a welcoming place where families are offered compassionate, knowledgeable, and confidential assistance. Utilizing existing community resource, Families First assists families with various issues affecting family stability, including housing, counseling, parenting, budgeting, transportation, education, domestic violence, and drug and alcohol issues.



## Family Centers for Child Development

*(Se Habla Español)*

### Allentown Area School District

Jefferson School 750 St. John Street Allentown, PA 18103 484-765-4429	Central Elementary School 829 Turner Street Allentown, PA 18102 484-765-4815	Main # 484-765-4030 (Community and School Services Admin. Bldg.)
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Family Centers work with parents and children (ages 0-5). Family Development Specialists trained in child development using the Parents as Teacher's Program make home visits twice a month. Topics include: child development, health and safety. Runs workshops and developmental screenings for ages 0-5. Services are free. You must live in Allentown School District. Referrals for needed services. Parent training, toy and book lending. Bethlehem/Family Centers: The Bethlehem School District, in collaboration with parents, State & County Human Services, the United Way and other donors operate Family Centers at Donegan and Marvine schools. They offer a variety of services to parents and children, including parenting education, toy and book lending libraries, child health services (includes dental, vision, free immunizations), developmental screening, OB/GYN care for women, health care for uninsured adults, after school activities and referral to community resources. Fowler Family Center at Donegan: 1210 E. Fourth Street, Bethlehem, 610-997-3828, Ext. 3327. Marvine Family Center: 1425 Livingston Street, Bethlehem 610-868-7126 (Open year round). Mosser Village Family Center: 614 S. Carlisle Street, Allentown, 610-820-9927 – Offers after-school programs for children in Mosser School area (East Allentown). Dance class, homework club, and adult classes in sewing, computers, parenting, ESL, and others. Mosser also offers free summer programs for area children, ages 7-13. Also have a book and toy library and clothing bank. Call for information. Hours: 9 a.m. to 5 p.m. Monday through Friday.

### **Family Connection** (c/o Cheston Elementary School)

723 Coal Street  
Easton, PA 18042      610-250-2551, Ext. 24075      Website: [www.eastonsd.org/fc](http://www.eastonsd.org/fc)

Family Connection has been the family center in the Easton Area School District since 1998. They help children be successful in school by engaging and supporting families, building positive family-school-community partnerships, removing barriers to learning, and providing extra learning opportunities. Services include: family support which includes case management, information and referrals to academic and social services, and helping parents navigate the school system; the Parent-Child Home Program (PCHP), a home based early childhood education and family literacy program; the Cheston Cougars Learning Club (CCLC) after school program; a 6 week family wellness and parenting group called Parents Who Care (PWC); and Kindergarten Connection which connects early childhood educators, the school district, and parents to help children make a successful transition into kindergarten.

### **Family and Youth Intervention Program (FYI)**

Boys' and Girls' Club of Allentown  
720 North Sixth Street  
Allentown, PA 18102      610-432-9944      Waiting List: None  
Cost: Referred by OCYS – Lehigh County      Transportation offered for FYI program only  
Services: For youth ages 5 to 18 who are at "high risk" of becoming troubled adults. Intensive program includes working with child and family. After school recreation, tutoring, art, culture, arts and crafts, home economics, swimming lessons, game room. Call for more information (hrs.) and/or requirements.

### **Healing Works**

1644 W. Walnut Street (rear)

Allentown, PA 18102

610-432-2168

Outpatient therapy for children and families.

Services: Healing Works offers psychotherapy for children, teens and families for many issues including divorce, abuse and addiction. We use expressive therapies like art and play therapy and have a spiritual focus. We also offer interventions for addiction and compulsive behaviors. We host special events like our Sexual Abuse Poetry Reading and Forgiveness Retreat. Healing Works does not work with the insurance industry and charges \$75/hr for therapy services. Website:

[www.healingworksallentown.com](http://www.healingworksallentown.com)

### **KidsPeace**

KidsPeace is a private, not-for-profit organization dedicated to serving the critical behavioral and mental health needs of children, preadolescents, and teens. Headquartered in Orefield, Pennsylvania, KidsPeace offers a comprehensive range of treatment programs to help families help kids anticipate and avoid crisis whenever possible. KidsPeace serves children and adolescents from the ages 5 through 18.

### **Services Provided in the Greater Lehigh Valley Area:**

KidsPeace Hospital: freestanding psychiatric hospital designed for treatment of children and adolescents 5 through 18. Acute Partial Hospitalization: day treatment program, 45-Day Diagnostic Assessment Program, Residential Care Programs; Behavioral Health Rehabilitation Services: provides in-home services to families with children at risk for out of home placement; Blended Case Management: problem-solving services for clients and families that involve coordination of MH treatment services, housing, food and education on 24-hour basis; Sarah's Smile Summer Autism Program: summer therapeutic activity program for clients with autistic spectrum disorders that focuses on communication and socialization within small groups; After School Autism Program: communication and socialization skills are introduced and practiced in a structured environment for autistic children after school weekdays; Family Group Decision-Making: community-based service that empowers families to take responsibility for the care and protection of their children and focuses on family strengths and planning for the child's welfare; Outpatient; Foster Care and Adoption Services (handles children from birth and up).

### **KidsPeace Locations:**

Orchard Hills Campus  
5300 KidsPeace Drive  
Orefield, PA 18069

Family Center Campus  
1650 Broadway  
Bethlehem, PA 18015

801 E. Green Street  
Allentown, PA 18109

Website: [www.kidspeace.org](http://www.kidspeace.org)

[www.teencentral.net](http://www.teencentral.net): web interactive counseling

[www.parentcentral.net](http://www.parentcentral.net): web interactive counseling

**To inquire about KidsPeace programs and services call: 1-800-8KID-123 (1-800-854-3123)**

### **La-Leche**

610-867-8570

Support group for breastfeeding women.

**Lehigh County Office of Children and Youth**

Lehigh County Government Center

17 South Seventh Street

Allentown, PA 18101-2401

610-782-3200          610-782-3064 (After Hours)

Monday thru Friday 8:00am to 4:30pm

Services: Local public agency required by state and federal law to respond to referrals of child abuse and neglect. The agency provides a wide range of services to protect children and strengthen families by partnering with many different service providers throughout Lehigh County. While the agency is committed to providing high quality services to the victims of child abuse/neglect and their families, the agency also believes that prevention efforts create the strongest foundation for the future well being of our children, families, and community.

**Lehigh Valley Health Network**

1200 S. Cedar Crest Blvd.

Allentown, PA 18103

610-402-2273          Offers parenting workshops/classes. Call for more information or to register.

**Milestones Achievement Centers, Inc.**

7462 Penn Drive

Allentown, PA 18106 610-973-0970

Website: [www.MACAmerica.net](http://www.MACAmerica.net)

Offers an integrated support for children with serious and/or complex educational and behavioral challenges who cannot be supported optimally in their home or school, at least for a period of time. They offer applied behavior analysis, occupational therapy, nursing services, physical therapy, special education, speech therapy, and therapeutic camping.

**Northampton County Children, Youth and Families Division**

Easton Office/Governor Wolf building

45 North Second Street

Easton, PA 18042

Main Number: 610-559-3290

Emergency Services: 610-252-9060

Intake: 610-559-3270, Toll Free 1-800-634-0808    To report child abuse call 1-800-932-0313

(Other services offered by referrals to clients like counseling and parenting classes)

**Parent-Child Home Program**

*(Se Habla Español)*

The Parent-Child Home Program is a home visitation parenting and literacy program for children ages 2-4 years old. Trained staff visits children and parents at home, bringing educational toys and books that are gifts that stay in the home after each visit. The goal of PCHP is to help parents increase their child's language skills and to prepare them for educational success. The program works with parents to overcome challenges to educational success such as poverty and language barriers.

If you live in the Easton Area School District and are interested in the Parent-Child Home Program, you can call 610-250-2542, Ext. 20018 (Cheston School).

**Parents Without Partners**

P.O. Box 302

Emmaus, PA 18049

610-398-3875

An international non-profit agency.

Services: Support, education, family, recreational and adult social activities for single, divorced, separated or widowed parents.

### **Pinebrook Family Services**

402 North Fulton Street      1101 Northampton St. Suite 201      159-161 Blue Valley Rd  
Allentown, PA 18102      Easton, PA 18042      Bangor, PA 18013  
610-432-3919      610-559-8151      610-559-8151

Pinebrook Family Services offers an array of high quality services for children and their families. Programs include adoption, a five tiered foster care program, family life education, and community – based mental health services such as; family based Mental Health Services and Community Residential Rehabilitation Host Homes, Kinship Care Permanency Services, Transportation and Family Visitation, Making the Grade, Functional Family Therapy and high Fidelity Wraparound Initiative.

### **Program for Women and Families**

927 Hamilton Street      Phone: 610-433-6556  
Allentown, PA 18101      Fax: 610-433-1983      Hours: 8:30am-4:30pm

Works mainly with women involved with criminal justice system and their families as well as others. Services: Provides a transitional residence program, parent education classes, parent support groups and in-home visitation. Has some bilingual services. Groups are free and child care may be available. Runs a transitional residence program for moms and their children (see under Housing).

### **The Progressions Companies, Inc.**

881 Marcon Blvd., Suite 3900  
Allentown, PA 18109

610-266-2656 and ask to speak with Monique or Shelly.

Offers Behavioral Health Rehabilitation Services to children and adolescents in their own homes, schools and/or community setting. Progression provides wrap around services to children and their families based around a child's needs, individual issues, strengths and treatment goals developed by a team of coordinated professionals. These include a psychologist, a Behavioral Specialist Consultant (BSC), a Mobil Therapist, a Therapeutic Staff Support and a Case Manager. Children struggling with various mood, thought and resultant behavior disorders are eligible.

### **Project Child**

531 Main Street      Phone: 610-954-9561  
Bethlehem, PA 18018      FAX: 610-954-5944  
E-mail: [projectchildlv@aol.com](mailto:projectchildlv@aol.com)      Website: [www.projectchildlv.org](http://www.projectchildlv.org)

Project Child is the child abuse prevention coalition of the Lehigh Valley and a program of Valley Youth House. Project Child provides public education, professional development, parent support and specialized programs in order to prevent child abuse and neglect. Project Child's services are mainly designed for parents, professionals and paraprofessionals in the community. Project Child offers ongoing weekly parenting classes and parent support groups, which are open to all. Call for dates and times. Project Child's newest program, "Learning to Care" teaches elementary school aged children about empathy and nurturing.

### **Project of Easton – SIZZLE!® Summer Reading Program**

*(Se Habla Español)*

320 Ferry Street  
Easton, PA 18042

610-258-4361      Call 610-258-1100 for Language and Literacy Programs

Website: [www.projecteaston.org](http://www.projecteaston.org)

SIZZLE!® provides 6 weeks of summer literacy day camp for at-risk, low-income Easton area children in grades K-4. Enrollment is upon referral from the Easton Area School District. All services are free.

**Salvation Army of Bethlehem**

521 Pembroke Road  
Bethlehem, PA 18018  
610-867-4681

After school tutoring program, September through June

**St. Luke's Hospital – Bethlehem Campus**

Priscilla Payne Hurd Education Center, Rm. 104  
801 Ostrum Street  
Bethlehem, PA 18015  
1-866-785-8537

Offers parenting classes. Call for days/times and to register.

**Unconditional Child Care**

2200 West Broad Street, Bethlehem, PA 18018  
610-419-4500  
FAX: 610-419-3888                      1-866-800-3880 (toll free)

Provides support and intervention for young children whose behavior in child care is difficult to manage. Services and resources are brought to the child care programs and to the family to help the child succeed in child care. Unconditional Child Care uses a Wrap Around approach to address the needs of the child, family, and child care program. Families with children who are enrolled in licensed child care centers and in group and family day care homes in Northampton and Lehigh counties may request Unconditional Child Care services. Parents must be working at least a part time and/or enrolled in school. Referrals may be made by the parents, child care providers, and others involved with the child.

**Via of the Lehigh Valley, Inc.**

336 West Spruce Street  
Bethlehem, PA 18018  
610-317-8000

Website: [www.ViaNet.org](http://www.ViaNet.org)                      Email: [Via@ViaNet.org](mailto:Via@ViaNet.org)

Via of the Lehigh Valley is a non-profit agency that provides services for children and adults with disabilities like autism, cerebral palsy, and Down syndrome. Via's Early Intervention program for children up to age three provides occupational, physical, speech therapy. Via also offers sib shops – workshops for siblings of children with special needs. Via's Inclusive Childcare program trains daycares so children with disabilities can go to school and learn with their peers. Via's Employment Services help consumers find jobs in the community and provides coaching and training. Via Community Volunteer Services help families with in-home nursing and home care, help consumers volunteer in the community, participate in leisure activities, and find or purchase affordable, accessible housing. Also offers Camp Via for Kids, a day camp for children with special needs between the ages of 8 and 12.

**Youth Advocate Programs**

701 W. Broad Street, Suite 205  
Bethlehem, PA 18018  
610-865-9111  
Fax: 610-865-2607

Hours: 8:00 a.m. to 5:00 p.m.

Provides services to keep youth out of the police and court system, individual case management, counseling and relationships with caring adults for at-risk children and youth. Requirements: You must be referred by Children and Youth or the County Probation Office or Mental Health.

# CLOTHING BANKS

*Bancos De Ropa*



**Everlasting Life Ministries**

224 N. Sixth Street  
Allentown, PA 18102  
610-434-1477

Clothing bank is on Tuesday 10:00 – 11:00 a.m. Enter alley door in basement of New Bethany Church. They also have a free clinic. Please contact for more information.

**The Perfect Fit for Working Women**

Hamilton Business Center  
1101 W. Hamilton Street, 3<sup>rd</sup> floor  
Allentown, PA 18101 610-871-5060

Hours: Monday, Tuesday, Thursday 9:00 a.m.-1:00 p.m., Wednesday & Friday 12:00-4:00 p.m.

Provides gently used and new outfits for women's job interviews and first week of work. Also provides men's clothing. Need referral from an agency like Head Start. (Volunteer run, Call for hours, they vary)

\*New program for men, **First Impressions for Men** call for more information.

**River of Life Presbyterian Church**

445 S. Main Street (right across from Paul Mart)  
Phillipsburg, NJ 08865  
908-213-1377

Clothing closet is open once a month. Food pantry is open twice a month. Call for information on answering machine.

**Salvation Army—Allentown**

144 North Eighth Street  
Allentown, PA 18102  
610-432-0129

Open 9 a.m. to noon and 1 to 4 p.m. Monday through Friday.

Staff: If you are referring a family, you need to call first. Contact Person: Meganne Murphy

**SouthSide Ministries Thrift Shop**

321 Wyandotte Street  
Bethlehem, PA 18015  
610-867-6764

Thrift Shop for low/reduced cost clothing – come in between 10 a.m. and 3 p.m. Tuesday through Thursday and Friday 10:30 a.m. to 1 p.m. Closed Monday.

(Summer hours 10 a.m. to 1 p.m. Tuesday, Wednesday, Thursday, Friday – 10:30am -1pm)

# CONSUMER INFORMATION

*Información Al Consumidor*





**Bureau of Consumer Protection**

*(Se Habla Español)*

801 Hamilton Street, 4<sup>th</sup> Floor

Allentown, PA 18101

610-821-6690

Will assist with complaints of poor quality services or products.

**Penn State Extension – Lehigh County**

*(Se Habla Español)*

Lehigh County Extension Office

4184 Dorney Park Road, Room 104

Allentown, PA 18104

610-391-9840

Northampton County Extension Office

Greystone Building, Gracedale Complex

Nazareth, PA 18064

610-746-1970

Services provided: Information about nutrition, food safety, horticulture, agriculture, farm management, 4-H, early childhood professional development, school readiness, and family strengths programs.

# COUNSELING

*Consejería*



If you are looking for treatment for your child, regardless of whether you have Medical Assistance or any of the managed care insurances, or CHIP--contact your family doctor/clinic for a referral. You can then contact the number on your medical insurance card to ask for an updated listing of the providers that accept your child's insurance.

**About-Face**

529 E. Broad Street                      Phone: 610-625-3500  
Bethlehem, PA 18018

Sponsored by the Bethlehem Christian Training Center (BCTC), About Face assists ex-offenders and at-risk youth with job search, training, life skills, after-care and referrals to resources in the community. One-on-one case management helps to prepare for employment, counsel and reintegrate individuals. About-Face offers mentor relationships, and a structured living center where clients can reside as they reintegrate into the community. Hours: 8:30 a.m. to 4:00 p.m., Monday through Friday

**Access Services**

2 Bethlehem Plaza, Suite 300                      Phone: 610-866-6667  
Bethlehem, PA 18018

**Bethany Counseling Ministry**

36 S. Sixth Street                                      Phone: 610-437-2466  
Allentown, PA 18101

Family, couples and individual counseling – serves children, teens, adults. Sliding fee scale.

**Catholic Charities**

*(Se Habla Español)*

530 Union Blvd.                                      Phone: 610-435-1541  
Allentown, PA 18103-1230

Hours: 8:30 a.m. to 4:30 p.m. Monday through Friday (Appointment Only)

Counseling for grief experiences and family problems. Runs a pregnancy/support counseling program for expectant adults and young families called "Pregnancy support." Must attend 4 classes to receive free items for newborn. Adoptions, to adopt, or adopt out. Foster care program. New 55 and over program to assist with employment and other issues. Immigration problems, paperwork and citizenship classes. Free or sliding fee scale for some programs. There is a fee for the Immigration services.

**Center for Humanistic Change**

2200 Avenue A, Suite 106                      Phone: 484-821-0375  
Bethlehem, PA 18017                              Website: [www.thechc.org](http://www.thechc.org)

Hours: 8:30 a.m. to 4:30 p.m. Monday through Friday

Training in the community for organizations/schools on parenting, life skills for parents, drug and alcohol use prevention, violence prevention and bullying prevention. Peer mediation and conflict resolution for grades 4 to 12. Peacemaking skills for preschool – Kindergarten.

**Community Solutions, Inc.**

535 W. Hamilton St., Suite 102  
Allentown, PA 18101  
610-435-3343

**Coughlin, Kathleen, LSW & Associates*****(Se Habla Español)***

308 E. Broad Street

532 W. Walnut Street

Bethlehem, PA 18018

Allentown, PA 18101

610-861-8779

Fax: 610-861-4677

484-350-3700

Fax: 484-350-3701

Website: [www.kcoughlinandassociates.com](http://www.kcoughlinandassociates.com)Email: [info@kcoughlinandassociates.com](mailto:info@kcoughlinandassociates.com)

Outpatient counseling in Allentown and Bethlehem – individual, family and marital counseling (ages 3 and up). Accepts most major insurances including Magellan, Capital Blue Cross, Aetna, Cigna, Highmark, United Behavioral Health, Personal Choice and others. Evening and weekend hours available. Please call for more information. We also have a psychiatrist that performs Psychiatric Evaluations and Medication Monitoring.

**Crime Victim’s Council of Lehigh Valley**

801 Hamilton Street, Suite 300

Easton Office: 1555 Northampton Street

Allentown, PA 18101

Easton, PA 18042

610-437-6610

610-250-6313 (call for information)

Hours: Monday through Friday 8:30 a.m. to 4:30 p.m.

Individual Counseling. Court/Hospital/Police Accompaniment. Support Group Counseling: Female Adult Survivor Group, Children’s Support Group, Homicide Survivor’s Group, Children’s Grief Group, Male Survivor Group. Education and Prevention Programs. Assistance with Victim’s Compensation

**Hotline: 24 hrs 610-437-6611****Crisis Intervention**

Lehigh County

Northampton County

17 South Seventh Street

Emergency Services

Allentown, PA 18101

45 North 2<sup>nd</sup> Street

24 hour hotline: 610-782-3127

Easton, PA 18042

Referrals/intake for mental health crisis.

24 hour emergency number: 610-252-9060

Immediate referral for children, adults, youths in crisis. Mental health, suicide, other issues. No cost.

**Family Answers*****(Se Habla Español)***

411 W. Walnut Street

65 Elizabeth Avenue

Allentown, PA 18102

Bethlehem, PA 18018

610-435-9651

610-867-3946

All intakes take place at Allentown Office

Call Allentown office for first contact.

We offer counseling for individuals, couples and families by Master’s level Licensed Clinicians. We provide affordable, high quality, preventive, educational, supportive, and therapeutic services that nurture healthy family life in our community. Services are available to children (age 8 and above), adolescents and adults. Cost: Accepts most managed care insurances including medical assistance; Sliding Fee Scale

SHAPE Program: Provides a variety of therapeutic, educational and referral services to families who reside in Lehigh County and voluntarily agree to participate. Services are provided in-home by case managers and family advocates. Must be referred by Lehigh County Children and Youth. This service is also offered to Spanish-speaking families. For more information on any of our services call 610-435-9651.

**Forensic Treatment Services**

1259 S. Cedar Crest Blvd., Suite 200                      Phone: 610-433-1529  
Allentown, PA 18103

Provides violent offender outpatient treatment and therapy. Specializes in domestic violence issues. Works with children and adolescents who are sexually aggressive also with child victims of sexual abuse. Group and individual therapy. Referrals through Children and Youth, Department of Corrections, Probation and Parole and self-referred. Accepts Magellan, BC/BS, Medicare and other insurances. Call for more information.

**Haven Behavioral Health Services**

Main Office – 1530 Hanover Avenue, Shettle Cottage, Building 10  
Allentown, PA 18109  
610-433-6181                      Fax: 610-433-5124

Programs: outpatient services also offered to public. Call for more information. Psychiatric rehabilitation therapy 6 hours a day. Day hours 7:30 a.m. to 2 p.m. Must be a medical necessity and may be referred by a doctor or other medical programs. Will deal with dual diagnoses. Magellan insurance and others accepted. Accepts Medicare for seniors and the disabled. Evening hours available by appointment only.

**Hispanic American Organization/Outpatient Counseling Service**

*(Se Habla Español)*

462 W. Walnut Street  
Allentown, PA 18102  
610-435-5335

Counseling Service: 610-351-2292                      Day Care: 610-435-3968  
Website: [www.hao-lv.org](http://www.hao-lv.org)

Partners with the Roberto Clemente Charter School; Nutrition – a program to educate clients on the availability of food stamps; Housing Case Management Services. Limited funding is available for rent assistance. Day Care; Family Counseling Clinic – a bilingual counseling service; Evening School: English as a Second Language (ESL) and GED; ESL classes during the day; Computer Lab open to the public for ESL, job search, resume writing, GED preparation (Plato software), typing practice; Intake, Information and Referral Services.

