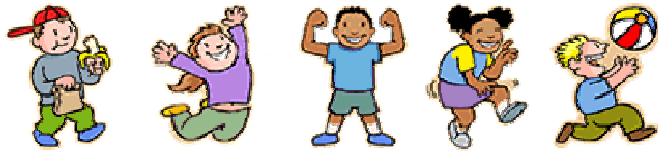


Attention Consultants and Technical Assistants!

Are you looking for an opportunity to enhance your consultant skills in the areas of children's nutrition and physical activity? If so, please consider this professional development opportunity for Consultants/Technical Assistants.

There is mounting evidence for the association between physical activity and nutrition and academic performance.



Nutrition And Physical Activity Self Assessment For Child Care

WHO: Several childcare programs throughout the state that are Keystone STARS providers will be piloting the use of the NAP SACC Self-Assessment to create and implement an action plan to improve nutrition and physical activity within their programs. These pilot sites may be in need of your support.

The Keystone Kids Go! workgroup is in search of Consultants/Technical Assistants who are interested and willing to provide support as requested to programs in need. An online orientation webinar and learning module will be offered to those interested in providing consultation/technical assistance.

WHAT: The pilot project will be implemented to gather feedback from programs throughout the state as to the relevance of the NAP SACC self-assessment and intervention, as well as the user friendliness of the tool. Pilot programs will be asked to:

- Implement the NAP SACC tool in their program
- Identify two or three areas of strength and two or three areas for improvement
- Set and implement achievable goals for program improvement
- Participate in Professional Development webinars and connect with local resources as applicable
- Complete the pilot feedback instrument
- Participate in focus groups to share feedback from the experience

WHEN: The pilot will be administered during the months of February, March, and April 2010. During this time, pilot programs may come to you with requests for support and guidance as they complete the NAP SACC self-assessment and choose intervention strategies to make positive change to wellness policy, procedures, and environmental influences on nutrition and physical activity within their program. Financial resources will be available for programs to use for consultation and technical assistance services.

If you are interested in learning more about this opportunity, please respond by February 4, 2010.

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