**Holcomb Associates**

1405 N. Cedar Crest Blvd., Suite 105  
Allentown, PA 18104  
610-435-4151

**Hope House**

3606 Hecktown Road  
Bethlehem, PA 18020  
610-882-2008

Hope House is a respectful, cost-effective and short –term (approximately 5 days) alternative to inpatient psychiatric hospitalization for individuals experiencing mental health crisis. For more information, visit us online at [www.HopeHouse-rhd.org](http://www.HopeHouse-rhd.org) or call 610-882-2008 for eligibility criteria.

**KidsPeace Green Street Clinic**

801 E. Green Street                      Phone: 610-799-8910  
 Allentown, PA 18109                      Fax: 610-776-1694

Outpatient therapy (child/adolescent and their families). Day or evening appointments available. Accepts MA in Lehigh County and Northampton County. Referrals through agencies and self-referral. They also do medication management.

**Lehigh County Information and Referral**

17 South 7<sup>th</sup> Street  
 Allentown, PA 18101

610-782-3200                                      Hours: Monday through Friday 8:00 a.m. to 4:30 p.m.

Provides information and referrals for the County Department of Human Services which includes Children & Youth, Mental Health and Mental Retardation, Child Behavioral Health, Office on Aging and Adult Services, Drug & Alcohol and Early Intervention services.

**Lehigh Valley Community Mental Health Centers***(Se Habla Español)*

Serves both Northampton and Lehigh counties

865 East 4 <sup>th</sup> Street	214 North 6 <sup>th</sup> Street	530-532 Ridge Avenue	226 Northampton Street
Bethlehem, PA 18015	Allentown, PA 18102	Allentown, PA	Easton, PA 18042
610-691-4357	610-432-4356	484-223-3112	610-330-0489

Services: Ages 5 years and above, individual, family and group therapy available for those with mental health disorders--hyperactivity, anxiety, depression, mood and sleeping disorders. Provides services to adolescents and adults in the mental health area offering a psychiatric, individual and family psychotherapy. They also provide psychiatric medications. Medicare & other insurances. Call for availability, walk-ins ok. Accepts: Magellan, Gateway, Medical Assistance, and Northampton County with authorization.

**Methodist Services Community Counseling**

51 Market Street	400 Northampton St.
Bangor, PA 18013	Easton, PA 18042
610-588-9109	610-588-9109

Non profit charitable organization. Services provided include: psychotherapy for individual children, adults and for families; diagnostic evaluations; psychiatric evaluation and medication management. Northampton, Lehigh and Carbon/Monroe/Pike County Health choices plans (Medicaid) accepted; most private insurances accepted; reasonable self pay rates.

**Milestones Community HealthCare**

65 E. Elizabeth Ave., Suite 1000                      Phone: 610-655-9845  
 Bethlehem, PA 18018

**The Mitchell Clinic In & Outpatient Program (IOP)**

555 Harrison Street                                      Phone: 610-965-6418 ext. 100  
 Emmaus, PA 18049

Licensed for dual treatment of those diagnosed with mental health and/or chemical dependency issues. Treatment is focused on stabilization and returning patients to their highest level of functioning via group therapy. Educational groups teaching coping skills occur daily. Family sessions provide information, education and promote growth of all family members. We accept most major insurances as well as self payment.

**National Mentor HealthCare, Inc.**

5930 Hamilton Blvd., Suite 104  
Wescosville, PA 18106  
610-706-0442

**Nigito-Raftas, Joanne**

1754 W. Broad St.  
Bethlehem, PA 18018  
610-814-6263  
Offers play therapy.

**Northampton County Intake and Referral Line**

45 North Second Street  
Easton, PA 18042  
610-559-3270

First time intakes and referrals for Mental Health/Mental Retardation, Early Intervention, Children and Youth, and Agency on Aging come through this number; must live in Northampton County; agency will refer to one of their case workers and make appointments where appropriate.

**NHS of the Lehigh Valley**

*(Se Habla Español)*

3864 Adler Place  
Bethlehem, PA 18017  
610-866-8331

Programs include: Blended Case Management, Family Based Mental Health Services, Therapeutic Foster Care, and Residential Treatment Facilities. Accepts only MA for mental health services through Magellan. Accepts referrals and payment from both counties.

**St. Luke’s Behavioral Health Center**

1107 Eaton Avenue  
Bethlehem, PA 18018  
610-954-3012

Outpatient counseling for adults and children. Takes MA and also private insurance. Counseling for mental health issues and assists clients to return to their daily lives. Also have group sessions and a partial hospitalization program. (There is a waiting list for MA clients.)

**Step by Step, Inc.**

*(Se Habla Español)*

Lehigh Valley Region  
623 West Union Blvd  
Bethlehem, PA 18018  
610-867-0688

Cross Valley Commons  
744 Kidder Street  
Wilkes Barre, PA 18701  
570-829-3477

Services: Developmental Disabilities Services: Children – community habilitation, Adult – group homes, community habilitation and family living. MH Services: Intensive case Management, Outpatient MH & D&A, Mobile Psych Rehab, group homes, supported housing. Transitional Age Youth (18-26) specialty in all mental health services. Accepts: Magellan, MA referrals from both Counties.

**Turning Point of the Lehigh Valley**

*(Se Habla Español)*

444 E. Susquehanna Street (administrative office)  
Allentown, PA 18103  
610-797-0530

610-437-3369 – 24-Hour Hotline      TTY – 610-882-2465  
877-438-4957                      Website: [www.turningpointlv.org](http://www.turningpointlv.org)

Emergency safe shelter, 24-hour helpline, counseling, support groups, and court advocacy (to obtain Protection from Abuse Orders) is available to all victims of domestic violence. Turning Point programs also include Medical Advocacy (training and education for health care providers), Community Education, and Prevention Programs for middle school, high school, and alternative school students as well as other community-based children’s groups. **All services are free and confidential, and are available in English and Spanish with limited availability in other languages.**

**Valley Youth House**

Administration Offices	524 W. Walnut St.	531 Main St. Unit 2	1615 Northampton St.
827-829 Linden Street	Allentown, PA 18101	Bethlehem, PA 18018	Easton, PA 18042
Allentown, PA 18101	610-432-6481	610-954-9561	610-252-2681
610-820-0166			

8<sup>th</sup> Avenue Shelter and Outreach Program

539 Eighth Avenue  
Bethlehem, PA 18018  
610-691-1200

Website: [www.valleyyouthhouse.org](http://www.valleyyouthhouse.org)

Valley Youth House has offices in Allentown, Bethlehem and Easton. Counseling for families and youth, family preservation; independent living program for youths (therapy, supervised residence); runaway and homeless youth shelter for ages 12 through 17; student assistance program (SAP) for mental health counseling through Northampton County school districts. Provides school based drug prevention services. Camp Fowler, Therapeutic Camp, provides youth a place to heal, to learn, and to grow. Overnight camping, challenged bases recreation and character education programs are offered.

**Valliere and Associates**

726 Church Street  
Fogelsville, PA 18051  
610-530-8392

Specialized for victims of sexual and physical abuse.



# DAY CARE (ADULTS)

*Cuido de Ancianos*



**Daybreak**

\*See listing under Lehigh County Conference of Churches

**Third Street Alliance - Sharing the Caring**

41 North Third Street

Time: Mon-Fri. 7:30 a.m. to 5:00 p.m.

Easton, PA 18042

Cost: \$40.00

610-258-6271

Website: [www.thirdstreetalliance.org](http://www.thirdstreetalliance.org)

Sharing the Caring is a social adult day services program for people experiencing a decrease in physical and mental abilities due to Alzheimer's, stroke, or other ailments associated with aging. Sharing the Caring offers a fun energizing day program for adults, complete with nursing supervision, healthy meals, and plenty of opportunities for clients to socialize such as Physical activity, Arts and Crafts, Music Therapy, Memory enhancement, Intergenerational Therapy, Podiatry Services, Rehabilitation Services, and Beautician Services. There is qualified staff that does health monitoring, medication, and personal hygiene. A Registered Nurse is on site several times a week. Sharing the Caring Adult Day Services is an approved provider for the following assistance programs: Block Grant Program of Northampton County, PDA Waiver Program of Pennsylvania, Jersey Assistance for Community Caregiving (JACC), and Global Option Waiver (GO) of New Jersey.

**YWCA Adult Day Services Center of Bethlehem**

3893 Adler Place, Building B, Suite 180

Bethlehem, PA 18017

610-867-4669, ext. 100

Provides a licensed, therapeutic, social day care program for senior men and women ages 60 years and older and provides respite to caregivers. Funding available through Counties Agency on Aging.

# DRUG/ALCOHOL SERVICES

*Servicios de Alcoholismo y Drogadicción*



**Al-Anon-Alateen**

610-778-2066

Provides an updated listing of support groups in the Lehigh Valley for relatives and friends of alcoholics.

**Alcoholics Anonymous Support Groups**

*(Se Habla Español)*

610-882-0558 (24 hour hotline) Website: www.aalv.org

Call for listing of support groups in the Lehigh Valley.

**Allentown Rescue Mission**

*(Se Habla Español)*

355 Hamilton Street

Allentown, PA 18101

610-740-5500

Provides a state-licensed residential drug and alcohol treatment program for men. Provides housing for homeless males in crisis. (Must get a voucher for shelter from the Allentown Police Department.)

**Coalition for a Smoke-Free Valley**

*(Se Habla Español)*

17<sup>th</sup> and Chew Streets

Allentown, PA 18105

610-969-4855 Website: www.smokefreevalley.org

The Coalition for a Smoke-Free Valley is a broad-based community coalition dedicated to reducing tobacco use in the Lehigh Valley by promoting advocacy and providing education, training and support services.

**DRUG/ALCOHOL SERVICES continued/ Servicios de Alcoholismo y Drogadicción continúa**

**Confront**

1130 Walnut Street

Allentown, PA 18102 610-433-0148

Outpatient treatment for drug and alcohol abuse. Prevention and intervention services. Counseling for children for sexual abuse. Drug and alcohol counseling for adolescents/adults. They also have a non-offending parent support group.

**Council on Alcohol and Drug Abuse (CADA)**

*(Se Habla Español)*

1031 W. Linden Street, Suite 202

Allentown, PA 18102 610-437-0801

Prevention services for chemically dependent persons and their families. Provides assessments, outpatient, and intensive outpatient programs. Life skills, anger management, and other groups. Runs groups for at-risk center. Hours: Monday through Thursday 9:00 a.m. to 8:00 p.m., Friday 9:00 a.m. to 1:00 p.m., Saturday hours as needed (Prevention Classes). Accepts: MA, Magellan

**Hogar Crea of Pennsylvania**

*(Se Habla Español)*

Live-in drug rehab program specializes in Latino community. Information and referral. In-patient drug therapy. 2 to 3 year internal process, 5-year follow-up.

Women: 1409 Pembroke Road  
Bethlehem, PA 18017  
610-866-3442

Men: 132 North Fourth Street  
Allentown, PA 18102  
610-776-0525

1920 E. Market Street  
Freemansburg, PA 18017  
610-694-0700

Cost: None. Non-profit. Raises own funds.

**Keenan House***(Se Habla Español)*

18-22 South Sixth Street  
 Allentown, PA 18101  
 610-439-8479

Residential care for drug & alcohol addiction. Offers short & long term rehab programs. Must be over 18.

**Latinos for Healthy Communities***(Se Habla Español)*

716 Chew Street  
 Allentown, PA 18102  
 610-434-6890

Currently provides: Outreach, Interventions Delivered to Individual, Interventions Delivered to Groups; HIV Counseling/testing services; Drug and Alcohol Treatment Referrals; Tobacco Prevention/Cessation Services; Diabetes Management Program for Spanish speaking individuals; Low impact exercises for elderly Latinos; Hepatitis C Counseling/testing and Case Management for Northampton County Residents who are receiving services at Drug Free sites; and referrals to community resources.

**Lehigh County Office of Drug and Alcohol Abuse Services***(Se Habla Español)*

17 South Seventh Street  
 Allentown, PA 18101  
 610-782-3555

Services: Prevention, intervention, treatment services and program speakers.

Hours 8:30 a.m. to 4:30 p.m. Can arrange for bilingual service.

Central intake call 610-432-2228 (for direct drug and alcohol assessment) or you can go to any outpatient site for assessment (CADA, Confront, White Deer Run in Allentown or Step by Step).

**Lehigh Valley Drug and Alcohol Intake Units***(Se Habla Español)*

29 S. Law Street, 3<sup>rd</sup> Floor  
 Allentown, PA 18101  
 610-432-2228

6 S. Third Street  
 Easton, PA 18042  
 610-923-0394

44 E. Broad Street, Suite 20  
 Bethlehem, PA 18018  
 610-866-4080

Assessment and referral for drug and alcohol problems for adults and adolescents in Lehigh and Northampton County. Mental Health Assessments are also conducted for adolescents when referred through the school district Student Assistance Team. Intensive case management for adults in early recovery, assisting individuals to remove barriers to recovery.

**Mid-Atlantic Rehabilitation Services**

2045 Westgate Drive, Suite 301  
 Bethlehem, PA 18017  
 610-419-3101

Drug and alcohol intensive outpatient program and traditional outpatient provider. Provides comprehensive, person-centered, quality addiction treatment services in a supportive environment, through individualized goal-driven treatment in a cost-effective manner.

Accepts: Aetna, AmeriHealth, Capital Blue Cross, Access EAP, Cigna, Horizon Blue Cross

**Naranon**

610-778-2100 – Support group for families & friends of drug abusers. Call for listings in Lehigh Valley.

**Narcotics Anonymous Support Groups**

610-439-1998 – 24-hour hotline; support groups for addicts; call for meeting information.

**New Directions Treatment Services and Cedar Point Family Services***(Se Habla Español)*

2442 Brodhead Road  
Bethlehem, PA 18017  
610-758-8011

716 Chew Street  
Allentown, PA 18102  
610-434-6890

Mental health counseling for addicts and non-addicts. Outpatient services include methadone maintenance, detoxification, pregnancy in addiction program, tobacco cessation program, bilingual counseling. AIDS education and testing. Cost: accepts MA, has county contracts, accepts Magellan insurance. Also: Latinos for Healthy Communities Program (in Allentown) does assessments, HIV outreach and drug prevention.

**Northampton County Drug & Alcohol Division**

520 East Broad Street  
Bethlehem, PA 18018  
610-997-5800

Plans, organizes and monitors drug & alcohol services for residents of Northampton County eligible for public funding. This includes Prevention, Intervention and the Continuum of Treatment services. Access to inpatient treatment services are sub-contracted to the Lehigh Valley Intake Unit.

**Northampton County MH/EI/DP**

520 East Broad Street  
Bethlehem, PA 18018  
610-974-7555

Mental health services are targeted for adults who are seriously mentally ill and children/adolescents who are seriously emotionally disturbed or at-risk of becoming so. Developmental programs in cooperation with the Commonwealth Office of Developmental Programs coordinate services to county residents of all ages with mental retardation. Early Intervention is a program to help families develop and maximize their child's potential. Infants and children birth to their third birthday are eligible.

**Oxford House**

1319 Liberty Street (Men only)  
Allentown, PA 18104  
610-351-1896

1605 Chew Street (Women only)  
Allentown, PA 18102  
610-820-7151

Website: [www.oxfordhouse.org](http://www.oxfordhouse.org) – review for other locations in Lehigh and Northampton County. Self-supported recovery house program for individuals recovering from alcoholism and drug addiction. Oxford House assures an alcohol and drug-free environment. Individuals pay equal share of the house expenses. Several Oxford Houses nationally and within the state of Pennsylvania. Interested individuals must submit an application and be interviewed by existing members of the house. If an opening is available and 80% of house members approve, interested individuals are accepted and move in. Oxford House has houses for men only, women only, and women with children.

**Pregnancy in Addiction Program**

New Directions Treatment Services  
2442 Brodhead Road  
Bethlehem, PA 18017  
610-758-8011

Services regarding the specific needs of pregnant addicts. Must be 18 years old and older.

**Treatment Trends Halfway Home of the Lehigh Valley**

119-121 North Eighth Street

Allentown, PA 18102

610-439-0218

Program Director – William Stauffer

Inpatient drug/alcohol treatment program. May call agency directly. Office hours: 8:30 a.m. to 4:30 p.m. Monday through Friday. Accepts MA; apply through Drug and Alcohol Departments of Counties or self-pay.

# EMPLOYMENT

*Empleo*





**\* CareerLink Lehigh Valley**

***(Se Habla Español)***

**Lehigh and Northampton Counties**

Private Industry Council of Lehigh Valley, an operator of and partner in PA CareerLink Lehigh Valley, operates training programs for eligible youth, adults, dislocated workers and other targeted populations. Due to the high demand for individuals with technical skills, PA CareerLink Lehigh Valley is your ONE-STOP resource for your training needs. Services include:

- Assessment of skills, aptitudes, abilities and other needs
- ESL and GED classes offered on site
- Workshops: resume, career exploration, credit and budgeting, computer, job and labor market information and more
- Career training funds available to those who qualify
- Assistance to individuals with disabilities
- Career Resource Centers: fully equipped for job searching

Visit us online at [www.careerlinkehighvalley.org](http://www.careerlinkehighvalley.org) or stop by our CareerLink Resource Centers at either convenient location:

1601 Union Blvd.  
Allentown, PA 18109  
610-437-5627 / FAX: 610-434-4122  
TTY: 610-821-6760  
Hours: Monday, Tuesday, Thursday, Friday  
8:30 A.M. until 4:00 P.M.  
Wednesdays, 10:30 A.M. until 7 P.M.

72 N. Second Street  
Easton, PA 18042  
610-252-7344  
Fax: 610-252-8239  
Hours: Monday & Friday, 9:00 AM until 12:30 PM  
Tuesday & Thursday, 9:00 AM until 2:00 PM  
Wednesdays, 10:30 A.M. until 3:30 P.M.

4500 Education Park Drive  
Schnecksville, PA 18078  
610-799-1825  
Hours: Tuesday 8 A.M. until 4:00 P.M.  
Check website for summer schedule.

**Community Action Committee of the Lehigh Valley/Work Ready Program**

***(Se Habla Español)***

44 E Broad Street  
Suite 15 Lower Level  
Bethlehem, PA 18018  
484-821-2959

Hours: 8:00 AM until 5:00 PM

Serves anyone who receives cash or food stamp benefits in Lehigh or Northampton Counties. You must be referred by the Department of Welfare. This program offers special help to get and keep a job: identifying your needs, job coaching to placement plus child care, transportation, car repair or purchase, driving lessons, other help. Contact your caseworker at Public Assistance.

**Council of Spanish Speaking Organizations (Spanish Council)**

***(Se Habla Español)***

520 East 4<sup>th</sup> Street  
Bethlehem, PA 18015  
610-691-5448 Administration: 610-868-7800  
Hours: 8:30 AM until 4:30 PM – Contact: Enid Arroyo

Services: Provides life skill, information, referrals, resume help, employment counseling, holds job fairs.

**Hispanic American Organization, Inc.**

*(Se Habla Español)*

462 Walnut Street  
Allentown, PA 18102

610-435-5334      Counseling Service: 610-351-2292      Day Care: 610-435-3968

Website: [www.hao-lv.org](http://www.hao-lv.org)

Partners with the Roberto Clemente Charter School; Nutrition – a program to educate clients on the availability of food stamps; Housing Case Management Services. Limited funding is available for rent assistance. Day Care; Family Counseling Clinic – a bilingual counseling service; Evening School: English as a Second Language (ESL) and GED; ESL classes during the day; Computer Lab open to the public for ESL, job search, resume writing, GED preparation (Plato software), typing practice; Intake, Information and Referral Services.

**Office of Vocational Rehabilitation**

*(Se Habla Español)*

45 N. Fourth Street (in Social Security Building)  
Allentown, PA 18102

610-821-6441      1-800-922-9536      TTY/TDD: 610-821-6144

OVR is a federal program with funding for job training, vocational rehabilitation, and counseling for individuals with physical or mental disabilities who have trouble getting and holding a job. Serves Lehigh, Northampton, Carbon, and Monroe Counties. Call for information or application.

**Pennsylvania Human Relations Commission**

Harrisburg Regional Office

717-787-9780      Hours: 8:00 AM until 5:00 PM

Deals with employer/employee disputes, discrimination, etc. (Also race, housing, age, gender discrimination.)

**Private Industry Council (PIC) a operator of and partner in CareerLink Lehigh Valley Supported Employment Program**

1601 Union Blvd.

Allentown, PA 18109

610-439-1123      610-437-5627

Serves the Lehigh Valley. Offers training funding for those eligible. PIC also runs Welfare to Work and youth employment and other training programs.

**Program for Women and Families**

1030 Walnut Street

Allentown, PA 18102

610-433-6556      Hours: 8:30 a.m. to 4:30 p.m. Monday through Friday

Provides job readiness training. Accepts non-clients from community for employment counseling. Works with women involved with criminal justice system and their families. Services: Provide a variety of parenting and parent support classes in both counties. Runs Parents Support, self-help groups that meet weekly in both Lehigh and Northampton County. Group is free, and may provide child care, to participants.

**Supported Employment Program / Private Industry Council of Lehigh Valley, Inc. (PIC) is an operator of and partner in PA Career Link Lehigh Valley. *(Se Habla Español)***

1601 Union Blvd  
Allentown, PA 18109  
610-439-1123, Ext. 254

Provides assessment, job placement, on-site job coaching and on-going support services for job seekers and workers with disabilities. Services funded through Office of Vocational Rehabilitation (OVR); call 610-821-6441.

**Via of the Lehigh Valley, Inc.**

336 West Spruce Street  
Bethlehem, PA 18018  
610-317-8000

Website: [www.ViaNet.org](http://www.ViaNet.org) Email: [Via@ViaNet.org](mailto:Via@ViaNet.org)

Via of the Lehigh Valley is a non-profit agency that provides services for children and adults with disabilities like autism, cerebral palsy and Down syndrome. Via has been serving the community since 1954. Via's mission is to provide support and opportunities for children and adults with disabilities by working hand and hand with parents to give their kids a chance for early success through speech, occupational and physical therapy. Via works every day to help people find jobs in our community so that they can have a satisfying job of their choice. Via helps people, from teens to those at retirement age. Connect and live in their community by volunteering and participating in recreational activities.

# FINANCIAL/MATERIAL ASSISTANCE

*Asistencia Financiera y Material*



## **American Red Cross of the Greater Lehigh Valley**

2200 Avenue A

Bethlehem, PA 18017

610-865-4400

Disaster response, Preparedness and Training, Armed Forces Emergency Communication for Military and family members, and Lifeline (Personal Emergency Response Service).

## **Family Savings Account Program**

Run by the Community Action Committee of the Lehigh Valley, this program matches eligible family's savings (for example, for each \$10 you save, they will add \$10). If you saved \$2,000, they will match it with another \$2,000, up to a total of \$4,000 in savings plus match (over a 2 yr. period). You can use the money for home buying or repair, car purchase, business start-up, education or child care costs. Call 610-691-5620.

## **Lehigh County Assistance Office (Department of Public Welfare)**

*(Se Habla Español)*

101 South Seventh Street

610-821-6509

Allentown, PA 18101

Fax: 610-821-6705

Services: Medical assistance, food stamps, cash grants. Employment and training resources. For Energy Assistance, if received last year you automatically will be sent application.

Hours: 7:30 a.m. – 5:00 p.m. Monday through Friday.

## **Lehigh County Conference of Churches**

*(Se Habla Español)*

534 Chew Street

Allentown, PA 18102

610-433-6421

An association of over 140 local churches, the conference has the following social service programs: **Linkage-** Street caseworker connects homeless people with services. **Homeless Supportive Services-** Provides intensive case management for the disable and chronically homeless. **Pharmaceutical Assistance-** Provides once-a-year emergency medical assistance for certain kinds of medications to qualifying low- income individuals. For any of these programs call 610- 433-6421.

**Rep Payee-** Assists those on SSI/SSD (including children) who need help to manage their income and bills. Call 610-433-1881

**Permanent Employment Program (PEP)** Assists chronically unemployed individuals reach a level of self-sufficiency through subsidized to unsubsidized work experiences. Participants are assisted in search for and obtaining meaningful employment by educational, case management and subsidized work opportunities while involved in the program. Call 610-439-8521

**Daybreak-** An adult drop-in center for persons who are mentally ill, participating in a drug or alcohol treatment program, infected with HIV/AIDS and the impoverished elderly. Daybreak provides three hot meals each weekday, an opportunity for socialization and support, job readiness skills, art and music therapy. Call 610-820-5049

## **544 Hamilton Street Programs:**

**Aspires-** Is a mentoring program that is dedicated to the recruitment of volunteers, who offer support for students in the Allentown public schools who are at risk of not graduating, helping them to succeed academically, graduate from high school, and to be productive citizens. Call 610-439-8653

**Pathways-** A core of resource Counselors and four staff members help people in need make connections with other community resources, serve as advocates, and act as a referral service to human service agencies.

Pathways' Housing Case Management assists homeless families and individuals find stable housing providing rental assistance, goal setting and budgeting. Call 610-439-8653

**Lehigh County Clearinghouse** assists with rental assistance and other housing related needs for the homeless, transitioning youth adults (age 18-23), residents of a community rehabilitation residence, individuals being released from incarceration. Call 610-841-1370

**Lehigh Valley Outreach Depot**

1866 Auburn Street Phone: 610-861-7373  
Bethlehem, PA 18015

Website: <http://lvoutreachdepot.org> Hours: Tuesdays and Saturdays 9:00 a.m. to 3:00 p.m.

Provides household items including furniture to those in need at no cost. Must call to make an appointment, which is limited to half an hour and must attend and be referred by social services staff.

**Money Management International**

*(Se Habla Español)*

3671 Crescent Court East Phone: 610-821-4011  
Whitehall, PA 18052 Website: [www.moneymanagement.org](http://www.moneymanagement.org)

Debt management cost is on a sliding scale. Free classes on mortgages, bankruptcy counseling, home-buying and budget basics, retirement, money management and credit counseling. Individual counseling is free.

**Northampton County Assistance Office (Department of Public Welfare)**

*(Se Habla Español)*

201 Larry Holmes Drive  
Easton, PA 18042

610-250-1700 Hours: 7:30 a.m. – 5:00 p.m. Monday through Friday.

Medical assistance, food stamps, cash grants, energy assistance. Employment and training resources and referrals. Access to language line for clients speaking other languages.

**Project of Easton—Assist Program**

*(Se Habla Español)*

320 Ferry Street  
Easton, PA 18042 610-258-4361

Emergency assistance for Northampton County residents. Helps with emergency shelter, prescriptions, home heating oil, baby needs, children’s furniture and clothing, eye exams/glasses. Requires intake interview. Open: 8:30 a.m. to 4:30 p.m. Monday through Friday. Bus passes available for designated appointments. All services are free.

**Salvation Army—Allentown**

*(Se Habla Español)*

144 North Eighth Street  
Allentown, PA 18102 610-432-0129

Emergency Assistance for Lehigh County residents, Food pantry; used clothing assistance; limited prescription assistance; UGI assistance; referrals.

**Salvation Army—Bethlehem**

521 Pembroke Road  
Bethlehem, PA 18017 610-867-4681

Assistance for rent/utilities (limited to UGI utility), food, clothing and furniture assistance.

**Salvation Army—Easton**

1110 Northampton Street  
Easton, PA 18042 610-258-9531 Call for assistance information for material needs.

**Social Security Office—Allentown**

41 N. Fourth Street  
Allentown, PA 18102 877-405-6746 TTY: 800-325-0778

**Social Security Office—Bethlehem**

555 Main Street (in Woolworth Building)

Bethlehem, PA 18018

866-810-0010

TTY: 800-325-0778

**Social Security Office—Easton**

134 S. Fourth Street

610-258-9033

Easton, PA 18042

TTY: 800-325-0778

Operators on duty 7 a.m. – 7 p.m.

Website: [www.ssa.gov](http://www.ssa.gov)

Services Provided: Handling all inquiries concerning Social Security

Toll free number for all social security offices information is 1-800-772-1213.

Valley Social Security Office Hours: 9:00 a.m. to 4:00 p.m. Monday through Friday

**Super Cupboard**

A nutrition, cooking and life skills program offered through the Penn State and local extension office. Local shelters, churches or other non-profits must sponsor and get interested eligible (low-income) parent participants.

In Northampton County, call: 610-746-1970 In Lehigh County, call: 610-391-9840

**Trinity Episcopal Church/Trinity Soup Kitchen**

44 East Market Street

Bethlehem, PA 18018

610-867-4741

Open Monday – Friday from 12:00 to 1:00 p.m. Family support program for new moms. Diapers, baby food and other items are available (once a month). Referral needed from Head Start, other agency.

Only for Bethlehem, Northampton County families. Social Worker on staff 11:30-1:30 Mon. – Fri.

Information on clothing and food banks, and referrals given here.

**Unemployment Compensation**

*(Se Habla Español)*

Call 610-821-6735.

Website: [www.state.pa.us](http://www.state.pa.us) (keyword: unemployment)

This is recorded information about applying for unemployment. You can (eventually) speak to a person. Hours are 7 a.m. to 4:45 p.m. Monday to Friday. You can still submit a UC appeal in person at the CareerLink offices:

Allentown: 1601 Union Boulevard

Easton: 220 Ferry Street, 610-250-1708

**Welfare Helpline**

1-800-692-7462

Information regarding financial assistance, medical assistance, food stamps and energy assistance (run by state of PA).

**FOOD ASSISTANCE**  
*Asistencia de Comida*





### **FOOD BANKS/*Bancos de Comida***

For information on the nearest food bank to you, and on food stamps or other available welcoming food resources, call Second Harvest at 610-434-0875 between 7 a.m. and 4 p.m.

#### **Animal Food Bank of the Lehigh Valley**

511 East 3<sup>rd</sup> Street  
Bethlehem, PA 18015  
484-851-8000

Primary goal is to provide free pet food to low income families. Offers emergency and monthly food distributions. Provides education and awareness to the community on pet care. Referrals to Spay / Neuter resources. For hours of services, please call.

#### **Everlasting Life Ministries**

224 N. Sixth Street  
Allentown, PA 18102  
610-434-4090  
Food Bank: Saturdays from 9am-11am

#### **Project of Easton – Interfaith Food Pantry**

*(Se Habla Español)*

320 Ferry Street  
Easton, PA 18042  
610-258-4361

Food products for Northampton County residents. Hours: Monday 10:00 a.m. to 12:30 p.m. and Thursday 10:00 a.m. to 12:30 p.m., 1:00 p.m. to 3:30 p.m. on walk-in basis. All services are free.

#### **River of Life Presbyterian Church**

445 S. Main Street (right across from Paul Mart)  
Phillipsburg, NJ 08865  
908-213-1377

Food pantry is open twice a month. Clothing closet is open once a month. Call for information on answering machine.

#### **Second Harvest of the Lehigh Valley and NE PA**

(A Program of the Community Action Committee of the Lehigh Valley, Inc.)

2045 Harvest Way  
Allentown, PA 18104-6793

610-434-0875 *(Call for referral to area pantries or visit [Shfblv.org](http://Shfblv.org) for a list.)*

Referrals for food assistance to member emergency food pantries and soup kitchens throughout the greater Lehigh Valley. Information on food stamps and WIC program. Administers the Commodity Supplemental Food Program for eligible seniors and WIC “graduates.”

# SOUP KITCHENS

*Cocinas*



**Allentown:**

**Our Lady of Mt. Carmel Church**

179 Chew Street

Allentown, PA 18102

For information, call 610-866-8660.

Lunch 1:30 – 2:30 p.m. Front entrance. Friday, Saturday, Sunday and Monday.

**St. Paul's Lutheran Church**

8<sup>th</sup> and Walnut Streets

Allentown, PA 18101

610-435-9065

Tuesday, Wednesday and Thursday, Lunch noon – 1 p.m. Enter on left of church building off 8<sup>th</sup> Street.

All are welcome. Sundays and holidays: Breakfast/hot meal for all 8 a.m. – 9 a.m.

**Bethlehem:**

**New Bethany Ministries Mollard Hospitality Center**

337 Wyandotte Street

Bethlehem, PA 18015

610-691-5602

Drop in center and free meals. Meals served: breakfast 8:00 a.m., lunch 12:00 noon to 1:00 p.m.

Monday through Friday.

**Salvation Army—Bethlehem**

521 Pembroke Road

Bethlehem, PA 18018

610-867-4681

Soup kitchen open to all Sunday at 5:00 p.m.

**Trinity Episcopal Church/Trinity Soup Kitchen**

44 E. Market Street

Bethlehem, PA 18018

610-867-4741

Lunch time: Monday through Friday 12 noon to 1 p.m. All welcome!

Social worker on staff Mon. – Fri. 11:30 a.m. to 1:30 p.m.

**Easton:**

**Safe Harbor Easton**

536 Bushkill Drive

Easton, PA 18042

610-258-5540

Breakfast: 9 – 10:30 a.m.

Lunch: 11:45 a.m. – 12:30 p.m.

Monday – Friday (For adults but families/adults with children are welcome on an emergency basis.)

Open to the community from 9:00 a.m. to 3:00 p.m.

**Trinity Episcopal Church**

234 Spring Garden Street

Easton, PA 18042

610-253-0792

Saturday noon meal. Open to all.

**FOOD ASSISTANCE**  
*Asistencia de Comida*



**FOOD STAMPS/*Estampillas de Alimento***

Eligible families can receive assistance to purchase food so they can eat healthy food and stretch their food budget. Apply for food stamps at your county public welfare office. For other resources on food stamps, nutrition and food banks, call these numbers:

PA Hunger Action at 1-800-634-2033 (they can tell you if you're eligible for food stamps)  
Second Harvest of the Lehigh Valley at 610-434-0875 or USDA at 1-800-221-5689

**WIC – Women, Infants and Children Program**

WIC Services: provides food, juice and formula to eligible families; supplemental food coupons can be used through designated stores. Call for an appointment. (Also see listings by city/rural under Medical Providers)

**Allentown**

Casa Guadalupe, 218 N. 2<sup>nd</sup> Street, Allentown, PA 18102, call 610-435-9902

**Lehigh Valley WIC Clinic**

1227 Liberty Street, Suite 104, Allentown, PA 18102, call 610-432-3455

**Bethlehem**

WIC Bethlehem, 520 East 4<sup>th</sup> Street, Bethlehem, PA 18015, call 610-691-6491

**Easton**

WIC Easton, 101 Larry Holmes Drive, Suite 204, Easton, PA 18042, call toll free 1-866-942-8463

**Lehigh Valley – Carbon County WIC Program**

701 Bridge Street, Suite 303, Lehigh Valley, PA 18235, call 610-377-6097

**PUBLIC ASSISTANCE OFFICES**  
*Oficinas de Asistencia Publica*



**Lehigh County Assistance Office (Department of Public Welfare)**

***(Se Habla Español)***

101 South 7<sup>th</sup> Street

Allentown, PA 18101

610-821-6509

Fax: 610-821-6705

Services: Medical assistance, food stamps, cash grants. Employment and training resources. For Energy Assistance, if received last year you automatically will be sent application.

Hours: 7:30 a.m. – 5:00 p.m. Monday through Friday.

**Northampton County Assistance Office (Department of Public Welfare)**

***(Se Habla Español)***

201 Larry Holmes Drive

Easton, PA 18042

610-250-1700

Hours: 8:30 a.m. – 5:00 p.m. Monday through Friday. Medical assistance, food stamps, cash grants, energy assistance. Employment and training resources and referrals. Access to language line for clients speaking other languages.

# HEALTH RELATED SERVICE AGENCIES AND CLINICS

*Agencias de Servicio de Salud y Clinicas*





**Aidsnet**

2200 Avenue A, Suite 102

Bethlehem, PA 18017

610-882-1119 Website: [www.aidsnetpa.org](http://www.aidsnetpa.org)

Plan and fund HIV/AIDS Care and prevention services, HIV testing and case management services referrals.

**Allentown Health Bureau (See Medical Providers)****Allentown Women's Center**

31 S. Commerce Way, Suite 100

484-821-0821 or 1-877-342-5292

Bethlehem, PA 18017

Fax: 484-821-0826

Website: [www.allentownwomenscenter.com](http://www.allentownwomenscenter.com)

Gynecological and abortion services (including emergency "morning after" pill); call for appointment and more information. We also offer Essure Sterilization procedures and transgender health services. Options counseling available free of charge. Hours: Monday – Friday 8:00 a.m. – 5:30 p.m., Saturday 7:00 a.m. – 2:00 p.m. Takes BC/BS for all services; reduced abortion cost for those on Medical Assistance and students. Accepts most insurance plans. (Also offers non-surgical abortion.)

**American Heart Association and American Stroke Association**

212 East Broad Street

Bethlehem, PA 18018

610-867-0583

Website: [www.americanheart.org](http://www.americanheart.org)

Hours: Monday – Friday 8:30 a.m. – 5:00 p.m.

Early detection/prevention of cardiovascular illness. Free literature on heart disease and stroke.

Speaker's bureau for meetings, free CPR training offered at times. Sponsors annual "Heart Walk" in the fall. This is a fundraising office for the AHA and ASA.

**American Lung Association of the Lehigh Valley**

2121 City Line Road

Bethlehem, PA 18017

610-867-4100

Website: [www.lunginfo.org](http://www.lunginfo.org)

New: Asthma Olympics

Support services for children and adults with lung diseases; Camp "ACE" summer camp for children with asthma, ages 8-13. Also sponsors annual asthma walk and dance.

**Bethlehem Health Bureau (See Medical Providers)****Blue Mountain Health System**

211 North 12<sup>th</sup> Street

Lehighton, PA 18235-9989

610-377-1300

Offers Woman Wise, an education program about child birth, health care & nutrition. Family planning clinic & adult health screenings. Babysitting course, resource library. Healthy Beginnings state funded payment program for medical services for children 0-6 years with or without medical coverage, prenatal, postnatal care for mother and baby; accepts insurance & medical assistance. Home health and adult day services.

**Blue Mountain Health System Hospital for Lehighton and Palmerton**

135 Lafayette Avenue  
Palmerton, PA 18071  
610-826-3141

Adult day care program – 610-826-1160 Home Health Services – 610-377-7156  
Woman Wise program and all others offered at this location as well.

**Cancer Support Community of the Greater Lehigh Valley**

Anneliese B. Vollrath House  
3400 Bath Pike  
Bethlehem, PA 18017

610-861-7555 Website: [www.CancerSupportGLV.org](http://www.CancerSupportGLV.org)

Offers support for people with cancer, their families and caregivers. Support groups, exercise and other programs. Call for information. All services are free.

**Care-Net of the Lehigh Valley (Crisis Pregnancy Center)**

1034 W. Hamilton Street  
Allentown, PA 18101  
610-821-4000

Services: free pregnancy testing, one-on-one client advocacy; pregnancy options counsel; EWYL incentive program (parenting/ life skills/finances/healthy relationships education where you can earn Baby Bucks to spend in our baby store: men’s mentoring and fatherhood classes. DOES NOT DO OR REFER FOR ABORTION. One hour appointments. All services are free and confidential.

Bethlehem Office

541 E. Broad Street  
Bethlehem, PA 18018  
610-997-0195

Easton Office

1101 Northampton Street, Suite 202 5573 Hamilton Blvd. (Rear)  
Easton, PA 18042  
610-559-9327

Allentown Office

Allentown, PA 18106  
484-223-3958

**Center for Vision Loss**

845 W. Wyoming Street  
Allentown, PA 18103  
610-433-6018  
Fax: 610-433-4856

Website: [www.centerforvisionloss.org](http://www.centerforvisionloss.org)

Services for people who are blind or visually impaired, including casework, transportations, support groups, educational programs, recreation, low vision clinic, store for magnifiers and aids. Free eye screenings and eye safety educational programs for preschool children at community sites and for adults. Eye clinic with low cost exams and glasses for low income families by appointment.

Hours: Monday- Friday 8:30 am – 4:30 pm. Serving Lehigh, Northampton & Monroe counties.

**Community Exchange**

*(Se Habla Español)*

17<sup>th</sup> and Chew Streets, 2<sup>nd</sup> floor (former School of Nursing building)  
Allentown, PA 18104  
610-969-2626

Join Community Exchange to share services, like yard work, transportation, odd jobs around the house, home improvements, guitar lessons and more with your neighbors. 1 hr. of service = doctor’s appointment at The Caring Place Health Clinic.

**Council of Spanish Speaking Organizations (Spanish Council)**

*(Se Habla Español)*

520 East 4<sup>th</sup> Street  
Bethlehem, PA 18015  
610-691-5448

AIDS testing (free), WIC program; health screening and supplemental food for pregnant, nursing moms and small children. Hours: 8:30 a.m. – 4:30 p.m. Monday through Friday.

**Easton Hospital—Community Care Centers (2 Clinics) (See Medical Providers)**

**Everlasting Life Ministries**

224 N. Sixth Street  
Allentown, PA 18102  
610-434-4090

Provides free health screenings on Tuesday mornings 9-11:30 a.m. You can see a health professional for blood pressure; help with meds, health insurance information. Also health screening on Saturday mornings starting at 8:30am by appointment only.

**March of Dimes Foundation**

90 Commerce Way  
Suite 320  
Bethlehem, PA 18017  
610-814-7000 Fax 610-814-7019

March of Dimes is a non-profit foundation dedicated to “improve the health of babies by preventing birth defects and infant mortality.” They raise funds and provide educational materials on topics like diet in pregnancy (“Eating for Two”), vaccinations, smoking and pregnancy, and newborn care.

**Marvine Family Health Center (See School Health Centers)**

**Northampton County State Health Center**

1600 Northampton Street  
Easton, PA 18042  
610-250-1825

Immunization only. For non-insured children. A \$5.00 donation will be requested but can be waived. Clinic hours: Immunizations twice/month 9:00 a.m. to 11:30 a.m.

Also accepts Access, CHIP, Gateway, Mercy and Med+.

BY APPOINTMENT ONLY. Childhood lead follow-up, counseling for SIDS by referral.

**Pennsylvania Department of Health**

Lehigh County State Health Center  
3730 Lehigh Street, Suite 206  
Whitehall, PA 18052  
610-821-6770

Offers immunizations for non-insured/under insured children. A \$5.00 fee per child is requested but can be waived. Clinic hours: Immunizations once a month 9:00 a.m. to 11:30 a.m. Also do HIV testing and TB clinic screening. BY APPOINTMENT ONLY. Cannot serve Allentown or Bethlehem residents.

**Planned Parenthood of Northeast PA**

Allentown

2901 Hamilton Blvd., Suite 300  
Allentown, PA 18103  
610-439-1033  
Hours: Monday through Saturday

Bethlehem

Women's Health Center  
65 E. Elizabeth Avenue, Suite 512  
Bethlehem, PA 18015  
610-694-0642  
Hours: Monday through Thursday

Easton

2906 William Penn Highway, Suite 212  
Easton, PA 18042  
Website: [www.plannedparenthood.org](http://www.plannedparenthood.org)

610-253-7195  
Hours: Monday through Friday

These clinics provide contraceptives and reproductive health services, counseling, walk-in pregnancy testing and morning after pill, male and female sexually transmitted disease testing, premenopausal and menopausal exam, test and treatment. Allentown office offers breast and cervical cancer screenings. Cost: MA accepted, sliding fee scale, other insurance plans. Call first for hours.

**Pregnancy in Addiction Program**

New Direction Treatment Services  
2442 Brodhead Rd.  
Bethlehem, PA 18017 610-758-8011  
Services regarding the specific needs of pregnant addicts

**Sacred Heart Hospital** (See Medical Providers – Allentown)

421 Chew Street  
Allentown, PA 18102 610-776-4500

**Sacred Heart Visiting Nurses & Hospice**

2268 S. 12<sup>th</sup> Street, 4<sup>th</sup> floor  
Allentown, PA 18103 610-871-2802

Our agency provides medical home care services including registered nursing and social work visits, physical, occupational, and speech therapy visits, and certified nursing assistant visits. We accept most insurance plans and Medical Assistance.

**St. Luke's Hospital** (See St. Luke's Hospital Union Station under Medical Providers)

801 Ostrum Street  
Bethlehem, PA 18015 610-954-1000  
Website: [www.slhn-lehighvalley.org](http://www.slhn-lehighvalley.org)

Call 610-954-1355 for information on your baby's first year.  
Special community clinics take children and adults; Accepts Access, and other insurances.

**St. Luke's Hospital Community Health Department Aids Service Center**

*(Se Habla Español)*

641 E. Broad Street  
Bethlehem, PA 18018 484-526-2100  
Testing: Rapid Testing

Walk-in hours (no appointment needed): Mondays 9:00 a.m. to 12:00 p.m., Wednesdays 1:00 p.m. to 3:30 p.m. All other times, please call for an appointment. FREE, Anonymous and Confidential.  
Services provided: AIDS support, prevention education, information and referrals, free HIV testing. Case management services.

**HEALTH INSURANCE PLANS (for the uninsured)**  
*Plan de Seguro Medico (para los no asegurados)*



### **AdultBasic Health Insurance**

1-800-GO-BASIC

Adults ages 19-64 who are uninsured, but whose income makes them not eligible for Medical Assistance may be eligible for AdultBasic. This is a health plan funded by the State of Pennsylvania that costs

\$33.50/mo. for individual preventive, doctor, hospital, lab tests and emergency medical care. It is run just like a regular health insurance plan through UNISON-AB. There are limited funds for this program; call (and be prepared to be on hold), or ask your Head Start staff person for an application. Now operates a waiting list for new applicants. Note: If you are eligible and on waiting list for AdultBasic, you can purchase health insurance for \$235.49/month, until you go on it (then it will be \$33.50/month).

### **Children's Health Insurance Program (CHIP)**

*If you are a working parent who needs health coverage for your children, but you make too much for Medical Assistance to cover them, apply for CHIP! This is a health insurance plan that can cover many PA children at no or very low cost. (Described below):*

#### **CHIP, brought to you by Capital Blue Cross**

1-800-543-7101

Services: no cost or subsidized health insurance for children ages 0 until 19. Serves Lehigh and Northampton Counties. Coverage includes medical, dental, prescription and vision care.

Requirements: child has no health insurance, no medical assistance and not eligible for MA

*NOTE: Head Start and Early Head Start has applications for CHIP and AdultBasic. Ask your Head Start staff person.*

### **Healthy Beginnings**

State funded payment program for medical services to children 0 to 18 years of age with or without medical coverage; prenatal/postnatal care for mothers. Based on income; must apply. They'll send you an application; must be citizen/resident alien. Call 610-250-1700 for Northampton County and 610-821-6503 for Lehigh County.

### **Medical Assistance**

The Medical Assistance Program (Access) is now a managed care system called "Health Choices." To apply for Medical Assistance (Access) for yourself and/or your family, you must visit or call the County Assistance Office (Welfare Office). For Lehigh County residents, call 610-821-6503. For Northampton County residents, call 610-250-1700. They will send you an application. There are three health managed care MA groups you can choose from, based on your health needs. (And also some groups, especially for those with addiction or mental health needs). They will send anyone found eligible information on these groups. You can then pick one to have as your health insurance group; you can change groups if you decide another is better. Anyone found eligible for Medical Assistance who has not chosen a group will be placed in a group (but you can still switch later). You will be able to get sent to you a list of doctors and dentists who take your group. To get information about the different health choices groups, you can call 610-437-6237 in Lehigh County or 610-923-5214 in Northampton County.

**Healthy Prenatal Behaviors Program, Center for Women’s Medicine**

Lehigh Valley Hospital  
17<sup>th</sup> & Chew Streets  
Allentown, PA 18104  
610-402-1600

Rewards women with gifts for keeping appointments during pregnancy. Serves pregnant women 1<sup>st</sup> trimester (will accept later in pregnancy); helps apply for MA; childbirth preparation and parenting classes. Hours: 7:30 a.m. to 4:30 p.m.

Transportation provided, postpartum check up.

Accepts insurance, MA or self-pay.

**Lehigh Valley Aids Activities Office (AAO) / Central De Salud**

*(Se Habla Español)*

A program of Lehigh Valley Hospital: AIDS related health care, including a free 20 minute AIDS test and case management at Lehigh Valley Hospital’s 17<sup>th</sup> & Chew Street location, Allentown.

Call 610-969-2400. Hours: 8 a.m. to 4:30 p.m. Monday through Friday

Clinic Hours: Tuesday 1:30 to 3 p.m. and Thursday 10 to 11:30 a.m.

**Lehigh Valley Hospital Center**

*(Se Habla Español)*

17<sup>th</sup> and Chew Streets  
Allentown, PA 18104-7017

Hospital: 610-402-8000

Pediatric clinic: 610-969-4300      Adult clinic: 610-969-4370

Women’s OB/GYN clinic: 610-402-1600

Depression after Delivery: 610-402-3800 – Support group meets 1<sup>st</sup> Wednesday of month at 7 p.m.

MA accepted, physical exams, immunizations, sick care

Uninsured low income need to call for financial screening prior to appointment 610-969-2394

Call for appointment at daily clinics. Also have free child care service for clinics and outpatient appointments.

**Lehigh Valley Hospital Health Hotline**

610-402-2273 (“CARE”) Monday through Friday 8:00 a.m. to 4:30 p.m.

Find out about health/pregnancy, teen and adolescent decision-making, anger management, positive conflict resolution, mood assessment, developing assertive communication skills, other classes, support groups, doctor referrals, and second opinions. For both Lehigh Valley and Muhlenberg Hospitals.

**Lehigh Valley Hospital—Muhlenberg Center**

*(Se Habla Español)*

2545 Schoenersville Road  
Bethlehem, PA 18017

484-884-2201 or 610-402-8000

Emergency Room: 484-884-2521

Website: [www.lvh.org](http://www.lvh.org)

No health clinics; dental clinic available; cost: MA accepted

Child care for hospital appointments for ages 3 and up.

**St. Luke’s Hospital—Warren Campus**

185 Roseberry Street  
Phillipsburg, NJ 08865

1-908-859-6700

**Sixth Street Shelter Adult Health Clinic**

219 N. 6<sup>th</sup> Street (between Turner and Chew Streets)  
Allentown, PA 18102

610-435-1490  
Fax: 610-433-3282

Website: [www.caclv.org](http://www.caclv.org)

Walk –in clinic for uninsured adults 18 or older on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month starting at 5:30pm. Primarily physicals for employment, driver’s license and school. No appointments, arrive early, outside wait, first 20 served.

**Su Familia Hispanic Family Helpline**

*(Se Habla Español)*

Will make referrals to help Hispanic and other families get basic health information to prevent or manage chronic conditions. Refers to local health providers and federally supported programs, including CHIP (the Children’s Health Insurance Program). Call 1-866-783-2645 (a free call) or 1-866-SU-FAMILIA. (Will help all families.)

**VIABL—Visual Impairment and Blindness Services**

845 W. Wyoming Street  
Allentown, PA 18103

610-433-6018 Fax: 610-433-4856 Website: [www.viablservices.org](http://www.viablservices.org)

Free vision screenings for children and adults at community sites. Assistance for eye exams and glasses by appointment in Eye Care Clinic. Children’s eye care a priority. Funds available for children and adults without insurance. Accepts: All MA HMOs (except ACCESS); CHIP  
Hours: 8:30 am-4:30 pm, Monday thru Friday; Eye Care Clinic Wednesdays and Fridays by appointment.

**Vision USA**

1-800-766-4466 Website: [www.visionsusa@aoa.org](http://www.visionsusa@aoa.org)

Basic eye health and vision care services for individuals with low-income and who do not have vision insurance. Eligible individuals are referred to a volunteer doctor of optometry who will provide a comprehensive eye exam at no charge. Must meet eligibility guidelines.

**Visiting Nurse Association of St. Luke’s Eastern PA**

1510 Valley Center Parkway, Suite 200  
Bethlehem, PA 18017

610-691-1100

Offers home health care, including skilled nursing, health care aides, physical, occupational and speech therapy. Health education and parenting skills, special birth preparation and new mother programs. Direct health and therapy services require pre-certification by insurance companies. Some education programs do not. (Call) Accepts: Gateway, AmeriHealth Mercy, Keystone and most other insurance

**Weller Center for Health Education**

325 Northampton Street Easton, PA 18042

610-258-8500  
Website: [www.wellercenter.org](http://www.wellercenter.org)

The Weller Center supplements the teaching of health, character education and life science for students in grades Pre-K through 12 by providing outreach and online programs for children in a 39-county area of Pennsylvania and New Jersey. For nearly 30 years, the mission of the Weller Health Education Center has been to measurably improve children’s lives by giving students the tools they need to make informed and healthy life choices.



***SCHOOL HEALTH CENTERS***  
***Centros de Salud en Escuelas***



**In Allentown:**

Eight Allentown public schools have pediatric health centers at their schools. They are open to children, usually age birth and up who live in the school’s area. (Children, youth don’t have to attend the school to receive care.) Two local hospitals, Sacred Heart and Lehigh Valley, provide medical staff to these school health centers. If your child has Medical Assistance (Access) or is a patient at a clinic run by one of the hospitals, you can use a school health center for your child. They are listed below, with the hospital they are connected to. Costs vary. They do accept Mercy, Gateway, Med+, CHIP and other insurance.

Services: Regular pediatric care, well and sick child appointments, immunizations, prescriptions, or no insurance etc. Call for hours.

**Central Elementary School**

829 W. Turner Street                      484-765-4818                      Main # 484-765-4800 (school office)  
Allentown, PA 18102                      Fax: 484-765-5957  
\* Records requested go to LVHO/Peds                      Run by Lehigh Valley Hospital

**Dodd Elementary School**

1944 S. Church Street  
Allentown, PA 18103  
484-765-4500                      484-765-4511 – Health Center                      Run by Sacred Heart Hospital

**Harrison Morton Middle School**

137 N. Second Street                      484-765-5735  
Allentown, PA 18101                      Run by Sacred Heart Hospital

**Jefferson School Pediatric Health Center**

750 N. St. John Street                      484-765-5976  
Allentown, PA 18103                      Fax: 484-765-4431  
Accepts: MA                      Run by Sacred Heart Hospital

**Mosser Elementary School**

129 S. Dauphin Street                      484-765-5891  
Allentown, PA 18109                      Run by Sacred Heart Hospital

**Roosevelt Elementary School**

210 W. Susquehanna Street 484-765-4467  
Allentown, PA 18103                      Run by Sacred Heart Hospital  
Clinic is open to the community, Tuesday and Thursday by appointment only. Through collaborations, they offer a safe, nurturing school environment which empowers and cherishes all students and their families to strive to become community leaders.

**Sheridan Elementary School**

521 N. Second Street                      484-765-4891  
Allentown, PA 18102                      Run by Sacred Heart Hospital .  
Hours limited in summer. Note: For all Sacred Heart school clinic sites in summer, call this number: 484-765-5976.

**South Mountain Middle School**

709 W. Emmaus Avenue  
Allentown, PA 18103  
484-765-4324

**Bethlehem School Health Centers****Fowler Family Center at Donegan School**

1210 E. 4<sup>th</sup> Street  
Bethlehem, PA 18015  
610-997-3828

Child health services include dental, vision and free immunizations, plus developmental screening and sick care. Uninsured children's care is free. Accepts all MA plans. Sliding scale fee. MA plans accepted, small fee for uninsured women. Call this number for hours, appointments: 610-849-9157 – Pediatric Clinic.

**Marvine Family Health Center**

*(Se Habla Español)*

1425 Livingston Street  
Bethlehem, PA 18017  
610-868-7126

For adults only without health insurance. Sick care, physicals, health education for students and neighborhood residents. \$10.00 fee or lower. Hours: Appointments once a month on Thursday. Call for an appointment 1:15 to 4 p.m. once a month. Provides social service referrals. Call first. Note: Only for Bethlehem residents.

***FREE (OR LOW-COST) HEALTH CLINICS FOR ADULTS OR  
CHILDREN (WITHOUT INSURANCE)  
Clínicas De Salud Gratis (O De Bajo Costo) Para Adultos  
o Niños***



**The Caring Place Family Health Center**

931 Hamilton Street, 4<sup>th</sup> Floor

Allentown, PA 18101 610-433-4680

Services Provided: Routine Medical Care, Physicals, Immunizations, Sexually Transmitted Infection Screening Clinic, Pregnancy Testing, Prenatal Group visits, Diabetes Group Visit, Social Services and Educational Programs. No health insurance needed, sliding fee scale for care. Must make appointment.

Hours: Monday 8am to 7pm, Tuesday- Friday 8am to 5pm

**Fowler Family Center at Donegan School**

1210 E. 4<sup>th</sup> Street

Bethlehem, PA 18015 610-997-3828

Adults: OB/GYN care for women. Sliding scale fee. MA plans accepted, small fee for uninsured women. Call this number for hours, appointments: 610-865-7083 – Women’s Health.

**Marvine Family Health Center**

*(Se Habla Español)*

1425 Livingston Street

Bethlehem, PA 18017 610-849-9345

For adults only without health insurance. Sick care, physicals, health education for students and neighborhood residents. \$10.00 fee or lower.

Hours: Appointments once a month on Thursday. Call for an appointment 1:15 to 4 p.m. once a month.

Provides social service referrals. Call first. Note: Only for Bethlehem residents.

**Mosser Village Family Center**

614 S. Carlisle Street

Allentown, PA 18109

The St. Luke’s Health Star Van has partnered with Mosser Village Family Center. If you have a child (at least 3 years old) who does not have medical insurance and who is need of a physical and immunizations, please call Mitzi Xander at 610-820-4067 to schedule an appointment on the van at the center.

**New Bethany Church Medical Needs Clinic**

224 N. 6<sup>th</sup> Street 610-434-1477

Allentown, PA 18102 Hours: 9:00 a.m. to 12:00 noon on Tuesdays

For anyone who is uninsured and may need a medical evaluation. Provided by Sacred Heart Hospital Parish Nursing/Community Outreach Program. This is not an actual clinic that will provide an examination by a doctor or nurse practitioner. However, they will assess the medical needs of clients and try to set them up with appropriate medical services and get them insured. For more information, contact the church at the above number or Cheryl Cosmos, Community Health Advocate at 610-776-4850.

**Sixth Street Shelter Adult Health Clinic**

219 N. 6<sup>th</sup> Street (between Turner and Chew Streets)

Allentown, PA 18102

610-435-1490 Fax: 610-433-3282 Website: [www.caclv.org](http://www.caclv.org)

Walk –in clinic for uninsured adults 18 or older on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month starting at 5:30pm. Primarily physicals for employment, driver’s license and school. No appointments, arrive early, outside wait, first 20 served.

**Vida Nueva Health Clinic**

218 N 2<sup>nd</sup> St

Allentown, PA 18102

610-841-8400      FAX: 610-841-8401

Services Provided: Routine Medical Care, Physicals, Immunizations, Sexually Transmitted Infection Screening Clinic, Pregnancy Testing, Prenatal Group visits, Diabetes Group Visit, Social Services and Educational Programs

No health insurance needed, sliding fee scale for care. Must make appointment.

Monday 10am to 7pm, Tuesday – Friday 8am to 5pm

**ALLENTOWN MEDICAL PROVIDERS**  
*Proveedores De Salud*



**ABC Family Pediatricians**

1611 Pond Road

Allentown, PA 18104

610-395-4300

Fax: 610-530-9372

Accepts: Keystone Blue Chip Hours: Monday – Friday 8:00 –5:00 PM

401 N. 17<sup>th</sup> Street, Suite 204

Allentown, PA 18102

610-821-8033

Fax: 610-821-8931

Accepts: Blue Chip. For Medical Assistance accepts no new patients. Current MA patients continue.

5649 Wynwood Drive, Suite 104

Laurys Station, PA 18059

610-262-6641

Fax: 610-262-0428

Accepts: AmeriHealth Mercy

3800 Sierra Circle, Suite 100

Center Valley, PA 18034

484-664-2090

Fax: 484-664-2089

6900 Hamilton Blvd.

Trexlerstown, PA 18087

610-402-0460 or 610-402-6474

**Allentown Family Practice**

450 Chew Street, Suite 101

Allentown, PA 18102

610-776-4888

Fax: 610-776-4895

Accepts: Gateway, Mercy, CHIP

**Allentown Health Bureau**

Alliance Hall

245 N. 6<sup>th</sup> Street

Allentown, PA 18102

610-437-7754

Fax: 610-437-8799

By appointment only. (Except for walk-in Lead or STD testing clinics, see below)

MA/Low income – Allentown residents only

Immunizations – Free of cost to all but they do accept donations.

Immunization Clinics – by appointment

Wednesdays 1:30 – 3:30 PM

Alternating Weeks

Thursdays 8:30 – 11:45 AM

Alliance Hall

Thursday evenings (once a month) 4 – 6 p.m.

Adult immunizations: Fridays 1:30-4 p.m.

Lead Clinic – Free Walk-In

Wednesday – 2:00 PM – 4:00 PM

Free pregnancy testing, Thursdays 2-4 p.m.

TB clinic, Mondays 2-4 p.m.



**Children's Health Care**

1517 Pond Road  
Allentown, PA 18104  
610-395-4444  
Fax: 610-366-7886  
Hours: Monday – Thursday 8:00 AM – 6:00 PM  
– 8:00 AM – 5:00 PM  
Emergencies only weekends 9:00 AM – 12:00 PM  
Accepts: Blue Chip, Keystone, BC/BS, others – No Access

Friday

**Dr. John Connelly, DO**

501 N. 17<sup>th</sup> Street, Suite 108  
Allentown, PA 18104  
610-434-4760  
Fax: 610-820-9122  
Accepts: CHIP, AmeriHealth Mercy but no MA groups accepted.  
Accepts new patients with most insurance.

Hours: Monday, Wednesday, Friday 9:00 AM – 5:00 PM  
Tuesday and Thursday 9:00 AM – 6:45 PM  
Appointments only

**Drs. Mendoza and Camosto**

2223 Linden Street  
Bethlehem, PA 18017  
610-868-2007  
Fax: 610-866-8352    Accepts: CHIP

6693 Sullivan Trail  
Wind Gap, PA 18091  
610-863-8200  
Accepts: Blue Chip, Private Insurance

**Emmaus Avenue Family Practice**

1101 W. Emmaus Avenue  
Allentown, PA 18103  
610-797-2000  
Fax: 610-791-5814  
Accepts: Blue Chip, Aetna Chip

Hours: Monday, Wednesday, Thursday 8:00 AM – 4:30 PM  
Tuesday 8:00 AM – 1:00 PM  
Friday 8:00 AM – 4:00 PM

**Hanover Family Group**

1208 Hanover Avenue  
Allentown, PA 18109  
610-437-6490            Fax: 610-437-4151  
Accepts: CHIP  
(Private Practice – satellite of Sacred Heart Hospital)

Hours: Monday, Thursday, Friday 8:00 AM - 5:00 PM  
Tuesday and Wednesday 8:00 AM - 6:00 PM

**Lehigh Valley Family Health Center**

1730 Chew Street  
Allentown, PA 18104  
610-969-3500  
Fax: 610-969-3605  
(Not private – not clinic but they are affiliated with Lehigh Valley Hospital)  
Accepts: MA, Gateway, Mercy, CHIP

**Lehigh Valley Hospital Outpatient Pediatrics**

17<sup>th</sup> and Chew Streets 2<sup>nd</sup> Floor

Allentown, PA 18104

Information: 610-402-8000

Pediatric Clinic: 610-969-4300

Fax: 610-964-4332

Accepts: MA – PE, immunizations, sick care

(Low-income without insurance need to call for financial screening prior to appointment)

Call for appointment at daily clinics.

**Lehigh Valley Pediatric Associates, Inc.**

401 N 17<sup>th</sup> Street, Suite 307

Allentown, PA 18104

610-434-2162

Fax: 610-434-9370

No MA or Gateway, Med+, CHIP, etc.

(Only for existing patients)

**Lehigh Valley Physician's Practice**

17<sup>th</sup> & Chew Streets, Suite 101

Allentown, PA 18105

610-969-4370

Fax: 610-969-3445

Accepts: Access, Gateway, Mercy, Med+, others

**Dr. Alan P. Muto**

1425 Linden Street

Allentown, PA 18102

610-434-7343

Fax: 610-434-7484

Accepts: Mercy Health Plan, Gateway, Blue Chip

**Oakwood Medical Center**

951 N. 4<sup>th</sup> Street

Allentown, PA 18102

610-434-8801

Fax: 610-434-8812

Walk-in/Appointments

Hours: Monday – Thursday 8:00 AM – 7:00 PM    Friday – 8:00 AM – 5:00 PM

Accepts: MA

**Parkway Medical Center**

1597 Lehigh Street                      610-791-3801

Allentown, PA 18103                      Fax: 610-791-4851

Hours: Monday – Friday 8:00 AM – 7:00 PM

Accepts: Blue Chip, Gateway, Med+ and Mercy

**Scott A. Rice, MD**

401 N 17<sup>th</sup> Street, Suite 311

Allentown, PA 18104

610-821-4920

Fax: 610-821-1358

Accepts: Chip, AmeriHealth Mercy

**Sacred Heart Hospital Allentown Family Practice**

450 Chew Street, Suite 101

Allentown, PA 18102

610-776-4888

Fax: 610-776-4895

Accepts: Gateway, Mercy, Chip

**Sacred Heart Hospital Pediatric Associates**

450 Chew Street, Suite 203

Sigal Center

610-776-5160

Allentown, PA 18102

Fax: 610-606-4476

Accepts: CHIP, Blue Cross/Blue Shield, Keystone, No MA plans

(Private practice – not affiliated with Peds clinic but has same doctors)

**Sacred Heart Hospital Pediatric & Adolescent Services**

Clinic - Birth to 20 years old

Sigal Center, Suite 202

450 Chew Street

Allentown, PA 18102

610-776-5139 or 610-767-4767

Fax: 610-606-4458

Monday – Friday 9:00 AM - 5:00 PM

Call for appointments at daily clinics

Appointments start at 9:00 AM

Accepts: MA, Mercy Health Plan, Med+, Gateway. No private insurance accepted.

PE, immunizations, sick care.

**St. Luke’s Family Health Center**

1501 Lehigh Street, Suite 103

Allentown, PA 18103

610-628-8380

Fax: 610-628-8776

Clinic Hours

Monday, Tuesday, Thursday 8:30 AM – 7:30 PM

Wednesday & Friday 8:30 AM – 4:30 PM

Note: 1736 Hamilton Street, Allentown, 18104 is St. Luke’s Hospital – no outpatient facilities there.

Accepts: MA, Mercy Health Plan, Gateway, CHIP

PE, immunizations, sick care.

Call for appointments at daily clinics.

**St. Luke’s Kids Care**

1227 Liberty Street, Suite 303

Allentown, PA 18102

610-770-8240 or 610-628-8240

Fax: 610-289-1622

Accepts: Gateway, Mercy, CHIP, Does not take Med+

**Southside Family Medicine**

141 E. Emmaus Avenue 610-791-5930  
Allentown, PA 18103 Fax: 610-791-2157  
Accepts: Blue Chip (AmeriHealth Mercy only for existing patients)

**Susquehanna Medical Associates**

450 W. Chew Street, Suite 203  
Sigal Center 610-797-1600  
Allentown, PA 18102 Fax: 610-797-1355

**Tayyaba S. Jan, MD**

**Pediatric Health**

7615 Tilghman Street 610-366-9990  
Allentown, PA 18106 Fax: 610-366-9930  
Accepts: Gateway, CHIP, Private Insurance

**Total Family Health Care**

3131 College Heights Blvd., Suite 1100 610-437-7181  
Allentown, PA 18104 Fax: 610-435-0597  
Accepts: Private insurance

**West End Medical Group**

3710 Broadway 610-395-0307  
Allentown, PA 18104 Fax: 610-395-0950  
Accepts: CHIP insurance, no other MA groups

**William J. Phelan, MD**

2200 Hamilton Street, Suite 214  
Allentown, PA 18104  
610-770-9111  
Fax: 610-770-9507  
Accepts: CHIP

**Allentown WIC Sites**

**WIC - Casa Guadalupe**

218 N. 2<sup>nd</sup> Street  
Allentown, PA 18101  
610-435-9902 1-866-942-8463 (toll free)  
Fax: 610-435-0898  
Hours: Monday – Thursday 8:00 AM – 4:00 PM Friday 8:00 AM – 12:00 PM

**Lehigh Valley WIC Clinic**

1227 Liberty Street, Suite 104  
Allentown, PA 18102  
610-432-3455 1-866-942-8463 (toll free) (Appointments only)  
Fax: 610-432-1221  
Hours: Monday & Tuesday 9:00 AM – 6:00 PM Wednesday – Friday 8:00 AM – 4:00 PM

## ***Allentown Dental Providers Dentistas***

**Note:** Allentown Health Bureau offers free dental referral service and dental care assistance for non-insured children, ages 3-18 years. Call 610-437-7754.

### **Dr. Amir Ghali**

948 W. Hamilton Street  
Allentown, PA 18101  
610-432-0113  
Accepts: Delta, MetLife, Gateway, AmeriHealth Mercy

### **Dr. G. Assali, DDS**

1305 W. Hamilton Street  
Allentown, PA 18102  
610-351-6285  
Fax: 610-351-6273  
Accepts: Gateway, Mercy, Unison

### **Allentown Family Dental – Dr. Cecilia Balbuena, DDS**

845 W. Tilghman Street  
Allentown, PA 18102  
610-433-4533  
Accepts: CHIP, Gateway, Med+ (Unison), MetLife, Delta, Aetna, others

### **Allentown Pediatric Dental Associates**

Parkview Professional Building  
3057 College Heights Blvd.  
Allentown, PA 18104  
610-433-2357 Fax: 610-433-9133  
Accepts: CHIP, Mercy, Med+, AmeriHealth UHCP, Avesis, KM, ABH, Gateway

### **American Family Dental Care**

1901 Union Blvd.  
Allentown, PA 18109  
610-437-5353  
Fax: 610-439-5760  
Accepts: Some MA and Chip

### **Dr. Hari Dalsania**

1225 Union Boulevard  
Allentown, PA 18109  
610-434-8008  
Fax: 610-434-6031  
Accepts: Mercy, Med+, CHIP  
Hours: Monday and Wednesday 8:30 AM – 4:30 PM  
Tuesday – closed

927 Chestnut Street  
Emmaus, PA 18049  
610-965-2755  
Hours: Tuesday 9:00 AM to 5:00 PM  
and Friday 9:00 AM to 12:00 PM

**Family Dentistry****Dr. I. Abraham, DDS, Dr. A. Yacoub and R. Dr. Salloum**1111 N. 19<sup>th</sup> Street

Allentown, PA 18104

610-434-3310

Fax: 610-434-4270

Accepts: AmeriHealth Mercy, Med+, Gateway

**Fairmont Dental Associates**

1414 W. Fairmont Street

Allentown, PA 18102

610-435-1288

Accepts: Delta, CHIP, Aetna, MetLife, Unita Concordia

**Family Dental Services**123 N. 13<sup>th</sup> Street/P.O. Box 4237

Allentown, PA 18102

610-434-9660

Accepts: Blue CHIP

Ages 4 and older

Hours: Monday – 8:30 AM – 7:00 PM, Tuesday, Wednesday, Thursday, 8:30 AM – 6:00 PM,

Friday – 8:30 AM – 2:00 PM

**Hamilton Dental Association**

1144 Hamilton Street

610-435-2550

Allentown, PA 18101

Fax: 610-351-7451

Accepts: Gateway, Mercy, BC/BS, Med Plus, Aetna, PPO and CHIP

**Lehigh Valley Hospital Dental**

Lehigh Valley Hospital

17<sup>th</sup> & Chew Streets

610-969-2245

Allentown, PA 18104

Accepts: MA, Gateway, Med+, Mercy

Hours: 8:30 AM – 5:00 PM Monday – Friday

**Dr. Eugene McGuire – Pediatric Dentist**

Springhouse Professional Center

1575 Pond Road, Suite 105

610-481-9100

Allentown, PA 18104

Fax: 610-481-9275

Accepts: AmeriHealth and Delta Blue Chip

**Miles of Smiles**

Dental Van

484-788-9678

For uninsured and insured patients.

**Dr. Talal Noumeh – Family Dentistry**

1640 Union Boulevard

Allentown, PA 18102

610-776-7578

Fax: 610-776-7796

Hours: Monday – Friday 9:00 AM – 5:30 PM

Saturday – 9:00 AM – 2:00 PM (Call first)

Accepts: Aetna, Blue Chip, Keystone, Med+ (Unison), Gateway, AmeriHealth Mercy, others

**Pediatric Dentistry**

Dr. Dilshad Sumar DMD

1517 Pond Road, Suite 201

Allentown, PA 18104

610-395-4800

Fax: 484-395-7080

Accepts: Delta, Blue Chip, No MA, Gateway with authorization

**Dr. Jeffrey Rosen**

16 N. 13<sup>th</sup> Street

Allentown, PA 18102

610-434-4077

Private Insurance or cash only

**Sacred Heart Hospital Dental Clinic**

450 Chew Street – Sigal Center, Suite 201

Allentown, PA 18102

610-776-4802

Accepts only Gateway

Hours: 8:00 AM – 3:00 PM Monday – Friday

**Smile Krafters Dentists**

1247 S. Cedar Crest Blvd. Suite 300

Allentown, PA 18103

610-628-1228

Website: [www.smilekrafters.com](http://www.smilekrafters.com)

Accepts all insurances, including medical assistance – please tell them “Weed and Seed sent me” and they will make a contribution to the Allentown Boxing Gym.

**Richard Stauffer, DDS, PC**

899 W. Turner Street

Allentown, PA 18102

610-435-6151

Accepts: CHIP, Aetna

**Dr. Michael Taras**

2900 Hamilton Blvd., Suite 106

Allentown, PA 18195

610-432-1320

Fax: 610-432-0148

**Windsor Family Dental**

7540 Windsor Drive, Suite 203

Allentown, PA 18195

610-336-4845

Fax: 610-871-5212

Accepts: Most Chip and Aetna

## ***Allentown Optometrists (Eye Doctors) Oculistas***

### **Allentown Vision Center**

939 Hamilton Street  
Allentown, PA 18101  
610-434-1000  
Fax: 610-434-9592  
Accepts: CHIP, AmeriHealth Mercy, Gateway and Med+

### **Association for the Blind and Visually Impaired (for Lehigh Valley and Palmerton residents)**

845 W. Wyoming Street  
Allentown, PA 18103  
610-433-6018  
Fax: 610-433-4856  
Low income/non-MA  
Aids in getting glasses

### **Dr. Marc Berson, OD & Monica Martocci, OD**

31 S. Ninth Street  
Allentown, PA 18102  
610-432-1500  
Fax: 610-432-5559  
Accepts: CHIP, Mercy Health Plan, Gateway, Med+

### **Dr. Nancy Perez**

#### **Dr. Patricia Seyer**

1040 Hamilton Street  
Allentown, PA 18101  
610-433-5128  
Accepts: Gateway, Med+, Mercy

### **Family Eye Care**

Dr. I.N. Fedoriu  
1320 Hamilton Street  
Allentown, PA 18102  
610-434-1371  
Accepts: Private Insurance and CHIP

### **Dr. Binae Karpo, OD**

2821 Tilghman Street  
Allentown, PA 18104  
610-434-1166  
Accepts: Med Plus/Gateway & AmeriHealth Mercy



**Lehigh Valley Center for Sight (Ophthalmologist on site)**

1739 Fairmont Street  
Allentown, PA 18104  
610-435-0956

By appointment only (eye medical problems only and emergencies)

\* Only accepts MA for existing patients.

**Dr. Gino Romig, OD**

1202 Washington Street  
Allentown, PA 18102  
610-433-3990

Accepts: Mercy, Gateway, Med+, CHIP, others

**Sacred Heart Hospital**

Eye Clinic  
421 Chew Street, 3<sup>rd</sup> Floor  
Allentown, PA 18102

Call 610-776-5180 to schedule appointments. Open Mondays.

Accepts: MA, Mercy Health Care, Gateway, Med+ (Unison)

**Total Eye Care**

**Dr. William Semmel**

3323 Hamilton Blvd.  
Allentown, PA 18103  
610-776-6600

Accepts: CHIP, Gateway, Mercy, Med+, others.

*(Se Habla Español)*

**Vision Masters**

706 Grape Street  
Whitehall, PA 18052  
610-266-7700

Fax: 610-266-9300

Accepts: CHIP

## ***Allentown Ophthalmologists Oftalmología en Allentown***

### **Andrew Bausch, MD**

#### **David G. Jones, MD**

1616 W. Allen Street  
Allentown, PA 18102  
610-432-0201  
Fax: 610-434-1210  
Accepts: Private Insurance

### **Harry Buchanan, IV, MD**

400 North 17<sup>th</sup> Street, #200  
Allentown, PA 18104  
610-433-2021  
Fax: 610-433-7856  
Accepts: Private insurance, CHIP for eye problems

### **Maz Kazahaya, MD**

1251 S. Cedar Crest Blvd., Suite 307  
Allentown, PA 18103  
610-820-6320  
Fax: 610-820-8376  
Accepts: MA only Access, CHIP

### **Lehigh Valley Eye Center and Children's Eye Care**

400 N. 17<sup>th</sup> Street, Suite 101-106  
Allentown, PA 18104  
610-433-0450  
Fax: 610-433-4655  
Accepts: Mercy Care Plan (referral), CHIP

### **Paul Schenck, MD**

5239 Hamilton Blvd., Suite 1  
Allentown, PA 18106  
610-398-2800  
Fax: 610-366-1343  
Accepts: Gateway and other private insurance

## ***Prenatal Care Allentown/Cuidado Prenatal en Allentown***

### **Lehigh Valley Hospital Center for Women's Medicine**

17<sup>th</sup> & Chew Sts. 1<sup>st</sup> floor

PO Box 7017                      610-402-1600

Allentown, PA 18105              Fax: 610-969-2197

Accepts: Access, Mercy, Med+, Gateway

Offers breast and cervical cancer screenings. Records for Casa Guadalupe are sent here as well.

### **LVH Center for Women's Health at Casa – "Vida Nueva" Clinic**

218 N. 2<sup>nd</sup> Street

Allentown, PA 18101              610-841-8400

Accepts: Access, Mercy, Med+, Gateway              Send for records at LVH 17<sup>th</sup> & Chew

### **Lehigh Valley Women's Medical Specialties, PC**

440 South 15<sup>th</sup> Street              610-437-7000

Allentown, PA 18102              Fax: 610-437-6381

### **Ernesto Rodriguez, MD**

1007 Hamilton Street

Allentown, PA 18101              610-774-9694              Accepts: Mercy, Gateway, private, Access

### **OB/GYN Associates of the Lehigh Valley**

1611 Pond Road, Suite 401

Allentown, PA 18104              610-398-7700              Accepts: No MA

### **Sacred Heart Hospital OB/GYN Services**

421 Chew Street                      610-776-4758

Allentown, PA 18102              Fax: 610-776-5176

### **Total Women's Health Care**

#### **Dr. John Scaffidi / Dr. Gary Karounos, MD**

2200 W. Hamilton Street, Suite 103

Allentown, PA 18102

610-821-8321                      Accepts: Med+, Mercy, Gateway, others

### **Women's Health Center, St. Luke's Allentown**

1837 W. Linden Street

Allentown, PA 18104              610-770-8400              Accepts: Gateway, Mercy, Access

## ***Allentown Specialist***

### **Dr. Karen Senft**

Developmental Behavioral Pediatrics

Good Shepherd Rehab

850 South 5<sup>th</sup> St.

Allentown, PA 18103

610-776-3278                      Accepts: AmeriHealth Mercy, Gateway, MA

# BETHLEHEM MEDICAL PROVIDERS

*Proveedores De Salud*



**ABW Pediatric Associates**

2223 Linden Street  
Bethlehem, PA 18017  
610-866-2277  
Accepts: CHIP, private insurance

6693 Sullivan Trail  
Wind Gap, PA 18091  
610-863-8200  
Fax: 610-863-7019

**Bethlehem Health Bureau**

*(Se Habla Español)*

10 E. Church Street  
Bethlehem, PA 18018  
610-865-7087 (office)  
Fax: 610-865-7326

Hours: 8:00 AM – 4:30 PM      Pediatric Clinic: 610-865-7092  
Walk-In STD Clinic – Call 610-865-7058

Offers medical care, public health, stop smoking, cancer screening programs.

Appointments made at 610-865-7092. **Will not** see walk-ins at pediatric or shot clinics.  
(Pediatric Clinic answering machine may answer after 4:30 PM)

Immunization Clinic 1<sup>st</sup> and 3<sup>rd</sup> Wednesday, 2<sup>nd</sup> and 4<sup>th</sup> Tuesday by appointment. Call 610-865-7083  
Clinic – must live in City of Bethlehem – MA accepted, also for uninsured adults and children  
Free immunizations for low income children who live in Bethlehem School District.

**Bethlehem Health Bureau Immunization Clinic**

1210 E. 4<sup>th</sup> Street (Fowler Family Center at Donegan School)  
Bethlehem, PA 18015

Immunizations for children and adults who are uninsured or underinsured  
Hours: Call 610-865-7087 for an appointment

**Bethlehem Health Bureau Women’s Clinic**

1210 E. 4<sup>th</sup> Street (Fowler Family Center at Donegan School)  
Bethlehem, PA 18015

Family Planning, Pam Smears, Annual GYN Exams  
Hours: Tuesday morning 8 AM to 11 AM. Call 610-865-7087 for an appointment.  
Select Plan and MA accepted

**Dr. Hassan Bozorgnia**

4315 Easton Avenue  
Bethlehem, PA 18020  
610-861-8830      Fax: 610-861-0891  
Accepts: Aetna, CHIP, others (No MA)

**Dr. Sally Haggerty**

204 E. Market Street  
Bethlehem, PA 18018  
610-866-4566

**The Health Center at Bethlehem Township**

Dr. G. Gopal, M.D.  
2101 Emrick Blvd. Suite 100  
Bethlehem, PA 18020  
610-868-4000  
Accepts: Only private insurance

**Health Spring**

Dr. Holly Binning  
2101 Emrick Blvd., Suite 201  
Bethlehem, PA 18020  
484-895-3300 Fax: 484-895-3330  
Accepts: Access, others, CHIP

**Lehigh Valley Pediatric Associates, Inc.**

612 Elm Street  
Bethlehem, PA 18018  
610-865-3151 Fax: 610-865-3249  
No MA or Gateway, Med+, CHIP, etc.(Only for existing patients)

**Muhlenberg Primary Care PC**

2649 Schoenersville Road, Suite 201  
Bethlehem, PA 18017  
610-868-6880  
Accepts: Only private insurance

**NHS Children's Program of the Lehigh Valley**

701 W. Broad Street, Suite 105  
Bethlehem, PA 18018  
610-866-8842  
Accepts: Access, Gateway, Mercy, others

**St. Luke's Family Practice at Fowler Family Center at Donegan Elementary School**

1210 E. 4<sup>th</sup> Street (entrance at street level facing light on Fourth and Hobart Street)  
Bethlehem, PA 18015  
610-849-9157 Fax: 484-821-0062  
Physicals, shots, well and sick care  
Accepts: AmeriHealth Mercy, Gateway, other insurances and uninsured  
Hours – by appointment only. Call number above.

**St. Luke's Family Practice Center**

2830 Easton Avenue  
Bethlehem, PA 18017  
610-954-3555 Fax: 610-954-3560  
Closed for lunch 12 – 1:00 PM – has evening hours  
Accepts: CHIP

**St. Luke's Hospital Union Station Clinic**

Third Street at 240 Union Station Plaza  
Bethlehem, PA 18015  
484-526-4700  
Call for appointments  
Medical clinics for adults (not prenatal)  
Accepts: MA, Gateway, others

**St. Luke's Fowler Family Kids Care Center**

511 E. 3<sup>rd</sup> St.  
Bethlehem, PA 18015  
484-526-3060  
Accepts: Access, Gateway, Mercy, CHIP, others

**South Mountain Family Practice**

1545 Broadway  
Bethlehem, PA 18015  
610-865-6112  
Accepts: CHIP, other insurance

**Drs. Richard and Stanley Stein, MD**

701 N. New Street  
Bethlehem, PA 18018  
610-866-8076  
Takes all insurance but not MA managed care groups. Takes Blue Chip.  
Hours: 9:00 AM to 5:00 PM Monday through Friday, 9:00 AM to 12:00 PM on Saturday

**William Penn Family Practice**

4379 Easton Avenue, Suite 101  
Bethlehem, PA 18020  
610-814-2424  
Accepts: Gateway, Mercy, private insurance, CHIP

**St. Luke's Hospital**

801 Ostrum Street  
Bethlehem, PA 18015  
484-526-4000  
Fax: 610-954-2380  
Has women's medicine  
and prenatal center  
Accepts: All MA groups  
including Access

Has evening hours  
3:30 – 6:00 PM Tuesday & Thursday

## ***Bethlehem Dental Providers Dentistas en Bethlehem***

### **Dr. Ramon Arreola**

1020 West Broad Street

Bethlehem, PA 18018

610-691-6900 Fax: 610-691-8278 Accepts: Mercy, Blue Chip, Med+, Gateway (for children only)

### **Bethlehem Health Bureau**

***(Se Habla Español)***

10 E. Church Street

Bethlehem, PA 18018

610-865-7087

Services to children up to age 6 who reside in city limits. Application process is in our office. Accepts: MA

### **Bethlehem Pediatric Dental Associates**

Dr. Ibrahim Durra

2299 Brodhead Road, Suite C-1

Bethlehem, PA 18020

610-954-5400 Fax: 610-954-9008

Accepts: CHIP, Mercy, Med+, AmeriHealth UHCP, Avesis, KM, ABH, Gateway

### **Dr. Ian Cantor**

1106 Broadway

Bethlehem, PA 18015

610-434-6626 Fax: 610-625-0730 Only Tuesday, Wednesday, Thursday and Friday

Accepts: Gateway, Blue CHIP, Med+ (Unison), Mercy to age 18

### **Family & Cosmetic Dental Care**

Soun Wong, DMD

601 Delaware Avenue

Bethlehem, PA 18015

610-868-6768 Accepts: Mercy and Gateway until age 21, other insurances.

### **Lehigh Valley Hospital – Muhlenberg Dental Center**

2545 Schoenersville Road

Bethlehem, PA 18017

484-884-2315

Accepts: Gateway, Med+ and AmeriHealth Mercy

Hours: Monday – Friday 8:30 AM – 5:00 PM

### **Lehigh Valley Pediatric Dentistry**

1665 Valley Center Parkway

Bethlehem, PA 18017

610-694-0711



**Northampton Community College Dental Clinic**

3835 Green Pond Road

Bethlehem, PA 18020

610-861-5442 (Operates End of August until early May)

Services: Cleaning, X-rays and sealants only. Accepts: Gateway, Mercy, Med+, Access

**Alan Parker, DMD**

2710 Schoenersville Road, Suite 102

Bethlehem, PA 18017

610-691-1500

**St. Luke’s Dental Health Center**

240 Union Station Plaza

Bethlehem, PA 18015

610-954-2460

Accepts: Gateway, Mercy, private insurance, self-pay, No Med+, No CHIP

**St. Luke’s Dental Van**

610-533-0824 (cell phone – leave message) Jose – Driver

**Dr. Jeannine Wyke**

701 W. Union Blvd.

Bethlehem, PA 18018

610-867-1511

***Bethlehem Specialist  
Especialistas en Bethlehem***

**Bruce Greenspan, MD**

940 N. New Street

Bethlehem, PA 18018

Ear, Nose & Throat Specialist

610-868-6900

Accepts: Mercy, Gateway, CHIP, others

***Bethlehem Orthodontic***

**Dr. Cook**

701 West Union Blvd.

Bethlehem, PA 18018

610-865-2777

Fax: 610-865-1099

Accepts: Gateway

***WIC Site***

**WIC – Bethlehem**

520 E. 4<sup>th</sup> Street

Bethlehem, PA 18015

610-691-6491 or 1-866-942-8463 (toll free)

Fax: 610-868-5836

Hours: Monday 9:00 AM – 6:00 PM, Tuesday – Thursday 9:00 AM – 4:30 PM, Friday 9:00 AM – 4:00 PM

**Bethlehem Optometrists (Eye Doctors)**  
**Oculistas**

**Lehigh Valley Eye Center**

3535 High Point Blvd.

Bethlehem, PA 18017

610-867-9900

Accepts: AmeriHealth Mercy, Capital Blue Cross, private insurance, Aetna

Hours: Monday thru Friday 8 am to 4:30 pm

**Medoptic “See for Less”**

Dr. Sylvia Medina, O.D.

827 E. 4<sup>th</sup> Street

Bethlehem, PA 18015

610-866-9460

Fax: 610-866-9462

Hours: Monday, Wednesday, Friday & Saturday 10 am to 5 pm, Tuesdays and Thursdays 12 pm to 7 pm

**Pearle Vision**

Linden Street / Route 191

In Bethlehem Square Shopping Mall (across from Sears Essentials)

Bethlehem, PA 18018

610-866-1000

Accepts: Med+, CHIP, private insurance

**St. Luke’s Eye Clinic – Retina Center**

801 Ostrum Street

Bethlehem, PA 18015

610-954-2130

Low income MA. \*Serious eye problems that require surgery must see an ophthalmologist through the hospital clinic. Referral from providers.

**VIABL – Visual Impairment and Blindness Services (for Lehigh Valley residents)**

845 W. Wyoming Street

610-433-6018

Allentown, PA 18103

Fax: 610-433-4856

MA referral – Accepts all MA insurances – Gateway, Mercy, Blue Chip, Davis Vision, helps uninsured county residents for exams and glasses. Eye doctor on site 3 days a week.

## ***Hearing & Speech Audio y Habla***

### **St. Luke's North Testing Center – SLH Testing Center**

153 Brodhead Road

Bethlehem, PA 18017

610-954-3222

Call for appointment

Accepts: MA, Gateway, Blue Chip, Mercy

## ***Bethlehem Area Prenatal Care Cuidado Prenatal en Bethlehem***

### **College Heights OB/GYN Association**

1665 Valley Center Parkway, Suite 130

Bethlehem, PA 18017

610-317-0208

### **Johnnie Willis, MD**

685 Delaware Avenue

610-867-4151

Bethlehem, PA 18015

Fax: 610-867-9129

Accepts: private insurance

### **St. Luke's Obstetrics and Gynecology Associates**

701 Ostrum Street, Suite 203

Bethlehem, PA 18015

610-691-3603

Accepts: private insurance

### **Women's Health Center, St. Luke's Bethlehem**

801 Ostrum Street

Bethlehem, PA 18015

610-954-4761

Call for appointment.

Fax: 610-954-2380

Prenatal care and women's medicine. All Access and MA groups accepted. Has day and evening hours.

**EASTON MEDICAL PROVIDERS**  
*Proveedores De Salud*



**Community Care Center for Easton Hospital**

111 North Fourth Street  
 Easton, PA 18042  
 610-253-1460  
 Fax: 610-253-1830

Sick care and well care for children under 16.  
 Must have an appointment. Free STD testing.  
 Accepts: Mercy, Gateway, Medicare, Access, Med+

205 S. 22<sup>nd</sup> Street  
 Easton, PA 18042  
 610-250-4452  
 Fax: 610-250-4843

For those over 16 years  
 Accepts: Mercy, Gateway, Med+, Access

**Easton Area Family Medicine Associates**

Charles Chrin Commons II Building  
 2925 William Penn Highway, Suite 201  
 Easton, PA 18045

610-258-1400  
 Fax: 610-258-3047

Does not accept Mercy, Gateway, Med+. Accepts Blue CHIP.

G. Bruce Miels, D.O.  
 Mark A. Casaia, M.D.  
 Leonor Forero, M.D.  
 David Kemp, M.D.  
 Patricia A. Geil, M.D. Pediatrics

**Easton Family Practice**

Dr. K. Makhoul 610-438-4314  
 1901 Hay Terrace Fax: 610-438-4315  
 Easton, PA 18042

Accepts: Mercy, Gateway, CHIP, Med+, and private insurance

**Dr. Vasundhara Kakodkar**

1922 Hay Terrace  
 Easton, PA 18042  
 610-252-3042

Fax: 610-253-0831

Accepts: CHIP, private insurance

**Dr. H.C. Lee**

1825 Northampton Street  
 Easton, PA 18042

610- 253-0811 Fax: 610-253-6045 Accepts: Keystone, Aetna, CHIP. (Does not accept MA groups.)

**Northampton County State Health Center**

PA Dept. Of Health 610-250-1825  
 1600 Northampton Street Fax: 610-250-1812  
 Easton, PA 18042

Immunizations for children. Accepts: Access, Gateway, Med+, Mercy, CHIP. Call for appointment.  
 Accepts non- or under insured children. Refers new clients to Easton Hospital clinics if needed.

**Redi-Care Medical Center**

2461 Nazareth Road (25<sup>th</sup> Street, Shopping Center)  
 Easton, PA 18045  
 610-258-5300 Fax: 610-258-5138

Monday through Saturday 8:00 AM to 9:00 PM, Sunday 9:00 AM to 5:00 PM. Walk-ins welcome.  
 MA – if primary care physician – Gateway, Med+, Mercy, Blue Chip, others. (No new Gateway patients.)

**St. Luke’s Hospital – Anderson Campus**

1872 Riverside Circle  
Easton, PA 18045  
484-503-3000

Advanced services include inpatient care; emergency room services; surgical services; radiology services; Cancer Center; Heart and Vascular Center; St. Luke's Bone & Joint Institute; St. Luke's Riverside Internal Medicine and the St. Luke's Health & Fitness Center.

**St. Luke’s Kids Care Health Center**

414 Northampton Street  
Easton, PA 18042

610-559-2175 Fax: 610-559-2195

Accepts: Mercy, Access, Blue Chip and private insurance (No Aetna)

**Dr. Maheshwer Verma**

21 Corporate Drive  
Easton, PA 18042

610-252-4220 Fax: 610-258-2553

Accepts: Private Insurance, Aetna, CHIP

**WIC**

**WIC of Easton**

101 Larry Holmes Plaza, Suite 204  
Easton, PA 18042

610-258-6938 or 1-866-942-8463 (toll free) Fax: 610-258-0147

Must call for appointment.

Hours: Monday and Thursday 8:00 AM – 5:00 PM, Tuesday, Wednesday, Friday 8:00 AM – 4:00 PM

***Easton Dental Providers***

***Dentistas en Easton***

**Adam G. Bernhardt, Jr. DMD**

3413 Sullivan Trail  
Easton, PA 18040

610-258-6116

Accepts: Private Insurance, Takes Delta CHIP

Will start seeing children at age 3

**Dr. Prabu Dev**

3800 William Penn Highway  
Easton, PA 18042

610-923-0100

Fax: 610-923-0115

Accepts: Blue Chip, Gateway, Med Plus, Unison (No Aetna CHIP)

Will start seeing children at age 3

**Dr. Steven Saffren**

**Dr. Don Gibson**

1625 Northampton Street  
Easton, PA 18042

610-252-8966 or 610-252-8997

Fax: 610-252-6691

Accepts: CHIP, AmeriHealth Mercy, others

***Easton Optometrists (Eye Doctors)***  
***Oculistas en Easton***

**Dr. Gary Dietterick**

**Palmer Family Eye Care**

21 Corporate Drive

Easton, PA 18045

610- 258-2442

Fax: 610-258-7961

Private insurance only for vision.

Accepts: CHIP, other private insurance

**Dr. Gene Lund**

**Wal-Mart Eye Center**

3722 Easton-Nazareth Hwy

Easton, PA 18045

610- 253-6476

Accepts: Gateway, AmeriHealth Mercy, Keystone CHIP, Aetna CHIP

**Dr. Gabrielle Schoeppner**

3735 Nazareth Road, Suite 205

Easton, PA 18045

610- 258-7255      Fax: 610-258-5197

Insurance accepted: only private – no MA groups

(Sees only adults – refers children to pediatric specialists)

**Dr. Hildy Strongwater, OD**

**Dr. Maurice Strongwater, OD**

441 Northampton Street

Easton, PA 18042

610-253-8132

Fax: 610-253-2286

Accepts: Gateway, Mercy, Blue Chip, Med+

**Easton Hospital Pediatric Clinic**

610-250-4452

Serious eye problems referred to private doctors. Accepts: MA, Gateway, Mercy

# RURAL MEDICAL & DENTAL PROVIDERS

*Medicos & Dentistas Rurales*





## ***Bangor***

### **Bangor Medical Center**

Dr. Cinelli/Dr. Beard                      610-588-4502  
153 North 11<sup>th</sup> Street                      Fax: 610-588-6928  
Bangor, PA 18013  
Accepts: Keystone CHIP, private insurance

### **Blue Mountain Pediatrics**

Dr. Mary Ellen DeFranco  
316 Washington Blvd.                      P.O. Box 405  
Bangor, PA 18013                              Brodheadsville, PA 18322  
610-599-9000                                      570-402-8900  
Fax: 610-599-9119                              Fax: 570-402-8122  
Accepts: AmeriHealth Mercy, Geisinger Chip, Access, Capital Blue Cross/Blue Shield (all Blues except Chip), and most private insurance

### **Pacifico Dental Care**

Dr. Karla Stanz, DMD/Dr. Jeffrey M. Rosen, DMD  
48 North Third Street                      610-588-2722                      1-888-860-5907 (toll free) –for appointments  
Bangor, PA 18013                              Fax: 610-599-1034  
Accepts: Access  
Hours: Mondays 8:00 AM to 5:30 PM, Tuesdays 8:00 AM to 7:30 PM, Wednesdays 8:00 AM to 6:30 PM,  
            Thursdays 8:00 AM to 5:00 PM

## ***Nazareth***

### **Nazareth Area Family Medicine Assoc.**

Dr. Bratt and Dr. Pogodzinski  
25 South Broad Street, Suite 104  
Nazareth, PA 18064                              610-759-0245  
Does not accept MA or MA groups.                      New patients – private insurance only.

### **Dr. Craig Sabre**

111 S. Spruce Street, Suite 104  
Nazareth, PA 18064                              610-746-9640

### **Dr. David Zambo**

4263 Lonat Drive  
Nazareth, PA 18064                              610-759-5501  
Private Insurance only.  
Hours: Monday, Tuesday, Wednesday, Friday 8:30 AM – 4:00 PM, Closed Thursday

### **Dr. Arnold Riback (OPTOMETRIST)**

Office in Raceway Shopping Center  
Nazareth, PA 18064                              610-746-0992  
Accepts: CHIP, Med+, Gateway, Mercy, Penn Vision II

## ***Northampton***

### **Northampton Medical Associates**

602-B East 21<sup>st</sup> Street

Northampton, PA 18067 610-262-5522

Accepts: MA, Med+, Gateway (Has evening and Saturday hours)

### **Drs. Angello, Sharkey, & Kokosky (OPTOMETRISTS)**

1935 Center Street

Northampton, PA 18067 610-262-2091

Accepts: Aetna, CHIP, other private insurance

## ***Walnutport***

### **Debra E. Cressman MD**

### **Thomas E. Yablonski, MD**

215 N. Best Avenue

Walnutport, PA 18088 610-760-7044

Accepts: CHIP

### **Professional Dental Associates**

Dr. David Wyke

433 S. Best Avenue

Walnutport, PA 18088

610-767-0601

No MA Accepts: Blue CHIP

Accepting new patients 3½ yrs. and older

Hours: Monday, Wednesday, Thursday

8:00 AM to 5:00 PM

Tuesday 7:00 AM to 2:00 PM

### **Dr. Karen Lehman**

### **Walnutport Dental Center**

PO Box 118

Walnutport, PA 18088

610-767-5388

Hours: Monday and Wednesday 8:30 AM – 5:00 PM

Thursday 8:30 AM – 2:00 PM

### **Dr. Joseph F. Werner**

### **Walnutport Family Eye Care**

301 N. Best Avenue

Walnutport, PA 18088 610-767-1555

Accepts: MA, CHIP, most insurances

## ***Whitehall***

### **Pennsylvania Department of Health**

Lehigh County State Health Center

3730 Lehigh Street, Suite 206

Whitehall, PA 18052

610-821-6770

By appointment only – offers immunizations for non-insured or under insured children.

A \$5.00 fee per child is requested but can be waived.

Cannot serve Bethlehem or Allentown city residents

### **Dr. W. Yacoub, MD**

### **Whitehall Medical & Dental Associates**

450 Pershing Blvd.

Whitehall, PA 18052

610-434-6678 Fax: 610-434-6671

610-434-6796 – dental

Accepts: Mercy, Med+, Gateway,

CHIP, and others

Will start seeing children at any age

**PA Eyewear Factory**

2309 Macarthur Road  
Whitehall, PA 18052 610-770-0602  
Accepts: AmeriHealth Mercy, March Vision, Gateway

**Carbon Lehigh Intermediate Unit #21**

4750 Orchard Road  
Schnecksville, PA 18078-2597 610-769-4111, Ext. 1680  
(Audiology – no vision)

***Wind Gap / Pen Argyl***

**Dr. Mark Powell**

**Dr. Shelia Borick**

**Wind Gap Family Practice**

131 S. Broadway  
Wind Gap, PA 18091  
610-863-7888  
Takes no MA groups, Accepts 1<sup>st</sup> priority CHIP

**Bushkill Family Practice**

497 Bushkill Plaza Lane  
Wind Gap, PA 18091  
610-863-7020  
Fax: 610-863-5504  
Accepts: CHIP and private insurance

**Dr. Jay Goldsledger – Pedodontist**

**Upper Merion Dental Association**

357 S. Gulph Road  
King of Prussia, PA 19406  
610-337-2325  
Accepts: CHIP, Mercy, Med+, AmeriHealth UHCP, Avesis, KM, ABH (Children’s Dental Specialist)

**Dr. Matthew N. Sabatine, Jr.**

137 Broadway  
Bangor, PA 18013  
610-588-4679  
(If you miss 2 appointments as patient,  
you will be dropped.)  
Accepts: Blue Chip and private insurance only.  
Accepts: MA, CHIP, Gateway, Mercy Health, Med Plus for ages 3-18

**Lehigh Dental – Dr. Thomas Gyory**

223 Eugene Street  
Catasauqua, PA 18032  
610-266-0466  
Accepts: CHIP and private insurance

**Trexler Family Dental Care**

The Shoppes at Trexler  
P.O. Box 731 610-395-3335  
Trexlerstown, PA 18087

Accepts Blue Chip  
Accepting new patients 3½ years and older.  
Monday, Tuesday, Thursday 7:30 AM - 5:30 P

**Whitehall Medical & Dental Associates**

450 Pershing Blvd. 610-434-6678  
Whitehall, PA 18052 610-434-6796 – dental  
Accepts: Mercy, Gateway, Med+, CHIP, Others. Any age.

**Dental Dreams**

2180 MacArthur Rd.

Whitehall, PA 18052

610-437-1800

Fax: 610-437-1900

Accepts: Access, Gateway, Mercy, Unison, UPMC, PPO, Delta, Cigna Radius

**Dr. Skaff**

1634 MacArthur Rd.

Whitehall, PA 18052

610-433-3361

Fax: 610-433-0168

Accepts: Gateway, Mercy

***Epilepsy*****Epilepsy Foundation**

919 Walnut Street, Suite 700

Philadelphia, PA 19107

215-629-5003

Fax: 215-629-4997 Toll Free: 800-887-7165

Website: [www.efepa.org](http://www.efepa.org)

Email: [efsepa@efsepa.org](mailto:efsepa@efsepa.org)

Addresses the non-medical needs of those with epilepsy and their families through education, support, and advocacy.

***Rural WIC Sites*****WIC – Lehighon-Carbon County**

146 North Street, Suite 1

Lehighon, PA 18235

610-377-6097 or 1-866-942-8463 (toll free)

Fax: 610-377-9667

By appointment only

# PRESCRIPTION DRUG ASSISTANCE

## *Ayuda De Farmacia*



**Partnership for Prescription Assistance-PA (PPARxPA)**

Connects qualified low-income people with discount or free prescription drugs, direct from the medicine manufacturer. Can help you enroll in one or more of over 150 company programs that provide more than 1,200 medicines for free or at a low cost. Go online at [www.pparx.org](http://www.pparx.org) or call 1-888-477-2669.

**Pharmaceutical Assistance** (See listing under Lehigh County Conference of Churches)

**ProJeCt of Easton**

320 Ferry Street  
Easton, PA 18042  
610-258-4361

*(Se Habla Español)*

**Salvation Army Shelter**

344 N. 7th Street  
Allentown, PA 18101  
610-432-0128

# HOTLINES

*Líneas De Apoyo y Emergencia*



**Asthma Health Info Hot Line**

1-800-727-8462      10 a.m. – 3 p.m. or leave message and they will answer

**Child Care Concerns/Complaints/Day Care Certifications**

1-800-222-2108      PA Department of Public Welfare run hotline

**Childline and Abuse Registry**

*(Se Habla Español)*

1-800-932-0313      24-hour a day hotline to call to report suspected child abuse. All calls are confidential and you can remain anonymous.

**Cocaine Anonymous**

1-800-347-8998

**Crime Victims' Council**

610-437-6611      Hotline for victims of sexual assault/abuse.

**Domestic Violence Victims' Aid**

*(Se Habla Español)*

Domestic Abuse—Aid for Victims

Local: Turning Point: 24 hour hot line 610-437-3369

National: Toll free 24 hours: 1-800-799-SAFE / For the Deaf (TTY): 1-800-787-3224

Referrals for shelter, legal services. Has bilingual staff; their language line uses over 100 languages.

**National Problem Gambling**

National Helpline 24 hours

Confidential Call 1-800-522-4700

The NCPG is the national advocate for programs and services to assist problem gamblers and their families.

**North Penn Legal Services Lehigh Valley Office**

*(Se Habla Español)*

Welfare Helpline: 610-317-8757

Answers questions on welfare (TANF) problems. They record your questions and an advocate gets back to you.

**PA State Tax Info Line**

717-787-8201

**Poison Control Hotline**

1-800-222-1222

**Predatory Lending Hotline**

If you think you are being cheated by your mortgage company or home equity lender (or any questions about your home mortgage, call 1-800-755-1563.



**Valley Wide Help*****(Se Habla Español)***Allentown

610-435-7111

Bethlehem

610-691-8711

Spanish Information

610-866-1089

Easton

610-252-4357

Slate Belt

610-588-5512

Website: [www.irissoft.com/vwhp](http://www.irissoft.com/vwhp)

An information and referral service, 24 hours a day hotline. Call with any questions about where to go, who does what for human services or other information.

**Warmline*****(Se Habla Español)***

610-820-8451 or 610-820-8549 – 24 hrs.

A telephone service for Lehigh and Northampton County adults with a mental health concern.

“Provides a listener who can respond to you before you reach a crisis.” Warmline in Spanish is 484-223-0785 from 6 – 10 p.m. daily. A program of Family Answers.

# HOUSING

*Vivienda*



## **EMERGENCY AND TRANSITIONAL SHELTERS FOR HOMELESS PEOPLE**

**\*\*RENTAL ASSISTANCE FOR ELIGIBLE INDIVIDUALS WHEN FUNDS ARE AVAILABLE**

### **Allentown Rescue Mission**

***(Se Habla Español)***

355 Hamilton Street

Allentown, PA 18101                      610-740-5500

Provides housing for homeless males in crisis. (Must get a voucher for shelter from the Allentown Police Department.) Provides a state-licensed residential drug and alcohol treatment program for men.

### **The Beall and Linny Fowler Hospitality House of the Salvation Army**

***(Se Habla Español)***

344 N. 7<sup>th</sup> Street

Allentown, PA 18102                      610-432-0128

Emergency shelter for women and children. Also runs a transitional housing program for longer term.

### **Easton Area Neighborhood Center, Inc./Roofover Family Shelter**

902 Philadelphia Road

Easton, PA 18042                      610-253-4253

Northampton County residents only

Services: Rental assistance, Roofover Family Shelter for homeless families, senior transportation to individuals 60 years and up, Food Bank for South Side families, P-CAP program – electric assistance, LISHP (Low-Income Self-Help Program) gas assistance and they also offer Social Security Representative Payee Program.

### **Ferry Street Apartments** (A program of the Community Action Committee of the Lehigh Valley and the Sixth Street Shelter)

600 Ferry St.                                      610-253-3980

Easton, PA 18042                      Fax: 610-252-4368

Website: [www.caclv.org](http://www.caclv.org)

Long-term transitional housing for homeless or near homeless families with children. Adult family members must be pursuing educational or vocational training. Individual apartments, 18-24 month program, application, referral and interview required. There is a waiting list. Office hours Monday – Friday 8:30 a.m. to 4:30 p.m.

### **New Bethany Ministries**

339 W. 4<sup>th</sup> Street                      610-691-5602

Bethlehem, PA 18015                      Website: [www.newbethanyministries.org](http://www.newbethanyministries.org)

Offers short-term transitional housing and supportive services for homeless families in individual rooms for up to six months. Also runs the Mollard Hospitality Center, offering hot showers, breakfast and lunch, food pantry weekdays from 10:30 am to 11:30 am. Employment assistance and counseling, also use of phone and mailing address. Hours: 8:00 a.m. to 4:00 p.m. Monday through Friday

### **New Bethany's Restoration House**

Restoration House is a long-term transitional program for homeless families or families who are currently in shelters. They offer 10 apartment units where families can stay for up to two years. An adult in the family must work on education goals (like a GED, Vo-Tech, or Community College) while they are in this program. Apply at the New Bethany office (see address, phone, and hours in listing above).

### **Program for Women and Families**

1030 Walnut Street  
Allentown, PA 18102 610-433-6556

Runs a transitional shelter for homeless moms and their children (boys must be 12 and under). Can stay for up to one year. You must apply and be interviewed. Have life goals you will work on while there.

### **The Right Stuff About Renting**

A program of Community Action Committee of the Lehigh Valley, Right Stuff About Renting runs tenant education seminars. They can answer questions for Lehigh Valley renters, and publish a valuable free guide called The Right Stuff About Renting. Call 610-691-5620, Ext. 2038.

### **Safe Harbor Easton**

(A program of Community Action Committee of the Lehigh Valley)

536 Bushkill Drive  
Easton, PA 18042 610-258-5540

Shelter for adults only, men and women on as needed basis. Meal center on site, open to public for breakfast and lunch weekdays from 9 a.m. to 3 p.m.

### **Sixth Street Shelter**

(A program of the Community Action Committee of the Lehigh Valley)

219 North 6<sup>th</sup> Street  
Allentown, PA 18102

***(Se Habla Español)***

610-435-1490 Fax: 610-433-3282 Website: [www.caclv.org](http://www.caclv.org)

Located in Allentown. A non-emergency shelter providing housing and supportive services for families with children. Individual apartments, 60 day program, referral required (Pathways, Salvation Army, Children and Youth, HAO, Turning Point, Head Start, and others.) There is a waiting list. Office hours Monday- Friday 8:30am – 4:30pm.

### **Third Street Alliance for Women and Children**

***(Se Habla Español)***

41 North 3<sup>rd</sup> Street  
Easton, PA 18042 610-258-6271

Temporary or long term shelter. Shelter for single women and moms with their children up to 13 years of age. Case management for employment; parenting classes, financial management classes.

### **Turner Street Apartments**

(A program of the Community Action Committee of the Lehigh Valley and Sixth Street Shelter)

219 North 6<sup>th</sup> Street  
Allentown, PA 18102 Fax: 610-433-3282 Website: [www.caclv.org](http://www.caclv.org)

Long-term transitional housing for homeless or near homeless families with children. Adult family members must be pursuing educational or vocational training. Individual apartments, 18-24 month program, application, referral and interview required. There is a waiting list. Office hours Monday – Friday 8:30 a.m. to 4:30 p.m.

### **Turning Point of the Lehigh Valley**

***(Se Habla Español)***

444 E. Susquehanna Street – Administrative Office  
Allentown, PA 18103 610-797-0530  
610-437-3369 **(24 hour Hotline)**

Temporary shelter for female victims of domestic abuse and their children. (Men referred out.) Also runs Starting Point: transitional apartments for domestic abuse victims and their children.

**Valley Youth House**

539 Eighth Avenue  
Bethlehem, PA 18018 610-820-0166

For runaways and homeless youths. Shelter for teens and youth, 12 through 17. Also transitional housing for youth. Their Street Outreach Program caseworkers provide food, clothing, referrals and advocacy to residents in both counties. Serves adults, youth and their families. Call Valley Youth House Street Outreach at 484-358-5410 if over age 18.

**Victory House**

*(Se Habla Español)*

314 Filmore Street  
Bethlehem, PA 18015 610-691-3373

Emergency shelter for male adults, transitional housing, case management, also for Veterans.

## ***Housing Support and Assistance Asistencia y Ayuda Para Vivienda***

**Allentown Bureau of Building Standards and Safety**

435 Hamilton Street, 4<sup>th</sup> Floor  
Allentown, PA 18101 610-437-7690

Handles complaints on unsafe living conditions rental housing/apartments – Call 610-437-7694. For unsanitary conditions: health call 610-437-7759. For animal complaints, call 610-437-7535. For garbage and trash: recycling/solid waste, call 610-437-8729. Any questions, please call Nicholas Butterfield, Human Relations Officer at 610-437-7616 or email [Butterfield@AllentownCity.org](mailto:Butterfield@AllentownCity.org).

**Allentown Housing Authority**

1339 Allen Street  
Allentown, PA 18102 610-439-8678 (office)

Apply for public housing or Section 8 Housing, based on income.

**Allentown Housing Rehabilitation Program**

435 Hamilton Street, Third Floor  
Allentown, PA 18101 610-437-7696

Offers loans and grants to owner occupied houses in the city in targeted city areas to correct housing code violations (including removing lead from homes). Call for more information.

**American Red Cross of the Greater Lehigh Valley**

2200 Avenue A  
Bethlehem, PA 18017

610-865-4400 or 610-865-4183-Disaster client line is available 24 hours.

Emergency housing assistance in disasters and fires. Armed Forces Emergency #: 610-865-4749

**Bethlehem Bureau of Inspections**

10 East Church Street  
Bethlehem, PA 18018 610-865-7091

Receives and acts on rental housing complaints, and issues building permits.

**Bethlehem Housing Authority**

645 Main Street  
Bethlehem, PA 18018  
610-865-8371  
610-865-8342 or 610-865-8309

Northeast Office  
1429 Fritz Drive  
Bethlehem, PA 18017

Apply for public housing or Section 8 (private) subsidized apartment or house. Handles complaints on unsafe living conditions or problems with public housing. Section 8 program closed.

**Bethlehem Housing Rehabilitation Program**

10 East Church Street  
Bethlehem, PA 18018  
610-865-7095

Purpose: Grants and loans to qualified owners in Bethlehem to correct code violations, rehabilitate homes.

**HOUSING continued/Vivienda continúa****\*\* Catholic Charities**

530 Union Boulevard  
Allentown, PA 18109                      610-435-1541

Hours: 8:30 a.m. to 4:30 p.m. Monday through Friday by appointment. Rent assistance and budget counseling.

**\*\* Easton Area Neighborhood Center, Inc.**

902 Philadelphia Road  
Easton, PA 18042                      610-253-4253

Rent assistance (when funds are available). Call first for appointment.

**Easton Codes and Inspection Office and Residential Rental Licensing Office**

1 South 3<sup>rd</sup> Street, 3<sup>rd</sup> Floor  
Easton, PA 18042                      610-250-6724

Handles complaints on unsafe living conditions in rental and other housing; Issue permits for renovations. Now has the Rental Bureau 610-250-2060.

**Easton Housing Authority**

157 S. 4<sup>th</sup> Street  
P.O. Box 876  
Easton, PA 18044-0876                      610-258-0806

The Housing Authority will accept applications for Low Income Housing (Public Housing) Monday through Friday between the hours of 9-11:30 am. Special accommodations will be made for persons with a disability, families that work or go to school. The Housing Choice Voucher Program (S8) wait list is currently closed until further notice. A notice will be placed in the local newspapers when the Housing Authority starts accepting applications. All applications are accepted at the offices located at 221 South Fourth Street.

**\*\* Hispanic American Organization**

136 S. 4<sup>th</sup> Street

Allentown, PA 18102

Counseling Service: 610-351-2292

Website: www.hao-lv.org

Office: 610-435-5334

Day Care: 610-435-3968

Partners with the Roberto Clemente Charter School; Nutrition – a program to educate clients on the availability of food stamps; Housing Case Management Services. Limited funding is available for rent assistance. Day Care; Family Counseling Clinic – a bilingual counseling service; Evening School: English as a Second Language (ESL) and GED; ESL classes during the day; Computer Lab open to the public for ESL, job search, resume writing, GED preparation (Plato software), typing practice; Intake, Information and Referral Services.

**Lehigh County Housing Authority and Valley Housing Development Corp.**

333 Ridge Street

Emmaus, PA 18049

610-433-2312 ext. 219 for applications.

Serves residents of Lehigh County. Apply for public or Section 8 subsidized housing. It can be hard to contact a real person there – listen to taped information by phone, or go in person. Section 8 applications are open only to Lehigh County residents who do not live in Allentown or Bethlehem.

**HOUSING continued/*Vivienda continua***

**Northampton County Housing Authority**

15 South Wood Street

Nazareth, PA 18064

610-759-8488 – Voucher Program

610-759-8145 – Public Housing (Elderly and disabled one bedroom units)

Affordable Housing (55 and older – one bedroom Units)

Mailing address: P.O. Box 252

Nazareth, PA 18064-0252

Operates Section 8 (Rental Assistance) Housing Choice Voucher Program, two public housing subsidized developments for elderly (62 yrs and older) and disabled. Also manages two affordable housing sites for those 55 yr and older. Varying income limits and other restrictions may apply. Opening or closing of waiting lists or restrictions are published as necessary. Call for current information or to request an application.

**\*\* Salvation Army – Pen Argyl**

301 W. Main Street

Pen Argyl, PA 18072

610-863-6677

Offers rent assistance, utility and food bank on an emergency basis to those in the Bangor, Pen Argyl, Portland and Nazareth area. Call for an appointment.

# HOME BUYING PROGRAMS

*Programas de Compra de Casas*





**Alliance for Building (ABC) Communities***(Se Habla Español)*

830 Hamilton Street                      610-439-7007  
Allentown, PA 18101                      Fax: 610-439-7888                      Website: [www.housingabc.org](http://www.housingabc.org)  
Gerry Alfano- President/CEO

A home buying program for lower income people and families. ABC assists them to become homeowners by providing fully rehabilitated homes at affordable prices. They counsel and walk you through the home buying process. ABC also offers rental housing.

**Community Action Committee of the Lehigh Valley, Inc. (CACLV)***(Se Habla Español)*

1337 E. 5<sup>th</sup> Street (Forte Building)  
Bethlehem, PA 18015                      610-691-5620

Runs free first-time home-buying classes 3 Saturdays and counseling programs on completion of program, publishes Right Stuff About Renting (a free booklet) and answers questions on renter's issues. Runs free income tax filing service for lower income adults/families during tax season. Bilingual classes. Call for information. See other sections under Community Action Committee for other services (CACLV advocates on many lower-income issues). Note: If you think you are being cheated by your mortgage company or home equity lender (or worried about the loan you are about to sign for), call 1-800-755-1563 (CACLV's hotline). Also has a special loan program for small businesses with special needs (Rising Tide).

**Fannie Mae**

Based in Washington D. C., Fannie Mae is an investment group. For further information about finances mortgage lending to low/middle income families for homes across the USA, go on the website at [www.fanniemae.com](http://www.fanniemae.com). Income restrictions different for different areas. Call 1-800-732-6643

**FHA Mortgage Assistance (lower cost mortgages for first time home buyers)**

1. Home buyers select the property.
2. You get pre-qualification (amount you can afford).
3. For more information, call any mortgage company in yellow pages that lists VA and FHA mortgages.

**Habitat for Humanity of the Lehigh Valley**

245 N. Graham Street  
Allentown, PA 18109                      610-776-7737

Hours: 8:00 a.m. to 4:30 p.m. Monday through Friday. A volunteer program that builds low-cost homes for those eligible. Buyers must contribute at least 250 hours of "sweat equity" in construction of their house. Program is geared for low-income families. Call for application.

Note: Do you have mortgage loan problems? (See Hotlines "Predatory Lending Hotline")

**Housing Association and Development Corp. (HADDC)**

513/515 Chew Street  
Allentown, PA 18102                      610-432-6336

A home ownership program plus 40 rental opportunities. Accepts Section 8.

**HUD – Housing Discrimination Hotline***(Se Habla Español)*

1-800-669-9777 (Philadelphia)

Helps individuals purchase homes, learn about rights and responsibilities and file a complaint.

**Neighborhood Housing Services of the Lehigh Valley, Inc.**

*(Se Habla Español)*

239 North 10<sup>th</sup> Street  
Allentown, PA 18102  
610-437-4571

Hours: Monday through Friday 8:30 a.m. to 4:30 p.m.

Assistance obtaining home owner loans. Provide grants and loans to those eligible for down payment and closing costs. They have twenty-three apartment units on 10<sup>th</sup> Street for people with low to moderate income. Home repair counseling and financial counseling. Runs special hospital employee home purchase programs. Runs Home Ownership Outreach Program (HOOP). Call for information.

**Rural Development**

2211 Mack Boulevard  
Allentown, PA 18103 610-791-9810 (Press “4” for this program)

This is a U.S. Department of Agriculture program with income limits. Helps with loans for purchase of a home in the Lehigh Valley rural areas (and also not so rural areas) – call for information. Runs seminars to help understand the buying of homes with this program. For singles and families.

**LEGAL AND PRE-LEGAL SERVICES**  
*Servicios Legales*



**Catholic Charities***(Se Habla Español)*

530 Union Blvd.

Allentown, PA 18109 610-435-1541

Immigration issues and counseling, paperwork, and citizenship classes. Fees charged for all immigration services. Call for information.

**Domestic Relations**14 North 6<sup>th</sup> Street – Lehigh County 610-782-3185

Allentown, PA 18101 Fax: 610-782-3725

Hours: Monday through Friday 8:00 a.m. – 4:30 p.m.

Services: Child support, establishing paternity

126 S. Union Street – Northampton County 610-253-3566

Easton, PA 18042-7481 Fax: 610-253-4135

Hours: 8:30 a.m. to 4:30 p.m. Monday through Friday, 8:30 a.m. to 3:30 p.m. for petitions

Services: Child support, paternity suits

For Domestic Relations Offices: You can also receive payment info by contacting us online at [www.childsupport.state.pa.us](http://www.childsupport.state.pa.us) or calling 1-877-727-7238.

**Education Law Center***(Se Habla Español)*

1315 Walnut Street, Suite 400 215-238-6970

Philadelphia, PA 19107 Website: [www.elc-pa.org](http://www.elc-pa.org)

Call between 9:00 a.m. and 5:00 p.m. Monday through Friday. Open to all state of PA residents.

Focuses on the rights of children in the public school system and Early Intervention Services.

**Grupo De Apoyo E Integración Hispanoamericano***(Se Habla Español)*

The Grupo de Apoyo e Integración Hispanoamericano is a support group for Hispanic immigrants. They offer/support individuals/families on identifying places to help them obtain legal status or places that offer resources to those who are not legal at no charge. For more information, call Erika Sutherland at 484-664-3518.

**Lehigh County Adult Probation**

455 West Hamilton Street, Ground Floor

Allentown, PA 18101 610-782-3390

**Lehigh County Child Custody Office**

Lehigh County Court of Common Pleas

455 W. Hamilton St.

Allentown PA 18101 610-782-3390

**Lehigh County Juvenile Probation**455 West Hamilton Street, 7<sup>th</sup> Floor

Allentown, PA 18101 610-782-3143

Rehabilitation services and supervision for youth offenders, advocacy/support for families of youth offenders.

**North Penn Legal Services Lehigh Valley Office***(Se Habla Español)*

65 East Elizabeth Avenue, Suite 800  
Bethlehem, PA 18018 610-317-8757

Free legal services for low-income families. Open 9:00 a.m. to 12:00 p.m. and 1:00 to 5:00 p.m. Monday through Friday. Clients needing services should call 1-877-953-4250 Monday, Tuesday, Thursday and Friday between 9:30am and 11:30am and from 1:30pm to 3:30pm. Intakes for new clients or previous clients with new legal issues will be screened for services during those hours. Unemployment compensation issues, social security issues, some custody, foreclosures, some domestic violence issues, custody workshops offered every month. Assistance in evictions and bankruptcy. Problems with welfare rules? If you think you were denied benefits without good cause – call them.

**Northampton County Adult Probation**

105 S. Union Street  
Easton, PA 18042 610-559-6800

**Northampton County Juvenile Probation**

650 Ferry Street 520 E. Broad Street  
Easton, PA 18042 Bethlehem, PA 18017  
610-559-6880 610-974-7580

Rehabilitation services and supervision for adult and youth offenders, advocacy support for families of offenders.

**Public Defender's Office of Lehigh County**

455 West Hamilton Street  
Allentown, PA 18105 610-782-3157 Criminal cases only for those unable to afford a lawyer.

**Public Defender's Office of Northampton County**

669 Washington Street  
Easton, PA 18042 610-559-3040 Criminal case representation for low income.

**Villanova University School of Law**

Clinic for Asylum and Refugee Services (CARES Clinic)—Villanova, PA  
This legal service clinic helps those who are non-citizens seeking asylum in this country due to the persecution they face in their country of origin. They also provide legal aid to undocumented farm workers or persons in the food service industry with wages, workman's comp issues, or deportation. Call 610-519-5894.  
Villanova also runs a Tax Clinic for lower income tax-payers having problems with the IRS on their previous year's tax return. Call 1-888-829-2546.

**Youth Advocate Programs**

Northampton/Lehigh Counties  
701 W. Broad St., Suite 205  
Bethlehem, PA 18018 610-865-9111

Provides services to keep youth out of the police and court system, individual case management, counseling and relationships with caring adults for at-risk children and youth. Requirements: You must be referred by Children and Youth or the County Probation Office or Mental Health Office.

**PRESCHOOL PROGRAMS (No Cost)**  
*Programas Preescolares (Sin Costo)*



**Allentown Area School District**

*(Se Habla Español)*

Jefferson: 750 St. John Street, Allentown 484-765-4420

Lincoln: 1402 Walnut Street, Allentown 484-765-5440

Midway: 2020 East Pennsylvania Street, Allentown 484-765-5680

Roosevelt: 210 W. Susquehanna Street, Allentown 484-765-4460

These Kindergarten buildings also have pre-kindergarten classes available for 4-year-old children who qualify (must be 4 by September 1<sup>st</sup>). Requirements: Open to eligible children, call to apply.

**Bethlehem Area School District Spark Early Childhood Center**

3144 Linden Street

Bethlehem, PA 18017 610-807-5572

Contact: Early Childhood Office Pre-K program for three and four-year-old eligible children in the Bethlehem School District. Call for more information and to apply.

**Head Start and Early Head Start of the Lehigh Valley**

*(Se Habla Español)*

1520 Hanover Avenue

Allentown, PA 18109

610-437-6000, ext. 2354

Head Start and Early Head Start of the Lehigh Valley offers a variety of high quality early education, child development and family development programs for prenatal women and children, birth to school-age.

Programs are operated directly and in collaborations with other child-serving organizations.

Classroom-based programs are available for children ages three and four in a school year and full year designs. Limited center-based infant and toddler classroom program is available in cooperation with Lehigh and Northampton Counties.

Both Head Start and Early Head Start programs offer children and families developmental assessments, child-centered curriculum, play experiences, parenting support, health assessment screening and follow-up, nutrition services and education, safety and life skills information and training, and support in personal and family development.

Requirements: Age and Income eligibility with additional requirements for some full-day programs.

Residence in Lehigh or Northampton County. Fees: None

# RECREATION AND AFTER SCHOOL PROGRAMS

*Programas de Recreación y Después de la Escuela*





**Allentown Health Bureau Shape It Up Program**

Alliance Hall Gym on the corner of 6<sup>th</sup> and Chew Streets  
Allentown, PA 18102 610-437-7581

A fitness program for youth that includes: aerobics, games, toning exercises, weight lifting, & stretching. Open to City of Allentown students ages 8 to 18 who are overweight, at risk for overweight, and/or have a chronic health problem. Call to sign up! Hours: 4 to 5 p.m. Tuesdays and Thursdays

**Allentown Recreation Bureau**

3000 Parkway Boulevard  
Allentown, PA 18104 610-437-7757

Call for information about recreational, athletic, after school and seasonal programs for City of Allentown residents. Hours: 8:00 a.m. to 4:30 p.m. Monday through Friday

**Allentown YMCA/YWCA**

425 S. 15<sup>th</sup> Street  
Allentown, PA 18102 610-434-9333

Operates free after-school and summer recreation programs. Call for more information. Some scholarship aid available, preschool programs accept Title 20 funding.

**Banana Factory**

25 West Third Street  
Bethlehem, PA 18015 610-332-1300

Hours: Monday through Friday 8:30 a.m. to 9:30 p.m.; Saturday and Sunday 8:30 a.m. to 5:00 p.m. Hands on art programs and classes. Gallery is open 11 a.m. – 4 p.m. daily. Summer camp. For more information, visit us online at [www.bananafactory.org](http://www.bananafactory.org). Call for costs. Scholarship aid available.

**The Baum School of Art**

510 Linden Street  
Allentown, PA 18101 610-433-0032  
Website: [www.baumschool.org](http://www.baumschool.org)

Art Classes for children ages 4 years old and up. Students explore art with a variety of media, such as drawing, painting, sculpture, ceramics, computer design, jewelry, fashion and more. Weekday and Saturday classes offered during the school year. One and two week art camps during the summer. Financial aid is available. Group field trip art classes available. Please call for information.

**Bethlehem Recreation Bureau**

10 East Church Street  
Bethlehem, PA 18018 610-865-7081

Programs: Winter Lessons: Ice Skating. Summer: Tennis, swimming, golf lessons. Free summer playground drop-ins program. Craft workshops offered at times. Adult sport leagues—basketball, volleyball, softball. Summer day camps. Pavilion rentals.

**Bethlehem YWCA**

22 W. Broad Street

Bethlehem, PA 18018

610-867-4669

Runs “empowerment programs” to empower women and young women/children. Also free baby and me program for moms and babies. Runs free “Tech Girls” after school programs in graphic arts/design at various Middle Schools in Bethlehem (open to girls in other schools). Girls’ golf program, ages 7 – 17, scholarships available. Call for info.

**Boys’ and Girls’ Club of Allentown**

720 North Sixth Street

610-432-9323

Allentown, PA 18102

Little Lehigh site: 610-437-6162

Cost: \$15.00 per year for membership. Services for boys and girls 6 to 18 years old. Recreational programs: swimming, gym, computer, arts, crafts, cooking.

Teen Center: 7<sup>th</sup> and Tilghman Streets, 610-434-4592. Serves teens up through the age of 19.

Turner Street Clubhouse (Girls only)

1302 Turner Street

Allentown, PA 18102

610-433-0093

Programs for girls ages 5 through 18. Reading and Math programs, Cumberland Gardens. September through June after school program. Also run an 11-week summer camp. Contact agency for camp fees. Membership (for Turner Street): \$15.00

**Boys’ and Girls’ Club of Bethlehem***(Se Habla Español)*South side building

115 East Fourth Street

Bethlehem, PA 18015

610-865-5141 (call in the afternoon)

After school and summer programming for ages 5 and up. Summer camp at south side building.

During the summer activities are held at Yosko Park at 6<sup>th</sup> and Atlantic Streets. Cost: membership is \$15.00 per year

Northeast building

1430 Fritz Drive (send any mail to this address)

Bethlehem, PA 18017

610-865-4241

Playground available; staff on site.

Park Ridge Site

1926 Brookside Drive

Bethlehem, PA 18018

610-865-8310

Recreational activities after school; Summer Program

**The Caring Place**

Youth Mentoring Program

931 Hamilton Street

Allentown, PA 18101

610-433-5683

An after school (and also summer) program, (free) for children, ages 6 to 18. Homework assistance, art, music activities, youth groups.

Office Hours: 9:30 a.m. to 2:00 p.m. during the summer; 10:00 a.m. – 6 p.m. Monday through Thursday during the school year

**Casa Guadalupe Center**

218 N. 2<sup>nd</sup> Street

Allentown, PA 18101                      610-435-9902

Offers Pa'lante after school program for Allentown School District students in grades 1 through 8. Programming focuses on teaching English, Math, History, Art and other subjects through an exciting hands-on business project.

**Community Bike Works**

235 N. Madison Street

Allentown, PA 18102                      610-434-1140

Free after school and summer program for youth ages 9 – 17. Earn-a-Bike classes where you learn bicycle safety and repair and work on the bike you are earning. Also run a Reading and Homework Program where college students are paired with each young person.

**Easton Area Community Center**

901 Washington Street

Easton, PA 18042                      610-253-8271

Cost: \$50.00 per year for membership

Afterschool program for K- 12<sup>th</sup> grade (Homework help, educational and recreational programs) Winter Sports fee is extra- Basketball, Cheering & Wrestling. CACFP youth Dinner Program (Free dinner and snack served daily, M/F school year / to any child 5-18 years old) 8 week Summer Day Camp/ Weekly Fee. Age appropriate programs. Breakfast , lunch and a snack provided.

**Easton Bureau of Recreation**

1 S. 3rd Street

Easton, PA 18042                      610-250-6711

Recreational programs and athletic activities for Easton residents are sponsored through city non-profit agencies.

Cost: \$25.00 sign-up fee for each sport and \$20.00 deposit for uniform (returnable); Call for information.

**Easton Teen Center**

1101 Northampton Street

Easton, PA 18042                      610-253-1102

Serves boys and girls ages 5-18. Afterschool program, Saturday programs, summer camp. Membership \$5.00/per year. Call for more information.

**Hispanic American League of Artists (HALA)**

P.O. Box 413

25 W. Third Street in Bethlehem at the Banana Factory

Allentown, PA 18105

610-332-1324

Website: [www.grupohala.com](http://www.grupohala.com)

HALA offers free classes in dance, voice, instruments, visual and media art for children age 7-18, year round. Classes meet at Alliance Hall, 6<sup>th</sup> and Chew, Allentown, and at the Banana Factory in Bethlehem. \$10.00 annual membership fee.

**Mosser Village Family Center**

614 S. Carlisle Street  
Allentown, PA 18109

Offers after-school programs for children in Mosser School area (East Allentown). Dance class, homework club, and adult classes in sewing, computers, parenting, ESL, and others. Mosser also offers free summer programs for area children, ages 7-13. Also have a book and toy library. Call 610-820-4067 or 610-820-9927 for information. Hours: 9 a.m. to 5 p.m. Monday through Friday.

**Northern Lehigh Community Center**

P.O. Box 333  
Slatington, PA 18080 610-760-0300

Runs indoor child centered family activities and outdoor recreation programs for children. Call for info.

**St. Luke's Neighborhood Center**

435 N. 7th Street 610-434-5799  
Allentown, PA 18102 Email: SLNC2@verizon.net  
Website: [www.StLukesNeighborhoodCenter.com](http://www.StLukesNeighborhoodCenter.com)

SLNC is a non-profit community based center located next to St. Luke's Lutheran Church offering the following programs to students within the Allentown School District; Morning Pre-K classes during the school year. Elementary after school programs. Middle/Teen after school programs. Children do homework, receive tutoring help if needed, computer lab activities, reading programs, games and sports. Summer Camp programs and family movie nights are held throughout the summer months. SLNC also operates "The Clothes Closet" offering free clothing every Thursday morning from 10:30 - 11:30am to community residents. ESL classes are offered during the day and early evening. All offerings are free to the community.

*(Please call for current days and times of programs. Registration for children is necessary)*

**Salvation Army of Allentown**

144 North 8<sup>th</sup> Street  
Allentown, PA 18101  
610-432-0129

*(Se Habla Español)*

**Camp Ladore:** Overnight camping for children 7 – 12 yrs. in the Poconos. (5 – 6 day/nights)

Transportation provided. A scenic summer camp with swimming, hiking, crafts, recreation, boating, and camping. Accredited by AAA. Cabins with cots, sinks, showers, toilets. Minimal registration fee.

**The Learning Zone:** Afterschool program for children 5 – 12 yrs. Homework help. A multi-component, safe, nurturing program. Free.

**Summer Day Camp Program:** The program runs Monday - Friday from 11:30 am to 3:30pm. Very low cost. For children aged 5 – 12yrs. Must register in advance. Spots fill quickly.

**Summer Lunch Program:** A free summer lunch program, in collaboration with the Allentown School District. Monday - Friday during the summer at 12noon. Any school aged child is eligible.

**Community Center:** Monday - Friday from 2:00 - 6:00pm during summer. Open Monday – Friday, 4pm – 8pm during the school year. Organized recreational activities, free play, and a game room. Small annual membership fee.

**Summer Basketball Teams:** Youth – boys and girls. Contact John Venus for details. Fee for uniforms.

**Back to School Carnival:** Annual "Back 2 School Carnival" will be held on a Saturday in August. School aged students can come to receive free book bags and school supplies for the upcoming school year. Call for date and time.

**Café S.A.:** Dinner meal for children. Under age 6yrs. must be accompanied by a parent. This meal is served on Wednesdays and Fridays at 5pm. Call for schedule.

**Emergency Assistance:** For Lehigh County residents. Food pantry; used clothing assistance; limited prescription assistance; UGI assistance; referrals.

**Salvation Army of Bethlehem**

521 Pembroke Road

Bethlehem, PA 18018

610-867-4681

Offers Day Camp. Please call to find out dates/cost.

**Salvation Army – Pen Argyl**

301 W. Main Street

Pen Argyl, PA 18072

610-863-6677

Youth program runs September thru May, 5:30 – 7:30 p.m. (Christian themes) Free.

# SCHOOL DISTRICTS

*Distritos Escolares*



**Allentown Area School District**

31 South Penn Street

P.O. Box 328

Allentown, PA 18102

Main Office: 484-765-4000, Dial "0" to speak to a receptionist.

**Bangor Area School District**

123 Five Points Richmond Road

Bangor, PA 18013

Main Office: 610-588-2163

**Bethlehem Area School District**

1516 Sycamore Street

Bethlehem, PA 18017

Main Office: 610-861-0500

**Catasauqua Area School District**

201 North 14<sup>th</sup> Street

Catasauqua, PA 18032

Main Office: 610-264-5571

**Easton Area School District**

811 Northampton Street

Easton, PA 18042

Main Office: 610-250-2400

**Northampton Area School District**

Administration Office and Junior High

2014 Laubach Avenue

Northampton, PA 18067

Main Office: 610-262-7811

**Pen Argyl Area School District**

1620 Teels Road

Pen Argyl, PA 18072

Main Office: 610-863-3191

**Whitehall/Coplay Area School District**

2940 MacArthur Road

Whitehall, PA 18052

Main Office: 610-439-1431

**Wilson Area School District**

2040 Washington Boulevard

Easton, PA 18042

Main Office: 484-373-6000

**SERVICES FOR DISABLED AND AT-RISK**  
*Servicios para Incapacitados y en Riesgo*





**The Arc of Lehigh and Northampton Counties**

2289 Avenue A

Bethlehem, PA 18017 (in the Lehigh Valley Industrial Park #1 across from the LV Airport)

610-849-8076

Fax: 610-849-6202

ARC is a non-profit agency dedicated to helping Lehigh Valley children and adults with mental retardation to become active, vocal, skilled members of the community. Programs include: adult training, including pre-vocational skills. Their Family Resource Center has library materials to check out on a range of disability topics and also has computers for family use. ARC also has a youth and adult advocate to help with school, transportation and other issues.

**Association for the Blind and Visually Impaired (for Lehigh Valley and Palmerton Residents)**

845 W. Wyoming Street

Allentown, PA 18103

610-433-6018

Fax: 610-433-4856

Assists blind and visually impaired to handle challenges of daily living and working. Free screenings at schools and other locations. Possible assistance for eye exams and glasses. Children's eye care a priority.

**Bureau of Blindness and Visual Services—Office of Vocational Rehabilitation**

300 "G" Laird Street

Wilkes Barre, PA 18702

1-570-826-2361

1-570-826-2538 (fax)

Services provided: vocational rehabilitation, employment services to all ages. Specialized services: social workers, independence/self sufficiency services (will refer for own area). Covers 15 counties.

**Carbon Lehigh Intermediate Unit #21**

4210 Independence Drive

Schnecksville, PA 18078

610-769-4111

Fax : 610-769-1098

Fax: 610-769-1287

Preschool (ages 3 to 5) early intervention, education and evaluations, therapy. Speech therapy and behavior management. Also provides programs to meet special education needs of public school students (for example: support programs for deaf, hearing impaired, blind and speech and language support).

**Center for Independent Living**

435 Allentown Drive

Allentown, PA 18109

610-770-9781

Helps individuals with physical and mental disabilities to find housing; helps qualify people for Section 8 housing. Assists individuals to make home handicapped-accessible (known as Access Lehigh Valley). Provides sign language interpreter services. Call for information. Helps connect people to sports and recreation opportunities open to those with disabilities. Offers sign language interpreter and sign language classes. Advocate available for those with disability related issues, consumer needs. Information and referral, peer support.

### **Colonial Intermediate Unit #20**

6 Danforth Drive

Easton, PA 18045

610-252-5550

Serves Northampton, Monroe and Pike Counties. Preschool (ages 3 to 5) child evaluation, education, and therapy. Provides transportation. Also runs Colonial Academy, an alternative education program to public school, with partial hospitalization, emotional support service.

### **Connect Info Service for Early Intervention (Project Connect)**

Center for Schools and Community

CONNECT

275 Grandview Avenue, Suite 200

Camp Hill, PA 17011

1-800-692-7288

Will assist in locating local, state and national resources for children with disabilities; refer to local services and information; direct referrals for ages 0 to 5 years who may have developmental delays or disabilities.

Connect assists families and other callers with questions about child development and provides information/referrals for infants, toddlers and preschool children who may have developmental delays or disabilities. Connect can refer a child for an Early Intervention (EI) development assessment, as well as a wide range of other resources. Based on assessment results, some children may be offered EI services, such as speech therapy, physical therapy, occupational therapy and other family –centered services. EI services are provided at no cost to families.

### **Early Intervention 0 – 3**

Lehigh County: 610-782-3125; new referrals: 610-782-3200

Northampton County: 610-974-7523 or 610-559-3270

All referrals go to the County Early Intervention program. Serves children from 0 to 3 years of age with developmental delays (medical/physical/cognitive).

### **Easter Seals of Eastern PA**

1501 Lehigh Street, Suite 201

Allentown, PA 18104

610-289-0114

Office Hours: 8:30 a.m. to 4:30 p.m. Monday through Friday

Easter Seals Eastern Pennsylvania provides services to children with physical and cognitive disabilities, and other special needs. Therapy services include physical therapy, occupational therapy, speech and hearing therapy and instruction provided at home under age three, in schools and Easter Seals' Reading Center. Camping, recreation and respite services are provided to children and young adults throughout Eastern Pennsylvania and include day and residential camping, year round recreation, Saturday respite, day –long and week-long travel programs. Several medical clinics are also provided and include a feeding management clinic and cleft palate clinic in the Lehigh Valley.

**Good Shepherd**

850 S. Fifth Street                      610-776-3100  
 Allentown, PA 18103                      24-hour hotline: 1-888-44-REHAB

A variety of medical evaluations and therapy services for those with physical or mental disability. A referral from a doctor or other agency is needed for care.

**Lehigh Valley Center for Independent Living (LVCIL)**

435 Allentown Drive                      TTY: 610-770-9789  
 Allentown, PA 18109                      610-770-9781  
 Website: [www.lvcil.org](http://www.lvcil.org)                      Fax: 610-770-9801

The Lehigh Valley Center for Independent Living provides services to persons with disabilities living in Lehigh and Northampton Counties. Our four core services are Information & Referral, Peer Support, Independent Living Skills and Individual & Systems Advocacy. Additionally, LVCIL offers Specialized Housing Search and Support, which helps persons with disabilities, find housing, the Landlords for All programs which educate landlords about the benefits of renting to persons with disabilities. There is also the Freewheelers Athletics group with is a wheelchair sports league. For additional information please give us a call or see our website.

**Mercy Special Learning Center**

830 South Woodward Street  
 Allentown, PA 18103                      610-797-8242

Accredited day school for mentally handicapped individuals age infant to 21. Now also state licensed for over 21 yr. old program services: education and safe adult day care.

**Parent to Parent of Pennsylvania and Special Kids Network**

1-800-986-4550

Linking Families and Friends of Children and Adults with Special Needs

Information and referral services for child's mental or physical needs. Support groups, parent support groups, insurance and funding. Information and recreational activities. Offers info on Camperships (camp scholarships). Makes arrangements for special equipment.

**Preschool Kindergarten – PKI- used to be Project Happy from ASD**

31 South Penn Street  
 Allentown, PA 18102

484-765-4162 and ask for Deborah Hartman, Director of Special Education

An early intervention program offered to preschool children with developmental delays. Occupational therapy, physical therapy and speech therapy are available.

**Step By Step, Inc.**

Lehigh Valley Region  
 623 West Union Blvd.  
 Bethlehem, PA 18018  
 610-867-0688

Cross Valley Commons  
 744 Kidder Street  
 Wilkes Barre, PA 18701  
 570-829-3477

***(Se Habla Español)***

Services: Intensive case management and supportive living services for mentally ill and developmentally disabled consumers and counseling for MH and MR clients. Residential living options.

**VIA of the Lehigh Valley, Inc.**

336 West Spruce Street  
Bethlehem, PA 18018

610-317-8000

Website: [www.ViaNet.org](http://www.ViaNet.org)

Email: [Via@ViaNet.org](mailto:Via@ViaNet.org)

Via of the Lehigh Valley is a non-profit agency that provides services for children and adults with disabilities like autism, cerebral palsy, and Down Syndrome. Via’s Early Intervention program for children up to age three provides occupational, physical, speech therapy and special instruction services. Via also offers sib shops – workshops for siblings of children with special needs. Via’s Inclusive Childcare program trains daycares so children with disabilities can go to school and learn with their peers. Via’s Employment Services help consumers finds jobs in the community and provides coaching and training. Via Community Volunteer Services help families with in-home nursing and home care, help consumers volunteer in the community, participate in leisure activities, and find or purchase affordable, accessible housing. Also offers Camp Via for Kids, a day camp for children with special needs between the ages of 8 and 12.

**VIABL – Visual Impairment and Blindness Service**

845 W. Wyoming Street  
Allentown, PA 18103

610-433-6018

Fax: 610-433-4856

Free eye screenings at community sites. Assistance for eye exams and glasses by appointment.

Children’s eye care a priority. Funds for those without insurance, children and adults.

Accepts: All MA programs, CHIP

Hours: 8:30 a.m. to 4:30 p.m. Monday through Friday

**Vitalistic Therapeutic Centers**

902 Fourth Avenue  
Bethlehem, PA 18018  
610-861-7570

1406 Hamilton Street  
Allentown, PA 18102  
610-433-4383

Services: Serves developmentally delayed children, preschool through 3<sup>rd</sup> grade at two sites. Behavior management, physical and speech therapy counseling; has a partial hospitalization program for at-risk children. Bethlehem site is a charter school serving K through 3<sup>rd</sup> grade. Call for information.

**TAX FILING ASSISTANCE**

***Asistencia de Preparación de Impuestos***

Call CACLV at 610-691-5620. (Local no-cost) For local, state and federal tax preparation.

# THRIFT SHOPS

*Tiendas De Artículos De Reuso*



### **American Family Services (2 locations)**

913 North New Street

Allentown, PA 18102                      610-435-1230

Hours: Monday through Saturday 9:00 a.m. to 6:00 p.m. Cash Only, fitting rooms available

541 Milford Street (Behind Dunkin' Donuts off William Penn Highway)

Easton, PA 18042

610-253-1290                      Hours: Monday through Saturday 9:00 a.m. to 6:00 p.m.

### **Catasauqua Community Thrift Shop**

113 Bridge Street

Catasauqua, PA 18032                      610-266-0694

Small, run by volunteers. This thrift shop helps support the food bank, schools, library and YMCA in Catasauqua. They have children's and adult clothing and small house ware items. Children's are 50¢ - \$1.00. They will give vouchers for clothing in special circumstances; **individuals must be referred by local church ministers, pastors, etc.** Hours: Monday, Tuesday, Thursday, Friday 10 a.m. to 4 p.m., Saturday and Wednesday 10 a.m. to 1 p.m.

### **Children's Home of Easton Thrift Store**

312 Town Center Blvd.

Easton, PA 18042                      610-258-7723

Hours: Monday – Friday 9:00 a.m. to 5:00 p.m., Saturday 9:00 a.m. to 3:00 p.m.

Clothing, house wares, some furniture

### **Good Shepherd Thrift Shops**

Route 191 and 248 (Giant Plaza)

Nazareth, PA 18064                      610-759-8660

Hours: Monday through Saturday 9:00 a.m. to 7:00 p.m., Sunday 11:00 a.m. to 5:00 p.m.

1901 Lehigh Street

Allentown, PA 18103                      610-791-3880

Hours: Monday through Saturday 9 a.m. to 7:00 p.m.

These sites have clothing, household items and furniture.

### **Goodwill Industries of Mid-Eastern Pennsylvania Thrift Stores**

Route 222 and Meridian Drive

Trexlerstown, PA 18087                      610-391-8822

Hours: Monday through Saturday 9:30 a.m. to 9 p.m., Sunday 12 – 5 p.m.

4634 Broadway (by Tilghman 8 Cinema)

Allentown, PA                      610-391-9760

Hours: Monday through Saturday 9:30 a.m. to 9 p.m., Sunday 12 – 5 p.m.

These sites have clothing, household items and furniture.

### **Nearly New**

225 Delaware Avenue

Palmerton, PA 18071                      610-826-4226

Monday through Saturday 10 a.m. to 4 p.m. Clothing and household items.

**Salem Thrift Shop**

628 Turner Street  
Allentown, PA 18102  
610-820-4111

Hours: Tuesday through Saturday 10 a.m. to 3 p.m. Children's clothing – all sizes \$1.00 each or less.

**Salvation Army Thrift Stores**

521 Pembroke Road (may be closing this year)  
Bethlehem, PA 18018  
610-867-4681

Hours: Monday through Friday 8:30 a.m. – 4:00 p.m., clothing drop-off 8:30 a.m. to 12:30 p.m.

1195 Mickley Road (off 7<sup>th</sup> Street before mall)  
Whitehall, PA 18052  
610-434-9560

Hours: Monday through Saturday 9 a.m. to 8 p.m.

**Second Sight Thrift Shop**

The Trolley Station Mall  
224 Nazareth Pike  
Bethlehem, PA 18020  
Lower Level-Rear Door

Hours: Wednesday – Friday, 12 noon-3 pm; Saturday, 11 am – 3 pm

Run by volunteers for the benefit of Visual Impairment and Blindness Services. Shop features gently used clothing and accessories for adult women and men with a wide assortment of fabrics, notions, sewing supplies, and sewing patterns.

**Twice Blessed Home Shoppe**

An outreach ministry of Bethany United Methodist Church  
25 N. 10<sup>th</sup> Street  
Allentown, PA  
610-351-7458

Hours: Thursday 10 a.m. to 1 p.m. and Saturday 10 a.m. to 2 p.m. Furniture, house wares and clothing.

**VIA Thrift Shop**

1401 Broadway  
Fountain Hill, PA 18015  
610-866-6776

Store has clothing, toys, books, furniture and house wares.

Hours: Monday through Wednesday 9 a.m. to 6 p.m., Thursday through Saturday 9 a.m. to 7:30 p.m.

# TRANSPORTATION

*Transportación*





**Lanta-Metro**

## Route Information

1060 Lehigh Street  
Allentown, PA 18103  
610-776-7433

Website: [www.lantabus.com](http://www.lantabus.com)

Hours: Monday through Friday 7 a.m.  
to 5 p.m., Saturday 9 a.m. to 1 p.m.

## Route Information

3610 Nicholas Street  
Easton, PA 18042  
610-258-0479

Route Info Hours: Monday through Friday 8:00 a.m. to 5 p.m.  
Saturday, 9:00 a.m. to 1:00 p.m.

**Ways To Work Program – A program of Family Answers, Inc.**

411 Walnut Street  
Allentown, PA 18101  
Call 484-223-2068

Provides loans to help families with used car purchases or car repairs. You must have a child, and be employed or be in school (post high school).

***Another car resource:*** If you are on public assistance (“cash,” TANF) or were on it and need a used car, or to repair your car for work, call your former TANF caseworker to ask about their car or car repair assistance.

# UTILITIES

*Utilidades*



**Assurant Wireless**

1-888-898-4888

Website: <http://www.assurancewireless.com/Public/Welcome.aspx>

Call to apply for a free cell phone plan provided through Virgin Mobile. Provider of Government Lifeline Program.

**Casa Guadalupe Center**218 N. 2<sup>nd</sup> Street

Allentown, PA 18101 610-435-9902

Runs "Operation HELP,"-Energy Assistance Program & PPL Security Deposit waivers. Apply in person. Bring ID's for every person in household and copies of bills.

**Walk-Ins Only** –Monday & Wednesday -8:45am to 12pm or Tuesday & Thursday 1:30pm to 4pm

**Community Action Committee of the Lehigh Valley (CACLV)***(Se Habla Español)*

1337 E. Fifth Street

Bethlehem, PA 18015 610-691-5620

Weatherization, utility bill payment assistance and furnace repair assistance. (Also: Free income tax filing for lower income adults/families during tax season.)

**Easton Area Neighborhood Center, Inc.**

902 Philadelphia Road

Easton, PA 18042 610-253-4253

Electric bill assistance. "Cap" program based on monthly income. Call for more information.

Hours: Monday through Friday 8:30 a.m. to 4:00 p.m.

**Low Income Home Energy Assistance Program (LIHEAP)**

Lehigh County: 610-821-6702 Northampton County: 610-250-1785 or 610-250-1786

Toll-Free LIHEAP Hotline: 1-866-857-7095

Website: [www.dpw.state.pa.us](http://www.dpw.state.pa.us)

Assistance with oil, gas, electric heat bills; must meet guidelines, referrals to agencies, applications starting in October/November. (Phone answered October – April)

**Note:** If you received fuel assistance thru this program last year, you will be mailed an application this year.

**Pennsylvania Public Utility Commission**

PO Box 3265

Harrisburg, PA 17105-3265 1-800-692-7380

Investigates termination of utilities. Within 24 hours service may be turned back on. For telephone company complaints or concerns: 1-800-782-1110. For electric, gas or water bill problems? Call local company first, then if unresolved, call this agency.

**PPL Cares Program**

Lehigh and Northampton County: 1-800-DIALPPL (342-5775) Ask for CARES Program

Monday through Friday 8:00 a.m. to 5:00 p.m. This program allows your electric amount to avoid shut-off during a crisis (like losing your job or becoming ill).

**PPL Wrap Program**

Call 1-800-DIALPPL (342-5775) (Ask for a WRAP application)

Weatherization assistance to lower your heat bills, for low-income customers. A referral will be made and an application sent to you.

**Safelink**

1-800-Safelink (723-35465)

Website: <https://www.safelinkwireless.com/Safelink>

Call or go online to apply and see if you qualify for a free cell phone and free cell phone service.

Provider of Government Lifeline Program.

**Salvation Army – Allentown**

*(Se Habla Español)*

144 North Eighth Street

Allentown, PA 18101

610-432-0129

Assistance with gas bills (UGI)

**Salvation Army – Bethlehem**

521 Pembroke Road

Bethlehem, PA 18018

610-867-4681

Energy assistance. UGI utility customers only.

**Salvation Army – Easton**

214 Spring Garden Street

P.O. Box 937

Easton, PA 18024

610-258-9531 Gas bill assistance (UGI).

Hours: Monday through Friday 9:00 a.m. to 4:00 p.m. Closed noon to 1 p.m. for all services.

**Salvation Army – Pen Argyl**

301 W. Main Street

Pen Argyl, PA 18072

610-863-6677

Offers help with electric, gas, water bills on an emergency basis (when a shut-off notice has been received). Call for information/appointment.

**Telephone Bills/Installation Assistance**

If you receive public assistance (TANF), food stamps, SSI or Medical Assistance, you may be eligible for help with your local phone bill. Call 1-800-771-3312 (helps with past due Verizon Basic bills) or your local phone company.

**UGI (LISHP) Low Income Self Help Program**

LISHP is a Customer Assistance Program that can help low income, payment troubled customers better afford their UGI bills. Please call 1-800-340-5394 or email at [warm@ugi.com](mailto:warm@ugi.com) for eligibility guidelines and to apply.

**Verizon**

*(Se Habla Español)*

Information: 1-800-734-0820 (English)

1-800-479-0305 (Spanish)

Lifeline phone installation/service for low-income, call 1-800-640-4155

# VOTING

*Voto*



**League of Women Voters**

Non-partisan information on elections, issues and candidates.

Website: [www.lwv.org](http://www.lwv.org)

**Voters' Registration Office**Lehigh County Office

17<sup>th</sup> South Seventh Street

Allentown, PA 18101-2400

610-782-3194

Hours: 8:00 a.m. to 4:00 p.m. Monday through Friday.

Northampton County Office

670 Wolf Avenue

Easton, PA 18042

610-559-3055

Hours: 8:30 – 4:30 pm Monday through Friday

Register to vote and get information on where to vote and your elected representatives.

**Note:** In general, you need to register a month before an election in order to vote in it. Call for information on dates/deadlines.